

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 8 and Under

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	1085	13407	AGEY, KATIE	Des Moines, IA	F	8	30:40.3	9:54
2	1717	3288	HENSLEY, KAITLIN	Urbandale, IA	F	4	35:42.2	11:31
3	1748	1037	ABEL, KATIE	Des Moines, IA	F	8	36:11.4	11:40
4	1770	4205	JENSEN, STEFANIE	Ankeny, IA	F	8	36:27.4	11:46
5	1805	15063	DRAAYER, HANNAH	Ankeny, IA	F	7	37:08.2	11:59
6	1894	13338	PRASKI, ASHLEY	BAD ZIPCODE, XX	F	7	38:47.9	12:31
7	1978	3809	EKISS, BROOKE	Urbandale, IA	F	7	40:38.0	13:06
8	2126	13133	JOHNSTON, KAYLA	Iowa City, IA	F	7	44:47.3	14:27
9	2295	2516	NAVRKAL, EMMA	Des Moines, IA	F	2	47:39.6	15:22
10	2535	12416	CAHALAN, ERIN	West Des Moines, IA	F	6	50:29.4	16:17
11	2752	1967	NEWLANDER, LARA	West Des Moines, IA	F	8	52:33.9	16:57
12	2761	10840	HARTZ, EMMA	Grinnell, IA	F	7	52:37.4	16:59
13	2858	4518	KLAVINS, CARLY	Urbandale, IA	F	6	53:13.2	17:10
14	2930	3910	KINNES, ALEXANDRA	Johnston, IA	F	7	53:41.6	17:19
15	3117	2959	MCDONALD, MADELINE	Centerville, IA	F	4	54:48.7	17:41
16	3361	13460	LONGNECKER, CASSIDY	Clive, IA	F	8	56:43.1	18:18
17	3519	6541	PETERSEN, ANASTASIA	Indianola, IA	F	6	57:51.9	18:40
18	3706	12727	ALDRICH, MADISON	Urbandale, IA	F	8	59:00.1	19:02
19	3982	8560	LIMOGES, KYLIE	Minburn, IA	F	1	01:00:00..	19:21
20	4032	5830	ANDERSON, MAGGIE	Lohrville, IA	F	8		
21	4043	1307	KELLIS, SHELBY	Des Moines, IA	F	5		
22	4044	10925	MURRELL, LANEKA	Des Moines, IA	F	7		
23	4045	10926	MURRELL, LAKAYLA	Des Moines, IA	F	6		
24	4091	10541	PARKER, MALLORY	Clive, IA	F	7		
25	4140	6514	RINEHART, MICHELE	Bondurant, IA	F	2		
26	4175	2594	BELL, MALLORY	Colfax, IA	F	6		
27	4561	13350	MCNEELEY, SYDNEY	Des Moines, IA	F	7		
28	4562	12527	YOUNGWIRTH, ELLIE	Des Moines, IA	F	8		
29	4620	8925	NELSEN, ANNA	Clive, IA	F	8		
30	4643	1624	RITTMAN, ALEXA	Urbandale, IA	F	8		
31	4685	13136	GLAS, KELSY	Norwalk, IA	F	8		
32	4814	9912	HAWKS, MOLLY	Des Moines, IA	F	8		
33	4969	13171	KEITH, RYLEE	Des Moines, IA	F	7		
34	5185	9124	WICKER, CAITLIN	Des Moines, IA	F	8		
35	5197	10953	SANFORD, JACLYN	Runnells, IA	F	4		
36	5261	9823	ENGEL, BRITTNEY	Des Moines, IA	F	7		
37	5692	13736	SHETTERLY, AMANDA	Grimes, IA	F	7		
38	5705	9859	CLEAVER, JOHNNA	Des Moines, IA	F	8		
39	5725	9864	HLAS, CHLOE	Altoona, IA	F	8		
40	5809	12139	WELLMAN, KARI	West Des Moines, IA	F	5		
41	5813	12150	O DONNELL, RILEY	Des Moines, IA	F	8		
42	5835	12677	LAW, HAYLEE	Des Moines, IA	F	7		
43	5913	14018	VOS, ELIZABETH	Granger, IA	F	6		
44	5988	3628	DREES, KATE	Ankeny, IA	F	8		
45	5994	3737	KOENIG, ALEXANDRA	Prairie City, IA	F	6		
46	6017	578	VAN DE POL, CIERRAH	Ottumwa, IA	F	4		
47	6065	3626	DREES, ABBY	Ankeny, IA	F	8		
48	6075	1080	WILLIAMS, LAUREL	Ames, IA	F	2		
49	6186	7389	MESSERLI, PEYTON	Nevada, IA	F	6		
50	6289	12140	WELLMAN, KELI	West Des Moines, IA	F	5		
51	6350	10205	STERK, KATIE	BAD ZIPCODE, XX	F	8		
52	6383	7388	MESSERLI, TANNER	Nevada, IA	F	8		
53	6384	7103	THOMPSON, EMILY	Des Moines, IA	F	1		
54	6455	12100	SMITH, MACKENZIE	Des Moines, IA	F	8		
55	6487	15438	PAPAKEY, AUTUMN	TAMA, IA	F	5		
56	6739	8499	SCHMIDT, EMMA	West Des Moines, IA	F	5		
57	6777	4122	SHUPE, KACI	Ankeny, IA	F	6		

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Women: 8 and Under

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
58	6888	9858	MCCARTNEY, KENDYL	Cumming, IA	F	8		
59	6897	12158	O DONNELL, KALLEY	Des Moines, IA	F	6		
60	6950	12702	MATALONI, ANDREA	Urbandale, IA	F	6		
61	6993	9655	FATINO, EMMA	Indianola, IA	F	3		
62	7009	9553	VROMAN, SHELBY	Prairie City, IA	F	7		
63	7028	9679	HEIM, LENA	Chariton, IA	F	8		

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Women: 9 - 14

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	48	5197	FULLER, CAITLYN	West Des Moines, IA	F	11	20:26.3	6:36
2	50	9195	SCHARF, KAYLI	West Des Moines, IA	F	11	20:28.3	6:36
3	52	9070	FLOOD, KATIE	Des Moines, IA	F	12	20:31.0	6:37
4	184	14028	TOBIAS, HEATHER	Des Moines, IA	F	12	22:56.7	7:24
5	204	7285	MC CONEGHEY, SAMANTHA	Johnston, IA	F	14	23:15.6	7:30
6	212	14147	BOTT, BECCA	Clive, IA	F	12	23:21.3	7:32
7	224	2616	SWANSON, EMMA	West Des Moines, IA	F	14	23:33.5	7:36
8	244	863	EVANS, CAROLYN	Urbandale, IA	F	9	23:50.2	7:41
9	259	14539	STOWE, COURTNEY	Ames, IA	F	12	23:59.4	7:44
10	319	4877	STOUT, EMILY	Perry, IA	F	14	24:37.4	7:57
11	322	5887	WAUGAMAN, ANDI	West Des Moines, IA	F	14	24:38.8	7:57
12	323	5668	WILLEM, MEGAN	Urbandale, IA	F	13	24:40.5	7:58
13	350	4861	JONES, EMMA	Ankeny, IA	F	13	24:58.0	8:03
14	356	10936	PEDDY, KELLY	Ankeny, IA	F	13	25:01.2	8:04
15	380	4633	SCHOOLEY, ANDIE	Des Moines, IA	F	14	25:14.8	8:09
16	404	10727	JANSSENS, STEPHANIE	Des Moines, IA	F	13	25:34.7	8:15
17	477	4806	SOHN, ABBY	Perry, IA	F	14	26:11.0	8:27
18	497	3218	COX, ANNE	West Des Moines, IA	F	13	26:21.3	8:30
19	523	12195	KUHL, SUSIE	Beaman, IA	F	14	26:29.7	8:33
20	532	3430	MILLER, ALLISON	Urbandale, IA	F	13	26:35.1	8:35
21	579	1901	WILLIS, DANI	Colo, IA	F	14	26:55.3	8:41
22	607	6023	WILKINSON, BRITTANY	Des Moines, IA	F	14	27:07.5	8:45
23	634	13737	STRODE, ADRIANNA	Ankeny, IA	F	14	27:20.6	8:49
24	641	10265	PHILIPH, AMANDA	Des Moines, IA	F	13	27:23.7	8:50
25	642	605	MAUGHAN, REBECCA	Story City, IA	F	13	27:24.1	8:50
26	647	12193	ERBES, KELSEY	Conrad, IA	F	13	27:26.6	8:51
27	654	2203	BECHTEL, SARAH	Ankeny, IA	F	13	27:29.1	8:52
28	658	3692	FREDERICKSEN, JESSIE	Urbandale, IA	F	13	27:30.5	8:52
29	692	11340	LANG, HAILEY	Ankeny, IA	F	11	27:44.6	8:57
30	695	15444	COPE, AMAURA	West Des Moines, IA	F	14	27:45.4	8:57
31	734	3993	PRICHODKO, GAEBRIELLE	Carmel, IN	F	12	28:11.7	9:06
32	752	6147	EDDY, PAIGE	Huxley, IA	F	13	28:17.6	9:08
33	771	5369	OLSON, HANNAH	West Des Moines, IA	F	12	28:23.6	9:10
34	793	5414	KUHNS, KATIE	Omaha, NE	F	12	28:35.9	9:14
35	814	2439	HOLDREN, CHARLA	West Des Moines, IA	F	14	28:44.7	9:16
36	823	1576	ELMITT, LIBBY	Johnston, IA	F	13	28:48.4	9:18
37	862	458	SKRIVANEK, ANNA	West Des Moines, IA	F	12	29:06.0	9:23
38	866	4163	MATALONI, ALLISON	Urbandale, IA	F	9	29:07.3	9:24
39	909	7932	ARCHIBALD, JORDYN	Indianola, IA	F	14	29:26.1	9:30
40	911	10724	BERNARD, ANNA	Urbandale, IA	F	14	29:26.6	9:30
41	937	12001	ANSON, MEGAN	Ankeny, IA	F	13	29:42.0	9:35
42	943	833	PURDY, RACHEL	Ankeny, IA	F	14	29:43.9	9:35
43	944	8476	KIPP, MOLLI	Johnston, IA	F	13	29:44.3	9:36
44	947	8478	MENG, EMILY	Johnston, IA	F	13	29:45.7	9:36
45	968	4065	JENSEN, ASHLEY	Ankeny, IA	F	10	29:54.1	9:39
46	994	13970	MANDSAGER, MADDIE	Johnston, IA	F	12	30:02.9	9:42
47	1012	15189	HUPALO, SOFIYA	Ames, IA	F	14	30:12.2	9:45
48	1015	15216	BROWN, BRIDGET	Ames, IA	F	14	30:13.4	9:45
49	1058	3642	MITROFANOVA, LIZA	West Des Moines, IA	F	12	30:30.1	9:50
50	1069	11001	HORTON, SAMANTHA	Polk City, IA	F	14	30:33.5	9:51
51	1078	3165	LUNDQUIST, CHLOE'	Ankeny, IA	F	13	30:37.2	9:53
52	1088	3504	HALTOM, TAYLOR	Des Moines, IA	F	12	30:42.2	9:54
53	1092	4161	MATALONI, DAVID	Urbandale, IA	F	13	30:43.3	9:55
54	1104	6032	HARDIE, LEAH	Ankeny, IA	F	14	30:46.1	9:56
55	1193	10160	BENSKIN, THERESA	Cumming, IA	F	14	31:18.6	10:06
56	1239	14124	KNUTH, TAYLOR	Johnston, IA	F	13	31:45.1	10:15
57	1242	13945	QUECK, KARI	Johnston, IA	F	13	31:46.1	10:15

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Group	Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile	
	58	1268	2930	MOORE, CHRISTINE	Ankeny, IA	F	10	31:55.7	10:18
	59	1337	11615	GONZALEZ, MANDEE	Ankeny, IA	F	14	32:21.4	10:26
	60	1345	4817	FREEMAN, RAMONA	Truro, IA	F	14	32:25.2	10:28
	61	1384	4951	JOHNSON, RACHEL	West Des Moines, IA	F	14	32:46.1	10:34
	62	1587	6001	KOLTHOFF, MARY	New Hampton, IA	F	14	34:21.0	11:05
	63	1673	13946	GRAY, ANNIE	Grimes, IA	F	14	35:06.3	11:19
	64	1714	8459	SCHIEFELBEIN, OLIVIA	Johnston, IA	F	13	35:40.5	11:31
	65	1745	3269	ENGBLOM, ISABELLA	Grimes, IA	F	9	36:07.9	11:39
	66	1848	4380	CRESTA, ALEXA	Ankeny, IA	F	12	37:58.7	12:15
	67	1854	4376	HALDER, EMILY	Ankeny, IA	F	11	38:06.9	12:18
	68	1857	4377	HABLE, ALLIE	Ankeny, IA	F	12	38:07.9	12:18
	69	1889	1996	TAYLOR, CARLY	West Des Moines, IA	F	13	38:41.5	12:29
	70	1921	3895	GRISWOLD, MCKENZIE	Altoona, IA	F	10	39:10.6	12:38
	71	1931	5109	HEURTZ, LIZ	West Des Moines, IA	F	13	39:22.6	12:42
	72	1932	5185	SULLIVAN, ERIN	West Des Moines, IA	F	13	39:24.0	12:43
	73	1962	11974	PHILLIPS, SAMANTHA	Altoona, IA	F	12	40:13.7	12:59
	74	1972	2391	MARTIN, ALISSA	Grimes, IA	F	11	40:32.9	13:05
	75	2026	3335	WALKER, KAYT	Adel, IA	F	14	42:10.4	13:36
	76	2046	10540	PARKER, CLAIRE	Clive, IA	F	10	42:50.1	13:49
	77	2058	4946	BRANT, MEGAN	West Des Moines, IA	F	13	43:06.8	13:54
	78	2072	5505	HAYWOOD, ANNA	Janesville, IA	F	10	43:44.5	14:07
	79	2102	15323	FERN, KAITLYN	Adel, IA	F	10	44:25.9	14:20
	80	2111	13222	WISNER, MARY	West Des Moines, IA	F	11	44:35.1	14:23
	81	2125	2745	ROMANO, ROSIE	Johnston, IA	F	14	44:46.9	14:27
	82	2207	14068	ERBES, EMILY	Ames, IA	F	14	46:05.1	14:52
	83	2208	14069	VOSS, BECCA	Ames, IA	F	14	46:06.2	14:52
	84	2212	5776	NICESWANGER, SHELBY	Urbandale, IA	F	9	46:11.2	14:54
	85	2215	14010	CHANDLER, ANNA	Urbandale, IA	F	9	46:13.3	14:55
	86	2235	13697	MCCUNE, SYDNEY	Woodward, IA	F	12	46:46.4	15:05
	87	2241	14346	JONES, EMMA	BAD ZIPCODE, XX	F	11	46:52.6	15:07
	88	2255	4963	PAGE, SAMANTHA	Urbandale, IA	F	14	47:11.8	15:13
	89	2364	15213	CARNEYA, SOPHIA	Ames, IA	F	14	48:39.7	15:42
	90	2458	5670	FEDER, JAMI	Des Moines, IA	F	11	49:35.2	16:00
	91	2462	4289	KNOLL, JESSICA	Grimes, IA	F	14	49:36.8	16:00
	92	2474	11778	SCHUCK, JENNA	Urbandale, IA	F	9	49:44.1	16:03
	93	2475	13776	SNYDER, JANELLE	Ankeny, IA	F	13	49:47.2	16:04
	94	2509	1140	BUSS, SHELDON	Clive, IA	F	9	50:16.7	16:13
	95	2525	14114	COX, EMILY	Des Moines, IA	F	10	50:23.8	16:15
	96	2548	5997	KOLTHOFF, JANE	New Hampton, IA	F	10	50:33.9	16:19
	97	2550	12415	CAHALAN, CARA	West Des Moines, IA	F	9	50:35.1	16:19
	98	2552	5353	SMITH, JODI	Ankeny, IA	F	14	50:35.9	16:19
	99	2561	6774	FOURA, KAYLA	Saint Charles, IA	F	12	50:45.6	16:22
	100	2586	5851	GUNHUS, SARAH	Johnston, IA	F	9	50:58.0	16:26
	101	2617	1635	BELLIS, AMANDA	PLEASNAT HILL,	F	14	51:12.7	16:31
	102	2629	12582	THOMPSON, BRIANNA	Gilbert, IA	F	9	51:27.0	16:36
	103	2670	11189	COOPER, KIM	West Des Moines, IA	F	14	51:50.4	16:43
	104	2679	11180	MCADAMS, LAUREN	West Des Moines, IA	F	14	51:53.7	16:44
	105	2681	11186	HUEY, MEG	West Des Moines, IA	F	14	51:54.9	16:45
	106	2717	9304	STREFF, HALEY	Urbandale, IA	F	13	52:12.0	16:50
	107	2780	2905	FRAKES, ABBY	Urbandale, IA	F	12	52:44.9	17:01
	108	2782	4134	HAUN, JENNIFER	Urbandale, IA	F	12	52:45.5	17:01
	109	2791	5350	WEBSTER, ALEXANDRIA	Colo, IA	F	12	52:48.5	17:02
	110	2800	9340	HEISTERKAMP, NATALIE	Sioux City, IA	F	14	52:51.7	17:03
	111	2806	9363	HOSACK, JENNY	Harlan, IA	F	13	52:52.6	17:03
	112	2819	10849	HARTZ, HANNAH	Grinnell, IA	F	9	52:56.0	17:05
	113	2842	9345	ANDERSON, HALIE	Norwalk, IA	F	13	53:06.8	17:08
	114	2879	9341	HEISTERKAMP, TORI	Sioux City, IA	F	14	53:20.0	17:12

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115	2882	14316	LYTLE, EMILY	Colo, IA	F	13	53:21.5	17:13
116	2926	13566	ENGELHARDT, ANNIE	West Des Moines, IA	F	11	53:39.6	17:19
117	2927	5511	MUEKSCH, HALEY	West Des Moines, IA	F	11	53:40.3	17:19
118	2960	15205	BLOCK, ASHLEY	West Des Moines, IA	F	13	53:52.0	17:23
119	2977	12543	KRUSE, KELSEY	Johnston, IA	F	11	53:57.5	17:24
120	2982	8403	SHAFER, EMILY	Ames, IA	F	13	53:59.6	17:25
121	3006	14015	RASMUSSEN, LAURA	West Des Moines, IA	F	14	54:08.7	17:28
122	3051	13826	LOVIG, ANNE	West Des Moines, IA	F	14	54:26.2	17:34
123	3115	3348	ALLGEIER, TAYLOR	PLEASNAT HILL,	F	12	54:47.9	17:41
124	3125	11322	SEBBY, LEAH	Clarion, IA	F	12	54:52.1	17:42
125	3147	11784	CRAIG, KELSEY	Waterloo, IA	F	14	55:03.5	17:46
126	3155	4948	BRANT, SARAH	West Des Moines, IA	F	11	55:08.1	17:47
127	3193	6760	PRIEBE, JORDEN	Indianola, IA	F	12	55:23.4	17:52
128	3212	11249	KRAKAU, EMILY	Roland, IA	F	12	55:31.4	17:55
129	3227	3571	BAIRD, ALLISON	Clive, IA	F	14	55:37.5	17:57
130	3276	5923	MARTIN, KATELYN	Ankeny, IA	F	12	56:02.8	18:05
131	3288	753	WHIPPLE, DEIDRE	Indianola, IA	F	13	56:08.1	18:06
132	3293	7377	MITTMAN, KATHERINE	Nevada, IA	F	14	56:12.5	18:08
133	3297	5140	LOWN, SARAH	PLEASNAT HILL,	F	14	56:15.0	18:09
134	3313	5623	RUSSETT, LAUREN	Clive, IA	F	12	56:20.6	18:11
135	3353	7796	IHLE, AMANDA	Polk City, IA	F	12	56:40.5	18:17
136	3355	14285	EAGLE, ZOE	Johnston, IA	F	10	56:41.6	18:17
137	3360	14286	MILLS, ELIZABETH	BAD ZIPCODE, XX	F	11	56:42.5	18:18
138	3427	4936	BUEHLER, SARAH	Clive, IA	F	13	57:13.7	18:28
139	3429	4937	BUEHLER, MELISSA	Clive, IA	F	11	57:14.1	18:28
140	3478	5166	BATA, CLARE	Urbandale, IA	F	14	57:35.6	18:35
141	3484	10159	HERMES, JORDANNE	West Des Moines, IA	F	13	57:37.2	18:35
142	3501	4856	GARASKY, KIMBERLY	Ames, IA	F	11	57:45.1	18:38
143	3505	7864	BUCKALEW, ALLISON	Alleman, IA	F	13	57:47.1	18:38
144	3506	5198	DEMARCO, ALEX	Clive, IA	F	13	57:47.4	18:39
145	3558	12157	TURNER, COURTNEY	Des Moines, IA	F	12	58:04.6	18:44
146	3580	12149	O DONNELL, BAILEY	Des Moines, IA	F	10	58:17.1	18:48
147	3602	295	FOUREZ, SHELBY	Polk City, IA	F	11	58:27.5	18:51
148	3604	2050	SMITH, ALISHA	Polk City, IA	F	10	58:28.7	18:52
149	3619	11250	KRAKAU, MELISSA	Roland, IA	F	9	58:36.5	18:54
150	3635	5121	CAMPBELL, CAROLYN	West Des Moines, IA	F	13	58:40.8	18:56
151	3642	5004	HANSEN, HAYLEY	West Des Moines, IA	F	13	58:42.4	18:56
152	3659	3579	REGAN, ERIN	West Des Moines, IA	F	11	58:46.9	18:58
153	3755	5150	MALLER, MEGAN	West Des Moines, IA	F	14	59:14.3	19:07
154	3771	4307	HAGAN, KELSEY	Ankeny, IA	F	13	59:19.4	19:08
155	3777	4313	SMITH, EMILY	Ankeny, IA	F	13	59:21.7	19:09
156	3780	4309	CANNON, HALEY	Ankeny, IA	F	13	59:22.8	19:09
157	3789	5826	MAGGARD, MOLLY	Colfax, IA	F	11	59:26.6	19:11
158	3901	672	OLEJNICZAK, ELIZABETH	Cedar Falls, IA	F	10	59:59.	19:21
159	3919	8374	VIERS, CASEY	Maxwell, IA	F	11	59:59.	19:21
160	3945	2932	VUKELICH, ALY	Johnston, IA	F	10	01:00:00..	19:21
161	3954	10446	HUNTER, MELISSA	Zearing, IA	F	13	01:00:00..	19:21
162	3962	4989	HOFBAUER, KATHRYN	Ames, IA	F	10	01:00:00..	19:21
163	4001	5782	FALLON, MOLLY	West Des Moines, IA	F	12	01:00:00..	19:21
164	4002	5123	EMERSON, ALEX	West Des Moines, IA	F	12	01:00:00..	19:21
165	4005	14615	SEVENCH, CLARE	Johnston, IA	F	9	01:00:00..	19:21
166	4024	9898	JACOBSEN, KELSEY	Indianola, IA	F	11		
167	4025	9878	MC CONNELL, ANNA	Indianola, IA	F	12		
168	4026	9881	JOHNSON, ERICA	Indianola, IA	F	14		
169	4050	9667	DITTMER, AMANDA	Columbia, IA	F	13		
170	4133	3405	ANDERSON, KYLIE	Des Moines, IA	F	11		
171	4159	14212	WEISER, MALLORY	Urbandale, IA	F	13		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 9 - 14

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
172	4160	13873	VERHULST, KATIE	Urbandale, IA	F	13		
173	4162	10170	COOK, TASSI	Pleasantville, IA	F	13		
174	4170	2593	BELL, BREIA	Colfax, IA	F	12		
175	4171	9644	HUNT, ALLIE	Truro, IA	F	13		
176	4172	9643	ANTHONY, JESSICA	Truro, IA	F	14		
177	4173	9635	KNUTSON, KATE	Saint Charles, IA	F	13		
178	4174	11923	SPINKS, CAPRICIA	Des Moines, IA	F	14		
179	4181	2060	MCALLISTER, LEANNA	Johnston, IA	F	9		
180	4188	11333	ESSER, MEGAN	Des Moines, IA	F	14		
181	4189	63	BUTLER, ALLISON	Urbandale, IA	F	14		
182	4194	4268	FERGUSON, KATIE	Indianola, IA	F	12		
183	4239	7354	ELLINGSON, SAMANTHA	Washington, IA	F	10		
184	4248	15305	ROWLAND, BRYANA	Des Moines, IA	F	10		
185	4261	11703	PETERS, EMILY	Cambridge, IA	F	12		
186	4262	11700	HAIGH, ANA	West Des Moines, IA	F	11		
187	4276	12052	RUMMEL, COURTNEY	Grimes, IA	F	13		
188	4281	10484	WOLCOTT, JILLIAN	West Des Moines, IA	F	12		
189	4282	10482	BASILE, KELLI	West Des Moines, IA	F	12		
190	4284	10479	PROBST, ANNIE	West Des Moines, IA	F	12		
191	4286	10489	HARRISON, KAELA	West Des Moines, IA	F	12		
192	4287	10480	PROBST, JOIE	West Des Moines, IA	F	9		
193	4289	8978	FISCHER, ERIN	Madrid, IA	F	13		
194	4290	10491	BOSOVICH, EMILY	West Des Moines, IA	F	9		
195	4296	13815	BANNON, MOLLY	West Des Moines, IA	F	12		
196	4302	14405	BRAMBL, MOLLY	Dallas Center, IA	F	9		
197	4331	13404	THOMAS, KYLIE	Urbandale, IA	F	9		
198	4386	6410	HUXFORD, KARI	Ankeny, IA	F	14		
199	4388	13439	BRUNTZ, HANNAH	West Des Moines, IA	F	13		
200	4422	4167	LLEWELLYN, NATASHA	PLEASNAT HILL,	F	12		
201	4493	6749	WITMER, HANNAH	Indianola, IA	F	14		
202	4515	7691	DEBRUYN, KARA	Newton, IA	F	14		
203	4517	7698	MOSS, MACKENZIE	Newton, IA	F	12		
204	4554	5306	HOSKINS, HANNA	Des Moines, IA	F	9		
205	4577	5489	MITCHELL, ALEXIS	West Des Moines, IA	F	11		
206	4584	10174	WOOD, JORDAN	Monroe, IA	F	11		
207	4589	8290	BECK, ALISON	West Des Moines, IA	F	13		
208	4590	8270	KLECKNER, PAIGE	Mitchellville, IA	F	14		
209	4591	8273	DREES, ALLISON	Runnells, IA	F	14		
210	4611	5141	DEMPSEY, MEGHAN	West Des Moines, IA	F	13		
211	4612	5583	MANZER, LINDSIE	West Des Moines, IA	F	13		
212	4627	5846	HUSS, AMBER	Des Moines, IA	F	14		
213	4649	1253	GRINNELL, STEFANI	Clive, IA	F	11		
214	4650	13712	VANCE, KENDRA	Urbandale, IA	F	11		
215	4652	8329	NEIGHBOUR, ABIGAIL	Ankeny, IA	F	11		
216	4690	7011	KATZURECK, CASSIE	Norwalk, IA	F	12		
217	4723	14053	THUNE, RACHEL	Clive, IA	F	14		
218	4727	2023	BAGBY, NICOLE	Johnston, IA	F	11		
219	4734	15194	PEREZ, CRYSTAL	West Des Moines, IA	F	13		
220	4807	1104	FALVEY, HANNAH	West Des Moines, IA	F	14		
221	4811	5847	HUSS, ANGELA	Des Moines, IA	F	13		
222	4830	764	ELLIOTT, GRACE	Indianola, IA	F	11		
223	4831	3321	ONSTOT, CORTNEY	Indianola, IA	F	11		
224	4837	763	ELLIOTT, ALLIE	Indianola, IA	F	9		
225	4843	2782	EARLEY, KATIE	West Des Moines, IA	F	13		
226	4848	11041	JONES, STEPH	Des Moines, IA	F	14		
227	4849	5480	OTT, REBECCA	West Des Moines, IA	F	14		
228	4851	11037	GREENFIELD, KATHRYN	Clive, IA	F	14		

