

2003 Race for Cure

Women's and Men's 5K

Awards Results

Women: Overall Winners

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	38	1323	DOUBEK, BRENDA	Baxter, IA	F	33	19:29.6	6:17
2	49	8763	WITT, LISA	West Des Moines, IA	F	32	19:58.4	6:27
3	56	11668	DAHLBERG, JADE	Ames, IA	F	23	20:09.2	6:30
4	60	11318	MUELHAUPT, KATY	Des Moines, IA	F	31	20:24.9	6:35
5	67	11989	ARNDT, KIM	Indianola, IA	F	39	20:47.2	6:42
6	76	6118	BROWN, SUSAN	IA	F	35	21:01.1	6:47
7	78	5183	MADDOCK, SHEILA	Johnston, IA	F	47	21:04.5	6:48
8	80	210	DUBEC, ESTHER	Des Moines, IA	F	29	21:05.2	6:48
9	83	1370	PALEN, ANGELA	Norwalk, IA	F	33	21:11.1	6:50
10	89	5902	DICKERSON, JENNIFER	Clive, IA	F	35	21:15.8	6:52
11	97	4484	LOWE, SUZANNE	West Des Moines, IA	F	35	21:31.2	6:57
12	111	10360	HAYES, DAWN	Waukee, IA	F	32	21:53.5	7:04
13	116	3051	MILLER, GINGER	Ankeny, IA	F	33	22:02.7	7:07
14	117	306	PECINOVSKY, JULIE	West Des Moines, IA	F	25	22:04.6	7:07
15	120	10133	RANKIN, LYNN	Des Moines, IA	F	41	22:09.2	7:09
16	126	9788	SCARFE, SARAH	Des Moines, IA	F	20	22:21.7	7:13
17	127	200	PLUMMER, LYNNETTE	Urbandale, IA	F	34	22:22.6	7:13
18	133	7951	RIDENOUR, SUSAN	Des Moines, IA	F	45	22:30.3	7:16
19	134	4050	FAETH, JENNIFER	Ankeny, IA	F	24	22:30.7	7:16
20	140	4614	REHKEMPER, SUMMER	West Des Moines, IA	F	27	22:38.4	7:18
21	162	4173	MCTAGGART, MOLLY	Des Moines, IA	F	28	23:05.8	7:27
22	164	2900	HUNTLEY, HEATHER	Ames, IA	F	30	23:12.0	7:29
23	168	289	LITSCHER, CAROL	West Des Moines, IA	F	42	23:19.9	7:32
24	170	970	SPOMER, JILL	Ankeny, IA	F	20	23:22.0	7:32
25	174	12088	BORENGASSER, SARAH	Columbia, MO	F	25	23:24.8	7:33

Men: Overall Winners

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	1	3341	NAYES, DAVID	Des Moines, IA	M	18	16:03.1	5:11
2	2	11785	BAILEY, JJ	Des Moines, IA	M	29	16:30.9	5:20
3	3	11619	WILEY, GUY	Ames, IA	M	29	16:36.1	5:21
4	4	2093	ACHENBACH, BRENT	Woodward, IA	M	31	16:40.2	5:23
5	5	8697	CHRISTENSEN, TODD	Altoona, IA	M	34	16:44.8	5:24
6	6	8426	MUILENBURG, KEVIN	Waukee, IA	M	43	16:49.2	5:26
7	7	8960	BARNES, KEVIN	Indianola, IA	M	32	16:50.9	5:26
8	8	11704	FEVOLD, KEITH	Des Moines, IA	M	45	16:55.9	5:28
9	9	1519	SIEVERT, JOEL	Lincoln, NE	M	18	16:56.4	5:28
10	10	11800	EARHART, NATE	West Des Moines, IA	M	23	17:31.1	5:39
11	11	6226	STOUT, MIKE	Perry, IA	M	16	17:35.7	5:41
12	12	8110	BERTRAM, MARK	Polk City, IA	M	36	17:56.3	5:47
13	13	2897	HUNTLEY, JASON	Ames, IA	M	30	17:57.6	5:48
14	14	1289	MCBRIDE, THOMAS	Des Moines, IA	M	48	18:00.2	5:48
15	15	219	POLKING, ROSS	West Des Moines, IA	M	27	18:05.5	5:50
16	16	11200	LINDBERG, ANDREW	Urbandale, IA	M	18	18:20.1	5:55
17	17	11782	MINEAR, ANDREW	Carlisle, IA	M	17	18:23.1	5:56
18	18	11701	WINKEL, GREGG	Algona, IA	M	43	18:27.6	5:57
19	19	10072	MORALES, VIC	Johnston, IA	M	29	18:30.2	5:58
20	20	4472	OPIE, NICK	West Des Moines, IA	M	16	18:38.6	6:01
21	21	8666	HENRY, GRADY	Ankeny, IA	M	14	18:39.2	6:01
22	22	8893	CLARK, MARK	Des Moines, IA	M	46	18:43.2	6:02
23	23	7456	GODDARD, ADAM	Des Moines, IA	M	23	18:45.1	6:03
24	24	12104	SKELTON, BENNY	West Des Moines, IA	M	25	18:53.1	6:06
25	25	8707	AVENI, JAMES	West Des Moines, IA	M	37	18:53.4	6:06