2004 Race for Cure

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Age Brackets Results

Women: 9 - 14

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
229	4852	11042	JOHNSON, STEPHANIE	West Des Moines, IA	F	14		
230	4872	5710	BECKER, KIMBERLY	Waukee, IA	F	12		
231	4898	15101	HART, LENA	Ankeny, IA	F	14		
232	4913	11939	SLAUSON, MARIAH	Waukee, IA	F	13		
233	4929	3982	MUSSETT, ERIN	Des Moines, IA	F	12		
234	4939	8892	HINZE, HANNA	Runnells, IA	F	11		
235	4948	10488	HARRISON, JAMIE	West Des Moines, IA	F	14		
236	4954	5469	HOVICK, MARY	Clive, IA	F	14		
237	4958	10691	FITCH, HOLLY	De Soto, IA	F	14		
238	5065	4675	KLEINSCHMIT, KERI	Clive, IA	F	14		
239	5066	11020	SANCHEZ, NORA	Des Moines, IA	F	10		
240	5071	1329	SUMMY, KELSEY	Des Moines, IA	F	12		
241	5106	3258	ZUCKERMAN, MARA	West Des Moines, IA	F	12		
242	5171	3257	ZUCKERMAN, SAMANTHA	West Des Moines, IA	F	11		
243	5208	12037	WARE, RACHAEL	Ankeny, IA	F	12		
244	5230	8036	KRALIK, EMMA	Altoona, IA	F	10		
245	5232	203	WHEELER, SHEREE	Des Moines, IA	F	11		
246	5235	3362	DEANGELIS, MARIA	Truro, IA	F	10		
247	5242	10300	JUTTING, EMILY	Hartford, IA	F	11		
248	5276	4119	RICHARDSON, ERIN	Ankeny, IA	F	12		
249	5292	7694	KIEHL, REBECCA	Sully, IA	F	13		
250	5308	6744	BASS, CASSANDRA	Indianola, IA	F	11		
251	5357	3522	KLEIN, STACY	Ankeny, IA	F	12		
252	5370	5455	ROMAR, ERIN	West Des Moines, IA	F	12		
253	5382	5453	ROMAR, ERIKA	West Des Moines, IA	F	12		
254	5394	7492	GELB, CLAIRE	Des Moines, IA	F	13		
255	5397	6997	LEWIS, SAMATHA	Clive, IA	F	12		
256	5400	15348	STUMBERG, MALLORY	CLIVE, IA	F	12		
257	5429	11035	HALL, KATELYNN	Des Moines, IA	F	14		
258	5460	11029	BOCKHAUS, KATY	Cumming, IA	F	14		
259	5480	6017	ROBINSON, SHELBY	Ankeny, IA	F	9		
260	5500	8214	KOCK, ALEX	West Des Moines, IA	F	10		
261	5501	8215	WIPPERMAN, SAMANTHA	West Des Moines, IA	F	10		
262	5526	6573	BENCK, HANNAH	Ames, IA	F	14		
263	5577	11055	KOCH, DEVIN	Van Meter, IA	F	14		
264	5578	13340	MELTON, MACKINZIE	Des Moines, IA	F	10		
265	5580	15441	HARDY, TRACIE	Carlisle, IA	F	14		
266	5587	11043	WARNEMUNDE, EMMA	Clive, IA	F	14		
267	5602	5581	VIRDEN, JENNIFER	Carlisle, IA	F	14		
268	5636	12553	PETERS, KELENA	Grinnell, IA	F	14		
269	5662	15447	HAGG, RACHEL	Ankeny, IA	F	9		
270	5667	7195	CIRKS, CLARA	Dallas Center, IA	F	10		
271	5672	5061	MILLER, EMILY	West Des Moines, IA	F	10		
272	5687	10487	HARNSON, SHIRLEY	BAD ZIPCODE, XX	F	14		
273	5688	10477	MADSEN, KELLY	West Des Moines, IA	F	12		
274	5693	13734	SHETTERLY, MEGAN	Grimes, IA	F	11		
275	5726	9551	KONRAD, ASHLEY	Ankeny, IA	F	10		
276	5741	10712	WEBER, CRISTINA	Clive, IA	F	12		
277	5743	5173	MOSHER, HALEY	West Des Moines, IA	F	11		
278	5744	5172	RILEY, TRICIA	West Des Moines, IA	F	12		
279	5758	6991	HOHENBERGER, MEGAN	Grimes, IA	F	13		
280	5768	221	FOSTER, REBECCA	Ankeny, IA	F	12		
281	5778	5169	SCHWEBACH, RACHEL	West Des Moines, IA	F	14		
282	5794	5119	DWOREK, BRIANNA	West Des Moines, IA	F	13		
283	5800	10797	DAVENPORT, KATELYN	Waukee, IA	F	13		
284	5812	12119	HEDDINGER, MARYJESS	West Des Moines, IA	F	9		
285	5843	9556	ARMSTRONG, BLAKELEE	Ankeny, IA	F	10		

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Age Brackets Results

Women: 9 - 14

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
286	5857	8460	SCHIEFELBEIN, ELIZABETH	Johnston, IA	F	11		
287	5862	6989	CARLISLE, ALLIE	Johnston, IA	F	11		
288	5930	10820	GOLDIZEN, KAITLYN	Urbandale, IA	F	12		
289	5934	3434	HEBERT, MOLLY	Ankeny, IA	F	11		
290	6053	1900	SCHWARCK, LAUREN	Eldora, IA	F	14		
291	6092	7266	HOPKINS, MELANIE	Earlham, IA	F	14		
292	6095	8007	VAN ZANTE, KATHERINE	Baxter, IA	F	14		
293	6126	716	URIC, RACHEL	Perry, IA	F	11		
294	6176	9658	MCCORMICK, RANDI	Pleasantville, IA	F	14		
295	6182	10561	EGAN, KERI	Des Moines, IA	F	12		
296	6241	3768	NORMAN, ALLISON	Des Moines, IA	F	14		
297	6243	3766	BERNHAGEN, ASHLEY	Des Moines, IA	F	14		
298	6326	14153	FAIDLEY, FRANKIE	Prairie City, IA	F	13		
299	6401	10176	WOOD, KATLYN	Monroe, IA	F	13		
300	6410	9681	HEIM, KELSY	Chariton, IA	F	11		
301	6421	12721	ROTHMAN, MADALINE	Des Moines, IA	F	12		
302	6460	6848	FLANERY, EMMA	Altoona, IA	F	10		
303	6481	11053	FLOOD, BETSY	Des Moines, IA	F	14		
304	6482	11054	QUINLAN, KATE	Des Moines, IA	F	14		
305	6483	7695	KIEHL, AMANDA	Sully, IA	F	13		
306	6486	4943	SHRUM, ALLISON	Altoona, IA	F	10		
307	6510	6870	MORTON, KRISSY	Guthrie Center, IA	F	13		
308	6576	7048	HARTLEY, MEGAN	Urbandale, IA	F	11		
309	6591	7635	HARRIS, ASHLEY	Grimes, IA	F	12		
310	6620	3578	BERST, CATHERINE	Des Moines, IA	F	13		
311	6629	9598	BILLINGSLEY, DANA	Cumming, IA	F	9		
312	6644	6871	MORTON, KARLEY	Guthrie Center, IA	F	10		
313	6663	8715	TAYLOR, JESSICA	Granger, IA	F	10		
314	6692	7340	JOHNSON, MACKENZI	Nevada, IA	F	11		
315	6693	7391	JOHNSON, SAMANTHA	Nevada, IA	F	14		
316	6700	9283	HEROLD, ABIGAIL	Urbandale, IA	F	10		
317	6702	10306	CURTIS, SHELBY	Carlisle, IA	F	11		
318	6704	10307	CURTIS, ASHLEY	Carlisle, IA	F	9		
319	6706	10279	OLSON, JESSICA	Carlisle, IA	F	13		
320	6751	9672	DOWNS, ARIEL	Milo, IA	F	13		
321	6787	2913	TORKELSON, ERIN	West Des Moines, IA	F	11		
322	6852	8993	SCHAFFER, EMILY	Madrid, IA	F	13		
323	6880	10767	BREESE, KELSEY	New Virginia, IA	F	14		
324	6883	10769	BREESE, MACKENZIE	New Virginia, IA	F	11		
325	6899	12106	REIMERS, ALYSON	Des Moines, IA	F	13		
326	6901	7830	MAHLER, SAMANTHA	Urbandale, IA	F	13		
327	6959	834	PURDY, SARAH	Ankeny, IA	F	11		
328	7047	5672	BERGMAN, ANNA	Waukee, IA	F	13		
329	7051	10978	WILSON, JENNA	Ankeny, IA	F	12		

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Women: 15 - 19

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	85	10486	CAFFREY, DAWN	Ankeny, IA	F	19	21:11.0	6:50
2	168	2405	HENDRICKSON, SARA	Altoona, IA	F	18	22:34.6	7:17
3	206	7289	BLUTT, TARA	Des Moines, IA	F	18	23:16.4	7:30
4	226	6024	HARSHBARGER, TONI	Ankeny, IA	F	17	23:35.3	7:37
5	255	7277	BUCKLEY, ALYSSA	Johnston, IA	F	15	23:58.1	7:44
6	256	7278	NORRIS, ROBYN	Johnston, IA	F	16	23:58.6	7:44
7	268	15100	ROYER, MICHELLE	Perry, IA	F	15	24:07.2	7:47
8	275	7286	HAMMER, CARLY	Urbandale, IA	F	15	24:11.9	7:48
9	330	4952	KRAHMER, LINDSAY	Des Moines, IA	F	19	24:44.0	7:59
10	332	15125	MOLLER, MALLORY	Urbandale, IA	F	15	24:44.6	7:59
11	379	14377	KLEIN, JENNY	West Des Moines, IA	F	17	25:13.9	8:08
12	381	4317	BROWN, JESSICA	Ames, IA	F	18	25:15.4	8:09
13	405	2562	HUBER, TIFFANY	Des Moines, IA	F	15	25:35.2	8:15
14	406	7282	HOOVER, FELICIA	Urbandale, IA	F	16	25:35.7	8:15
15	412	14024	RASMUSSEN, LUCINDA	Ankeny, IA	F	18	25:38.3	8:16
16	424	4578	COOPER, ELLEN	Des Moines, IA	F	19	25:46.0	8:19
17	442	6294	BENCH, RACHEL	Ankeny, IA	F	16	25:54.9	8:22
18	449	13298	MCCUBBIN, CARLA	Des Moines, IA	F	19	25:58.6	8:23
19	468	1735	SHIVELY, STEFANIE	Des Moines, IA	F	19	26:05.6	8:25
20	475	2075	CUNNINGHAM, KIM	Paton, IA	F	18	26:10.0	8:26
21	508	9599	KORDICK, JENNY	Saint Charles, IA	F	16	26:24.7	8:31
22	517	5732	WILLEM, KATHLEEN	Urbandale, IA	F	15	26:27.7	8:32
23	527	7950	BROWN, BETHANY	Ankeny, IA	F	19	26:32.3	8:34
24	534	9612	LATHRUM, ASHLEY	Saint Charles, IA	F	17	26:36.2	8:35
25	543	15043	KIZNER, SUSIE	West Des Moines, IA	F	15	26:39.3	8:36
26	550	14378	KLEIN, JULIE	West Des Moines, IA	F	15	26:44.5	8:38
27	566	2100	WILLIAMS, STACI	Indianola, IA	F	16	26:50.5	8:40
28	612	6159	PETERSEN, KATIE	Des Moines, IA	F	18	27:10.1	8:46
29	617	13714	OSTRANDER, BRANDI	Martensdale, IA	F	17	27:11.9	8:46
30	618	15186	PHILIPS, KRISTI	Ames, IA	F	15	27:12.0	8:46
31	620	15217	BECKWITH, ANGELA	Ames, IA	F	15	27:14.2	8:47
32	622	15187	CLARK, LAURA JEAN	Ames, IA	F	16	27:15.6	8:48
33	635	318	RATHMACHER, CYNDI	Story City, IA	F	15	27:21.2	8:49
34	639	604	MAUGHAN, JENNAE	Story City, IA	F	15	27:23.1	8:50
35	649	13581	BURKART, COURTNEY	Grimes, IA	F	17	27:27.6	8:51
36	652	13715	PARKER, AMANDA	Norwalk, IA	F	15	27:28.5	8:52
37	681	3589	LEVENHAGEN, SARAH	Grimes, IA	F	19	27:39.4	8:55
38	683	636	TYLER, AMANDA	West Des Moines, IA	F	16	27:40.5	8:56
39	688	14244	KREKEL, NATALIE	Des Moines, IA	F	18	27:42.9	8:56
40	712	15061	BIEDERMANN, RACHEL	Ankeny, IA	F	15	27:59.9	9:02
41	715	6172	JANUS, LUISA	Des Moines, IA	F	18	28:01.9	9:03
42	716	6155	HEIMS, KRISTI	Des Moines, IA	F	19	28:02.6	9:03
43	718	13832	LINDE, MELISSA	Ankeny, IA	F	17	28:04.4	9:03
44	744	4576	STUEVE, KATE	Des Moines, IA	F	18	28:13.9	9:06
45	764	4333	LAMBERT, JESSICA	Ames, IA	F	19	28:22.1	9:09
46	786	2976	GREVING, MEGAN	Ames, IA	F	19	28:31.8	9:12
47	822	2001	HALLAM, EMMELINE	Ames, IA	F	19	28:48.0	9:17
48	828	12010	STONE, STEPHANIE	Ankeny, IA	F	16	28:50.8	9:18
49	874	4581	MUELLER, JACQUELINE	Des Moines, IA	F	19	29:10.0	9:25
50	875	14254	ORIGER, KAYLYNN	Fairmont, MN	F	18	29:10.6	9:25
51	895	4584	WISTRICK, SARAH	Des Moines, IA	F	18	29:21.5	9:28
52	912	11592	CAMBRON, LIBBY	Indianola, IA	F	15	29:26.7	9:30
53	940	9393	MEYER, GWEN	Waukee, IA	F	18	29:43.1	9:35
54	945	3053	HOKSCH, RACHEL	Johnston, IA	F	18	29:44.3	9:36
55	949	4583	WEBSTER, CORRINE	Des Moines, IA	F	18	29:46.3	9:36
56	976	3378	WILLIAMS, JAIME	Muscatine, IA	F	18	29:55.8	9:39
57	999	13854	TURNBULL, SAMANTHA	Saint Charles, IA	F	16	30:05.3	9:42

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Women: 15 - 19

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
58	1002	4037	MARTIN, ASHLEY	Prole, IA	F	15	30:06.2	9:43
59	1034	301	LUSTIG, MICHELLE	Des Moines, IA	F	19	30:20.5	9:47
60	1035	6980	GREENE, MADDIE	Deep River, IA	F	16	30:21.4	9:48
61	1039	6981	GREENE, SARAH	Deep River, IA	F	18	30:22.8	9:48
62	1043	888	RUSSELL, KELLI	Urbandale, IA	F	17	30:24.9	9:49
63	1067	9838	HUDDLE, KATELIN	Knoxville, IA	F	15	30:32.8	9:51
64	1087	429	MARKLEY, JESSICA	Ames, IA	F	18	30:41.7	9:54
65	1150	11710	WALTER, HANNAH	Grimes, IA	F	18	31:03.7	10:01
66	1178	3992	PRICHODKO, VICTORIA	Carmel, IN	F	17	31:12.8	10:04
67	1189	15146	WILSEY, WHITNEY	Orange City, IA	F	19	31:17.4	10:06
68	1214	7283	RUEBBELKE, ANNE	Johnston, IA	F	15	31:27.3	10:09
69	1226	7279	THILGES, MAGGIE	Urbandale, IA	F	15	31:36.3	10:12
70	1228	7284	MEINERS, GRACE	Urbandale, IA	F	15	31:37.6	10:12
71	1232	7290	STRAWHACKER, KRISTEN	Grimes, IA	F	15	31:40.4	10:13
72	1233	13653	BURGGRAAF, KATHERINE	Johnston, IA	F	15	31:41.3	10:13
73	1316	4635	PERKINS, LAURA	Dallas Center, IA	F	16	32:13.3	10:24
74	1343	6776	FOURA, EMILY	Saint Charles, IA	F	17	32:23.7	10:27
75	1369	515	HALL, WHITNEY	Norwalk, IA	F	16	32:36.9	10:31
76	1372	5789	O'LEARY, AMANDA	Norwalk, IA	F	15	32:39.0	10:32
77	1396	115	LIND, JESSICA	Urbandale, IA	F	19	32:52.5	10:36
78	1420	15229	TURK, KRISTIN	Des Moines, IA	F	15	33:02.2	10:39
79	1440	6167	HAROLD, LAUREL	Des Moines, IA	F	18	33:09.0	10:42
80	1442	6170	PACE-GRACZYK, BILLIE	Des Moines, IA	F	18	33:09.7	10:42
81	1511	5936	MCCORMICK, ERIN	Decorah, IA	F	17	33:42.3	10:52
82	1512	4249	RYAN, MAGGIE	Polk City, IA	F	17	33:42.8	10:53
83	1533	6171	HALL, ERIN	Des Moines, IA	F	18	33:52.5	10:56
84	1557	15219	BRIMEYER, SARAH	Ames, IA	F	15	34:01.0	10:58
85	1561	15138	HELLMCIH, ALLYSE	Ames, IA	F	15	34:02.6	10:59
86	1572	6164	PETERS, AMANDA	Des Moines, IA	F	19	34:09.3	11:01
87	1577	12011	WITHERSPOON, GILLEN	Ankeny, IA	F	16	34:11.4	11:02
88	1580	2115	SNYDER, MELANIE	Ankeny, IA	F	16	34:12.4	11:02
89	1595	5045	HARRIS, ELLEN	Ankeny, IA	F	17	34:25.7	11:06
90	1647	3962	WARFORD, ERIN	Ankeny, IA	F	16	34:50.0	11:14
91	1669	8483	DOHERTY, LAUREN	Johnston, IA	F	15	35:02.5	11:18
92	1679	4288	WHITMIRE, ABBY	Dallas Center, IA	F	18	35:12.9	11:22
93	1692	14128	MULLANEY, KATIE	Des Moines, IA	F	16	35:24.8	11:25
94	1695	14129	BAKER, MEGAN	Des Moines, IA	F	16	35:25.4	11:26
95	1696	14126	HEDUM, ELLEN	Des Moines, IA	F	16	35:26.5	11:26
96	1719	6049	RUFF, LAURA	Ankeny, IA	F	16	35:44.8	11:32
97	1724	4116	KLINKEFUS, AMY	Ankeny, IA	F	16	35:45.9	11:32
98	1725	13958	LEMON, LAUREN	Clive, IA	F	16	35:46.2	11:32
99	1726	6156	JONES, MICHELLE	Des Moines, IA	F	19	35:46.2	11:32
100	1727	6157	ANDERSON, KATHRINE	Des Moines, IA	F	19	35:46.8	11:33
101	1728	13961	LEMON, DANIELLE	Clive, IA	F	18	35:47.3	11:33
102	1729	641	BAKER, SHELBY	Waukee, IA	F	18	35:48.5	11:33
103	1735	3463	BAUMBERGER, TORI	Ankeny, IA	F	16	35:56.9	11:36
104	1743	8140	PIERCE, JONI	Colfax, IA	F	16	36:05.8	11:39
105	1747	8153	HARMISON, KRISTA	Colfax, IA	F	16	36:10.4	11:40
106	1778	3863	CALHOUN, JESSICA	Urbandale, IA	F	15	36:37.3	11:49
107	1791	13424	HENSON, LAURA	Clive, IA	F	19	36:53.2	11:54
108	1792	13425	RODGERS, KATIE	Waukee, IA	F	19	36:54.5	11:54
109	1851	7000	MEYER, LINDSEY	Norwalk, IA	F	19	38:04.9	12:17
110	1866	3026	MCMILLEN, EMILEE	Waukee, IA	F	19	38:16.2	12:21
111	1906	6758	LORTON, NICOLE	Indianola, IA	F	15	38:55.3	12:33
112	1907	6759	CLARK, MEGAN	Indianola, IA	F	16	38:55.9	12:34
113	1927	3202	RAMSEY, BEKAH	Des Moines, IA	F	19	39:20.7	12:42
114	1951	4080	JOHNSON, LINDSEY	Altoona, IA	F	19	40:05.9	12:56

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Age Brackets Results

Women: 15 - 19

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
115	1953	4052	STEPHENSON, ANGELA	Ames, IA	F	19	40:06.9	12:56
116	1969	13316	MILLER, STEPHANIE	Winterset, IA	F	19	40:32.2	13:05
117	2003	15214	COMPTON, JENNIFER	Ames, IA	F	15	41:23.1	13:21
118	2004	15201	GAUL, ABBY	Ames, IA	F	17	41:24.6	13:21
119	2006	15191	KLUESNER, MARY BETH	Ames, IA	F	16	41:27.0	13:22
120	2007	15188	HUNDERTMANK, SARAH	Ames, IA	F	15	41:28.2	13:23
121	2030	15420	VOGEL, SUSAN	Princeton, IL	F	19	42:17.1	13:38
122	2089	5548	BEE, MEAGAN	Monona, IA	F	19	44:06.9	14:14
123	2097	15218	SCHOENROCK, KIRSTEN	Ames, IA	F	15	44:20.8	14:18
124	2106	4820	WESTERGARD, KATE	Vinton, IA	F	19	44:28.6	14:21
125	2108	15212	WARTH, ELIZABETH	Ames, IA	F	15	44:33.6	14:22
126	2211	593	DEDECKER, JENNA	Urbandale, IA	F	19	46:10.5	14:54
127	2222	11606	LEGETT, ERIKA	West Des Moines, IA	F	15	46:19.2	14:57
128	2252	11645	HAMADACHE, MALIA	Pleasantville, IA	F	17	47:08.5	15:12
129	2327	8060	PARRY, LINDSAY	Johnston, IA	F	17	48:09.1	15:32
130	2328	6040	DENNY, ALYSON	Johnston, IA	F	17	48:09.9	15:32
131	2359	15285	CARPENTER, CAITLIN	West Des Moines, IA	F	16	48:37.8	15:41
132	2361	15215	ARTESE, SAMANTHA	Ames, IA	F	15	48:38.5	15:41
133	2378	4831	WARD, MICHELLE	Urbandale, IA	F	15	48:49.1	15:45
134	2390	8138	PATTERSON, WILLOW	Colfax, IA	F	17	48:54.4	15:47
135	2396	7280	HYDE, KELSEY	Urbandale, IA	F	15	48:56.9	15:47
136	2431	8167	PALMER, JESSICA	Colfax, IA	F	17	49:17.5	15:54
137	2456	9000	POLICH, ABBIE	Madrid, IA	F	19	49:34.8	16:00
138	2468	8524	HOOVER, TIFFANY	New Virginia, IA	F	19	49:38.5	16:01
139	2480	11779	SCHUCK, JAMIE	Urbandale, IA	F	19	49:55.0	16:06
140	2545	6282	MCCLURE, HOLLI	Ankeny, IA	F	17	50:33.4	16:19
141	2551	6310	UFFELMAN, MEAGAN	Ankeny, IA	F	17	50:35.2	16:19
142	2563	9840	HUDDLE, ALYSSA	Knoxville, IA	F	15	50:46.2	16:23
143	2588	4002	GUNHUS, ASHLEIGH	Grimes, IA	F	18	50:58.4	16:27
144	2590	5351	SMITH, KALLIE	Ankeny, IA	F	15	51:00.8	16:27
145	2618	9354	HANSEN, VANESSA	Avoca, IA	F	19	51:14.2	16:32
146	2632	12581	HOGGE, BIANCA	Gilbert, IA	F	15	51:28.5	16:36
147	2634	5753	SYVERSON, RACHAEL	Polk City, IA	F	17	51:30.1	16:37
148	2641	11185	KLEIN, KATIE	Clive, IA	F	15	51:36.5	16:39
149	2645	3018	KAPAUN, SAMANTHA	Ames, IA	F	18	51:37.2	16:39
150	2685	11188	VAN DAM, HELEN	Clive, IA	F	15	51:56.1	16:45
151	2687	8210	HILD, MEREDITH	West Des Moines, IA	F	15	51:56.6	16:45
152	2693	8105	KING, MISSY	Johnston, IA	F	19	51:59.1	16:46
153	2696	6857	HUEN, KATHRYN	Norwalk, IA	F	15	52:00.7	16:47
154	2766	9350	MERRILL, CHRISTA	Ames, IA	F	18	52:39.7	16:59
155	2773	2455	BINDER, SARA	Cumming, IA	F	18	52:42.5	17:00
156	2787	8159	SOUTTER, LACI	Colfax, IA	F	15	52:47.7	17:02
157	2789	15021	ROBINSON, ASHLEY	Colo, IA	F	16	52:48.1	17:02
158	2792	8146	ALEXANDER, MAKAYLA	Mingo, IA	F	15	52:49.5	17:02
159	2795	8135	WILSON, TAYLOR	Colfax, IA	F	16	52:50.6	17:03
160	2799	8173	BISSELL, MARANDA	Colfax, IA	F	17	52:51.5	17:03
161	2802	9352	KOCK, JENNIFER	Ames, IA	F	19	52:52.2	17:03
162	2807	8148	DILLE, ASHLEY	Colfax, IA	F	16	52:52.8	17:03
163	2808	9338	HARDY, LIZ	Des Moines, IA	F	18	52:53.3	17:04
164	2809	6158	POLLAKOV, HEATHER	Des Moines, IA	F	18	52:53.4	17:04
165	2817	8009	JOHNSON, TAYLOR	Waukee, IA	F	16	52:55.7	17:04
166	2835	4496	WEST, LARA	Prescott, IA	F	15	53:04.6	17:07
167	2837	10790	DAY, TRINA	Camden Point, MO	F	16	53:05.0	17:07
168	2844	6275	PUTZ, JENNI	Ankeny, IA	F	16	53:07.2	17:08
169	2853	9351	PRESCHER, VALERIE	Ames, IA	F	18	53:10.8	17:09
170	2855	8068	CHANDRAN, ANJANA	West Des Moines, IA	F	16	53:12.1	17:10
171	2868	3927	WOOD, KATIE	Ankeny, IA	F	16	53:15.9	17:11

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Age Brackets Results

Women: 15 - 19

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172	2874	9332	MILLER, ANNA	Harlan, IA	F	16	53:18.1	17:12
173	2878	6056	EDWARDS, KERRI	Altoona, IA	F	18	53:19.8	17:12
174	3024	8378	WADLE, MEGAN	Ankeny, IA	F	18	54:15.1	17:30
175	3030	13743	CONDON, LAURA	Ames, IA	F	19	54:17.4	17:31
176	3050	2753	FREEL, KATHERINE	Indianola, IA	F	15	54:25.1	17:33
177	3074	15459	SASS, SAM	Perry, IA	F	15	54:34.0	17:36
178	3080	6972	ROBERTS, COURTNEY	Williamsburg, IA	F	16	54:36.4	17:37
179	3082	4580	MATTSON, JENNIFER	Des Moines, IA	F	18	54:37.2	17:37
180	3101	3915	MATHEWS, SUSAN L	Pella, IA	F	19	54:43.6	17:39
181	3111	4579	MULLIN, SISSA	Des Moines, IA	F	19	54:46.4	17:40
182	3133	7146	VANDERLINDEN, MALLORY	Indianola, IA	F	18	54:54.4	17:43
183	3150	11785	CRAIG, JESSICA	Waterloo, IA	F	16	55:04.7	17:46
184	3173	1954	HANSELL, LESLIE	Ankeny, IA	F	18	55:13.9	17:49
185	3192	13824	HAUSER, ANNE	West Des Moines, IA	F	18	55:23.2	17:52
186	3194	14071	DOLS, TIM	Des Moines, IA	F	19	55:23.7	17:52
187	3200	4468	VOGEL, KRYSTAL	Lohrville, IA	F	18	55:25.0	17:53
188	3229	5386	FAIDLEY, EMILY	Colfax, IA	F	18	55:38.5	17:57
189	3231	1981	GARRINGER, BRI	West Des Moines, IA	F	18	55:39.7	17:57
190	3233	3956	SWIFT, BRENDA	Clive, IA	F	15	55:40.7	17:58
191	3252	1531	VAN ETTEN, KATIE	Orange City, IA	F	18	55:50.7	18:01
192	3257	1667	PISCITELLO, CHRISTINA	Clive, IA	F	17	55:53.8	18:02
193	3261	4473	WALLACE, AMBER	Jefferson, IA	F	19	55:56.1	18:03
194	3326	2733	JORDAN, SIERRA	Pleasantville, IA	F	19	56:26.9	18:13
195	3358	10138	HURLEY, ANNA	Urbandale, IA	F	17	56:42.3	18:18
196	3386	15013	FERNATT, AYL A	BAD ZIPCODE, XX	F	18	56:51.8	18:21
197	3388	14246	WRIGHT, MOLLY	Norwalk, IA	F	18	56:53.1	18:21
198	3425	5357	MILLER, MARIAH	Carlisle, IA	F	18	57:12.8	18:27
199	3430	3236	BUSSONE, CHRISTINE	Clive, IA	F	15	57:14.4	18:28
200	3453	1895	BLOXHAM, DANIELLE	Clarion, IA	F	18	57:24.9	18:31
201	3465	3469	CATTELL, JENNIFER	PLEASNAT HILL,	F	19	57:29.1	18:33
202	3517	1605	LYONS, AINSLEY	West Des Moines, IA	F	15	57:51.3	18:40
203	3561	10748	BACHMAN, DANIELLE	Webster City, IA	F	19	58:06.3	18:45
204	3609	12275	MURTY, SARAH	Waterloo, IA	F	18	58:30.5	18:52
205	3622	5308	HEGSTROM, JENI	Perry, IA	F	15	58:36.9	18:54
206	3692	13301	ISAACSON, ADRIENNE	West Des Moines, IA	F	19	58:55.7	19:01
207	3720	11261	SHELEY, KYLEA	Guthrie Center, IA	F	16	59:04.4	19:03
208	3728	75	FRANTUM, MEGAN	Woodward, IA	F	18	59:07.0	19:04
209	3742	3187	SCHNUG, ASHLEY	Monroe, IA	F	17	59:10.7	19:05
210	3746	3186	MUNSON, JILL	Monroe, IA	F	17	59:11.6	19:06
211	3834	5450	HAMAKER, ALYCIA	Mount Ayr, IA	F	19	59:43.6	19:16
212	3836	5448	HAMAKER, CALLIE	Altoona, IA	F	19	59:44.1	19:16
213	3843	5491	CHEATOM, AUDREY	Des Moines, IA	F	15	59:47.1	19:17
214	3909	6300	HARKIN, ANNA	Ankeny, IA	F	17	59:59.	19:21
215	3910	6276	LORENZ, STACY	Ankeny, IA	F	17	59:59.	19:21
216	3911	6302	NORELIUS, AMANDA	Ankeny, IA	F	17	59:59.	19:21
217	3912	6297	FERIN, LINDSEY	Ankeny, IA	F	17	59:59.	19:21
218	3913	3498	ZWIEFEL, ALEXANDRA	Ankeny, IA	F	17	59:59.	19:21
219	3914	6278	WOOD, LAURA	Ankeny, IA	F	18	59:59.	19:21
220	3915	6296	SVOBODA, LAURA	Ankeny, IA	F	17	59:59.	19:21
221	3926	15350	SNODGRASS, CARTLIN	Des Moines, IA	F	19	59:59.	19:21
222	3927	5497	NICHOLS, GENEVA	Des Moines, IA	F	16	59:59.	19:21
223	3938	9724	WILDER, LISBETH	Waukee, IA	F	15	01:00:00..	19:21
224	3980	5767	MUSIC, TOMMI	PLEASNAT HILL,	F	15	01:00:00..	19:21
225	3987	12494	WILSON, VANESSA	Polk City, IA	F	17	01:00:00..	19:21
226	4033	4549	HARRISON, STACEY	Jefferson, IA	F	15		
227	4049	9665	IDDINGS, LAUREN	Pleasantville, IA	F	15		
228	4066	14252	ZAUGG, PENNY	Des Moines, IA	F	19		