2003 Race for Cure

Women's and Men's 5K

Awards Results

Women: 8 and Under

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	645	9674	EPPARD, BAILEY	Johnston, IA	F	8	28:10.9	9:05
2	861	6017	DANILSON, KRISTY	Polk City, IA	F	6	30:02.9	9:42
3	1343	6763	HINKAMP, CAROLYN	Des Moines, IA	F	8	35:49.8	11:33

Women: 9 - 14

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	192	11012	WAUGAMAN, ANDI	West Des Moines, IA	F	13	23:54.8	7:43
2	217	1331	STOUT, KATHRYN	Ankeny, IA	F	13	24:13.1	7:49
3	231	6020	STOUT, EMILY	Perry, IA	F	13	24:21.8	7:52

Women: 15 - 19

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	188	11371	HARSHBARGER, TONI	Ankeny, IA	F	16	23:52.7	7:42
2	214	11456	TOMKA, MADELINE	Des Moines, IA	F	15	24:11.7	7:48
3	222	7225	KREKEL, NATALIE	Des Moines, IA	F	17	24:14.9	7:49

Women: 20 - 24

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	180	1591	PETERSON, CHRISTINA	Ames, IA	F	23	23:33.4	7:36
2	183	6225	VANDER VILT, GAIL	Grimes, IA	F	23	23:40.8	7:38
3	197	8863	VANDEVANTER, JANE	Des Moines, IA	F	20	23:58.2	7:44

Women: 25 - 29

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	189	8810	MCGUIRE, DANIELLE	Des Moines, IA	F	28	23:53.4	7:42
2	213	5772	KRAMBECK, JENNIFER	Des Moines, IA	F	28	24:10.8	7:48
3	215	9629	ASSMAN, KIMBERLY	Waukee, IA	F	26	24:12.1	7:48

Women: 30 - 34

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	211	196	BAKER, LAURIE	West Des Moines, IA	F	30	24:10.2	7:48
2	223	3961	KINGSBURY, STACEY	Nevada, IA	F	32	24:15.5	7:50
3	246	6943	BAKER, KAREN	Des Moines, IA	F	31	24:30.8	7:54

Women: 35 - 39

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	236	419	HOYMAN, TAMMY	Indianola, IA	F	36	24:23.7	7:52
2	241	10530	STRONG, MJEAN	Ames, IA	F	36	24:26.2	7:53
3	250	8640	CROWE, CARLYN	Des Moines, IA	F	38	24:33.5	7:55

Women: 40 - 44

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	191	10515	HOLBROOK, DEANNA	Des Moines, IA	F	43	23:54.3	7:43
2	230	8370	LICKTEIG, LINDA	Urbandale, IA	F	42	24:21.3	7:51
3	249	11417	DOYLE, SHARI	Clive, IA	F	41	24:32.8	7:55

Women: 45 - 49

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	201	10987	HAPPE, BETSY	Urbandale, IA	F	45	24:02.4	7:45
2	315	11438	HELLAND, JAN	Johnston, IA	F	45	25:17.3	8:09
3	318	3286	REYNOLDS, SUSAN	West Des Moines, IA	F	46	25:18.8	8:10

2003 Race for Cure

Women's and Men's 5K

Awards Results

Women: 50 - 54

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	259	4720	HARVEY, NANCY	Ankeny, IA	F	50	24:43.3	7:59
2	308	4552	HEIN, JANE	Clive, IA	F	50	25:12.6	8:08
3	311	10435	SPARKS, SANDY	Norwalk, IA	F	50	25:14.5	8:09

Women: 55 - 59

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	834	8300	PRATT, ROSE MARY	Des Moines, IA	F	55	29:49.5	9:37
2	973	907	SNELLGROVE, JUDY	Des Moines, IA	F	57	30:54.4	9:58
3	1302	2322	SHORT, CAROL	Waukee, IA	F	56	35:00.5	11:18

Women: 60 - 64

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	1627	619	LANGWEG, ELKE	West Des Moines, IA	F	60	43:12.1	13:56
2	1654	11630	ROBBINS, DONNA	West Des Moines, IA	F	62	43:38.7	14:05
3	1698	122	TWEDT, KAREN	Radcliffe, IA	F	60	44:30.2	14:21

Women: 65 - 69

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	643	10549	NIELSEN, MARGE	Spencer, IA	F	68	28:10.3	9:05
2	919	11760	KEENY, BETTY	Ames, IA	F	66	30:28.4	9:50
3	1541	10389	LEMKE, RUTH	Clinton, IA	F	67	40:41.2	13:07