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229	4082	8619	ROE, LYNDSLEY	Altoona, IA	F	19		
230	4092	4558	JOHNSON, JESSICA	Des Moines, IA	F	15		
231	4117	8177	MAHER, SHAWNA	Mingo, IA	F	17		
232	4120	2066	EILANDER, JESSICA	Prairie City, IA	F	18		
233	4137	8832	DAHME, ELIZABETH	Urbandale, IA	F	19		
234	4150	4902	ADS, JESSICA	Norwalk, IA	F	19		
235	4178	8162	VANDUSSELDORP, BRITTANY	Colfax, IA	F	17		
236	4192	8168	HUNSBERGER, ANNA	Colfax, IA	F	18		
237	4201	8136	MIDDLETON, KELSEY	Colfax, IA	F	15		
238	4204	3454	POLO, HOLLY	Chariton, IA	F	16		
239	4230	9630	SAMUELS, HANNAH	Saint Charles, IA	F	15		
240	4240	8115	MCMILLEN, ERIN	Des Moines, IA	F	19		
241	4343	14173	WHITE, MAGGIE	BAD ZIPCODE, XX	F	19		
242	4344	14572	ROSS, SARAH	Van Meter, IA	F	17		
243	4357	14375	NORELIUS, ALLISON	Johnston, IA	F	17		
244	4365	5354	STILLE, ALLISON	Indianola, IA	F	19		
245	4402	8051	LONGSTEIN, KATIE	Ames, IA	F	18		
246	4403	8050	LANG, SHELLY	Ames, IA	F	18		
247	4405	4645	BRUMLEY, BROOKE	Des Moines, IA	F	18		
248	4406	4659	KALDENBERG, HEIDI	Saint Joseph, MO	F	18		
249	4408	5598	ROYCE, BECKY	Des Moines, IA	F	18		
250	4459	6408	HEITSHUSEN, ALLISON	Huxley, IA	F	19		
251	4468	1945	BIANCHI, HOLLY	Des Moines, IA	F	19		
252	4470	4241	ENOS, MANDI	Ankeny, IA	F	18		
253	4476	6051	ROBINSON, BREANNA	Ankeny, IA	F	16		
254	4480	13782	ARONOW, KATIE	BAD ZIPCODE, XX	F	18		
255	4492	7527	LYNCH, MEGAN	Ames, IA	F	19		
256	4495	6740	OMARA, LINDSAY	Indianola, IA	F	15		
257	4507	10169	COOK, BRITNEY	Pleasantville, IA	F	16		
258	4509	7665	TEALE, KELLY	Altoona, IA	F	17		
259	4516	7693	KIEHL, KATELYN	Sully, IA	F	15		
260	4559	15139	RASMUSSEN, DEVON	Ames, IA	F	18		
261	4565	10616	REAMES, RENEE	Clive, IA	F	15		
262	4574	6702	LA FRATTE, MARCY	Winterset, IA	F	16		
263	4583	10175	WOOD, ERIN	Monroe, IA	F	15		
264	4640	13852	BADGLEY, KATIE	Madrid, IA	F	19		
265	4651	7486	BRANDHORST, JESSICA	Ankeny, IA	F	19		
266	4659	2953	HOOVER, BRITTANY	Ames, IA	F	19		
267	4672	5662	GOBELI, JESSICA	Winslow, IL	F	17		
268	4675	11187	BRILEY, COURTNEY	Van Meter, IA	F	18		
269	4692	9607	DOWNS, MAGGIE	Saint Charles, IA	F	18		
270	4704	12423	BAHN, LINDSAY	Des Moines, IA	F	19		
271	4720	4286	COOPER, ANNA	Urbandale, IA	F	15		
272	4725	4284	COOPER, BRITT	Urbandale, IA	F	15		
273	4738	1565	CASSADY, SAMANTHA	De Soto, IA	F	17		
274	4763	8442	MOSHER, TAYLOR	Prairie City, IA	F	15		
275	4782	6762	ALLEN, CAYLA	Indianola, IA	F	15		
276	4785	12090	HOLMES, WHITNEY	Des Moines, IA	F	18		
277	4833	14269	MAUTZ, LAURA	Ankeny, IA	F	17		
278	4839	11034	ARONOW, KRISTIE	Urbandale, IA	F	17		
279	4850	13549	FORBES, MEREDITH	Urbandale, IA	F	16		
280	4853	11030	DAVIS, KYLIE	Urbandale, IA	F	15		
281	4854	11051	PAYNE, AMELIA	Des Moines, IA	F	17		
282	4855	11050	KILLIAN, KRISTIN	Urbandale, IA	F	16		
283	4856	11036	LATOURE, ADRIENNE	West Des Moines, IA	F	15		
284	4860	11052	LICKTEIG, COURTNEY	Clive, IA	F	18		
285	4870	5736	SHERIFF, COLLEEN	Urbandale, IA	F	17		

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286	4871	14174	NELSON, KRISTEN	Des Moines, IA	F	19		
287	4874	15099	MELVILLE, BREANNA	Ankeny, IA	F	15		
288	4876	12044	SARVER, CHELCIE	Madrid, IA	F	16		
289	4891	6271	DEJONG, AMANDA	Ankeny, IA	F	17		
290	4893	6295	MELVILLE, MELISSA	Ankeny, IA	F	18		
291	4897	15454	MAUK, EMILY	Des Moines, IA	F	15		
292	4902	8275	MCBURNEY, KRISTINA	Clarksville, IA	F	18		
293	4903	11057	GLIDER, KENDRA	Des Moines, IA	F	17		
294	4904	11033	GAULKE, ALLISON	Des Moines, IA	F	16		
295	4906	5798	WEAVER, ERIN	Martensdale, IA	F	19		
296	4907	589	CUTHBERTSON, HILARY	Iowa City, IA	F	19		
297	4908	169	DEMBINSKI, NICOLE	Prole, IA	F	17		
298	4909	5586	BOFFELI, JULIE	Iowa City, IA	F	19		
299	4917	6132	MAGNESON, BROOK	Urbandale, IA	F	19		
300	4920	5566	IMMERFALL, LISA	Des Moines, IA	F	19		
301	4921	8165	WHITE, RUTHANN	Colfax, IA	F	15		
302	4923	8261	TOMETICH, MARY	Johnston, IA	F	16		
303	4949	6065	MC CREA, JORDAN	West Des Moines, IA	F	15		
304	4996	10821	GOLDIZEN, MEGAN	Urbandale, IA	F	16		
305	4999	12784	WOODARD, SALLY	Des Moines, IA	F	15		
306	5003	4761	LARIMER, STACEY	Stuart, IA	F	19		
307	5004	11046	KERR, THERESA	Urbandale, IA	F	17		
308	5019	3464	ROTSART, ALEX	Urbandale, IA	F	16		
309	5033	11048	TARBOX, EMILY	Des Moines, IA	F	17		
310	5041	13834	BRUNKEN, BROOKE	Des Moines, IA	F	15		
311	5074	1332	SUMMY, ALLISON	Des Moines, IA	F	19		
312	5089	2422	SMITH, VANESSA	Des Moines, IA	F	16		
313	5124	13557	EDENS, KATIE	Camanche, IA	F	19		
314	5128	7153	SNELL, AMANDA	Des Moines, IA	F	18		
315	5129	7149	COULSON, SHERRI	Des Moines, IA	F	19		
316	5140	2286	THOMAS, ASHLEY	Ankeny, IA	F	17		
317	5141	5277	THOMAS, KATIE	Ankeny, IA	F	19		
318	5211	10974	WHITE, HAYLEE	Runnells, IA	F	15		
319	5214	11818	REES, KIM	Reasnor, IA	F	18		
320	5264	2044	HESS, KARISSA	Des Moines, IA	F	16		
321	5265	2041	HESS, KAMARA	Des Moines, IA	F	19		
322	5283	11027	LICKTEJG, CAITLIN	Clive, IA	F	18		
323	5310	11044	BAKER, SARA	West Des Moines, IA	F	16		
324	5347	4077	ELBERT, CHELSEA	Urbandale, IA	F	19		
325	5354	10190	GORDON, KIRSTEN	Pleasantville, IA	F	17		
326	5376	2432	CHEEK, STEPHANIE	Cedar Falls, IA	F	19		
327	5377	2434	FURLONG, KATIE	Cedar Falls, IA	F	19		
328	5384	5440	DURDEN, LAURA	Des Moines, IA	F	18		
329	5385	682	WILLYARD, KIM	West Des Moines, IA	F	16		
330	5392	11039	DUPEY, TYRRELL	Urbandale, IA	F	17		
331	5399	8090	JONES, AMANDA	Johnston, IA	F	16		
332	5403	5864	PEITZMAN, ELAINE	Ankeny, IA	F	17		
333	5408	5881	HANIGAN, BETH	Johnston, IA	F	16		
334	5434	8595	WENTLAND, KASSIE	Runnells, IA	F	16		
335	5441	6996	LEWIS, STEPHANIE	Clive, IA	F	15		
336	5442	14571	FISHER, MEREDITH	West Des Moines, IA	F	15		
337	5457	11045	MAHONEY, ALYSSA	West Des Moines, IA	F	15		
338	5461	11038	HOWE, ASHLEY	Urbandale, IA	F	16		
339	5469	11040	DUPEY, CLAIRE	Urbandale, IA	F	15		
340	5474	5525	NEWMAN, HOLLY	Des Moines, IA	F	19		
341	5482	7491	GELB, KATE	Des Moines, IA	F	15		
342	5483	11049	KUBAT, KATIE	West Des Moines, IA	F	15		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 15 - 19

Group	Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile
	343	5512	13440	BRUNTZ, LAUREL	West Des Moines, IA	F	17	
	344	5541	6093	FOSTER, LEEANNE	West Des Moines, IA	F	17	
	345	5571	5322	DUNBAR, MAGGIE	West Des Moines, IA	F	19	
	346	5573	2202	BORDELON, RACHAEL	Granger, IA	F	15	
	347	5575	11056	KOCH, KAELYNN	Van Meter, IA	F	16	
	348	5596	5578	WYCKOFF, ASA	Des Moines, IA	F	15	
	349	5597	5717	WOODRUFF, PAIGE	Carlisle, IA	F	15	
	350	5601	5573	PENICK, COURTNEY	Carlisle, IA	F	15	
	351	5603	5584	WATKINS, EMMA	Hartford, IA	F	16	
	352	5611	11799	THOMPSON, MALLORY	West Des Moines, IA	F	17	
	353	5623	12154	WAYMIRE, MARKIE	Urbandale, IA	F	17	
	354	5626	12042	JORGENSEN, ASHLEY	Ankeny, IA	F	18	
	355	5629	8025	WOOD, ABIGAIL	Ankeny, IA	F	16	
	356	5632	15482	KUCHENBECKER, KATIE	Ankeny, IA	F	19	
	357	5639	4864	KRULL, ABBY	Colo, IA	F	15	
	358	5656	3408	BOUCHER, JESSIE	Ames, IA	F	18	
	359	5674	3363	DEANGELIS, SARAH	Truro, IA	F	17	
	360	5675	9631	BEELER, HALLIE	Peru, IA	F	15	
	361	5684	2373	BROWN, TARA	West Des Moines, IA	F	19	
	362	5754	14318	RYAN, KELLY	Ames, IA	F	19	
	363	5767	12034	WHIPPLE, ANNIE	Ankeny, IA	F	15	
	364	5772	14313	PUTNEY, KIRA	Lacona, IA	F	18	
	365	5797	13790	MAINE, KAREN	Urbandale, IA	F	19	
	366	5806	10655	TONCAR, ASHLEY	Des Moines, IA	F	19	
	367	5819	6943	SMITH, MEGHAN	Ankeny, IA	F	18	
	368	5840	9845	WILSON, ABIGAIL	Knoxville, IA	F	15	
	369	5946	11763	KURTH, BRITTNEY	Ankeny, IA	F	19	
	370	6089	7264	ALGREEN, ALEX	Earlham, IA	F	18	
	371	6090	7261	ADKINS, KATE	Earlham, IA	F	16	
	372	6093	7263	KRUCKENBERG, JAMIE	Earlham, IA	F	18	
	373	6097	8008	VAN ZANTE, OLIVIA	Baxter, IA	F	16	
	374	6098	7275	HAUS, ASHLEIGH	Earlham, IA	F	15	
	375	6099	7257	BEISNER, JESSIE	Earlham, IA	F	15	
	376	6104	7258	GIBSON, BECKY	Dexter, IA	F	17	
	377	6118	11704	PETERS, EMILY	Cambridge, IA	F	16	
	378	6130	7260	ADAMS, KASANDRA	Earlham, IA	F	15	
	379	6132	7254	JOBST, NICOLE	Earlham, IA	F	18	
	380	6133	7252	HOPKINS, MOLLY	Earlham, IA	F	17	
	381	6134	7253	BEISNER, ALISSA	Earlham, IA	F	18	
	382	6137	7262	MORSCH, ARIANN	Earlham, IA	F	15	
	383	6140	7274	TABOR, JAMIE	Earlham, IA	F	17	
	384	6142	15093	PEIFFER, JESSICA	Johnston, IA	F	17	
	385	6163	8151	GOODMAN, KRISTA	Colfax, IA	F	15	
	386	6171	7273	RAND, JACLYN	Earlham, IA	F	17	
	387	6190	8166	WOLETT, MEGHAN	Colfax, IA	F	16	
	388	6230	13526	WOLVER, SHAUNA	Ankeny, IA	F	17	
	389	6231	5595	DUNKER, LAUREN	Ankeny, IA	F	17	
	390	6238	8052	FINK, MACKENZIE	Altoona, IA	F	18	
	391	6244	1324	BROONER, BETH	Des Moines, IA	F	18	
	392	6256	13643	BENNETT, ELISE	Des Moines, IA	F	15	
	393	6276	3767	BERNHAGEN, ERMA	Des Moines, IA	F	15	
	394	6278	9606	DOWNS, EMILY	Saint Charles, IA	F	16	
	395	6287	4605	SMITH, REGAN	Ankeny, IA	F	17	
	396	6292	1321	DAGGETT, MICHELLE	Des Moines, IA	F	18	
	397	6300	3521	KLEIN, BRITTANY	Ankeny, IA	F	16	
	398	6303	6284	WILSON, ARIEL	Ankeny, IA	F	16	
	399	6304	6301	PETER, TAMMY	Ankeny, IA	F	17	

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 15 - 19

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
400	6305	6304	COUGHENOWER, LISA	Ankeny, IA	F	16		
401	6306	13864	BROWN, KALEY	Ankeny, IA	F	16		
402	6313	6756	ANSLEY, ABBY	Indianola, IA	F	15		
403	6314	6755	WICHMAN, AMBER	Indianola, IA	F	15		
404	6316	10116	TEST, AMANDA	Des Moines, IA	F	19		
405	6320	15195	PEREZ, JAMIE	West Des Moines, IA	F	16		
406	6327	14156	FAIDLEY, TANNA	BAD ZIPCODE, XX	F	16		
407	6360	5096	CARROTT, JAIME	Ankeny, IA	F	16		
408	6408	5366	RICHE, ELIZABETH	West Des Moines, IA	F	16		
409	6417	6552	ANDERSON, SHANLEY	Saint Charles, IA	F	18		
410	6432	2240	MCCLAIN, SAMANTHA	Ankeny, IA	F	19		
411	6444	15109	GAULDIN, DARCY	Des Moines, IA	F	18		
412	6451	3167	VAN LANGEN, DANIELLE	Des Moines, IA	F	16		
413	6452	114	VAN LANGEN, AMANDA	Ames, IA	F	19		
414	6453	1292	WEILER, MEGAN	Ames, IA	F	19		
415	6467	9634	KNUTSON, KELSEY	Saint Charles, IA	F	15		
416	6513	11262	SHELEY, CHELSEA	Guthrie Center, IA	F	18		
417	6526	14317	HANGER, LINDSEY	Ames, IA	F	19		
418	6547	4825	BIEGLER, ASHLEY	Des Moines, IA	F	17		
419	6563	847	GOODE, LINDSAY	Indianola, IA	F	16		
420	6565	8170	FORCK, CHERI	Colfax, IA	F	17		
421	6567	8175	LARSON, EMMIE	Colfax, IA	F	15		
422	6569	8156	LESTER, SERENA	Colfax, IA	F	16		
423	6570	8169	HANKE, KATELYN	Mingo, IA	F	17		
424	6572	8152	GREVE, LINDI	Colfax, IA	F	16		
425	6592	12117	HEDDINGER, SARAH	West Des Moines, IA	F	15		
426	6593	12135	SHUMWAY, BRIANNA	West Des Moines, IA	F	15		
427	6621	3580	BERST, JENIFER	Des Moines, IA	F	17		
428	6648	14127	BJELLAND, SAMMI	Des Moines, IA	F	16		
429	6649	14130	HARRISON, KRYSTAL	Des Moines, IA	F	16		
430	6650	14125	HULIN, BAILEY	Des Moines, IA	F	16		
431	6658	6748	RAUZI, HAYLEY	Indianola, IA	F	17		
432	6776	5341	BRADY, CLAIRE	Ankeny, IA	F	18		
433	6786	8470	MINTER, JENNIFER	Des Moines, IA	F	16		
434	6799	3862	SINN, LINDSEY	Ankeny, IA	F	18		
435	6800	1330	THOMPSON, MEAGAN	PLEASNAT HILL,	F	19		
436	6875	3677	STORK, ALEXANDRA	Des Moines, IA	F	16		
437	6878	9144	NATION, ABBEY	Des Moines, IA	F	17		
438	6910	8626	SKELTON, AMBER	Bondurant, IA	F	15		
439	6961	11058	ZUENDEL, CARLY	Des Moines, IA	F	16		
440	6976	9613	LATHRUM, JENNIFER	Saint Charles, IA	F	15		
441	7004	3207	BAHLS, LAUREN	Des Moines, IA	F	15		
442	7029	9673	DOWNS, KORIE	Milo, IA	F	17		
443	7033	4414	HEEREN, ALISHA	Toledo, IA	F	19		
444	7043	733	BOESEN, LAURA	Urbandale, IA	F	19		
445	7053	14381	SMITH, BRANDI	Newton, IA	F	19		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 20 - 24

Group	Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile
1	36	329	DAHLBERG, JADE	Ames, IA	F	24	19:58.7	6:27
2	54	12330	OSHEL, ABBEY	Des Moines, IA	F	22	20:34.3	6:38
3	55	12365	VERMEULEN, TAMI	Des Moines, IA	F	23	20:36.0	6:39
4	91	12362	CLEVELAND, EMILY	Des Moines, IA	F	23	21:15.0	6:51
5	95	2589	LINDER, KELSIE	Ames, IA	F	22	21:19.5	6:53
6	159	985	SPOMER, JILL	Ankeny, IA	F	21	22:29.7	7:15
7	182	13434	IVES, AMANDA	Des Moines, IA	F	23	22:55.6	7:24
8	187	14140	MUELLER, JENNY	West Des Moines, IA	F	22	23:02.0	7:26
9	193	7734	DANE, ELLEN	Des Moines, IA	F	23	23:07.6	7:28
10	198	4511	MADISON, JILL	Johnston, IA	F	23	23:12.3	7:29
11	209	12356	HAAS, SHERRI	West Des Moines, IA	F	23	23:18.5	7:31
12	249	5616	HEMPHILL, ANDREA	Panora, IA	F	20	23:55.3	7:43
13	253	5614	HEMPHILL, ALLISON	Ames, IA	F	23	23:57.6	7:44
14	272	4585	BONNSTETTER, AMBER	Fort Dodge, IA	F	24	24:10.3	7:48
15	273	13640	FRITZ, NICOLE	Ames, IA	F	21	24:10.8	7:48
16	284	3337	SCHUHOW, KAYTE	West Des Moines, IA	F	24	24:16.7	7:50
17	290	13742	KUEBLER, JILLALICE	Ames, IA	F	23	24:19.3	7:51
18	293	15376	SMITH, JENNIFER	Des Moines, IA	F	22	24:20.6	7:51
19	312	4673	VANDEVANTER, JANE	Des Moines, IA	F	21	24:33.1	7:55
20	320	12402	RABORN, LAURIE	Des Moines, IA	F	23	24:37.8	7:57
21	328	5003	MUENZENBERGER, CHRISTIE	West Des Moines, IA	F	22	24:42.7	7:58
22	427	3312	BOISEN, SARA	Ames, IA	F	20	25:47.4	8:19
23	437	3487	MEJIA, RACHEL	Des Moines, IA	F	22	25:52.4	8:21
24	462	12359	FARRIS, WENDY	West Des Moines, IA	F	22	26:03.9	8:25
25	464	2794	WAGNER, LEIGH	Lincoln, NE	F	20	26:04.3	8:25
26	492	1260	BURROUGHS, JENNIFER	Des Moines, IA	F	21	26:20.0	8:30
27	494	2113	LEGG, JO	BAD ZIPCODE, XX	F	21	26:20.7	8:30
28	499	8807	STROSAHL, KASEY	Ames, IA	F	22	26:22.0	8:30
29	505	2720	DOTZENROD, ROCHELLE	Urbandale, IA	F	23	26:23.9	8:31
30	507	5047	RUDOLPHI, LEAH	Ames, IA	F	24	26:24.6	8:31
31	524	5462	GILL, ASHLEY	Clive, IA	F	21	26:30.4	8:33
32	529	10136	SEVIER, MICHELLE	Waterloo, IA	F	23	26:33.8	8:34
33	531	3104	TOON, CHRISTINA	Des Moines, IA	F	22	26:34.2	8:34
34	542	1512	DONNELLY, KASEY	West Des Moines, IA	F	23	26:39.3	8:36
35	573	6618	SWARTHOUT, KARCY	Lacona, IA	F	23	26:52.3	8:40
36	574	13830	WHITEHEAD, EMILY	Urbandale, IA	F	23	26:52.8	8:40
37	580	12410	GAGAS, HEATHER	West Des Moines, IA	F	23	26:55.7	8:41
38	581	2105	SMITH, CALISTA	West Des Moines, IA	F	24	26:55.9	8:41
39	590	2754	HAWKINS, TAWNYA	Indianola, IA	F	24	26:58.7	8:42
40	591	1993	SCHOENFELDER, SARAH	Ankeny, IA	F	21	26:58.7	8:42
41	596	15097	GOODALL, TONYA	Ames, IA	F	24	27:01.0	8:43
42	614	401	ROTH, RACHEL	Iowa City, IA	F	22	27:10.9	8:46
43	629	2702	VERSTEEG, SHANNON	Marshalltown, IA	F	20	27:19.3	8:49
44	645	7949	JONES, BRITTANY	Ankeny, IA	F	20	27:25.9	8:51
45	659	349	SCHMIDT, MCKENZIE	West Des Moines, IA	F	24	27:31.0	8:53
46	668	14235	PHILLIPS, ANGIE	Norwalk, IA	F	24	27:33.6	8:53
47	675	2899	MULLEN, ASHLEY	AMES, IA	F	23	27:36.2	8:54
48	682	11812	WHITE, BRYN	West Des Moines, IA	F	22	27:40.2	8:56
49	689	7800	TORRES, AMANDA	Des Moines, IA	F	23	27:43.2	8:57
50	722	3957	HAAKINSON, LAUREN	Des Moines, IA	F	22	28:07.8	9:04
51	760	14148	AVERY, ANGELA	West Des Moines, IA	F	24	28:19.9	9:08
52	769	13741	AUSTIN, MISTY	Urbandale, IA	F	23	28:22.7	9:09
53	774	9743	ENGESSER, HEATHER	Des Moines, IA	F	22	28:25.4	9:10
54	783	4290	SIMBRO, ERICA	Des Moines, IA	F	24	28:29.3	9:11
55	784	4953	FULLER, LISA	Des Moines, IA	F	20	28:29.9	9:12
56	817	11345	HOLMES, BRIANNE	West Des Moines, IA	F	24	28:46.8	9:17
57	818	4041	HUYCK, SARAH	Perry, IA	F	24	28:46.8	9:17

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 20 - 24

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
58	820	2845	LUNDSTROM, LISA	Urbandale, IA	F	24	28:47.8	9:17
59	824	2758	HEENAN, KRISTA	Urbandale, IA	F	23	28:49.1	9:18
60	825	1610	BRONK, TIFFANY	Clive, IA	F	22	28:49.5	9:18
61	826	42	IBURG, HEATHER	West Des Moines, IA	F	24	28:49.6	9:18
62	847	44	FRANKEN, ANN	Des Moines, IA	F	22	29:01.3	9:22
63	852	9997	WILLEY, KELLEY	Indianola, IA	F	24	29:03.1	9:22
64	889	15474	ZAGOREN, JENNIFER	Clive, IA	F	21	29:19.6	9:28
65	906	5959	GALVIN, BONNIE	Ames, IA	F	21	29:25.0	9:29
66	920	3705	COURTNEY, TAMMY	Altoona, IA	F	20	29:32.5	9:32
67	924	4421	MCCOY, BREANNE	Ottumwa, IA	F	21	29:34.0	9:32
68	933	726	DAWSON, SHEENA	Indianola, IA	F	20	29:41.0	9:35
69	936	1615	ZIMMERMAN, LAUREN	Indianola, IA	F	21	29:41.3	9:35
70	942	7218	JANG, JIN	Des Moines, IA	F	23	29:43.3	9:35
71	959	7198	RUS, RICHAILLE	Indianola, IA	F	23	29:49.3	9:37
72	963	7200	DUDLEY, ABBY	Des Moines, IA	F	22	29:51.5	9:38
73	969	15207	POWERS, JILL	Des Moines, IA	F	24	29:54.2	9:39
74	997	262	ROBB, HEATHER	West Des Moines, IA	F	24	30:04.8	9:42
75	1006	2397	SELDEN, ALLISON	Ames, IA	F	21	30:07.7	9:43
76	1008	979	CREWS, JENNIFER	West Des Moines, IA	F	23	30:08.7	9:43
77	1019	3129	MORZ, JANEL	Ames, IA	F	23	30:15.3	9:46
78	1033	6836	KLAPPERICH, LYNN	West Des Moines, IA	F	23	30:20.3	9:47
79	1036	1633	WILLENBORG, SENTA	West Des Moines, IA	F	23	30:21.6	9:48
80	1037	1070	SEXTON, EMILY	Des Moines, IA	F	20	30:21.7	9:48
81	1040	6835	CHRISTIANSON, TONI	West Des Moines, IA	F	23	30:23.6	9:48
82	1042	2898	BOMGAARS, EMILY	Ames, IA	F	24	30:24.9	9:49
83	1053	7537	DUMMETT, TASHA	Des Moines, IA	F	20	30:28.4	9:50
84	1066	3443	LARSON, LAURA	Des Moines, IA	F	24	30:32.4	9:51
85	1075	7212	PUDLO, THERESA	Des Moines, IA	F	22	30:36.1	9:52
86	1082	15228	KATZER, KATIE	Marshalltown, IA	F	22	30:38.9	9:53
87	1084	12376	SCAPANSKI, ERIN	Clive, IA	F	22	30:40.3	9:54
88	1090	6724	SADDORIS, RONDA	Norwalk, IA	F	22	30:43.0	9:55
89	1091	4146	PHIPPEN, STEPHANIE	West Des Moines, IA	F	22	30:43.2	9:55
90	1096	14149	ROWEDDER, KARA	West Des Moines, IA	F	22	30:44.0	9:55
91	1106	12325	REIDER, KATRINA	Norwalk, IA	F	23	30:46.8	9:56
92	1107	7405	JULIUS, BETH	West Des Moines, IA	F	22	30:47.7	9:56
93	1111	10426	GASKILL, DIANE	Marshalltown, IA	F	23	30:48.7	9:56
94	1113	766	RESCHLY, ANGIE	West Des Moines, IA	F	23	30:50.3	9:57
95	1116	7209	MOLLER, ALLISON	Des Moines, IA	F	23	30:51.9	9:57
96	1117	14109	CLAUSEN, LINDSEY	Des Moines, IA	F	20	30:52.4	9:58
97	1125	15403	NIX, COLLEEN	Iowa City, IA	F	21	30:55.1	9:58
98	1148	8406	FOREMAN, WENDY	Ankeny, IA	F	23	31:02.8	10:01
99	1152	4255	GREENLEE, ROBIN	Des Moines, IA	F	24	31:04.7	10:02
100	1155	11973	PHILLIPS, STEPHANIE	Altoona, IA	F	22	31:05.3	10:02
101	1162	1846	GOSNELL, ANN	West Des Moines, IA	F	22	31:07.3	10:02
102	1177	13454	FRANCO, JESSICA	Des Moines, IA	F	23	31:12.8	10:04
103	1179	5424	SMITH, AUTUMN	Newton, IA	F	21	31:13.5	10:04
104	1181	15496	PAKENHAM, CAROLINE	Des Moines, IA	F	22	31:14.4	10:05
105	1185	8818	HEYING, MELANIE	Ames, IA	F	23	31:16.3	10:05
106	1186	15144	DRURY, CRYSTAL	Laurel, IA	F	21	31:16.8	10:05
107	1190	15124	SHAEFFER, KRISTY	Ankeny, IA	F	24	31:18.1	10:06
108	1194	2250	KEAT, SARAH	West Des Moines, IA	F	22	31:18.9	10:06
109	1195	3823	FERRISS, BRANDEE	Johnston, IA	F	24	31:19.2	10:06
110	1206	12401	RAGAY, CHRISTINE	Des Moines, IA	F	23	31:22.7	10:07
111	1221	2743	GRIFFITH, ALLISON	Des Moines, IA	F	24	31:32.0	10:10
112	1247	5582	GUGGISBERG, ANGELA	West Des Moines, IA	F	23	31:47.6	10:15
113	1257	2575	PETERSON, KARA	Des Moines, IA	F	24	31:51.3	10:17
114	1262	7089	KRESS, CARRIE	West Des Moines, IA	F	23	31:53.4	10:17

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 20 - 24

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
115	1263	7087	SHELLER, MEGHAN	Des Moines, IA	F	23	31:54.4	10:18
116	1277	6162	KUHR, LIBBY	Des Moines, IA	F	20	31:58.0	10:19
117	1291	2252	BLOCK, MAIA	Des Moines, IA	F	24	32:03.5	10:21
118	1296	7075	SCHOONOVER, BRIANNE	Des Moines, IA	F	24	32:05.4	10:21
119	1297	7215	MARTINEZ, DANIELLE	Urbandale, IA	F	22	32:05.5	10:21
120	1306	2297	HILL, KATHERINE	West Des Moines, IA	F	23	32:09.7	10:23
121	1321	1411	MILLS, NICOLE	Urbandale, IA	F	24	32:15.5	10:24
122	1330	4642	DORN, CARRIE	Ackley, IA	F	22	32:17.9	10:25
123	1335	1313	COMPTON, SARAH	Ames, IA	F	21	32:20.8	10:26
124	1340	1312	COMPTON, NATHAN	Ames, IA	F	23	32:23.0	10:27
125	1342	5400	BUXTON, ELIZABETH	Ankeny, IA	F	24	32:23.3	10:27
126	1346	14051	DENNIS, WENDY	Waukee, IA	F	23	32:26.8	10:28
127	1347	6374	UDROVICH, MARY-KATHRY	Des Moines, IA	F	23	32:27.3	10:28
128	1351	9727	KISTENMACHER, JENNIFER	West Des Moines, IA	F	24	32:28.6	10:29
129	1355	6163	MACENENY, SARA	Des Moines, IA	F	21	32:30.8	10:29
130	1357	3789	ELLIOTT, LAURA	Des Moines, IA	F	23	32:31.4	10:29
131	1368	4698	FLACK, TRINA	West Des Moines, IA	F	23	32:36.3	10:31
132	1371	1446	CHESNIK, KELLY	Ankeny, IA	F	21	32:39.0	10:32
133	1375	4686	FELD, ERIN	West Des Moines, IA	F	24	32:40.1	10:32
134	1377	4707	SORENSEN, QUINN	West Des Moines, IA	F	24	32:41.6	10:33
135	1382	3134	BIWER, BETH	Iowa City, IA	F	22	32:44.7	10:34
136	1385	3904	ROUSSELOW, KRISTIN	Ankeny, IA	F	23	32:46.2	10:34
137	1386	14165	MOSKAL, KATIE	Des Moines, IA	F	22	32:46.6	10:34
138	1389	8520	ROKUSEK, ALICIA	Ankeny, IA	F	23	32:48.8	10:35
139	1393	2196	MALLARINO, EMMA	Ames, IA	F	22	32:51.9	10:36
140	1397	13245	MCALLISTER, STEPHANIE	West Des Moines, IA	F	24	32:53.2	10:37
141	1399	1266	VEALE, JENNIFER	Ames, IA	F	23	32:53.8	10:37
142	1402	5398	BERGSTROM, MEGAN	Des Moines, IA	F	21	32:55.5	10:37
143	1404	5397	MCCARTHY, MICHELLE	Des Moines, IA	F	20	32:56.2	10:37
144	1410	1648	BARTECKI, MELISSA	West Des Moines, IA	F	23	32:58.2	10:38
145	1443	7931	ARCHIBALD, AMMIE	Indianola, IA	F	23	33:09.9	10:42
146	1444	12400	WANG, JOANN	Des Moines, IA	F	24	33:10.2	10:42
147	1449	1137	ABED, JANAN	Ames, IA	F	24	33:11.4	10:42
148	1451	33	MCGIVERN, JENNIFER	Ames, IA	F	23	33:12.6	10:43
149	1453	3180	TUKNIS, MICHELLE	Manchester, IA	F	23	33:12.8	10:43
150	1456	9733	MILLER, DAWN	Newton, IA	F	23	33:15.1	10:44
151	1462	2122	BLOCK, MEGAN	Ankeny, IA	F	24	33:17.0	10:44
152	1472	4737	LAUGHERY, CHRISTINA	Des Moines, IA	F	23	33:20.3	10:45
153	1476	15367	CZOLGOSZ, JENNIFER	Iowa City, IA	F	21	33:23.8	10:46
154	1480	1860	OSBORN, MACKENZIE	Des Moines, IA	F	23	33:25.8	10:47
155	1485	2626	VONNAHME, JULIE	Ankeny, IA	F	24	33:28.2	10:48
156	1486	3835	MINEAR, EMILY	Carlisle, IA	F	24	33:28.4	10:48
157	1497	15495	GILBERT, SARAH	Ankeny, IA	F	23	33:36.0	10:50
158	1507	5931	ROUL, REAGAN	Des Moines, IA	F	24	33:40.3	10:52
159	1526	1888	VAN VOORST, EMILY	Ankeny, IA	F	23	33:49.0	10:55
160	1530	4975	HANSEN, DANIELLE	West Des Moines, IA	F	21	33:51.3	10:55
161	1535	1725	MARTINEZ, AUBREY	West Des Moines, IA	F	24	33:53.2	10:56
162	1537	12394	DUNN, EMILY	Des Moines, IA	F	24	33:53.8	10:56
163	1541	6154	GANNON, BRENNNA	Des Moines, IA	F	21	33:55.2	10:57
164	1548	8826	MAY, ERIN	Ames, IA	F	23	33:57.9	10:57
165	1549	4530	TEMPEL, KATIE	Johnston, IA	F	20	33:58.3	10:58
166	1550	8825	JENSEN, KARI	Ames, IA	F	24	33:58.5	10:58
167	1553	4528	WAGNER, KIMBERLY	Johnston, IA	F	24	33:58.9	10:58
168	1556	7211	EASTIN, AMANDA	Urbandale, IA	F	24	34:00.2	10:58
169	1558	3563	EDWARDS, PAIGE	Ankeny, IA	F	22	34:01.5	10:59
170	1566	3092	YOST, TRACI	Urbandale, IA	F	23	34:04.8	11:00
171	1567	6168	MCSORELY, MOLLY	Des Moines, IA	F	21	34:04.8	11:00

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 20 - 24

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
172	1596	7539	BASHOR, MICHELLE	Des Moines, IA	F	21	34:25.7	11:06
173	1606	12874	MICHELSON, CHRISSY	West Des Moines, IA	F	22	34:29.6	11:08
174	1638	10021	HARDIN, ALISSA	Urbandale, IA	F	23	34:43.2	11:12
175	1646	10029	HARDIN, LORI	Pella, IA	F	21	34:48.6	11:14
176	1648	3669	DIBLEY, JENNIFER L.	Rock Valley, IA	F	21	34:50.1	11:14
177	1655	14108	CLAUSEN, LOGAN	West Des Moines, IA	F	22	34:54.4	11:16
178	1657	4596	DEREBEY, LAUREN	Des Moines, IA	F	21	34:56.6	11:16
179	1663	4855	BENTZ, AMY	Urbandale, IA	F	23	34:58.7	11:17
180	1666	3971	TEIGEN, MEGHAN	West Des Moines, IA	F	22	35:00.3	11:18
181	1672	14041	STOCKER, LINDSEY	Des Moines, IA	F	24	35:05.8	11:19
182	1675	4634	SUTTERER, ERIN	Grimes, IA	F	23	35:07.8	11:20
183	1680	3683	LESLIE, EILEEN	Des Moines, IA	F	22	35:13.2	11:22
184	1699	6016	JACOBS, JAMIE	Urbandale, IA	F	24	35:31.3	11:28
185	1703	1756	COONS, BETH	Blairsburg, IA	F	24	35:35.7	11:29
186	1704	3592	STEVEN, NICKELLE	PLEASNAT HILL,	F	22	35:36.0	11:29
187	1709	4032	HORSLEY, ROXANNE	Des Moines, IA	F	21	35:38.6	11:30
188	1733	443	GUILLOT, MONICA	Des Moines, IA	F	21	35:53.5	11:35
189	1736	13249	HAUGH, EMILY	West Des Moines, IA	F	23	35:57.4	11:36
190	1755	5014	HENSLIN, STEPHANIE	Fond du Lac, WI	F	22	36:18.4	11:43
191	1762	3570	PATANWALA, SHALEEN	Ames, IA	F	22	36:22.2	11:44
192	1782	1784	ELBERT, ANGIE	West Des Moines, IA	F	24	36:41.4	11:50
193	1785	2708	NELSON, TARA	Ankeny, IA	F	22	36:47.0	11:52
194	1786	7543	BAINBRIDGE, NATALIE	Des Moines, IA	F	23	36:50.0	11:53
195	1795	14570	WHITMORE, CYNTHIA	Ames, IA	F	23	36:58.7	11:56
196	1797	15493	OWENS, LEANNE	Des Moines, IA	F	23	37:00.9	11:56
197	1807	3758	HILLMAN, AMBER	West Des Moines, IA	F	22	37:08.7	11:59
198	1817	13658	HEUWINKEL, MEGAN	BAD ZIPCODE, XX	F	20	37:32.0	12:06
199	1822	10362	GREINER, LEXI	Ames, IA	F	22	37:35.9	12:08
200	1832	10361	HAMMES, TESSA	Ames, IA	F	21	37:43.1	12:10
201	1837	13594	VOGT, WHITNEY	Des Moines, IA	F	21	37:46.6	12:11
202	1849	5113	DONOHOE, ANGIE	Des Moines, IA	F	24	38:01.4	12:16
203	1858	13667	ESHELMAN, RAGAN	Ankeny, IA	F	23	38:08.7	12:18
204	1862	12371	MURPHY-AGUILU, IVETTE	Des Moines, IA	F	24	38:14.0	12:20
205	1863	15375	CARSON, JILL	Oskaloosa, IA	F	22	38:14.4	12:20
206	1875	5718	BRAND, JAMI	Ames, IA	F	21	38:31.9	12:26
207	1883	5721	HOOVER, KRISTEN	Indianola, IA	F	21	38:35.2	12:27
208	1886	2058	STOFFEL, AMANDA	Clive, IA	F	24	38:40.6	12:29
209	1890	1246	LOHR, JULIE	Johnston, IA	F	24	38:42.0	12:29
210	1899	10153	SUKOWATEY, KERI	Des Moines, IA	F	23	38:49.9	12:32
211	1900	2109	HASZEL, TRISHA	Des Moines, IA	F	23	38:52.2	12:32
212	1919	4415	BECK, KRISTEN	Iowa City, IA	F	20	39:10.3	12:38
213	1922	5790	TICHY, KIM	Cambridge, IA	F	24	39:11.0	12:38
214	1923	7533	HOIDAL, MAIA	Des Moines, IA	F	22	39:11.7	12:39
215	1928	3200	RAMSEY, AUDRA	Des Moines, IA	F	22	39:21.5	12:42
216	1939	19	SHIMON, KATIE	Perry, IA	F	23	39:41.5	12:48
217	1940	1887	MORROW, JAMIE	West Des Moines, IA	F	23	39:43.8	12:49
218	1947	15126	GROVE, MITEAELA	Coralville, IA	F	23	39:58.3	12:54
219	1950	4667	WAPPLER, KATIE	Des Moines, IA	F	21	40:04.5	12:56
220	1974	10235	SAVAGE, JESSICA	West Des Moines, IA	F	22	40:35.2	13:06
221	1977	12403	VENTURA, JACINTHE	Des Moines, IA	F	24	40:37.5	13:06
222	1980	13335	PRASKI, MISTY	BAD ZIPCODE, XX	F	24	40:38.5	13:07
223	1982	3154	ECKARD, BROOKE	Earlham, IA	F	21	40:51.8	13:11
224	1992	1127	ROHACH, KRISTEN	West Des Moines, IA	F	23	41:08.8	13:16
225	1993	3864	JAHNKE, STACY	South Saint Paul, MN	F	23	41:09.8	13:17
226	1994	158	TURNER, AMBER	West Des Moines, IA	F	23	41:10.4	13:17
227	1995	157	CROOK, BERTINA	West Des Moines, IA	F	24	41:11.0	13:17
228	1996	793	WELSH, TERESA	Clive, IA	F	24	41:11.6	13:17

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 20 - 24

Group	Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile	
	229	1997	13811	SCHMIT, EMILY	West Des Moines, IA	F	24	41:12.2	13:18
	230	2018	3850	PRESSLEY, ALYSSA	Madison, TN	F	23	41:48.9	13:29
	231	2019	2229	BALLAGH, MELISSA	Des Moines, IA	F	23	41:49.9	13:30
	232	2021	10363	RIES, SHEENA	Iowa City, IA	F	22	41:57.6	13:32
	233	2025	10358	KOVACH, AMANDA	Iowa City, IA	F	21	42:08.1	13:36
	234	2050	1210	NOVINGER, JENNIFER	Elkhart, IA	F	23	42:57.7	13:52
	235	2051	1052	NOVINGER, JAMIE	Grimes, IA	F	21	42:58.1	13:52
	236	2060	12391	HERMAN, LISA	West Des Moines, IA	F	23	43:16.0	13:57
	237	2067	12592	METTLER, STACIE	Newton, IA	F	21	43:25.8	14:01
	238	2070	3401	WALTER, MARY ELLEN	Des Moines, IA	F	20	43:37.5	14:04
	239	2076	2244	HOFFMAN, AMY	Ames, IA	F	20	43:49.4	14:08
	240	2090	5541	COSLEY, LYNDA	Cedar Falls, IA	F	20	44:08.5	14:14
	241	2099	13954	KITE, SARAH	Des Moines, IA	F	24	44:21.9	14:19
	242	2129	10048	PARKS, SARAH	Bondurant, IA	F	24	44:50.0	14:28
	243	2130	15075	SCHRECK, KIMBERLY	Urbandale, IA	F	24	44:50.4	14:28
	244	2156	4322	WEISZ, KATHERINE	West Des Moines, IA	F	23	45:06.8	14:33
	245	2159	7201	ZIMMERMANN, CHERYL	Des Moines, IA	F	23	45:09.3	14:34
	246	2169	6790	SHARP, SARAH	Des Moines, IA	F	23	45:21.0	14:38
	247	2173	4319	ANDERSON, AMY	West Des Moines, IA	F	23	45:23.9	14:39
	248	2179	10364	MAGEE, COURTNEY	Barrington, IL	F	21	45:29.0	14:40
	249	2182	10359	MOEDE, MEREDITH	Iowa City, IA	F	21	45:32.0	14:41
	250	2185	12183	FREEMAN, JENNI	West Des Moines, IA	F	24	45:36.6	14:43
	251	2213	7269	SHEFFIELD, STACI	Winterset, IA	F	24	46:11.2	14:54
	252	2214	7265	SHEFFIELD, KRISTIN	Earlham, IA	F	24	46:12.8	14:54
	253	2219	2926	NOSBISCH, MELISSA	West Des Moines, IA	F	23	46:16.9	14:56
	254	2221	13968	JOHNSON, SARAH	West Des Moines, IA	F	23	46:18.4	14:56
	255	2223	13969	RANE, EMILY	West Des Moines, IA	F	23	46:21.4	14:57
	256	2256	530	WEBER, DIANE	Waukee, IA	F	23	47:12.1	15:14
	257	2258	522	WEBER, DIANE	Waukee, IA	F	23	47:12.5	15:14
	258	2266	3780	NELSON, CRISSY	Des Moines, IA	F	23	47:16.8	15:15
	259	2278	14162	MOSKAL, ERIN	Des Moines, IA	F	21	47:25.1	15:18
	260	2283	1054	TIELEBEIN, CHRISTY	Norwalk, IA	F	20	47:29.4	15:19
	261	2284	1053	TIELEBEIN, CANDI	Norwalk, IA	F	22	47:30.4	15:20
	262	2293	2512	NAVRKAL, LYNN	Des Moines, IA	F	24	47:38.8	15:22
	263	2294	8740	NADING, MICHELLE	West Des Moines, IA	F	23	47:38.9	15:22
	264	2299	3199	OSBORN, KATE	Birmingham, AL	F	24	47:42.6	15:23
	265	2309	10381	BAITINGER, SARA	Des Moines, IA	F	24	47:49.1	15:26
	266	2325	13761	WILLIAMS, JACQUE	Slater, IA	F	20	48:07.7	15:32
	267	2331	25	HAGEMAN, VALERIE	Des Moines, IA	F	23	48:12.6	15:33
	268	2337	14322	FICCOLA, AMY	BAD ZIPCODE, XX	F	22	48:20.0	15:36
	269	2347	6273	RASMUSSEN, KILEY	Ankeny, IA	F	21	48:31.6	15:39
	270	2366	337	MAYHEW, RACHELLE	Cambridge, IA	F	23	48:41.4	15:42
	271	2368	9760	GIBSON, KRISTEN	Urbandale, IA	F	24	48:44.0	15:43
	272	2370	1902	WILLIS, STEFANIE	Colo, IA	F	21	48:45.8	15:44
	273	2371	7207	BAADE, JESSICA	Des Moines, IA	F	21	48:46.2	15:44
	274	2372	1983	DOGGETT, MINDY	West Des Moines, IA	F	24	48:46.6	15:44
	275	2376	7219	CRONIN, CHRISTINA	Prairie City, IA	F	23	48:48.4	15:45
	276	2379	7213	HRUSKA, CATHERINE	Des Moines, IA	F	22	48:49.4	15:45
	277	2382	3840	WARD, LISA	PLEASNAT HILL,	F	21	48:50.3	15:45
	278	2383	7203	BROWER, JAIME	West Des Moines, IA	F	22	48:50.3	15:45
	279	2393	5807	GLENN, COURTNEY	PLEASNAT HILL,	F	22	48:55.5	15:47
	280	2444	12481	KNOWLES, MELISSA	Urbandale, IA	F	24	49:30.6	15:58
	281	2447	8976	MICKLE, SAMANTHA	Madrid, IA	F	21	49:31.6	15:59
	282	2450	4847	WARD, LISA	Urbandale, IA	F	21	49:32.1	15:59
	283	2469	1712	WHITE, ERICA	Johnston, IA	F	24	49:39.2	16:01
	284	2484	7531	KNUDTSON, JENNA	West Des Moines, IA	F	22	49:58.5	16:07
	285	2488	13225	MCDERMOTT, MEGAN	West Des Moines, IA	F	23	50:01.9	16:08

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 20 - 24

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
286	2499	2031	DICKEY, AMBER	Packwood, IA	F	22	50:12.0	16:12
287	2549	2093	CORNWELL, LISA	Colfax, IA	F	24	50:35.0	16:19
288	2616	12025	THOMPSON, MELANIE	De Soto, IA	F	22	51:12.6	16:31
289	2621	6238	BURT, EMILY	Des Moines, IA	F	20	51:18.5	16:33
290	2622	7545	WHITNEY, HOLLY	Des Moines, IA	F	22	51:20.4	16:34
291	2627	1248	DECKER, MINDI	West Des Moines, IA	F	24	51:25.1	16:35
292	2654	8070	SHEEKS, MEGAN	West Des Moines, IA	F	23	51:41.8	16:41
293	2668	7241	BURMEISTER, ANNE	Des Moines, IA	F	22	51:50.0	16:43
294	2672	7247	CAPPER, JESSICA	West Des Moines, IA	F	22	51:51.2	16:44
295	2673	7762	PARRISH, BECKY	West Des Moines, IA	F	24	51:51.2	16:44
296	2678	15056	CHEEK, NICOLE	Polk City, IA	F	20	51:53.1	16:44
297	2682	11544	MILLER, JAMIE	West Des Moines, IA	F	22	51:55.1	16:45
298	2684	11178	GAMBELL, NICOLE	West Des Moines, IA	F	24	51:55.3	16:45
299	2686	13122	CEASER, MARISA	Johnston, IA	F	24	51:56.5	16:45
300	2709	11336	JACK, JENNIFER	Ankeny, IA	F	24	52:08.1	16:49
301	2723	14403	EASTMON, MEGAN	West Des Moines, IA	F	24	52:14.3	16:51
302	2756	7798	MESSER, ADRIENNE	Winterset, IA	F	22	52:35.4	16:58
303	2758	6160	WHEELER, DEANNA	Des Moines, IA	F	20	52:37.0	16:58
304	2767	991	CORWIN, TASSIE	Winterset, IA	F	22	52:40.0	16:59
305	2769	986	DINGMAN, NIKKI	Earlham, IA	F	23	52:40.5	17:00
306	2794	15154	SHEFFER, KATHY	BAD ZIPCODE, XX	F	24	52:50.3	17:03
307	2804	6161	TRAN, JENNY	Des Moines, IA	F	21	52:52.6	17:03
308	2851	6061	VANALSTINE, ASHLEY L	Eagle Grove, IA	F	20	53:10.2	17:09
309	2861	2074	CUNNINGHAM, MAUREEN	Paton, IA	F	23	53:14.0	17:10
310	2883	580	SHORE, MONICA	Mitchellville, IA	F	22	53:22.4	17:13
311	2891	13584	SHEPLEY, BROOKE	Boone, IA	F	20	53:26.1	17:14
312	2902	1091	LECHTENBERG, MELISSA	Davenport, IA	F	23	53:30.1	17:16
313	2908	5010	PULS, JESSICA	Carlisle, IA	F	24	53:32.9	17:16
314	2912	15234	FRANA, EMILY	West Des Moines, IA	F	22	53:34.2	17:17
315	2913	2974	CLEMENSON, KAYLA	Ankeny, IA	F	21	53:34.7	17:17
316	2916	6342	JOHNSON, DIANE	Des Moines, IA	F	21	53:36.0	17:17
317	2917	2973	CLEMENSON-MILLER,	Ankeny, IA	F	23	53:36.1	17:17
318	2922	13550	THOMAS, CHRISTY	West Des Moines, IA	F	24	53:37.6	17:18
319	2923	6332	PAUL, JERRA	Des Moines, IA	F	22	53:38.1	17:18
320	2932	15009	SCHROEDER, LISA	Waukee, IA	F	24	53:41.9	17:19
321	2942	6325	THIEL, AMANDA	Des Moines, IA	F	22	53:45.3	17:20
322	2944	10140	POOHL, JANEL	Altoona, IA	F	24	53:46.1	17:21
323	2953	6169	FOX, BETSY	Des Moines, IA	F	20	53:49.7	17:22
324	2995	7245	WILSON, MEGAN	Des Moines, IA	F	23	54:04.0	17:26
325	2999	7227	GARLAND, KIRSTEN	Clive, IA	F	23	54:06.3	17:27
326	3002	1545	FORREST, SUZANNA	West Des Moines, IA	F	22	54:07.2	17:28
327	3003	4726	HUEBNER, LACIE	Ankeny, IA	F	24	54:07.3	17:28
328	3007	13570	ENGELHARDT, MAGGIE	West Des Moines, IA	F	20	54:09.5	17:28
329	3016	7550	MEYER, MISSY	Des Moines, IA	F	23	54:12.1	17:29
330	3027	13744	CHADON, MEGAN	Ames, IA	F	22	54:16.4	17:30
331	3031	6781	STOUT, KATIE	Ankeny, IA	F	22	54:17.5	17:31
332	3033	6984	TUTTLE, SHANNON	West Des Moines, IA	F	24	54:18.3	17:31
333	3070	8243	HARVEY, RACHEL	Urbandale, IA	F	24	54:32.5	17:36
334	3084	14514	HANSON, MYRA	Paullina, IA	F	24	54:37.4	17:37
335	3085	6973	FABER, AMANDA	Williamsburg, IA	F	23	54:37.6	17:37
336	3093	3364	MISKELL, HEATHER	Story City, IA	F	21	54:40.5	17:38
337	3097	3367	OLLINGER, RACHAEL	Ames, IA	F	21	54:42.2	17:39
338	3109	3344	KAUZLARICH, KARI	Centerville, IA	F	22	54:46.2	17:40
339	3110	5227	DENNING, AMANDA	Ankeny, IA	F	24	54:46.3	17:40
340	3145	5824	WREN, JENNY	Winterset, IA	F	20	55:02.4	17:45
341	3148	9277	SAGAR, CELENE	Nevada, IA	F	23	55:03.6	17:46
342	3151	4467	VOGEL, JESSICAL	Lohrville, IA	F	21	55:05.7	17:46