Women: 70 - 79

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	2436	10753	WARD, DORA	Des Moines, IA	F	72	54:04.3	17:27
2	2762	476	BARR, SUZANNE	Urbandale, IA	F	71	56:36.9	18:16
3	2764	278	MCBROOM, LOIS	West Des Moines, IA	F	71	56:38.2	18:16

Men: 8 and Under

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	1056	2088	STRICKLAND, COLIN	PLEASANT HILL, IA	M	8	31:48.4	10:16
2	1535	3876	HEY, MATT	Ankeny, IA	M	8	40:23.1	13:02
3	1737	3694	COOK, ZACHARY	Des Moines, IA	M	7	45:00.8	14:31

Men: 9 - 14

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	59	9571	OLK, JUSTIN	Polk City, IA	M	14	20:12.5	6:31
2	94	11995	JOHNSON, TREVOR	Lesterville, SD	M	14	21:27.9	6:55
3	110	5818	OSTER, CASEY	Clive, IA	M	13	21:52.2	7:03

Men: 15 - 19

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	27	11890	BUNTZ, ANDREW	West Des Moines, IA	M	15	19:01.3	6:08
2	29	11973	SCHWARTZ, EVAN	West Des Moines, IA	M	18	19:11.1	6:11
3	30	11646	PEOPLES, DANIEL	Blairsburg, IA	M	17	19:15.1	6:13

Men: 20 - 24

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	32	9796	STAMPER, BENTON	Waukon, IA	M	20	19:17.8	6:13
2	35	11815	DROPPERT, JUSTIN	West Des Moines, IA	M	23	19:25.5	6:16
3	37	11506	INGHAM, DAVID	Des Moines, IA	M	24	19:29.1	6:17

2003 Race for Cure

Women's and Men's 5K

Awards Results

Men: 25 - 29

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	31	10219	MACLAGAN, BRENT	West Des Moines, IA	M	27	19:16.1	6:13
2	48	11534	WHITE, JUSTIN	Des Moines, IA	M	29	19:52.3	6:25
3	61	8282	MEEDER, CORY	Des Moines, IA	M	27	20:28.7	6:36

Men: 30 - 34

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	34	7321	BERG, PONTUS	IA	M	30	19:24.0	6:16
2	46	7055	LEE, CHAD	West Des Moines, IA	M	30	19:48.7	6:23
3	57	819	MILLS, ROSS	West Des Moines, IA	M	32	20:09.9	6:30

Men: 35 - 39

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	33	7262	WELLS, DONALD	West Des Moines, IA	M	35	19:19.6	6:14
2	42	11881	WATKINS, DAVE	New Virginia, IA	M	38	19:36.9	6:20
3	43	10821	BRYAN, JIM	IA	M	37	19:38.6	6:20

Men: 40 - 44

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	39	10542	BOEVER, SCOTT	Des Moines, IA	M	43	19:30.5	6:18
2	51	8642	FEDER, JEFF	Des Moines, IA	M	42	20:02.1	6:28
3	72	10629	WILLEM, BRIAN	Urbandale, IA	M	42	20:58.6	6:46

Men: 45 - 49

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	26	3772	FUCHTMAN, TIM	Ankeny, IA	M	45	18:59.8	6:08
2	28	8599	HEUER, TOM	Des Moines, IA	M	46	19:05.3	6:09
3	104	10844	WANDRO, STEVE	Des Moines, IA	M	46	21:43.3	7:00

Men: 50 - 54

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	45	8212	MILLER, DAVID	IA	M	51	19:46.0	6:23
2	53	3010	TAYLOR, STEVE	Des Moines, IA	M	52	20:05.3	6:29
3	82	10064	MACK, ANDY	Des Moines, IA	M	51	21:07.4	6:49

Men: 55 - 59

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	69	10484	NEY, ROY	Des Moines, IA	M	55	20:50.6	6:43
2	156	10775	GOHEEN, MICHAEL	Johnston, IA	M	59	23:00.1	7:25
3	300	3506	MATHIS, JOHN	West Des Moines, IA	M	57	25:07.7	8:06

Men: 60 - 64

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	44	8649	MCKAY, RONALD	Chariton, IA	M	60	19:42.7	6:22
2	103	4197	WEIBEL, FRANK	Ankeny, IA	M	61	21:42.8	7:00
3	195	926	JANSEN, HAROLD	Des Moines, IA	M	60	23:56.5	7:43

Men: 65 - 69

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	264	3628	ROBBINS, RICH	West Des Moines, IA	M	65	24:48.3	8:00
2	737	9865	JUDISCH, DONALD	Clive, IA	M	66	29:03.8	9:23
3	1114	11627	WEBBER, TOM	Waukee, IA	M	66	32:16.7	10:25

2003 Race for Cure

Women's and Men's 5K

Awards Results

Men: 70 - 79

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	747	5729	GRASSLEY, CHARLES	Des Moines, IA	M	70	29:07.2	9:24
2	2415	5633	LINDEN, CHARLES	IA	M	71	53:57.9	17:25