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 20 - 24

Group	Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile	
	343	3164	2781	TOMETICH, VALARIE	Ankeny, IA	F	20	55:11.3	17:48
	344	3171	2149	DOLS, THERESA	Des Moines, IA	F	21	55:13.4	17:49
	345	3183	451	COLYER, MINDY	Lamoni, IA	F	24	55:19.9	17:51
	346	3190	2150	DOLS, EMILY	Des Moines, IA	F	23	55:22.7	17:52
	347	3196	12370	HANSMANN, ELIZABETH	Des Moines, IA	F	23	55:23.9	17:52
	348	3201	2840	PHIPPS, ANNA	Ames, IA	F	22	55:25.8	17:53
	349	3214	11242	SEWELL, MEGAN	West Des Moines, IA	F	24	55:32.1	17:55
	350	3216	11272	BURKHART, EMILIE	Wayne, NE	F	20	55:33.0	17:55
	351	3241	12560	ROUSE, MELINDA	Ankeny, IA	F	21	55:44.4	17:59
	352	3262	6593	THOMPSON, HELEN	Saint Charles, IA	F	24	55:56.4	18:03
	353	3266	9528	GRIPP, ABBY	Chariton, IA	F	21	55:57.8	18:03
	354	3296	12710	PETERS, MISSY	Woodward, IA	F	21	56:14.5	18:09
	355	3303	334	VOLERMAN, VICKY	Des Moines, IA	F	23	56:17.0	18:09
	356	3308	1647	MEHMEN, JODY	Des Moines, IA	F	22	56:18.4	18:10
	357	3309	5344	THEDE, KRISTIN	Des Moines, IA	F	23	56:18.8	18:10
	358	3320	8408	COCO, SAMANTHA	Des Moines, IA	F	21	56:24.3	18:12
	359	3349	2322	BEMRICH, JESSICA	Fort Dodge, IA	F	24	56:38.6	18:16
	360	3385	328	KRUEGER, LINDSEY	Des Moines, IA	F	22	56:51.6	18:21
	361	3417	13476	RODINE, CELIA	BAD ZIPCODE, XX	F	20	57:09.3	18:26
	362	3452	56	WEHMEYER, DEBRA	Ankeny, IA	F	24	57:24.7	18:31
	363	3461	8394	BOWLES, ELIZABETH	Boone, IA	F	24	57:27.6	18:32
	364	3477	2170	MILLER, ASHLEY	Maxwell, IA	F	22	57:35.3	18:35
	365	3485	6531	NOLIN, CASSIA	Knoxville, IA	F	23	57:37.6	18:35
	366	3495	12438	JONES, ABBEY	Clive, IA	F	20	57:41.6	18:37
	367	3508	4816	MACK, JESSICA	West Des Moines, IA	F	22	57:48.4	18:39
	368	3511	8703	CHRISTENSEN, TEKYN	West Des Moines, IA	F	23	57:49.3	18:39
	369	3524	7224	GORDON, AIMEE	Norwalk, IA	F	24	57:53.5	18:40
	370	3527	7222	BURK, LAURA	Ankeny, IA	F	24	57:54.0	18:41
	371	3531	7846	LINDQUIST, SARAH	Urbandale, IA	F	22	57:54.9	18:41
	372	3532	7845	DENNIS, BETHANY	Ames, IA	F	22	57:55.9	18:41
	373	3540	10154	NOLIN, JESSICA	Monroe, IA	F	22	57:58.6	18:42
	374	3555	11649	ELLER, MARCI	Ankeny, IA	F	23	58:03.0	18:44
	375	3564	1315	JOHNSON, KATIE	Johnston, IA	F	20	58:07.7	18:45
	376	3572	1562	STALEY, JESSICA	Des Moines, IA	F	24	58:13.5	18:47
	377	3581	8184	HARTY, ANNE	West Des Moines, IA	F	24	58:17.6	18:48
	378	3587	10072	ZIESMAN, LISA	Urbandale, IA	F	22	58:20.4	18:49
	379	3599	6490	BRIGGS, AMANDA	Ankeny, IA	F	24	58:26.3	18:51
	380	3605	2168	COCKING, TIFFANY	Des Moines, IA	F	24	58:29.3	18:52
	381	3637	7532	GILCHRIST, LYNSEY	Des Moines, IA	F	21	58:41.3	18:56
	382	3641	5352	LUDINGTON, ROBIN	Des Moines, IA	F	22	58:42.4	18:56
	383	3645	8769	WOOLERY, LAKIESHA	Urbandale, IA	F	24	58:43.1	18:56
	384	3646	813	OPAGUE, TRISHA	West Des Moines, IA	F	20	58:43.2	18:57
	385	3648	12599	GATCHEL, SARA	Gilbert, IA	F	24	58:44.0	18:57
	386	3650	13787	BAJWA, JESSICA	Urbandale, IA	F	22	58:44.4	18:57
	387	3653	11712	BRUNLA, MELISSA	Ankeny, IA	F	24	58:45.1	18:57
	388	3656	4777	DOWELL, LISA	Ankeny, IA	F	24	58:46.1	18:57
	389	3657	9415	LEARY, MELISSA	West Des Moines, IA	F	23	58:46.5	18:58
	390	3664	8766	PHOMMAXAYSI, JILL	Urbandale, IA	F	24	58:48.4	18:58
	391	3675	1367	MEYER, EMILY	Des Moines, IA	F	21	58:51.3	18:59
	392	3682	8765	GEISLER, AMY	Urbandale, IA	F	23	58:52.8	19:00
	393	3698	9411	THOME, JESSICA	West Des Moines, IA	F	20	58:57.5	19:01
	394	3701	9421	FORBES, ANDREA	West Des Moines, IA	F	21	58:58.6	19:01
	395	3703	3250	STENGER, CHELSEA	West Des Moines, IA	F	20	58:58.9	19:02
	396	3726	11883	GRIESER, EMILY	Des Moines, IA	F	23	59:06.7	19:04
	397	3743	14319	SEYER, LACEY	Urbandale, IA	F	20	59:10.8	19:05
	398	3747	6028	STORDAHL, CLARE	Ankeny, IA	F	21	59:12.1	19:06
	399	3761	9362	HOSACK, KATHERINE	Harlan, IA	F	22	59:16.0	19:07

2004 Race for Cure

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Age Brackets Results

Women: 20 - 24

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
400	3763	8124	BEERBOWER, JESSICA	Des Moines, IA	F	24	59:17.2	19:07
401	3774	819	HOLLIDAY, LINDSAY	Waukee, IA	F	22	59:20.7	19:09
402	3776	12853	LOPEZ, ANGELA	Des Moines, IA	F	22	59:21.7	19:09
403	3809	5914	BIDNEY, HOLLY	Urbandale, IA	F	23	59:33.3	19:13
404	3822	13670	SPANNAUS, MOLLY	West Des Moines, IA	F	24	59:38.5	19:14
405	3825	4882	HASTIE, MONICA	Ellsworth, IA	F	22	59:39.6	19:15
406	3826	13671	OSTREM, CRYSTAL	West Des Moines, IA	F	22	59:39.7	19:15
407	3831	3771	GILLESPIE, AMI	Altoona, IA	F	24	59:42.5	19:16
408	3837	14400	COOK, MAGGIE	Ames, IA	F	22	59:44.6	19:16
409	3844	15062	BAPPE, SARAH	West Des Moines, IA	F	24	59:47.3	19:17
410	3918	8392	VIERS, JILL	Maxwell, IA	F	20	59:59.	19:21
411	3922	3130	SKELLENGER, AMANDA	Stuart, IA	F	24	59:59.	19:21
412	3923	5954	WEAVER, SARA	Indianola, IA	F	21	59:59.	19:21
413	3932	6690	MCCONNELL, SARAH	Urbandale, IA	F	23	01:00:00..	19:21
414	3957	13408	CRUEA, STEPHANIE	Des Moines, IA	F	21	01:00:00..	19:21
415	3970	13955	SKOGLUND, SARAH	Des Moines, IA	F	24	01:00:00..	19:21
416	3974	13839	VANDERLINDEN, EMILY	Indianola, IA	F	24	01:00:00..	19:21
417	3975	13837	VANDERMOLLEN, LESLIE	Indianola, IA	F	24	01:00:00..	19:21
418	3983	3738	HAMMER, CHRISTY	Waukee, IA	F	22	01:00:00..	19:21
419	3998	11983	OBERENDER, STACY	Norwalk, IA	F	21	01:00:00..	19:21
420	4007	2213	GARCIA, ERIN	Des Moines, IA	F	22	01:00:00..	19:21
421	4012	9950	STRUM, MEGAN	Des Moines, IA	F	22	01:00:00..	19:21
422	4013	9936	STRUM, ABBEY	Altoona, IA	F	24	01:00:00..	19:21
423	4054	83	ROSENBERG, STEFANIE	Des Moines, IA	F	22		
424	4060	3623	LANGE, DEBRA	Ankeny, IA	F	22		
425	4064	11681	LEMAN, NANCY	Grimes, IA	F	22		
426	4067	4730	FINNERTY, BRENNNA	PLEASNAT HILL,	F	22		
427	4071	13890	CHAPMAN, COURTNEY	West Des Moines, IA	F	23		
428	4073	10924	MURRELL, LATONYA	Des Moines, IA	F	21		
429	4074	7151	TINDALL, BECKY	Ankeny, IA	F	20		
430	4075	13419	JOHNSON, NICOLE	West Des Moines, IA	F	21		
431	4078	8639	AVON, JESSIE	Des Moines, IA	F	21		
432	4087	8621	RICHARDSON, KATHERINE	Des Moines, IA	F	21		
433	4090	12422	BAHN, MICHELLE	Des Moines, IA	F	22		
434	4113	8453	MOSHER, NICOLE	Prairie City, IA	F	20		
435	4115	4112	GRIFFIN, BRENNNA	Newton, IA	F	21		
436	4130	8130	KIRSCHBAUM, CASSEE	West Des Moines, IA	F	23		
437	4135	2856	PILLSBURY, JADE	Chariton, IA	F	22		
438	4177	1652	BASSETT, TARA	West Des Moines, IA	F	22		
439	4185	5441	MENDENHALL, KERI	Clive, IA	F	23		
440	4200	10166	RANDALL, RACHEL	Ames, IA	F	24		
441	4213	1187	OHMART, LINDSAY	Cumming, IA	F	20		
442	4215	13547	SNEDDON, PATRICIA	Des Moines, IA	F	22		
443	4216	4049	JOHNSTON, MOLLY	Norwalk, IA	F	21		
444	4224	11652	HARDINGER, HEATHER	West Des Moines, IA	F	22		
445	4242	7627	PRIBYL, JODI	Ames, IA	F	23		
446	4259	5537	COALBANK, STEPHANIE	West Des Moines, IA	F	23		
447	4271	14103	SUMMY, TIFFANY	Des Moines, IA	F	21		
448	4272	5498	ANDERSON, ALEASHA	Urbandale, IA	F	22		
449	4300	5018	ALLISON, ASHLEY	Grimes, IA	F	21		
450	4304	2282	MASON, JENNIFER	PLEASNAT HILL,	F	21		
451	4325	4685	RENSHAW, JENNIFER	Iowa City, IA	F	22		
452	4333	5867	LENHART, LISA	Des Moines, IA	F	24		
453	4335	9559	GRANTHAM, MELISSA	Runnells, IA	F	22		
454	4346	1666	WRIGHT, MELISSA	Elkhart, IA	F	24		
455	4348	8512	CROUCH, LISA	Fort Dodge, IA	F	23		
456	4369	2269	THROCKMORTON, TONYA	Madrid, IA	F	23		

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Age Brackets Results

Women: 20 - 24

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
457	4394	13823	ANNEXSTAD, KATIE	Urbandale, IA	F	24		
458	4395	1412	WASCHLE, TERESA	Omaha, NE	F	24		
459	4432	2534	DYKSTRA, JENNIFER	Ames, IA	F	24		
460	4436	4934	POMERY, ELIZABETH	Ames, IA	F	24		
461	4442	13593	REESE, KADY	Ames, IA	F	20		
462	4443	5340	FISH, JOY	Bondurant, IA	F	24		
463	4445	2547	SPEER, DAWN	Berwick, IA	F	23		
464	4454	4272	MAJORS, FALLON	Stanhope, IA	F	21		
465	4455	12573	MOON, JESSICA	Ankeny, IA	F	20		
466	4456	6380	SIMMONS, MEGAN	Ankeny, IA	F	23		
467	4460	5278	WEBER, BETH	Des Moines, IA	F	24		
468	4469	3433	GROFF, MEGAN	Ankeny, IA	F	22		
469	4485	1714	JENSEN, JOHANNA	West Des Moines, IA	F	20		
470	4486	1717	SMITH, KASEY	West Des Moines, IA	F	21		
471	4487	1718	WEIDERIN, JEN	West Des Moines, IA	F	20		
472	4491	7529	MYERS, PENNY	Des Moines, IA	F	20		
473	4545	10496	JENS, CHRISTINA	Ankeny, IA	F	24		
474	4552	1477	VARGUS, MELISSA	Des Moines, IA	F	24		
475	4566	13763	CONROY, KELLY	West Des Moines, IA	F	22		
476	4580	6401	MOSES, SARAH	Ankeny, IA	F	22		
477	4646	2453	KOLL, MISSY	Des Moines, IA	F	23		
478	4648	3963	KOLL, MINDY	Des Moines, IA	F	23		
479	4658	1911	HOOVER, ANGIE	Iowa City, IA	F	24		
480	4665	5904	BONNER, JAIME	Iowa Falls, IA	F	24		
481	4713	13651	SCHMIDT, THERESA	Waukee, IA	F	20		
482	4733	11638	BARTELS, ANN	Des Moines, IA	F	24		
483	4736	6637	DONOHUE, COURTNEY	Saint Marys, IA	F	24		
484	4759	3476	ROSA, AMANDA	Des Moines, IA	F	20		
485	4765	14308	FOSTER, MARY	Ankeny, IA	F	24		
486	4776	7757	ROUTH, TRICIA	Mount Ayr, IA	F	23		
487	4778	7761	ORTEGREN, HEIDI	West Des Moines, IA	F	23		
488	4789	1786	HARRISON, STEPHANIE	Ames, IA	F	20		
489	4790	14441	REITER, JENNIFER	BAD ZIPCODE, XX	F	24		
490	4797	8263	TOMETICH, ELIZABETH	Johnston, IA	F	21		
491	4808	1379	BURKHARDT, ANNA	West Des Moines, IA	F	20		
492	4824	9127	DICKS, JESSICA	Milo, IA	F	21		
493	4827	4051	JOHNSTON, JENNI	Norwalk, IA	F	23		
494	4844	1950	REICKS, KAYLA	Ames, IA	F	20		
495	4846	5101	CONLEY, HEATHER	Ankeny, IA	F	24		
496	4867	7365	FRY, LISA	Ames, IA	F	24		
497	4877	12045	WUNSCHER, CHASIDY	Madrid, IA	F	23		
498	4885	9242	HANSON, KRYSTAL	Adel, IA	F	22		
499	4890	5749	FLETCHALL, SARAH	Nevada, IA	F	21		
500	4956	14525	HANSON, LARA	Johnston, IA	F	24		
501	4957	11542	SHINN, JENNIFER	Ankeny, IA	F	24		
502	4983	3224	BIEBER, MICHELLE	Alleman, IA	F	24		
503	5001	7628	MILLER, ANGELA	Ames, IA	F	24		
504	5007	2002	CHENEY, JILL	Ames, IA	F	24		
505	5016	8949	HENDERSON, AMIE	Des Moines, IA	F	23		
506	5017	8959	HECKMAN, AMANDA	Des Moines, IA	F	20		
507	5027	15481	LEAHY, MICHELLE	Middleton, WI	F	24		
508	5035	13591	DANIEL, KRISTIN	Lidderdale, IA	F	23		
509	5052	12782	WOODARD, STEPHANIE	Des Moines, IA	F	20		
510	5112	11315	GABLER, MIRANDA	Clive, IA	F	24		
511	5113	1094	HAASE, REBECCA	Runnells, IA	F	24		
512	5127	14099	FLICK, SUNSHINE	Urbandale, IA	F	21		
513	5138	11810	OLESON, ASHLEY	West Des Moines, IA	F	21		

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Women: 20 - 24

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
514	5159	7965	SCHUSTER, AMY	Des Moines, IA	F	22		
515	5180	1815	JOHNSON, MELISSA	Des Moines, IA	F	22		
516	5182	9710	BARNES, JENNIFER	BAD ZIPCODE, XX	F	20		
517	5209	5542	MILLER, KAELA	Hubbard, IA	F	21		
518	5219	13817	FISCHER, STEPHANIE	PLEASNAT HILL,	F	22		
519	5246	3153	LUEKEN, KRISTEN	Coralville, IA	F	23		
520	5247	3155	RENKEN, BETH	Iowa City, IA	F	22		
521	5253	11455	WHITE, ANGELA	Ankeny, IA	F	21		
522	5288	11870	MANCHESTER, BRIANNE	Lovilia, IA	F	24		
523	5289	11488	HUNT, SARAH	Altoona, IA	F	22		
524	5307	3195	DAWKINS, NICHELLE	Des Moines, IA	F	22		
525	5320	6241	LIEBBE, ANGIE	West Des Moines, IA	F	23		
526	5321	6222	BUCHANAN, TINA	Hartford, IA	F	21		
527	5343	14564	BRAYMEN, LINDSEY	Waukee, IA	F	24		
528	5364	4452	LESLIE, TAWNIA	Maxwell, IA	F	23		
529	5386	681	WILLYARD, SARAH	West Des Moines, IA	F	22		
530	5389	6757	SMITH, DORISA	Des Moines, IA	F	23		
531	5390	4089	ELBERT, MACKENZIE	Ames, IA	F	22		
532	5396	3247	NEILL, HALEY	West Des Moines, IA	F	24		
533	5404	5431	MILLER, AMY	Johnston, IA	F	23		
534	5406	2894	COLLISON, JESSI	Bondurant, IA	F	23		
535	5418	145	HORNOCKER, AMY	Ames, IA	F	22		
536	5423	4843	ANDERSON, HEATHER	Ames, IA	F	23		
537	5433	8586	WENTLAND, KYLENE	Des Moines, IA	F	20		
538	5456	236	DUNBAR, CALLIE	West Des Moines, IA	F	23		
539	5458	14102	BECKER, JACKIE	Des Moines, IA	F	21		
540	5468	5147	SCHLOMER, JENNIFER	West Des Moines, IA	F	24		
541	5477	8230	JUON, LINDSAY	West Des Moines, IA	F	24		
542	5490	8592	PALMER, LIBBY	Des Moines, IA	F	21		
543	5508	228	LOWE, TRACY	Des Moines, IA	F	23		
544	5514	3802	HILMES, JULIANNE	Des Moines, IA	F	23		
545	5515	13397	BANKS, SHEENA	Des Moines, IA	F	22		
546	5553	8935	PILLING, KATHY	Des Moines, IA	F	22		
547	5567	3243	JOHNSON, ANNIE	West Des Moines, IA	F	23		
548	5589	4552	BOEDING, KIM	West Des Moines, IA	F	24		
549	5610	11801	WAGGONER, ALISON	Johnston, IA	F	20		
550	5617	11851	HOFFMANN, LYSSA	Ankeny, IA	F	24		
551	5631	8931	REINERT, LINDSY	West Des Moines, IA	F	23		
552	5633	4451	WOODS, RAELYNN	Colo, IA	F	20		
553	5642	4862	FIDDELKE, SARAH	Colo, IA	F	20		
554	5661	13765	GLENN, KATIE	Des Moines, IA	F	20		
555	5699	6900	REYNOLDS, KARI	West Des Moines, IA	F	23		
556	5728	3127	ANDERSON, KIM	West Des Moines, IA	F	23		
557	5730	12514	ARNOLD, ALI	Van Meter, IA	F	23		
558	5733	3518	KLEIN, LYNN	Ankeny, IA	F	20		
559	5739	2404	REIS, KRISTA	Grimes, IA	F	24		
560	5749	5217	PARKS, CIARA	Newton, IA	F	22		
561	5788	11968	CADY, CHRISTIN	West Des Moines, IA	F	21		
562	5815	1789	KOLACIA, JENNY	Fort Dodge, IA	F	24		
563	5827	13368	FUHR, ALEXA	Ankeny, IA	F	24		
564	5829	9343	BERSCHEID, BETHANY	Omaha, NE	F	22		
565	5882	8241	DEKKER, TIFFANY	Urbandale, IA	F	24		
566	5883	8246	WAGNER, SARAH	Des Moines, IA	F	22		
567	5912	10357	JACKSON, LAURA	Iowa City, IA	F	21		
568	5921	10370	ARNOLD, BRIDGET	Iowa City, IA	F	20		
569	5922	10369	SLAUGHTER, ABBY	Iowa City, IA	F	20		
570	5942	4866	DAY, AMY	Indianola, IA	F	22		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 20 - 24

Group	Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile
	571	5947	10343	MCMILLEN, JESSI	Johnston, IA	F	21	
	572	5955	5382	MITTLESTADT, AMANDA	Ames, IA	F	23	
	573	5971	13738	ORDWAY, TONYA	Saint Charles, IA	F	21	
	574	5982	2479	PALMER, ERIN	Cumming, IA	F	20	
	575	5997	7015	CROUSE, HEIDI	Indianola, IA	F	24	
	576	6024	10360	WEHR, EMILY	Ames, IA	F	22	
	577	6039	13446	GORDINIER, NIKKI	Des Moines, IA	F	23	
	578	6045	8126	VANGENDEREN, AMANDA	Waukee, IA	F	24	
	579	6046	8128	RENAUD, EMILY	Waukee, IA	F	24	
	580	6057	8661	NEER, MARAH	Des Moines, IA	F	24	
	581	6087	10731	RUCKLE, SARA	Bondurant, IA	F	24	
	582	6100	2731	HEITZMAN, KATIE	Des Moines, IA	F	24	
	583	6105	2458	BELL, MEGAN	Des Moines, IA	F	23	
	584	6114	4501	FLICKINGER, KIM	Altoona, IA	F	22	
	585	6115	4503	FLICKINGER, JAMIE	Altoona, IA	F	20	
	586	6119	8968	CARLSON, JOLYNNE	Madrid, IA	F	24	
	587	6123	4631	OSBORNE, TARA	Des Moines, IA	F	24	
	588	6161	1999	BUCKWALTER, ERICA	Des Moines, IA	F	24	
	589	6177	14541	HAGREE, CHRISTINA	BAD ZIPCODE, XX	F	22	
	590	6179	15412	PETERSON, HOLLIE	Indianola, IA	F	22	
	591	6180	15440	JONES, JENNIFER	Des Moines, IA	F	22	
	592	6196	4958	ROLOFF, ELIZABETH	Ames, IA	F	20	
	593	6207	2718	WILLIAMS, KRISTIN	Des Moines, IA	F	20	
	594	6253	7782	MONSON, ABIGAIL	Des Moines, IA	F	23	
	595	6263	2187	EHLERS, HOLLY	Ankeny, IA	F	20	
	596	6264	1286	EHLERS, BRIDGET	Ankeny, IA	F	20	
	597	6266	12030	GRIFFIN, LISA	Ankeny, IA	F	24	
	598	6267	14086	YOUNG, MEGHAN	O Fallon, MO	F	20	
	599	6268	14085	RATZEL, SARAH	Shawnee Mission, KS	F	22	
	600	6269	14083	DOLEZAL, ANDREA	Ankeny, IA	F	21	
	601	6270	14036	HALSTEN, SARAH	West Des Moines, IA	F	24	
	602	6291	13352	CHERRY, KRISTEN	Des Moines, IA	F	24	
	603	6308	3655	FAIDLEY, CHAUNCY	Prairie City, IA	F	20	
	604	6324	291	MCKERN, KRISTEN	Des Moines, IA	F	24	
	605	6363	12378	PREWETT, REBECCA	Ankeny, IA	F	23	
	606	6364	12366	LEHMKUHLE, SHELLY	Des Moines, IA	F	23	
	607	6366	2295	THOMAS, TIFFANY	Ames, IA	F	20	
	608	6372	7016	CROUSE, ABBIE	Indianola, IA	F	22	
	609	6376	13629	DEEBLER, EMILY	Des Moines, IA	F	22	
	610	6377	11986	LUNDSTROM, LAINEY	Berwick, IA	F	21	
	611	6388	12087	O'DONNELL, TIFFANY	Des Moines, IA	F	22	
	612	6395	11987	LUNDTROM, ERICA	Berwick, IA	F	23	
	613	6429	14331	MEYER, EMILY	Des Moines, IA	F	24	
	614	6436	7523	TOLLAKSON, JESSICA	West Des Moines, IA	F	22	
	615	6471	4942	PELDS, ANDRA	West Des Moines, IA	F	24	
	616	6509	5671	BERGMAN, AMANDA	Waukee, IA	F	21	
	617	6522	14566	HADENFELDT, JENNY	Clive, IA	F	24	
	618	6530	1553	SMITH, KELLY	Johnston, IA	F	22	
	619	6550	2582	DIVIS, JAMI	Urbandale, IA	F	21	
	620	6552	4823	BIEGHLER, AMANDA	Des Moines, IA	F	23	
	621	6553	4845	MOELLER, LYNN	Des Moines, IA	F	23	
	622	6586	768	STEPHENS, KATE	Ames, IA	F	24	
	623	6603	7327	EATON, AMY	Des Moines, IA	F	23	
	624	6619	1175	ELLIS, JILLIAN	West Des Moines, IA	F	21	
	625	6625	13603	LUCAS, LANE	Des Moines, IA	F	23	
	626	6626	13605	JONES, JACI	Des Moines, IA	F	24	
	627	6637	9915	ANDERSON, KEISHA	Ames, IA	F	22	

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 20 - 24

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
628	6654	3221	HILEY, JULIE	West Des Moines, IA	F	24		
629	6726	6899	SUTHERLAND, NICOLE	West Des Moines, IA	F	24		
630	6743	12531	COLORADO, ANDREA	Des Moines, IA	F	24		
631	6764	5756	GUSTAFSON, JEN	Nevada, IA	F	21		
632	6765	4178	OVERMAN, ALYSSA	Waukee, IA	F	23		
633	6767	1265	WASKE, JULIE	Mount Ayr, IA	F	22		
634	6771	13623	MULLENNIX, JULIA	West Des Moines, IA	F	23		
635	6779	7624	OCHANPAUGH, JOSIE	Des Moines, IA	F	24		
636	6781	7608	JOSEFSON, SARA	Urbandale, IA	F	23		
637	6794	10371	KLUG, CASEY	Cedar Falls, IA	F	21		
638	6803	14037	WOLF, CARRIE	Bondurant, IA	F	23		
639	6823	2649	RENAUD, TASHA	Waukee, IA	F	23		
640	6851	13614	HATFIELD, CHERYL	Des Moines, IA	F	23		
641	6861	2377	MATTSON, DANIELLE	Boone, IA	F	20		
642	6896	12121	O'DONNELL, KELLY	West Des Moines, IA	F	24		
643	6919	3100	WEARNE, JENNIFER	Winterset, IA	F	23		
644	6924	11885	EVANS, LIZ	Pella, IA	F	24		
645	6927	2287	YOUNG, HILLARY	Clive, IA	F	22		
646	6928	10354	ERICKSON, ANDREA	Iowa City, IA	F	21		
647	6932	12624	BEEGHLY, LAENDA	Union, IA	F	20		
648	6935	6110	ERICKSON, ASHLEY	Ames, IA	F	23		
649	6940	9273	HOCKENSON, JACQUE	Polk City, IA	F	23		
650	6948	1141	JAMES, JEANNA	Des Moines, IA	F	24		
651	6973	2374	MATTSON, KRISTIN	Urbandale, IA	F	24		
652	6986	4728	PINCKNEY, MEREDITH	PLEASNAT HILL,	F	23		
653	7018	11231	RISBECK, TRACIE	Prole, IA	F	22		
654	7021	7897	STUYVESANT, JENNIFER	Carlisle, IA	F	20		
655	7034	211	BOOT, VANESSA	Ames, IA	F	20		
656	7038	1039	PAPIAN, JESSICA	Des Moines, IA	F	23		
657	7045	15253	NEWMAN, JAMIE	Polk City, IA	F	21		
658	7046	10356	LOCKER, MALLORY	Polk City, IA	F	21		
659	7057	6854	SANGER, SAMANTHA	Des Moines, IA	F	23		
660	7058	4848	GILBERT, GINA	Ogden, IA	F	20		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 25 - 29

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	64	1920	SEVERSON, JANA	West Des Moines, IA	F	26	20:46.7	6:42
2	72	3906	ANTHOFER, SARAH	Norwalk, IA	F	26	20:58.7	6:46
3	113	13140	KELL, EMILY	Urbandale, IA	F	28	21:40.2	6:59
4	120	1530	PECINOVSKY, JULIE	West Des Moines, IA	F	26	21:44.4	7:01
5	156	11884	FAETH, JENNIFER	Ankeny, IA	F	25	22:27.0	7:15
6	174	4880	ZWEMKE, LINDSAY	Weldon, IA	F	28	22:41.3	7:19
7	202	2227	WOOD, JODY	Indianola, IA	F	28	23:15.1	7:30
8	211	15371	SYKORA, JAYNE	Des Moines, IA	F	26	23:19.2	7:31
9	238	4237	SHAVER, LIZ	West Des Moines, IA	F	25	23:46.3	7:40
10	311	1866	THORMEIER, LAUREN	Urbandale, IA	F	25	24:32.5	7:55
11	313	143	LYON, MELISSA	West Des Moines, IA	F	26	24:34.2	7:56
12	334	1758	ROWLAND, DANIELLE	Des Moines, IA	F	29	24:45.4	7:59
13	377	4017	CLEVENGER, ROBYN	Urbandale, IA	F	25	25:13.2	8:08
14	399	5890	ASSMAN, KIMBERLY	Waukee, IA	F	27	25:29.1	8:13
15	433	12814	HONKOMP, RYAN	Clive, IA	F	26	25:50.4	8:20
16	439	6230	DRALLE, CHERYL	Des Moines, IA	F	27	25:53.2	8:21
17	448	8604	KELDERMAN, JILL	Chicago, IL	F	29	25:58.1	8:23
18	455	12425	OBERG, BROOKE	Des Moines, IA	F	25	26:01.2	8:24
19	461	9451	KELLOGG, CHRISTINE	Des Moines, IA	F	27	26:03.5	8:24
20	467	15321	DOKKEN, KIM	West Des Moines, IA	F	28	26:05.3	8:25
21	470	12390	CORNELSEN, APRIL	Des Moines, IA	F	29	26:06.8	8:25
22	490	7813	TROSPER, MARIA	West Des Moines, IA	F	28	26:19.4	8:30
23	502	12346	RANCHERO, REBEKAH	Des Moines, IA	F	25	26:23.1	8:31
24	513	15151	DUYVEJORCK, BETH	RICHFIELD, MN	F	29	26:25.9	8:32
25	515	690	MILLER, HALEY	Johnston, IA	F	29	26:26.7	8:32
26	530	9588	PHILLIPS, MELISSA	Saint Charles, IA	F	28	26:33.9	8:34
27	541	15436	STOWE, MELISSA	Grimes, IA	F	26	26:38.4	8:36
28	545	10132	STRIEGEL, CARRIE	Des Moines, IA	F	27	26:42.1	8:37
29	563	1637	MURPHY, LISA	Waterloo, IA	F	25	26:49.3	8:39
30	565	1749	SINGER, NICOLE	Ames, IA	F	29	26:50.3	8:39
31	588	4199	RAVER, LAUREN	Altoona, IA	F	25	26:57.7	8:42
32	592	13486	FOREST, ASHLEY	Des Moines, IA	F	25	26:59.0	8:42
33	594	4393	GARCIA, HEATHER	Des Moines, IA	F	25	26:59.8	8:43
34	598	2752	CUTLER, SARA	Carlisle, IA	F	28	27:02.6	8:43
35	611	3548	PERRIN, MELISSA	Urbandale, IA	F	27	27:09.9	8:46
36	615	2427	GERRARD, MELISSA	West Des Moines, IA	F	25	27:10.9	8:46
37	616	2994	DOUGLAS, JODI	West Des Moines, IA	F	28	27:11.0	8:46
38	627	13150	HANRAHAN, AMY	West Des Moines, IA	F	26	27:19.1	8:49
39	646	2471	DAWSON, SUZAN	Ankeny, IA	F	29	27:26.4	8:51
40	666	697	HIBBS, AMANDA	Ames, IA	F	25	27:32.8	8:53
41	670	4487	SPARLAND, LISA	West Des Moines, IA	F	27	27:34.3	8:54
42	677	3908	CHAPMAN, MARIAH	Ankeny, IA	F	27	27:36.5	8:54
43	679	13014	KRAMER, MEGAN	West Des Moines, IA	F	26	27:38.0	8:55
44	687	7801	OSMANSON, MICHELLE	West Des Moines, IA	F	29	27:42.4	8:56
45	704	711	DANNATT, KELLY	West Des Moines, IA	F	27	27:56.2	9:01
46	708	3773	RAINEY, CARA	Clive, IA	F	26	27:58.6	9:01
47	719	8517	ALESCH, JILL	Des Moines, IA	F	26	28:06.0	9:04
48	761	14280	CHANDLER, JESSICA	Des Moines, IA	F	28	28:20.9	9:09
49	770	5908	NGUYEN, DAWN	West Des Moines, IA	F	29	28:23.1	9:09
50	778	11640	BIRD, MEGAN	West Des Moines, IA	F	25	28:27.4	9:11
51	792	4454	ALLBEE, ANGIE	Des Moines, IA	F	26	28:35.7	9:13
52	794	2085	BUTLER, HEATHER	Pella, IA	F	27	28:36.2	9:14
53	798	7625	WHITACRE, HOLLI	Grimes, IA	F	25	28:37.5	9:14
54	803	15322	CANERON, NICOLE	West Des Moines, IA	F	27	28:40.1	9:15
55	806	3647	DONNER, AMY	Des Moines, IA	F	29	28:41.8	9:15
56	808	12136	GARTH, JENNIFER	Martensdale, IA	F	29	28:42.3	9:16
57	830	2198	GERINGER, JENNIFER	Pella, IA	F	26	28:51.4	9:19

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 25 - 29

Group	Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile	
	58	832	1819	SMOOT, VINNIE	Des Moines, IA	F	27	28:52.0	9:19
	59	834	598	DUNCAN, DANELL	Grimes, IA	F	25	28:52.3	9:19
	60	838	2294	MUSGRAVE, ANNE	Des Moines, IA	F	25	28:57.5	9:21
	61	869	269	CAREY, AMIE	West Des Moines, IA	F	26	29:08.5	9:24
	62	884	14431	RIPPENTROP-NUSS, BETHANY	Dayton, IA	F	25	29:17.3	9:27
	63	890	9969	COYLE, KATIE	Pella, IA	F	26	29:19.8	9:28
	64	917	12344	LAAK, BETHANY	West Des Moines, IA	F	25	29:29.2	9:31
	65	919	12337	SAGMEISTER, KRISTY	Des Moines, IA	F	27	29:31.7	9:32
	66	930	1224	BURGESS, KRISTEN	Des Moines, IA	F	27	29:39.1	9:34
	67	953	5969	RIPPERGER, SARA	West Des Moines, IA	F	26	29:47.2	9:37
	68	967	8080	MCCLURE, BONNIE	Ankeny, IA	F	29	29:53.7	9:39
	69	977	8294	MOSENG, ELISE	Ankeny, IA	F	25	29:57.0	9:40
	70	996	6384	ZINN, LAURA	Ankeny, IA	F	25	30:04.6	9:42
	71	1000	2597	VELDHUIZEN, HEATHER	West Des Moines, IA	F	26	30:05.8	9:43
	72	1003	3468	RENKEN, MICHELLE	Clive, IA	F	28	30:06.8	9:43
	73	1020	13644	LOCKARD, LAURA	Des Moines, IA	F	29	30:16.1	9:46
	74	1032	10786	HINKEL, NICOLE	Ankeny, IA	F	25	30:20.0	9:47
	75	1044	12339	PLOESSL, ROBYN	West Des Moines, IA	F	25	30:25.1	9:49
	76	1046	2757	MORIARITY, EMILY	Ames, IA	F	25	30:25.8	9:49
	77	1048	1842	LARSEN, ERIN	Ankeny, IA	F	26	30:26.7	9:49
	78	1051	1227	TORDSEN, MEGAN	Rochester, MN	F	26	30:27.8	9:50
	79	1054	6082	LITTLE, ROBIN	Des Moines, IA	F	27	30:28.9	9:50
	80	1059	5427	ROSNO, CARI	Des Moines, IA	F	29	30:30.2	9:50
	81	1073	651	MISHLER, BRENDA	Urbandale, IA	F	29	30:35.0	9:52
	82	1080	13710	WEIGEL, ALICIA	Ankeny, IA	F	26	30:37.9	9:53
	83	1089	11637	BAIR, JESSICA	Des Moines, IA	F	25	30:42.7	9:54
	84	1098	929	WRIGHT, ANNE	Des Moines, IA	F	26	30:44.7	9:55
	85	1108	12360	WESTLEY, ERICA	Urbandale, IA	F	26	30:47.8	9:56
	86	1123	7731	COOPER, BREE	Mitchellville, IA	F	29	30:54.6	9:58
	87	1129	648	ABBOTT, KATIE	Iowa City, IA	F	27	30:55.6	9:59
	88	1134	15451	KADING, MEGAN	Stuart, IA	F	28	30:58.0	9:59
	89	1137	5472	WHEELER, JAMI	PLEASNAT HILL,	F	29	30:59.8	10:00
	90	1142	14082	PARSONS, KACEY	BAD ZIPCODE, XX	F	28	31:01.0	10:00
	91	1156	11590	CAMBRON, LINDSAY	Indianola, IA	F	25	31:05.6	10:02
	92	1168	3565	EVERS, SHANNON	Ames, IA	F	25	31:10.3	10:03
	93	1173	11690	BLISS, CHRISTEN	Des Moines, IA	F	26	31:11.4	10:04
	94	1176	8811	ADAMS, TRACY	Altoona, IA	F	29	31:12.1	10:04
	95	1197	12383	SEDRICK, RACHEL	Des Moines, IA	F	29	31:20.1	10:07
	96	1207	205	SCHMIDT, MEGAN	West Des Moines, IA	F	26	31:23.9	10:08
	97	1216	13836	ROBERSON, ERICA	Iowa City, IA	F	27	31:28.5	10:09
	98	1220	7825	MCMURRAY, CASEY	West Des Moines, IA	F	26	31:31.6	10:10
	99	1222	13678	BERNHARDT, RHONDA	Carlisle, IA	F	27	31:33.6	10:11
	100	1227	12166	JENSEN, JANE	Carlisle, IA	F	26	31:37.6	10:12
	101	1230	7843	MONSON, DAPHNE	Des Moines, IA	F	27	31:39.8	10:13
	102	1281	2734	STANGER, KRISTINA	West Des Moines, IA	F	25	32:00.0	10:19
	103	1282	638	OHLMANN, AMIE	Iowa City, IA	F	29	32:00.2	10:19
	104	1288	7077	NYSTEL, JULIE	Clive, IA	F	28	32:02.2	10:20
	105	1292	5925	BURROUGHS, EMILY	Des Moines, IA	F	28	32:03.5	10:21
	106	1301	7079	BEHNKE, SUZANNE	Waukee, IA	F	29	32:07.9	10:22
	107	1304	1854	MCCARTHY, VICKI	Waukee, IA	F	28	32:08.5	10:22
	108	1307	9218	WILLIAMS, AMBER	Des Moines, IA	F	26	32:09.7	10:23
	109	1308	8578	DICKEY, DARA	Oskaloosa, IA	F	29	32:10.4	10:23
	110	1311	603	JOHNSON, STEPHANIE	Ankeny, IA	F	26	32:11.6	10:23
	111	1317	10948	RITTER, MELISSA	Clive, IA	F	25	32:13.8	10:24
	112	1323	10596	ANDERSON, ALLISON	Clive, IA	F	25	32:16.2	10:25
	113	1336	11024	VITZTHUM, ANDREA	West Des Moines, IA	F	27	32:21.0	10:26
	114	1339	5870	VITZTHUM, TONYA	West Des Moines, IA	F	26	32:22.4	10:27

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 25 - 29

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
115	1341	5415	FISCUS, KATHLEEN	West Des Moines, IA	F	26	32:23.2	10:27
116	1344	5403	PEARSON, SARAH	West Des Moines, IA	F	26	32:25.0	10:27
117	1350	55	SCHUTTE, ABBI	Urbandale, IA	F	25	32:28.0	10:28
118	1362	9274	DAVIS, ERICA	Des Moines, IA	F	28	32:33.4	10:30
119	1364	7090	GAMMELL, KATE	Johnston, IA	F	26	32:34.2	10:30
120	1365	9248	JAMISON, JENNIFER	West Des Moines, IA	F	28	32:34.9	10:31
121	1388	5421	HELMA, JESSAMY	Silverthorne, CO	F	26	32:47.6	10:35
122	1392	12342	TRAN, TERESE	Des Moines, IA	F	25	32:50.4	10:36
123	1403	9711	GAEDE, BARBARA	BAD ZIPCODE, XX	F	29	32:56.0	10:37
124	1412	1910	HABERL, JAMI	Des Moines, IA	F	26	32:59.2	10:38
125	1413	18	MUDD, MEGAN	Ankeny, IA	F	26	32:59.2	10:38
126	1421	7933	BLAKE, ABBIE	Indianola, IA	F	25	33:02.4	10:40
127	1426	1942	BREND, SARAH	Des Moines, IA	F	26	33:04.1	10:40
128	1427	6002	WESTMORELAND, SARAH	Des Moines, IA	F	29	33:04.2	10:40
129	1428	4694	PASS, KELLY JO	West Des Moines, IA	F	28	33:04.6	10:40
130	1434	1304	KLUVER, AMY	Carlisle, IA	F	27	33:06.9	10:41
131	1445	7725	VAN OMMEN, AMANDA	Urbandale, IA	F	25	33:10.4	10:42
132	1446	8950	MAHAFFEY, STEPHANIE	Altoona, IA	F	25	33:10.8	10:42
133	1470	5872	HOLM, KARI	Ankeny, IA	F	25	33:20.2	10:45
134	1483	5342	VOGEL, JENNIFER	West Des Moines, IA	F	29	33:27.5	10:48
135	1489	13242	SHEIL, LORI	West Des Moines, IA	F	28	33:30.5	10:49
136	1490	13512	LILIENTHAL, HEATHER	Ankeny, IA	F	25	33:31.4	10:49
137	1493	251	SANDHOLM, ELLEN	Des Moines, IA	F	26	33:33.5	10:50
138	1504	3049	ROBBINS, BECKY	Clive, IA	F	29	33:39.0	10:51
139	1524	12338	KOGER, CARIN	Des Moines, IA	F	25	33:48.8	10:54
140	1531	380	LOONEY, LINDSEY	Des Moines, IA	F	25	33:51.5	10:55
141	1532	1145	BREEDING, KRISTI	Ankeny, IA	F	26	33:52.0	10:55
142	1538	15282	MITCHELL, HEATHER	West Des Moines, IA	F	26	33:54.0	10:56
143	1552	10126	FOLKERTS, APRIL	Des Moines, IA	F	27	33:58.8	10:58
144	1575	10576	EATON, ANGELA	Indianola, IA	F	25	34:10.7	11:02
145	1597	15307	JOHNSON, BRIDGET	Knoxville, IA	F	29	34:26.0	11:06
146	1601	12649	BUTTZ, SHANNON	Waukee, IA	F	28	34:27.7	11:07
147	1605	10245	WOLFE, TRACY	Macksburg, IA	F	26	34:29.2	11:08
148	1609	9591	DAU, TIA	Des Moines, IA	F	28	34:30.6	11:08
149	1616	8209	AMYS, CHRISTINA	West Des Moines, IA	F	28	34:34.2	11:09
150	1623	11295	HOWARD, JANETTE	Urbandale, IA	F	25	34:36.6	11:10
151	1625	12639	JOENS, DARLA	West Des Moines, IA	F	28	34:37.2	11:10
152	1626	14267	BLOMME, LISA	Norwalk, IA	F	25	34:37.2	11:10
153	1627	6080	SEILER, JAMIE	West Des Moines, IA	F	28	34:37.4	11:10
154	1629	4434	RICHARDSON, LEIGH	Ames, IA	F	28	34:38.1	11:10
155	1631	5795	SEILER, JULIE	West Des Moines, IA	F	26	34:38.6	11:11
156	1632	5980	ETNIER, JESSICA	Collins, IA	F	25	34:39.2	11:11
157	1654	7088	HIBBARD, GINA	Des Moines, IA	F	28	34:53.2	11:15
158	1656	6591	SMITH, SARA	Saint Charles, IA	F	26	34:55.1	11:16
159	1659	4561	ORTYL, SHANI	Des Moines, IA	F	29	34:56.7	11:16
160	1661	5810	SMITH, JENNIFER	Urbandale, IA	F	25	34:58.0	11:17
161	1682	1836	GARZA, SHERRI	Kansas City, MO	F	28	35:16.2	11:23
162	1686	2599	GRAY, KRISTIN	Ankeny, IA	F	29	35:20.8	11:24
163	1688	2604	ZWAGERMAN, JILL	West Des Moines, IA	F	27	35:22.4	11:25
164	1693	2682	PETERSEN, KODI	Des Moines, IA	F	25	35:24.8	11:25
165	1694	1371	LYONS, LISA	Webster City, IA	F	26	35:25.1	11:26
166	1705	10372	JACKSON, RACHEL	Urbandale, IA	F	28	35:36.9	11:29
167	1710	2301	BUDDIN, ERIN	Pomeroy, IA	F	29	35:39.1	11:30
168	1734	5694	DOTSON, JILL	West Des Moines, IA	F	29	35:53.7	11:35
169	1765	9722	KISELEVA, KSENIA	Des Moines, IA	F	26	36:24.8	11:45
170	1766	6820	MADREN, CINDY	Earlham, IA	F	29	36:25.5	11:45
171	1799	4616	THONGSOUM, MANILAY	Urbandale, IA	F	26	37:02.1	11:57

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 25 - 29

Group	Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile	
	172	1808	13879	POPKEN, LISA	Norwalk, IA	F	27	37:09.3	11:59
	173	1815	1947	SANGER, ROBIN	Ankeny, IA	F	29	37:31.5	12:06
	174	1823	3804	JENSEN, MARGUERITE	West Des Moines, IA	F	25	37:36.4	12:08
	175	1824	5636	MCDANIEL, MANDY	Earlham, IA	F	26	37:37.9	12:08
	176	1841	9752	PARKEY, ERICA	Des Moines, IA	F	27	37:49.7	12:12
	177	1850	2264	SCHWARTZ, ERIN	West Des Moines, IA	F	26	38:02.8	12:16
	178	1871	5084	KENT, SHANNON	West Des Moines, IA	F	26	38:22.0	12:23
	179	1882	13161	DEERING, TARA	Des Moines, IA	F	27	38:35.0	12:27
	180	1885	13158	KRAMBECK, JENNIFER	Des Moines, IA	F	29	38:36.4	12:27
	181	1912	5938	FULLER, MARGO	Audubon, IA	F	28	38:59.7	12:35
	182	1918	7883	OLSON, JENNIFER	West Des Moines, IA	F	28	39:09.8	12:38
	183	1936	11309	MUELLER, JESSE	West Des Moines, IA	F	25	39:31.8	12:45
	184	1937	15377	BRIMEYER, KJERSTEN	Altoona, IA	F	29	39:34.8	12:46
	185	1942	2490	PARK, RENAE	Indianola, IA	F	25	39:46.8	12:50
	186	1946	1585	JOLLY, BECKY	Indianola, IA	F	25	39:50.9	12:51
	187	1958	13863	ANDERSON, AMY	Ankeny, IA	F	29	40:10.9	12:58
	188	1965	7424	SCHNEIDER, DANACA	Pella, IA	F	29	40:16.0	12:59
	189	1970	15306	GOLDEN, HEATHER	Des Moines, IA	F	26	40:32.2	13:05
	190	1984	5814	MARTIN, STEFANIE	Forest City, IA	F	27	40:58.6	13:13
	191	2001	6381	ZINN, AMANDA	Ankeny, IA	F	28	41:17.0	13:19
	192	2005	15096	SKLUZACEK, BETH	Ames, IA	F	28	41:26.7	13:22
	193	2028	382	ZIEGMANN, BETH	Clive, IA	F	27	42:13.9	13:37
	194	2032	13388	GODWIN, TRICIA	Panora, IA	F	26	42:18.3	13:39
	195	2033	13389	WRIGHT, TRACY	Urbandale, IA	F	26	42:19.0	13:39
	196	2059	12389	HONSEY, KRISTA	West Des Moines, IA	F	25	43:09.1	13:55
	197	2063	4644	ANDRE, JENNIFER	West Des Moines, IA	F	28	43:18.4	13:58
	198	2068	10562	BROWN, ERICA	West Des Moines, IA	F	25	43:27.1	14:01
	199	2082	9170	HOWARD, KARI	West Des Moines, IA	F	25	43:53.9	14:10
	200	2087	8827	DESAI, MEERA	Ames, IA	F	26	44:00.7	14:12
	201	2088	808	CROWLEY, KERI	Indianola, IA	F	28	44:02.9	14:13
	202	2091	11175	SCHREIBER, SHEA	Des Moines, IA	F	25	44:09.6	14:15
	203	2104	6626	WINTER, KEATHEN	Gilbert, IA	F	27	44:27.0	14:20
	204	2105	6627	COX, BRANDIE	Pleasantville, IA	F	26	44:27.7	14:21
	205	2113	1034	OVERMAN, BETHANY	West Des Moines, IA	F	26	44:37.5	14:24
	206	2114	1694	SIMPSON, JULIA	Waukee, IA	F	26	44:37.8	14:24
	207	2119	5909	NGUYEN, THANH	West Des Moines, IA	F	29	44:40.0	14:25
	208	2122	14353	KLOCKE, REBECCA	Urbandale, IA	F	29	44:43.7	14:26
	209	2147	10069	KRUEGER, REBEKAH	Ankeny, IA	F	25	45:01.8	14:32
	210	2149	15221	CANNON, JACKIE	Urbandale, IA	F	25	45:03.2	14:32
	211	2158	10387	JACKSON, RAEGAN	Des Moines, IA	F	26	45:08.4	14:34
	212	2161	10373	BIRDSALL, CARY	Huxley, IA	F	28	45:11.1	14:35
	213	2165	1751	BERGMAN, KRISTA	Des Moines, IA	F	25	45:14.8	14:36
	214	2186	825	DUKE, ERICA	West Des Moines, IA	F	25	45:38.0	14:43
	215	2224	2927	HENKE, MARCIA	West Des Moines, IA	F	27	46:26.2	14:59
	216	2230	6779	LEVY, BRANDY	Des Moines, IA	F	26	46:35.3	15:02
	217	2248	2573	LEONARD, APRIL	West Des Moines, IA	F	29	47:01.4	15:10
	218	2260	10527	STONE, MICHELLE	West Des Moines, IA	F	26	47:13.6	15:14
	219	2276	6917	KOOKER, CRYSTAL	Bondurant, IA	F	27	47:24.2	15:17
	220	2286	6950	SHUPE, DANIELLE	Ankeny, IA	F	27	47:32.9	15:20
	221	2289	2321	DICKSON, ALLISON	Des Moines, IA	F	29	47:36.6	15:22
	222	2304	4606	SCHMERSAL, DANIKA	West Des Moines, IA	F	29	47:46.5	15:25
	223	2313	9169	BRIERLY, ROBIN	Prairie City, IA	F	29	47:56.5	15:28
	224	2316	1665	HARLE, SUZANNE	Ames, IA	F	27	47:59.0	15:29
	225	2317	2508	LAMMERS, SUSAN	Ames, IA	F	29	48:00.5	15:29
	226	2329	3386	MOHR, JENNY	Des Moines, IA	F	29	48:11.6	15:33
	227	2352	15224	SHATTUCK, MICHELLE	West Des Moines, IA	F	28	48:34.3	15:40
	228	2369	15089	ARIKAN, CARRI	Johnston, IA	F	27	48:45.1	15:44

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 25 - 29

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
229	2386	1619	CARMICHAEL, MINDY	Des Moines, IA	F	28	48:53.1	15:46
230	2389	3961	BERGMANN, JODI	Ankeny, IA	F	29	48:54.2	15:47
231	2399	6076	WEIBLE, BRADY	Des Moines, IA	F	27	48:57.1	15:47
232	2412	3755	HUBBARD, JENNIFER	Ankeny, IA	F	26	49:03.9	15:50
233	2415	1663	JONES, SHANNON	Des Moines, IA	F	26	49:04.6	15:50
234	2422	14433	GOLDSTEIN, KACI	Ankeny, IA	F	26	49:09.3	15:51
235	2467	15389	ZEULL, EMILY	Iowa City, IA	F	26	49:38.3	16:01
236	2478	283	DUGAN, HOLLIE	West Des Moines, IA	F	29	49:53.3	16:06
237	2486	2177	GARCIA, MANDY	Des Moines, IA	F	28	50:00.2	16:08
238	2491	15177	GREEAR, TRISHA	Newton, IA	F	28	50:06.1	16:10
239	2498	10	CLARK, AMY	Packwood, IA	F	29	50:11.3	16:11
240	2500	13062	RAYMOND, JULIA	West Des Moines, IA	F	26	50:12.1	16:12
241	2511	2428	ERICKSON, ANGIE	West Des Moines, IA	F	25	50:18.7	16:14
242	2515	2425	CLINES, MELISSA	West Des Moines, IA	F	28	50:19.5	16:14
243	2524	3168	NELSON, JENNIFER	West Des Moines, IA	F	27	50:23.5	16:15
244	2541	2179	MARQUIS, CAROLINE	Des Moines, IA	F	25	50:30.8	16:18
245	2557	8423	DUNAWAY, JENNIFER	Des Moines, IA	F	29	50:41.1	16:21
246	2571	3081	GOODMAN, TARA	Grimes, IA	F	29	50:51.5	16:24
247	2576	9741	HARRIS, MARNE	West Des Moines, IA	F	28	50:52.8	16:25
248	2579	9748	BUSCH, TINA	Ankeny, IA	F	25	50:53.4	16:25
249	2596	13127	MILLIGAN, KATHI	Clive, IA	F	25	51:04.1	16:28
250	2606	13125	WHEATLEY, LINDSEY	West Des Moines, IA	F	25	51:06.5	16:29
251	2608	3358	BECKER, LEIGH	West Des Moines, IA	F	25	51:07.1	16:29
252	2631	3160	LEWIS, MELISSA	West Des Moines, IA	F	26	51:28.0	16:36
253	2633	3680	CARBONE, JANELLE	West Des Moines, IA	F	25	51:29.2	16:37
254	2642	15169	MURRAY, JENIFER	Pleasantville, IA	F	25	51:36.5	16:39
255	2644	11182	HOLCOMB, SARA	West Des Moines, IA	F	29	51:36.9	16:39
256	2646	4058	KENNEDY, SHEILA	West Des Moines, IA	F	29	51:37.9	16:39
257	2656	5617	MYERS, DAWN	Des Moines, IA	F	28	51:42.5	16:41
258	2662	5570	RHOADS, TRACY	Ankeny, IA	F	29	51:48.3	16:43
259	2664	2446	HAMILTON, SARAH	Des Moines, IA	F	26	51:49.1	16:43
260	2675	11177	NOBLE, HEATHER	West Des Moines, IA	F	27	51:52.1	16:44
261	2702	523	COULTER, MELISSA	West Des Moines, IA	F	27	52:04.9	16:48
262	2705	5482	PFANTZ, TANYA	West Des Moines, IA	F	25	52:06.1	16:48
263	2711	2106	NASON, JENNIFER	Melbourne, IA	F	27	52:09.5	16:50
264	2736	1833	MEYER, REBECCA	Des Moines, IA	F	29	52:23.4	16:54
265	2746	2370	FEHRING, KATHRYN	Des Moines, IA	F	28	52:29.4	16:56
266	2749	1837	HENSON, LYDIA	Des Moines, IA	F	28	52:31.0	16:56
267	2750	10144	NEGRETE, LAURA	Des Moines, IA	F	26	52:31.4	16:57
268	2753	7805	MELVIN, ANGEL	West Des Moines, IA	F	29	52:34.3	16:58
269	2762	13992	BIXBY, CATHERINE	Waukee, IA	F	29	52:37.7	16:59
270	2781	10747	PAULIN, SARAH	Polk City, IA	F	25	52:45.4	17:01
271	2783	13598	BARR, MICHELE	Polk City, IA	F	25	52:45.9	17:01
272	2786	15386	WARREN, STACEY	Des Moines, IA	F	26	52:47.4	17:02
273	2788	6322	MOORE, LISA	Des Moines, IA	F	29	52:48.1	17:02
274	2803	7787	WALSH, SARA	West Des Moines, IA	F	29	52:52.3	17:03
275	2805	10146	GIONET, RACHEL	Urbandale, IA	F	26	52:52.6	17:03
276	2812	5971	WEBB, JOANNA	Ames, IA	F	27	52:53.9	17:04
277	2827	4574	PETERSON, JANA	Des Moines, IA	F	25	53:01.1	17:06
278	2830	10294	PRICE, TARA	Waverly, IA	F	25	53:02.6	17:07
279	2834	10293	THOMSEN, SARAH	Mason City, IA	F	26	53:04.1	17:07
280	2838	771	CLEM, ALISA	West Des Moines, IA	F	26	53:05.1	17:07
281	2862	2072	CUNNINGHAM, KATIE	Paton, IA	F	25	53:14.3	17:10
282	2871	1288	VITZTHUM, HILLARY	Van Meter, IA	F	29	53:17.3	17:11
283	2885	1645	HAYS, SARA	Waukee, IA	F	25	53:23.2	17:13
284	2890	3194	OTIS, STEPHANIE	Grimes, IA	F	26	53:24.9	17:14
285	2920	1069	LENNING, CAREY	Des Moines, IA	F	29	53:36.9	17:18

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 25 - 29

Group	Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile
	286	2948	7230 JUNO, KARI	Grimes, IA	F	27	53:47.7	17:21
	287	2950	4438 STEINBERG, DANIELLE	Urbandale, IA	F	26	53:48.2	17:21
	288	2951	6327 YOUNG, JANNE'	Des Moines, IA	F	26	53:48.2	17:21
	289	2954	3955 SODER, LISA	Marshalltown, IA	F	29	53:50.2	17:22
	290	2957	8547 OWEN, CARRIE	West Des Moines, IA	F	27	53:51.0	17:22
	291	2962	3991 STRUCK, KELLY	Council Bluffs, IA	F	28	53:52.5	17:23
	292	2963	2567 BOUGHER, SHELLEY	Des Moines, IA	F	29	53:52.5	17:23
	293	2992	10315 PENDROY, JENNY	Indianola, IA	F	26	54:03.3	17:26
	294	2998	4724 MILLER, LISA	Ankeny, IA	F	29	54:05.7	17:27
	295	3005	3307 PROCTOR, JENNIFER	Urbandale, IA	F	26	54:08.4	17:28
	296	3010	1778 FORDONSKI, MAUREEN	Des Moines, IA	F	27	54:10.6	17:29
	297	3012	1526 SYMONDS, APRIL	Des Moines, IA	F	29	54:11.1	17:29
	298	3022	8383 HENDRICKS, ALISA	North Sioux City, SD	F	26	54:14.6	17:30
	299	3036	10428 GASKILL, ALYSSA	Marshalltown, IA	F	26	54:19.5	17:31
	300	3037	6985 TUTTLE, ERIN	West Des Moines, IA	F	27	54:19.6	17:31
	301	3053	8716 YOUNG, KORI	Clive, IA	F	28	54:26.2	17:34
	302	3055	8530 SALES, KAREN	Ankeny, IA	F	28	54:27.7	17:34
	303	3063	8379 MCINTIRE, KIM	Ankeny, IA	F	27	54:30.2	17:35
	304	3068	8369 CUMMINGS, STACIE	Maxwell, IA	F	27	54:32.0	17:36
	305	3076	7632 BRUNIA, RACHEL	Urbandale, IA	F	29	54:35.3	17:37
	306	3090	10247 HALL, KRISTIN	West Des Moines, IA	F	27	54:39.8	17:38
	307	3098	4128 DONAHUE, JESSICA	Altoona, IA	F	27	54:42.8	17:39
	308	3099	9491 WANGKHAM, SOUKY	Ankeny, IA	F	27	54:43.1	17:39
	309	3100	9489 SNIDER, CARMEN	Clive, IA	F	25	54:43.5	17:39
	310	3116	10275 OLSON, AMANDA	Carlisle, IA	F	29	54:47.9	17:41
	311	3119	12501 SINRAM-ENT, SHALLON	Ankeny, IA	F	27	54:49.0	17:41
	312	3123	6009 MAYER, STACI	Ankeny, IA	F	27	54:51.4	17:42
	313	3124	9188 ALBIN, KATIE	West Des Moines, IA	F	27	54:51.9	17:42
	314	3132	10213 AURAND, TESSA	BAD ZIPCODE, XX	F	28	54:54.1	17:43
	315	3134	2176 JENKINS-MOORE, MELINDA	Ames, IA	F	27	54:54.7	17:43
	316	3156	7626 DE KRUYFF, DIANE	Ankeny, IA	F	29	55:08.3	17:47
	317	3161	3343 MC DONALD, STEPHANIE	Centerville, IA	F	28	55:10.9	17:48
	318	3172	144 LOEW, BETH	Urbandale, IA	F	27	55:13.6	17:49
	319	3174	9186 MCTAGGART, MOLLY	Des Moines, IA	F	29	55:14.0	17:49
	320	3185	449 MELTON, CASSIE	Norwalk, IA	F	25	55:20.9	17:51
	321	3188	3161 ABBOTT-LEWIS, ANN	West Des Moines, IA	F	27	55:21.8	17:52
	322	3189	2218 HAMMER, LICIA	West Des Moines, IA	F	27	55:22.7	17:52
	323	3191	12361 BOHLENDER, MEGHAN	West Des Moines, IA	F	28	55:22.7	17:52
	324	3199	1259 SCHULTZE, ALLYSON	Norwalk, IA	F	28	55:24.8	17:53
	325	3215	8222 ANDERSON, LEAH	Urbandale, IA	F	25	55:32.2	17:55
	326	3242	12509 IVERSON, LAURIE	Ankeny, IA	F	25	55:45.1	17:59
	327	3250	7246 LEEPER, ANGELA	Altoona, IA	F	27	55:49.3	18:00
	328	3282	12520 AWESGAN, AMANDA	West Des Moines, IA	F	28	56:05.9	18:06
	329	3283	9816 DEWEERDT, JILL	West Des Moines, IA	F	29	56:06.0	18:06
	330	3285	12511 WALLACE, BRIDGET	Des Moines, IA	F	29	56:06.9	18:06
	331	3299	12708 SMELTZER, BRANDIE	Woodward, IA	F	26	56:15.9	18:09
	332	3302	9398 FATTIG, CHRISTI	Johnston, IA	F	25	56:17.0	18:09
	333	3305	9401 STEWART, ANGELA	Des Moines, IA	F	26	56:17.8	18:10
	334	3311	1646 NELSON, SHAWNA	Altoona, IA	F	26	56:19.9	18:10
	335	3344	7834 HELM, VANESSA	Altoona, IA	F	26	56:37.0	18:16
	336	3345	7840 POLICH, VIRGINIA	Woodward, IA	F	28	56:37.4	18:16
	337	3352	7232 CLARK, AMANDA	Des Moines, IA	F	25	56:39.5	18:17
	338	3357	12585 BERG, KATE	Greenfield, IA	F	25	56:42.0	18:17
	339	3362	12584 LOUDON, APRIL	Creston, IA	F	26	56:43.3	18:18
	340	3373	942 WIEBOLD, TIFFANY	Boone, IA	F	25	56:47.6	18:19
	341	3375	208 DOYLE, SARA	Ankeny, IA	F	25	56:48.4	18:19
	342	3404	7076 AHNEMANN, KRISTINA	Urbandale, IA	F	28	57:01.6	18:24

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 25 - 29

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
343	3407	1504	VANORSDEL, SARAH	West Des Moines, IA	F	27	57:03.5	18:24
344	3414	4808	JOHNSON, HOLLIE	West Des Moines, IA	F	28	57:07.1	18:26
345	3440	8704	GERSDORF, STACEY	Urbandale, IA	F	25	57:18.2	18:29
346	3446	11950	HANSEN, JANNA	Des Moines, IA	F	25	57:21.2	18:30
347	3457	12944	CLEVERINGA, ALYSSA	West Des Moines, IA	F	25	57:26.0	18:32
348	3489	7921	ALLEN, TRICIA	Brooklyn, IA	F	26	57:39.3	18:36
349	3522	7223	MCCANNON, KAYLA	Urbandale, IA	F	28	57:52.8	18:40
350	3534	7225	MCDOWELL, MONICA	Ankeny, IA	F	28	57:56.2	18:41
351	3535	12837	LYDDON, JENNIFER	Urbandale, IA	F	27	57:56.6	18:42
352	3537	8181	SMITH, MEGHAN	Des Moines, IA	F	29	57:57.3	18:42
353	3545	3176	ELINGS, KELLY	Des Moines, IA	F	26	58:00.2	18:43
354	3547	6489	DAVIS, KEMA	Ankeny, IA	F	26	58:00.6	18:43
355	3556	3711	ANTISDEL, LIBBY	Des Moines, IA	F	29	58:03.9	18:44
356	3563	7738	CZERWIEC, AMY	Des Moines, IA	F	26	58:07.3	18:45
357	3579	8182	HARTY, CARISSA	West Des Moines, IA	F	26	58:16.4	18:48
358	3586	2262	RANDALL, NICOLE	Melbourne, IA	F	28	58:19.8	18:49
359	3589	13806	SCHULER, KYLA	Melbourne, IA	F	25	58:20.9	18:49
360	3591	5895	FLANNERY, JODI	Urbandale, IA	F	27	58:21.5	18:50
361	3593	12655	VANDEBERG, ELISHA	Des Moines, IA	F	25	58:21.9	18:50
362	3615	4798	DAVIS, STEPHANIE	Des Moines, IA	F	25	58:33.4	18:53
363	3632	7814	STANFORD, KRISTIN	West Des Moines, IA	F	25	58:40.2	18:56
364	3633	3582	HEIMBERG, BOBBIE	Des Moines, IA	F	28	58:40.5	18:56
365	3634	4793	BOOTH, AMY	Des Moines, IA	F	25	58:40.6	18:56
366	3649	4794	LAMBERTSEN, BETSY	PLEASNAT HILL,	F	26	58:44.1	18:57
367	3677	8776	CAMPBELL, MICHELLE	Urbandale, IA	F	25	58:51.4	18:59
368	3696	12067	MCCARTHY, LYNETTE	Waukee, IA	F	28	58:56.9	19:01
369	3709	3003	PRIMUS, MELISSA	Des Moines, IA	F	29	59:01.6	19:02
370	3711	4198	PRIMUS, DELITE	Des Moines, IA	F	25	59:01.9	19:03
371	3712	4776	MADSON, ANN	West Des Moines, IA	F	27	59:02.1	19:03
372	3721	1377	FAST, KARI	PLEASNAT HILL,	F	26	59:05.3	19:04
373	3723	10532	ROHE, HEATHER	Des Moines, IA	F	27	59:05.9	19:04
374	3727	12712	PIZIALI, ANGIE	Des Moines, IA	F	28	59:06.9	19:04
375	3757	7083	BOEDING, STEPH	Ankeny, IA	F	27	59:14.6	19:07
376	3778	8770	PIPER, SARAH	Urbandale, IA	F	25	59:22.2	19:09
377	3783	8779	FEES, SARAH	Urbandale, IA	F	25	59:24.1	19:10
378	3785	4504	LOGUE, MARCI	Des Moines, IA	F	26	59:25.0	19:10
379	3808	2165	ERSELIUS, SARA	Ottumwa, IA	F	27	59:32.6	19:12
380	3819	8440	VAN WYK, HOLLIE	Monroe, IA	F	27	59:37.4	19:14
381	3824	8449	HJORTSHOJ, JENNIFER	Monroe, IA	F	29	59:38.9	19:14
382	3835	4875	HASTIE, LESA	De Soto, IA	F	29	59:43.9	19:16
383	3839	5445	DORR, AMY	Council Bluffs, IA	F	25	59:45.5	19:17
384	3846	15294	KNAPP, ALICIA	Des Moines, IA	F	26	59:48.3	19:18
385	3848	4209	GILLESPIE, GENTRY	Urbandale, IA	F	27	59:50.2	19:18
386	3866	9366	WOODRUFF, MELANIE	Des Moines, IA	F	29	59:58.5	19:21
387	3917	8382	BALDWIN, ANNA	Maxwell, IA	F	27	59:59.	19:21
388	3936	1133	WILSON, ANGELA	Yale, IA	F	27	01:00:00..	19:21
389	3942	9213	PASTOUR, KARA	Ankeny, IA	F	26	01:00:00..	19:21
390	3943	4785	BLEVINS, JULIE	Ankeny, IA	F	29	01:00:00..	19:21
391	3956	5506	BURG, SARA	Nevada, IA	F	27	01:00:00..	19:21
392	3961	2727	CARL, MELISSA	Ankeny, IA	F	25	01:00:00..	19:21
393	3973	13359	MURR, CAROLINE	Maryville, MO	F	26	01:00:00..	19:21
394	3984	1988	ASHLEY, MARY	Des Moines, IA	F	28	01:00:00..	19:21
395	3996	11977	TOMS, ANGELA	Ankeny, IA	F	26	01:00:00..	19:21
396	4020	1928	RAMTHUN, MICHELLE	Waukee, IA	F	25	01:00:00..	19:21
397	4053	14278	DANIELSON, SARA	Lanesboro, MN	F	25		
398	4129	12617	JACKSON, LUANN	Garwin, IA	F	25		
399	4132	3404	LEVY, NIKI	Des Moines, IA	F	28		

2004 Race for Cure

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Age Brackets Results

Women: 25 - 29

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
400	4141	8965	SCHABEL, CLAUDIA	Des Moines, IA	F	29		
401	4145	11879	HENDERSON, ALISSA	Ankeny, IA	F	26		
402	4146	11871	MAFFETT, JILL	Des Moines, IA	F	29		
403	4147	11865	RICHARDS, AMY	Des Moines, IA	F	28		
404	4148	14118	LINN, EMILY	West Des Moines, IA	F	25		
405	4149	4774	KALSEM, MICHELLE	Collins, IA	F	28		
406	4166	7890	LLOYD, CARRIE	Des Moines, IA	F	28		
407	4191	12604	YODER, LYDIA	Ames, IA	F	28		
408	4195	12605	SHEPHERD, MEGAN	Ames, IA	F	25		
409	4196	12598	BRUCE, NICOLE	Nevada, IA	F	25		
410	4214	3311	FARRELL, AMIE	West Des Moines, IA	F	26		
411	4217	14575	ELLIS, SHAWRA	Des Moines, IA	F	25		
412	4218	14368	BOGDANSKI, WHITNEY	Des Moines, IA	F	26		
413	4277	5503	FISHER, JENI	Pella, IA	F	25		
414	4294	11543	TOMES, JOY	Des Moines, IA	F	28		
415	4297	3490	BIRD, JAIMI	West Des Moines, IA	F	27		
416	4336	12739	BISHOP, JESSICA	West Des Moines, IA	F	27		
417	4341	9618	YOUNG, ANGELA	Des Moines, IA	F	25		
418	4370	1742	FARNSWORTH, SARAH	Ankeny, IA	F	26		
419	4371	1740	SIEVERS, JENNIFER	Des Moines, IA	F	27		
420	4377	10122	FLOYD, TAMMY	Des Moines, IA	F	26		
421	4378	10123	DOUGHERTY, AMY	Des Moines, IA	F	26		
422	4380	9029	JOHNSON, JOLEEN	Des Moines, IA	F	26		
423	4382	643	FERGUSON, KRISTIN	WAUKEE, IA	F	29		
424	4417	3585	GERHART, JENNIFER	Rhodes, IA	F	28		
425	4421	12385	SCHRADER, LORI	Clive, IA	F	29		
426	4435	2611	CASNER, MORGAN	Ames, IA	F	27		
427	4447	3409	GRANT, SUSAN	West Des Moines, IA	F	29		
428	4461	14347	OSBORNE, KARI	Mitchellville, IA	F	26		
429	4472	4660	DONALD, JILL	Milwaukee, WI	F	27		
430	4519	8550	MEYERS, TIAWNY	Dallas Center, IA	F	28		
431	4525	8603	NADOLSKY, PATRICIA	Des Moines, IA	F	28		
432	4537	9985	MOHR, AMANDA	West Des Moines, IA	F	27		
433	4539	180	CLARK, MELANIE	West Des Moines, IA	F	29		
434	4556	6520	FULLER, KARI	Grimes, IA	F	28		
435	4567	13764	GREEN, LISA	West Des Moines, IA	F	27		
436	4570	15428	PEREZ, JENNIFER	West Des Moines, IA	F	29		
437	4572	15464	KNIGHT, JENNIFER	Des Moines, IA	F	25		
438	4587	6913	THILGES, TARA	Waukee, IA	F	27		
439	4588	6941	WESTON, MELANIE	Bondurant, IA	F	28		
440	4605	2683	ADAMS, TRACIE	Boone, IA	F	28		
441	4606	2020	BAGBY, ALLISON	Johnston, IA	F	29		
442	4624	5626	BENSON, MARCIA	Ankeny, IA	F	27		
443	4626	762	HAASE, TINA	Lincoln, NE	F	27		
444	4638	8514	LARSEN, MELODY	Grand Junction, IA	F	27		
445	4647	4541	STURM, CINDY	Pella, IA	F	26		
446	4662	13052	OLDHAM, COURTNEY	Urbandale, IA	F	25		
447	4668	5901	KONGSHAUG, ERIN	Des Moines, IA	F	28		
448	4693	8666	GFELL, MANDY	Minneapolis, MN	F	25		
449	4694	8655	FREY, TIM	Minneapolis, MN	F	27		
450	4696	8670	WADLE, KATHY	Kansas City, MO	F	29		
451	4697	9564	DAWSON, KARI	Norwalk, IA	F	27		
452	4701	9212	VONNAHME, JILL	West Des Moines, IA	F	26		
453	4706	12607	JACKSON, LAURA	Ankeny, IA	F	27		
454	4726	3745	WEST, BRENDA	Woodward, IA	F	29		
455	4730	7646	BILYEU, REBEKAH	Clive, IA	F	27		
456	4742	15333	LANSING, TAMI	Nevada, IA	F	27		

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Age Brackets Results

Women: 25 - 29

Group	Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile
	457	4746	4329	MORTALE, KIM	Ankeny, IA	F	29	
	458	4754	2771	SOENEN, JILL	Urbandale, IA	F	26	
	459	4758	8731	MEINERS, KELLY	West Des Moines, IA	F	27	
	460	4767	14309	FRAZIER, AMBER	Ankeny, IA	F	25	
	461	4769	6658	STEENHOEK, TEYONA	PLEASNAT HILL,	F	26	
	462	4812	9913	WILSON, SARAH	Des Moines, IA	F	25	
	463	4813	9911	HAWKS, SUSAN	Des Moines, IA	F	29	
	464	4884	9275	PASTOUR, ANGIE	West Des Moines, IA	F	26	
	465	4892	2077	BACKOUS, NAOMI	Nevada, IA	F	26	
	466	4899	12109	RICHEY, ANGIE	Des Moines, IA	F	29	
	467	4900	12102	COATES, MICAELA	Des Moines, IA	F	25	
	468	4901	13754	ELCOCK, TARA	Des Moines, IA	F	28	
	469	4905	275	MOFFATT, JENNIFER	Urbandale, IA	F	26	
	470	4910	11938	SLAUSON, AMY	Waukee, IA	F	26	
	471	4918	5288	ANDERSSON, SARAH	West Des Moines, IA	F	29	
	472	4919	13725	HARRINGTON, ALYSSA	Des Moines, IA	F	26	
	473	4927	10468	JOHNSON, GAIL	Madrid, IA	F	27	
	474	4964	13320	LEACH, NICOLE	Ankeny, IA	F	29	
	475	4965	2049	JARRETT, WENDDIE	Des Moines, IA	F	28	
	476	4966	13964	BARNETT, ANGELA	West Des Moines, IA	F	25	
	477	4974	12085	O'DONNELL, MINDY	West Des Moines, IA	F	25	
	478	4976	15490	DANIEL, SARAH	Eau Claire, WI	F	25	
	479	4988	5745	ZYLSTRA, LESIA	Newton, IA	F	27	
	480	4991	4458	WALLACE, AMY	Carroll, IA	F	26	
	481	5010	3923	LONG, MEREDITH	West Des Moines, IA	F	27	
	482	5013	3790	MORES, CATHY	Ames, IA	F	27	
	483	5018	1856	SIWINSKI, JOSIE	Elkhart, IA	F	27	
	484	5040	10692	MILLER, SARAH	Des Moines, IA	F	27	
	485	5043	15026	VENTIECHER, T J	Massena, IA	F	26	
	486	5049	2806	CARDWELL, KRISTIN	Des Moines, IA	F	27	
	487	5057	2501	SMITH, AMANDA	West Des Moines, IA	F	27	
	488	5093	11554	LEAHY, MONICA	Des Moines, IA	F	26	
	489	5104	1823	BISHOP, JENNIFER	Des Moines, IA	F	27	
	490	5120	7980	JONES, WENDY	Ankeny, IA	F	26	
	491	5135	4060	GREGOR, EMILIE	Des Moines, IA	F	25	
	492	5136	15131	SOROKA, MICHELLE	Des Moines, IA	F	25	
	493	5137	897	CLEGHORN, TIFFANY	West Des Moines, IA	F	25	
	494	5164	10956	SHELDON, MELANIE	Urbandale, IA	F	27	
	495	5170	14329	ROBERTS, JESSICA	Des Moines, IA	F	28	
	496	5173	14330	WHITMORE, MINDY	Des Moines, IA	F	27	
	497	5196	4027	BARKER, JAMIE	Urbandale, IA	F	28	
	498	5216	11355	KENNEL, JAMI	PLEASNAT HILL,	F	28	
	499	5301	7702	BEALS, ROWENA	Newton, IA	F	27	
	500	5316	7922	CAPMAN, MICHELLE	Altoona, IA	F	29	
	501	5344	9971	WEYER, BECKY	Ankeny, IA	F	29	
	502	5374	3566	PIERCE, JESSICA	West Des Moines, IA	F	28	
	503	5431	2622	SUTTER, MONICA	Urbandale, IA	F	29	
	504	5448	11495	SARCONI, MARIA	Des Moines, IA	F	26	
	505	5462	1457	BRAUN, COURTNEY	Des Moines, IA	F	25	
	506	5463	3125	DEVRIES, KRISTI	Des Moines, IA	F	25	
	507	5476	4824	BOOTS, HEATHER	Urbandale, IA	F	26	
	508	5488	4001	DENGER, KAREN	Stout, IA	F	26	
	509	5489	8301	NIEBUHR, MEGAN	Johnston, IA	F	25	
	510	5493	3440	GENTRY, SHELLY	Ankeny, IA	F	25	
	511	5509	7894	SIREK, REBECCA	Ankeny, IA	F	29	
	512	5517	11472	CORBIN, AMANDA	Des Moines, IA	F	26	
	513	5529	15049	ANDREW, JODI	Osceola, IA	F	28	

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Age Brackets Results

Women: 25 - 29

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
514	5537	624	ATTERBERRY, ANGELA	State Center, IA	F	28		
515	5558	1478	RIZZUTI, JAMIE	Greenfield, IA	F	27		
516	5565	3546	BERGLUND, ALANA	Des Moines, IA	F	25		
517	5592	15002	HINES, HEIDI	Muscatine, IA	F	28		
518	5604	7893	EVANS, LAURI	Ankeny, IA	F	29		
519	5614	11803	OWENSEN, KAYLA	Urbandale, IA	F	26		
520	5657	9619	WACHA, ANA	Des Moines, IA	F	28		
521	5664	2816	LIEBERMAN, BRANDI	Des Moines, IA	F	27		
522	5690	11427	MCDOUGAL, TAMMY	Des Moines, IA	F	29		
523	5709	11553	LAWSON, STACY	Ankeny, IA	F	28		
524	5711	3128	RUPP, LORI	Des Moines, IA	F	25		
525	5734	12515	ARNOLD, KENDRA	Van Meter, IA	F	26		
526	5745	5729	CLARK, ANGIE	PLEASNAT HILL,	F	29		
527	5750	6952	HOLCOMB, MANDI	Waukee, IA	F	27		
528	5751	6926	STRECK, LYNETTE	West Des Moines, IA	F	27		
529	5774	7654	HADLEY, KARA	Urbandale, IA	F	28		
530	5779	3649	MUEHR, CRISTINE	Cumming, IA	F	26		
531	5783	2285	BRYNSAAS, MELISA	Ankeny, IA	F	27		
532	5784	744	FLEMING, ALYSON	Ankeny, IA	F	26		
533	5786	11557	ELDRIDGE, MEGAN	Des Moines, IA	F	27		
534	5814	13235	HUGLEY, TRACIE	West Des Moines, IA	F	26		
535	5818	810	FLEMING, MICHELE	Ankeny, IA	F	28		
536	5822	1458	MEARS, JESSICA	Waukee, IA	F	25		
537	5826	8712	GELHAAR, LORI	Urbandale, IA	F	26		
538	5831	397	HASENWINKEL, MEGAN	Terre Haute, IN	F	25		
539	5852	5423	FURROW, TERESA	West Des Moines, IA	F	29		
540	5853	1289	FISCHER, JACEY	West Des Moines, IA	F	28		
541	5854	1300	SCHMITZ, KELLI	West Des Moines, IA	F	26		
542	5860	10331	WATTS, NANCY	Indianola, IA	F	25		
543	5865	6048	HATHAWAY-RABER, JULIE	Winterset, IA	F	28		
544	5868	6517	HUFFORD, JESSICA	West Des Moines, IA	F	25		
545	5869	6515	BELL, COURTNEY	West Des Moines, IA	F	26		
546	5881	8242	GREVING, KARA	West Des Moines, IA	F	25		
547	5895	10568	HARRE, TRACI	Ankeny, IA	F	28		
548	5902	6751	TIGNER, AMY	Milo, IA	F	25		
549	5926	899	SALTE, ERICA	Letts, IA	F	29		
550	5929	520	ANCELL, WENDY	West Des Moines, IA	F	27		
551	5948	11689	SUHR, KARI	Ankeny, IA	F	25		
552	5949	15299	BECK, TRACY	Des Moines, IA	F	27		
553	5958	8659	CHUMBLEY, TIFFANY	Milo, IA	F	27		
554	5961	276	LANGBEIN, JULIE	Des Moines, IA	F	29		
555	5964	6961	WINGER, MELISSA	Bondurant, IA	F	27		
556	5965	2211	HAMMOND, BRANDI	Johnston, IA	F	28		
557	5967	1980	ROBINSON, HEATHER	Ames, IA	F	29		
558	5977	6092	VAN GORP, STACY	Des Moines, IA	F	27		
559	5985	12326	BUCK, KATIE	Des Moines, IA	F	27		
560	5993	9650	MEASE, ABBEY	Truro, IA	F	26		
561	6002	5973	WOO, RACHEL	Waukee, IA	F	28		
562	6005	5839	PARTON, MISSY	Urbandale, IA	F	27		
563	6026	4668	YOUNG, TRACI	Altoona, IA	F	28		
564	6032	772	MCQUADY, ELIZABETH	Wilton, IA	F	26		
565	6033	735	GOSSETT, AMANDA	Shawnee Mission, KS	F	25		
566	6034	718	CURLEY, MELANIE	Woodward, IA	F	29		
567	6041	7618	HILSABECK, MICHELLE	Des Moines, IA	F	29		
568	6043	11327	SANDVEN, MARCY	Indianola, IA	F	25		
569	6044	11326	DAHL, CHERYL	Indianola, IA	F	25		
570	6048	8129	KLINDT, JILL	Ames, IA	F	28		

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Women: 25 - 29

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
571	6054	1894	COOK-GUILES, JANELLE	Union, IA	F	26		
572	6058	5383	MANN, KRISTI	Nevada, IA	F	28		
573	6076	11781	SCHULTE, MELISSA	West Des Moines, IA	F	26		
574	6082	8746	CRAFT, ALISON	Urbandale, IA	F	25		
575	6084	10698	PALIK, LIZ	Des Moines, IA	F	25		
576	6085	5500	HARVEY, SHARI	Swan, IA	F	25		
577	6108	924	ROSONKE, MEGAN	Indianola, IA	F	29		
578	6120	9006	SHANNON, JULIE	Madrid, IA	F	29		
579	6121	14188	DUDER, SAMANTHA	BAD ZIPCODE, XX	F	28		
580	6124	4640	THOMPSON, DAWN	West Des Moines, IA	F	25		
581	6146	9484	MILLANG, MELISSA	Des Moines, IA	F	25		
582	6152	9243	LOPEZ, MICHELLE	Des Moines, IA	F	25		
583	6154	9934	HINRICHS, SUZIE	West Des Moines, IA	F	26		
584	6167	7419	VAN MAANEN, MANDY	Des Moines, IA	F	29		
585	6168	7421	HARTSON, TAYLOR	Leighton, IA	F	27		
586	6178	9246	LARSON, MICHELLE	Ankeny, IA	F	27		
587	6181	9249	VAN REES, JENNELLE	Waukee, IA	F	27		
588	6188	5270	ROLOFF, EMILY	Ames, IA	F	26		
589	6193	9237	BAHL, REBECCA	Urbandale, IA	F	25		
590	6199	6196	GRANDBOIS, HILLARY	West Des Moines, IA	F	25		
591	6236	6212	PILQUIST, JOYANA	Waukee, IA	F	28		
592	6283	13892	BECKER, LYNN MARIE	Urbandale, IA	F	29		
593	6317	308	KRUTSINGER, JERI	Ankeny, IA	F	25		
594	6322	399	LITTLE, SARA	Waukee, IA	F	29		
595	6349	5845	FITZPATRICK, SARA	Des Moines, IA	F	26		
596	6368	6608	BRUGGEMAN, PATTY	West Des Moines, IA	F	27		
597	6374	9663	KONRAD, KELLY	Pleasantville, IA	F	26		
598	6382	12609	EDENS, LARAE	Ankeny, IA	F	29		
599	6389	15130	YOUNG, KRISSY	West Des Moines, IA	F	25		
600	6398	8552	LEHMAN, AMANDA	Urbandale, IA	F	26		
601	6399	8598	WHYTE, HEATHER	Des Moines, IA	F	28		
602	6411	5533	OCONNOR, CAROLINE	Des Moines, IA	F	29		
603	6413	6660	JONES, CLARISSA	West Des Moines, IA	F	28		
604	6430	9561	INGLE, JENNA	Ankeny, IA	F	27		
605	6437	7542	RAUSER, ALISSA	Ames, IA	F	25		
606	6439	13469	HENDRICKS, KARA	BAD ZIPCODE, XX	F	29		
607	6441	9554	HENDRICKS, KARA	West Des Moines, IA	F	29		
608	6459	9610	IRLMEIER, JODIE	Waukee, IA	F	28		
609	6463	13553	BIRKENHOLTZ, JILL	Des Moines, IA	F	27		
610	6468	9573	DUKES, LAURA	Norwalk, IA	F	27		
611	6489	9148	O'RILEY, JESSICA	Des Moines, IA	F	28		
612	6512	11866	RICE, LYNETTE	Pleasantville, IA	F	25		
613	6515	9614	REYES, AMY	Saint Charles, IA	F	28		
614	6525	6516	SAMMLER, KIM	West Des Moines, IA	F	25		
615	6533	13325	HART, MISTY	Des Moines, IA	F	29		
616	6534	1287	WAGNER, CORNELIA	Ames, IA	F	25		
617	6540	10318	KRUSE, ELIZABETH	Indianola, IA	F	27		
618	6544	8516	DIERS, KRISSI	Des Moines, IA	F	27		
619	6554	15435	MOELLER, LISA	Ankeny, IA	F	26		
620	6575	5674	STAGG, JESSICA	Ames, IA	F	26		
621	6579	10163	RANDALL, LEEANN	Ames, IA	F	26		
622	6583	1771	LOVELL, MICHELLE	Des Moines, IA	F	29		
623	6600	14055	HOLLIDAY, EMILY	Des Moines, IA	F	29		
624	6614	7530	MATHIS, AMY	Elkhart, IA	F	27		
625	6615	6047	BERON, SHAWNA	Urbandale, IA	F	25		
626	6634	10274	PETERSON, TRACIE	Des Moines, IA	F	26		
627	6636	3365	LARSON, DARCY	Russell, IA	F	28		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 25 - 29

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
628	6645	6976	KNAAK, MELANIE	Williamsburg, IA	F	26		
629	6668	12882	OSBERG, TONDA	Des Moines, IA	F	25		
630	6677	2608	GILLILAND, RACHEL	Urbandale, IA	F	25		
631	6679	15304	BOYD, BETH	Clive, IA	F	27		
632	6682	2371	FEENEY, NICOLE	Des Moines, IA	F	29		
633	6684	14380	WELCH, CINDY	Des Moines, IA	F	26		
634	6685	506	LIPPON, AMANDA	Spirit Lake, IA	F	27		
635	6689	14056	ACHESON, AMY	West Des Moines, IA	F	28		
636	6690	14096	WELLMAN, CARLYE	Des Moines, IA	F	29		
637	6699	10636	HERRING, MARIE	Des Moines, IA	F	27		
638	6708	12199	MCKEVITT, MONICA	West Des Moines, IA	F	29		
639	6715	15269	VEIGEL, LISHA	Snellville, GA	F	28		
640	6761	12151	DESHAW, CHRISTINA	Clive, IA	F	28		
641	6770	8388	WIERSON, MANDY	Collins, IA	F	29		
642	6813	2751	SUNGREN, NICHOLE	Ankeny, IA	F	26		
643	6817	10303	GILBERT, KATIE	Milo, IA	F	27		
644	6822	8999	GIBBONS, AMBER	Madrid, IA	F	26		
645	6824	2650	PUNT, SHEILA	Waukee, IA	F	26		
646	6839	1858	SPONG-STURMSMA, HEATHER	Pella, IA	F	28		
647	6849	12820	JONES, TRICIA	Des Moines, IA	F	27		
648	6858	11234	PHILLIPS, KELLIE	Des Moines, IA	F	25		
649	6890	2871	LUDWICK, JENNIFER	Ankeny, IA	F	29		
650	6906	370	MORALES, ANGELA	Indianola, IA	F	28		
651	6921	12489	NAAE, TONIA	Des Moines, IA	F	28		
652	6922	3297	COWNIE, CATHERINE	Des Moines, IA	F	29		
653	6926	13479	TAUSCHECK, TIFFANY	BAD ZIPCODE, XX	F	25		
654	6939	9262	KEUL, NICOLE	West Des Moines, IA	F	29		
655	6964	13252	THORNTON, MELISSA	West Des Moines, IA	F	27		
656	6967	10466	SMITH, DEANA	Ankeny, IA	F	26		
657	6969	4756	HUFFMAN, DOROTHY	Urbandale, IA	F	25		
658	6971	10548	MOHWINKLE, JODY	Des Moines, IA	F	25		
659	6975	14365	THORNTON, DESIREE	West Des Moines, IA	F	25		
660	6982	6195	GRANDBOIS, BRANDY	West Des Moines, IA	F	28		
661	6994	12583	MORRISON, TAMARA	Gilbert, IA	F	29		
662	7023	9365	BERTSCH, CHRISTINE	Des Moines, IA	F	26		
663	7035	15383	BOSTON, KATIE	West Des Moines, IA	F	25		
664	7036	15384	DRISKELL, ALLISON	West Des Moines, IA	F	25		
665	7050	4837	HALL, KELLY	Des Moines, IA	F	27		
666	7052	14382	RESER, ANDREA	Altoona, IA	F	25		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 30 - 34

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	32	61	GLASNAPP, ESTHER	Hubbard, IA	F	30	19:46.1	6:23
2	41	2398	DOUBEK, BRENDA	Baxter, IA	F	34	20:11.1	6:31
3	77	12789	PALEN, ANGELA	Norwalk, IA	F	34	21:04.1	6:48
4	96	2981	BAKER, LAURIE	Waukee, IA	F	31	21:20.7	6:53
5	104	13540	MILLER, GINGER	Ankeny, IA	F	34	21:31.7	6:57
6	124	7756	GORETH, SHERRY	Urbandale, IA	F	31	21:48.9	7:02
7	144	13622	ALLENBACK, PEGGI	Ankeny, IA	F	34	22:10.6	7:09
8	161	13752	SUTTER, HEIDI	Dubuque, IA	F	31	22:30.5	7:16
9	227	14105	JENKINS, MICHELLE	Newton, IA	F	31	23:35.6	7:37
10	230	9397	GOULD, ADDY	West Des Moines, IA	F	34	23:39.1	7:38
11	234	7281	HENNES, BETH	Ankeny, IA	F	31	23:45.0	7:40
12	274	120	CHRISTENSEN, JENNIFER	West Des Moines, IA	F	32	24:11.5	7:48
13	277	5467	HAYES, DAWN	Waukee, IA	F	33	24:12.2	7:48
14	279	9041	CONNER, DANA	Clive, IA	F	31	24:13.8	7:49
15	317	13142	FARR, STACY	West Des Moines, IA	F	33	24:36.6	7:56
16	369	13143	JACOBSON, JENNIFER	Johnston, IA	F	32	25:08.3	8:07
17	396	7341	KINGSBURY, STACEY	Nevada, IA	F	33	25:28.1	8:13
18	402	13009	THILGES, KATIE	Ankeny, IA	F	30	25:33.3	8:15
19	403	2313	COOK, KRIS	Creston, IA	F	32	25:34.2	8:15
20	430	4412	KIENE, LORI	Ankeny, IA	F	31	25:48.0	8:19
21	447	8736	YOUNG, JEFFRIANNE	Des Moines, IA	F	32	25:57.7	8:23
22	451	4731	KOENIG, TIFFANY	Des Moines, IA	F	31	25:59.1	8:23
23	452	8496	MADDY, SHANNON	Des Moines, IA	F	32	25:59.6	8:23
24	460	4514	HARTZ, JENNY	Runnells, IA	F	32	26:02.8	8:24
25	472	9076	KUMAR, SHYAMLI	West Des Moines, IA	F	32	26:07.6	8:26
26	487	476	VEEDER, ANNIKA	Des Moines, IA	F	32	26:17.4	8:29
27	489	3838	MCDANIEL, MELISSA	Johnston, IA	F	31	26:18.6	8:29
28	510	13809	LOVELACE, BROOKE	Des Moines, IA	F	34	26:25.2	8:31
29	547	12003	FERRY, CAROL	Ankeny, IA	F	34	26:43.8	8:37
30	571	6501	PARKER, MELISSA	Des Moines, IA	F	33	26:52.0	8:40
31	599	2421	BARRY, TARA	Clive, IA	F	32	27:03.2	8:44
32	605	8939	OLIVER, DINA	Des Moines, IA	F	34	27:06.6	8:45
33	644	7740	MACDONALD, TAE	Des Moines, IA	F	31	27:25.1	8:51
34	650	820	VEAK, JENNIFER	Des Moines, IA	F	31	27:27.7	8:52
35	684	9475	JACKMAN, TRACEY	Des Moines, IA	F	34	27:41.5	8:56
36	691	15310	CLARK, CATIE	Saint Charles, IA	F	32	27:43.6	8:57
37	699	4773	LOFGREN, KELLY	Ankeny, IA	F	34	27:49.5	8:59
38	700	4709	SCHULT, JODIE	Urbandale, IA	F	32	27:50.3	8:59
39	702	4711	MILLER, MELANIE	Urbandale, IA	F	33	27:52.6	9:00
40	705	7788	CARTER, JOY	PLEASNAT HILL,	F	32	27:57.3	9:01
41	709	229	ROBERTSON, MARIANNE	Urbandale, IA	F	33	27:58.6	9:02
42	713	13163	KOERSELMAN, AMY	Ankeny, IA	F	34	28:00.4	9:02
43	726	368	ATWOOD, DAWN	Colfax, IA	F	30	28:09.0	9:05
44	728	5656	MENKE, KIMBERLY	Des Moines, IA	F	33	28:09.7	9:05
45	739	206	MACKIE, MICHELLE	Des Moines, IA	F	34	28:12.7	9:06
46	746	270	GIRARD, JODI	Maxwell, IA	F	31	28:14.5	9:07
47	753	14334	HARTGERS, DEB	Maxwell, IA	F	30	28:17.8	9:08
48	762	2951	EFNOR, SUSIE	Altoona, IA	F	33	28:21.2	9:09
49	780	246	STIGGE, LISA	Marion, IA	F	34	28:28.2	9:11
50	796	12234	CONKLIN, KIM	Urbandale, IA	F	33	28:37.3	9:14
51	810	14115	KOOKEN, MARIA	BAD ZIPCODE, XX	F	30	28:43.1	9:16
52	827	13770	ANDERSON, JILL	Des Moines, IA	F	34	28:50.3	9:18
53	831	1217	TORDSEN, GABRIELLE	Urbandale, IA	F	32	28:51.4	9:19
54	835	2363	MAURATH, MARCY	Ankeny, IA	F	30	28:53.0	9:19
55	858	542	THOMAS, JULIE	Iowa City, IA	F	31	29:04.7	9:23
56	860	7082	HILL, LEAH	Ankeny, IA	F	34	29:05.1	9:23
57	861	12219	WRIGHT, TAMMY	West Des Moines, IA	F	34	29:05.8	9:23

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 30 - 34

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
58	887	9962	THOMPSON, VAL	Urbandale, IA	F	34	29:19.0	9:27
59	902	15247	SLALLMAN, DAWN	Des Moines, IA	F	31	29:24.1	9:29
60	905	4230	GALLOWAY, MELANIE	Johnston, IA	F	32	29:24.8	9:29
61	910	10745	PAULSON, STEPHANIE	Grimes, IA	F	32	29:26.5	9:30
62	931	10448	PETERSEN, SHANNON	West Des Moines, IA	F	33	29:39.9	9:34
63	939	602	MARKER, SUZY	Ankeny, IA	F	32	29:42.2	9:35
64	952	5961	BEEKS, AIME	Urbandale, IA	F	34	29:47.1	9:37
65	988	12249	JOHNSON, BRENDA	Dallas Center, IA	F	32	30:01.0	9:41
66	991	15103	MILLER, STEPHANIE	Des Moines, IA	F	34	30:02.0	9:41
67	1016	5329	MORSE, JACKIE	Altoona, IA	F	33	30:13.8	9:45
68	1021	980	HOUGE, STEPHANIE	Grimes, IA	F	33	30:16.3	9:46
69	1026	3844	SWANDA, TONYA	Des Moines, IA	F	34	30:18.0	9:46
70	1062	12197	FARRELL, DAWN	Urbandale, IA	F	30	30:31.3	9:51
71	1064	12214	CARD, JUDY	West Des Moines, IA	F	31	30:32.1	9:51
72	1072	12005	LONG, DEB	Ankeny, IA	F	33	30:34.4	9:52
73	1079	8991	ELLSWORTH, ROBERTA	Urbandale, IA	F	30	30:37.9	9:53
74	1094	5050	SAFLEY, JACKIE	Des Moines, IA	F	33	30:43.9	9:55
75	1105	471	ROURKE, JENNIFER	West Des Moines, IA	F	33	30:46.5	9:56
76	1115	14288	YOUNT, DARCY	Des Moines, IA	F	32	30:51.3	9:57
77	1139	13849	SHAFFER, TRACY	Lenox, IA	F	32	31:00.4	10:00
78	1143	13375	RHINEHART, JENNIFER	Urbandale, IA	F	30	31:01.5	10:00
79	1147	10580	STEWART, STEPHANIE	Cumming, IA	F	33	31:02.8	10:01
80	1157	13443	KREMER, SOJNA	Urbandale, IA	F	30	31:06.0	10:02
81	1182	362	SCHROCK, JESSICA	Altoona, IA	F	34	31:15.3	10:05
82	1187	2447	COPE, HEIDI	Carlisle, IA	F	31	31:17.0	10:05
83	1199	15484	JANSMA, DORI	PLEASNAT HILL,	F	34	31:20.6	10:07
84	1229	7043	VILMONT, DANIKA	Des Moines, IA	F	31	31:38.7	10:13
85	1240	6034	HUNT, KELLI	Urbandale, IA	F	34	31:45.2	10:15
86	1275	787	DRAEGER, KARI	Des Moines, IA	F	30	31:57.2	10:18
87	1299	8189	RINDERKNECHT, HEATHER	Waukee, IA	F	31	32:06.8	10:22
88	1305	6004	WELSH, JILLISA	Ankeny, IA	F	30	32:09.4	10:22
89	1318	13977	LINDBERG, STEPHENIE	Urbandale, IA	F	33	32:14.0	10:24
90	1327	3646	OVERBERG, KATHRYN	Ankeny, IA	F	33	32:17.0	10:25
91	1328	4435	LEE, KRISTIN	Ankeny, IA	F	33	32:17.8	10:25
92	1334	2873	GLENN, NELLIE	West Des Moines, IA	F	30	32:19.2	10:26
93	1363	13384	CULBERTSON, KATHY	Colfax, IA	F	32	32:33.5	10:30
94	1379	12203	CROWLEY, MEGAN	West Des Moines, IA	F	32	32:42.2	10:33
95	1405	12278	OSTREM, MISTY	Urbandale, IA	F	31	32:56.5	10:38
96	1411	12545	JENSEN, JODE	PLEASNAT HILL,	F	33	32:58.7	10:38
97	1423	7930	ARCHIBALD, AGI	Indianola, IA	F	31	33:02.9	10:40
98	1431	10650	ERIXON, JAMIE	Ankeny, IA	F	32	33:06.0	10:41
99	1435	3438	BRITTAIN, KANDI	Waukee, IA	F	34	33:06.9	10:41
100	1438	9772	OVERTON, SALLY	Des Moines, IA	F	34	33:08.1	10:41
101	1441	3901	DAVENPORT, JULIE	Clive, IA	F	31	33:09.2	10:42
102	1452	4594	HRUSKA, JENNIFER	Des Moines, IA	F	30	33:12.7	10:43
103	1454	563	LAWLESS, JENNY	Des Moines, IA	F	33	33:13.6	10:43
104	1460	15382	BRUGH, SARA	West Des Moines, IA	F	32	33:16.1	10:44
105	1461	1794	RIPP, TERESA	West Des Moines, IA	F	33	33:16.8	10:44
106	1465	13513	GAMMELL, SARA	Ankeny, IA	F	30	33:18.7	10:45
107	1469	14060	KEITH, TANYA	Des Moines, IA	F	32	33:19.5	10:45
108	1478	13947	DONNELLY, AMY	West Des Moines, IA	F	32	33:24.4	10:47
109	1482	14569	SHAFFER, KATE	Des Moines, IA	F	31	33:26.7	10:47
110	1484	11065	ZUCK, AMY	Des Moines, IA	F	32	33:27.6	10:48
111	1488	13224	BIRIS, SARA	West Des Moines, IA	F	31	33:29.1	10:48
112	1492	6313	KARPINSKE, KARI	Ankeny, IA	F	30	33:32.9	10:49
113	1494	14030	CARNEY, JENI	Des Moines, IA	F	32	33:34.1	10:50
114	1495	6312	STREET, JEN	Ankeny, IA	F	34	33:34.7	10:50

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 30 - 34

Group	Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile	
	115	1508	3610	HECKMAN, DIANE	West Des Moines, IA	F	31	33:40.5	10:52
	116	1509	573	SODDERS, CARRIE	State Center, IA	F	33	33:41.0	10:52
	117	1519	15424	SKINNER, TAMARA	Urbandale, IA	F	32	33:46.3	10:54
	118	1523	4947	CAMPBELL, LYNN	Des Moines, IA	F	32	33:48.2	10:54
	119	1527	9905	NESMITH, AMY	West Des Moines, IA	F	30	33:50.0	10:55
	120	1536	8351	CALDWELL, CHRISTY	Ankeny, IA	F	33	33:53.5	10:56
	121	1554	4964	CHRYSTAL, YOLANDA	Urbandale, IA	F	33	34:00.1	10:58
	122	1570	9758	JEBENS, BETH	Des Moines, IA	F	30	34:07.1	11:00
	123	1581	7559	SMITH, ERIN	BAD ZIPCODE, XX	F	33	34:13.6	11:02
	124	1585	425	MATTHIAS, NIKKI	Ankeny, IA	F	34	34:20.0	11:05
	125	1598	11949	JACKSON, ANDREA	West Des Moines, IA	F	33	34:26.5	11:07
	126	1600	613	HINDERAKER, TABBY	Des Moines, IA	F	30	34:27.1	11:07
	127	1610	12211	BURKLE, KRISTINE	Altoona, IA	F	32	34:30.6	11:08
	128	1613	11642	BOWMAN, JOY	Altoona, IA	F	30	34:32.5	11:09
	129	1614	6336	HOLLANDER, MANDY	Des Moines, IA	F	30	34:32.9	11:09
	130	1615	14214	SPALDING, ANDREA	West Des Moines, IA	F	31	34:33.7	11:09
	131	1621	7882	STURM-SMITH, MELISSA	Des Moines, IA	F	31	34:36.1	11:10
	132	1624	13588	COE, JENNIFER	West Des Moines, IA	F	31	34:36.8	11:10
	133	1637	3902	BRUNER, LAURIE	West Des Moines, IA	F	34	34:42.4	11:12
	134	1639	11970	ZOSS, JENNIE	Pleasantville, IA	F	34	34:44.2	11:12
	135	1649	5940	AUNSPACH, SARAH	Ankeny, IA	F	34	34:50.4	11:14
	136	1652	1613	VAN DEN BOSCH, SANDRA	Urbandale, IA	F	33	34:51.3	11:15
	137	1653	14177	NORTHWAY, JILL	Runnells, IA	F	31	34:52.0	11:15
	138	1667	400	BEEBE, CAROL	Griswold, IA	F	33	35:01.3	11:18
	139	1671	5998	STROTTMANN, KATHY	Des Moines, IA	F	34	35:04.7	11:19
	140	1690	14049	CARMICHAEL, KIMBERLY	BAD ZIPCODE, XX	F	30	35:23.7	11:25
	141	1698	15102	COONEY, SHAUNLET	Des Moines, IA	F	32	35:28.6	11:27
	142	1706	7741	MARIENAU, CARIE	Waukee, IA	F	33	35:37.2	11:29
	143	1711	1614	MEYER, AMY	Fonda, IA	F	33	35:39.5	11:30
	144	1715	12039	KESTERSON, JILL	Ankeny, IA	F	31	35:41.4	11:31
	145	1720	15392	WENGER, EVE	Ankeny, IA	F	31	35:44.8	11:32
	146	1723	2365	QUICK, ELI	Prairie City, IA	F	30	35:45.7	11:32
	147	1732	64	CATRON, SALLY	Altoona, IA	F	33	35:52.7	11:34
	148	1740	12179	LANDERS, HEIDI	Urbandale, IA	F	31	36:03.6	11:38
	149	1741	2916	DALBEY, JULIE	Urbandale, IA	F	32	36:04.5	11:38
	150	1742	14359	PRUITT, RHONDA	West Des Moines, IA	F	33	36:05.7	11:39
	151	1759	8095	KEENEY, MELISSA	Ankeny, IA	F	31	36:20.1	11:43
	152	1771	415	HARKLAU, AMY	Ankeny, IA	F	32	36:28.8	11:46
	153	1775	124	DILLON, KENDALL	Des Moines, IA	F	33	36:31.6	11:47
	154	1777	4559	STARR, HEATHER	Adel, IA	F	31	36:36.7	11:49
	155	1779	1335	FREDERICK, ERIN	Ankeny, IA	F	30	36:38.7	11:49
	156	1781	2278	SELESKY, DAWN	Ankeny, IA	F	34	36:40.3	11:50
	157	1820	12230	PARETI, ALICE	Ankeny, IA	F	33	37:35.0	12:07
	158	1833	12849	CHEHATI, BRENDA	Des Moines, IA	F	33	37:43.9	12:10
	159	1836	875	PATTERSON, LAURA	Blairsburg, IA	F	33	37:45.9	12:11
	160	1838	14336	ADAMS, JULIE	West Des Moines, IA	F	31	37:46.6	12:11
	161	1844	15287	KASOTIA, DAWN	BAD ZIPCODE, XX	F	32	37:52.7	12:13
	162	1868	1684	REPP, CRYSTAL	Altoona, IA	F	32	38:17.9	12:21
	163	1869	1567	HIBBS, MEREDITH	Haverhill, IA	F	32	38:19.2	12:22
	164	1881	13794	ENG, ALANNA	Urbandale, IA	F	30	38:34.5	12:27
	165	1891	4509	BOHNENKAMP, BRENDA	West Des Moines, IA	F	32	38:43.2	12:29
	166	1897	1305	CAMPOS-DIMMER, VICKI	Des Moines, IA	F	34	38:49.4	12:31
	167	1903	977	JONES, JODI	West Des Moines, IA	F	30	38:53.4	12:33
	168	1945	13899	DUEKER, JULIE	Des Moines, IA	F	34	39:50.3	12:51
	169	1949	431	KLEVE, HEIDI	Waukee, IA	F	33	40:02.4	12:55
	170	1952	4194	BRUNK, HEATHER	Johnston, IA	F	32	40:06.3	12:56
	171	1955	14501	HYGSTAD, JENNIFER	BAD ZIPCODE, XX	F	31	40:09.5	12:57

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 30 - 34

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
172	1959	9167	DEBROWER, LESLIE	PLEASNAT HILL,	F	34	40:11.5	12:58
173	1968	7430	MARTIN, DEBBIE	Newton, IA	F	30	40:31.1	13:04
174	1983	15319	BERG, ANDREA	West Des Moines, IA	F	30	40:52.6	13:11
175	2009	2466	LEHMAN, JENNIFER	Lawrence, KS	F	33	41:30.7	13:23
176	2016	11460	HUFFMAN, LORI	Clive, IA	F	34	41:46.8	13:29
177	2017	2909	ROSENDAHL, DEB	West Des Moines, IA	F	33	41:47.5	13:29
178	2035	13859	AYOTTE, KIMBERLY	Des Moines, IA	F	33	42:26.0	13:41
179	2044	9872	OWEN, TRISH	Kansas City, MO	F	32	42:42.8	13:47
180	2054	6335	PAULIN, CARYN	Des Moines, IA	F	31	43:03.4	13:53
181	2065	552	GALLUZZO, JENNIFER	West Des Moines, IA	F	34	43:25.2	14:00
182	2069	11172	MYERS, BETH	Des Moines, IA	F	30	43:27.6	14:01
183	2093	2136	DOOLEY, JENNIE	West Des Moines, IA	F	34	44:10.8	14:15
184	2100	489	WORTH, LINDA	West Des Moines, IA	F	34	44:22.4	14:19
185	2109	14021	FERM, CHRISTY	Adel, IA	F	32	44:33.9	14:23
186	2121	4516	RIPPEY, LORYSSA	Des Moines, IA	F	32	44:42.4	14:25
187	2135	5145	CHANDLER, DAYNA	Des Moines, IA	F	34	44:53.2	14:29
188	2139	7730	KNAPP, KIMBERLY	Des Moines, IA	F	31	44:56.3	14:30
189	2167	2637	STEFFEN, MOLLY	West Des Moines, IA	F	31	45:17.5	14:37
190	2170	7839	JUSTMANN, LARA	Ankeny, IA	F	31	45:21.4	14:38
191	2174	3310	CARLSON, DEB	Waukee, IA	F	33	45:24.4	14:39
192	2183	8198	DOUGLAS, NANCY	Urbandale, IA	F	30	45:33.0	14:42
193	2192	13860	WOLF, LISA	Waukee, IA	F	30	45:48.3	14:47
194	2195	249	PATKIN, SARA	Ankeny, IA	F	33	45:51.8	14:48
195	2216	5519	O'HALLORAN, JOSIE	West Des Moines, IA	F	34	46:13.9	14:55
196	2225	849	BOSSARD, EMILY	Milford, IA	F	34	46:29.5	15:00
197	2226	5120	JOHNSON, SHANA	Des Moines, IA	F	34	46:30.8	15:00
198	2243	12871	MCKECHNIE, DANIELLE	Des Moines, IA	F	31	46:57.8	15:09
199	2265	10547	STANFEL, BLYTHE	Clive, IA	F	30	47:16.8	15:15
200	2318	5637	DOZIER, CASSIE	Jefferson, IA	F	34	48:00.5	15:29
201	2322	9174	WEBER, JANET	Des Moines, IA	F	34	48:05.2	15:31
202	2332	1754	HAGEMAN, DAWN	Indianola, IA	F	31	48:13.5	15:33
203	2336	9175	FALTER, SANDRA	Omaha, NE	F	31	48:20.0	15:36
204	2338	10825	MEYER, JENNIFER	West Des Moines, IA	F	31	48:21.1	15:36
205	2339	10570	VONDRAK, RONNETTE	West Des Moines, IA	F	34	48:21.3	15:36
206	2344	5638	MORKIN, KAREN	Des Moines, IA	F	32	48:28.0	15:38
207	2374	3033	SMITH, CHANTELLE	Johnston, IA	F	31	48:47.5	15:44
208	2439	2536	WHITE, MEREDITH	Des Moines, IA	F	32	49:25.6	15:57
209	2448	871	BRODERICK, DENISE	Des Moines, IA	F	33	49:31.9	15:59
210	2464	9315	MEACHAM, JENNIFER	Peru, IA	F	33	49:36.9	16:00
211	2502	10528	MCGHGHY, ALLISON	Johnston, IA	F	33	50:13.1	16:12
212	2517	6882	BAKKE, KELLY	Urbandale, IA	F	32	50:20.7	16:14
213	2537	448	HINDERS, ROBYN	Des Moines, IA	F	33	50:29.8	16:17
214	2558	7362	COUGHENOUR, LAURIE	Maxwell, IA	F	34	50:41.8	16:21
215	2559	12021	SEGER, CAREY	Des Moines, IA	F	32	50:42.0	16:21
216	2564	1243	POWERS, CRIS	PLEASNAT HILL,	F	33	50:46.2	16:23
217	2574	3061	WILLS, CARRIE	Des Moines, IA	F	31	50:52.3	16:25
218	2575	2583	SUCHAN, ANGIE	Urbandale, IA	F	32	50:52.8	16:25
219	2585	14150	MULLER, KELLY	BAD ZIPCODE, XX	F	31	50:56.2	16:26
220	2589	7032	RIPLEY, KIMBERLY	Ankeny, IA	F	32	50:59.8	16:27
221	2595	4560	BOGENRIEF, TAMMY	Ankeny, IA	F	34	51:03.8	16:28
222	2597	8327	KEECH, GINA	Ankeny, IA	F	34	51:04.3	16:28
223	2602	13115	PALCIC, KELLI	West Des Moines, IA	F	30	51:05.6	16:29
224	2647	8340	WILSON, PEGGY	Huxley, IA	F	34	51:38.5	16:40
225	2657	5324	EVANS, SHERRY	Des Moines, IA	F	34	51:43.4	16:41
226	2669	2513	MELCO, MARLA	West Des Moines, IA	F	30	51:50.2	16:43
227	2715	5731	KINSELLA, MARILYN	Creston, IA	F	30	52:12.0	16:50
228	2716	13638	HAYES, JONANN	BAD ZIPCODE, XX	F	33	52:12.0	16:50

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 30 - 34

Group	Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile	
	229	2740	172	FIIHR, DAWN	Huxley, IA	F	32	52:26.0	16:55
	230	2770	4193	ULRICH, TOYA	Prairie City, IA	F	31	52:41.0	17:00
	231	2771	5564	HIRACHETA, STACIE	Altoona, IA	F	33	52:41.9	17:00
	232	2772	5560	LITTRELL, KATIE	Runnells, IA	F	33	52:42.3	17:00
	233	2785	446	CURRY, NEALE	Urbandale, IA	F	30	52:47.3	17:02
	234	2798	10542	NEHLS, REBECCA	West Des Moines, IA	F	33	52:51.1	17:03
	235	2811	10519	MAHER, KRYSTAL	Norwalk, IA	F	33	52:53.8	17:04
	236	2845	14251	WAIGAND, CAROL	Thayer, IA	F	32	53:08.1	17:08
	237	2847	12726	SPOSETO, JENNIFER	Collins, IA	F	32	53:08.5	17:09
	238	2852	14250	MOORE, KRISTIN	Creston, IA	F	30	53:10.7	17:09
	239	2860	10224	CRANE, JENNIFER	BAD ZIPCODE, XX	F	34	53:13.7	17:10
	240	2870	933	BERGMAN, DEB	Sumner, IA	F	34	53:17.1	17:11
	241	2892	3045	SODERSTRUM, SHAUNA	West Des Moines, IA	F	33	53:26.2	17:14
	242	2898	2163	AGOCS, LAURA	Urbandale, IA	F	32	53:28.9	17:15
	243	2900	1632	WALTERS, SHELLY	Des Moines, IA	F	32	53:29.6	17:15
	244	2907	1631	POTE, JODI	Des Moines, IA	F	32	53:32.3	17:16
	245	2943	13502	BRANTNER, ANGELA	Ankeny, IA	F	33	53:45.9	17:21
	246	2971	10308	MCCORMICK, ERRYN	Carlisle, IA	F	30	53:55.2	17:24
	247	2974	10305	BALDWIN, SHANNAH	Des Moines, IA	F	31	53:56.2	17:24
	248	2978	884	O'NEIL, KENDRA	West Des Moines, IA	F	34	53:58.2	17:25
	249	3000	8360	MAXWELL, KERRI	Maxwell, IA	F	30	54:07.0	17:27
	250	3008	8371	JOHNSON, THERESA	Huxley, IA	F	33	54:09.6	17:28
	251	3014	8363	COUGHENOUR, MISTY	Cambridge, IA	F	30	54:11.7	17:29
	252	3047	9731	VANDER ZYL, LORI	Waukee, IA	F	30	54:24.3	17:33
	253	3059	8364	TAYLOR, CAREY	State Center, IA	F	31	54:28.7	17:34
	254	3061	8366	BURG, SHELLY	Saint Anthony, IA	F	32	54:29.3	17:35
	255	3064	67	MILLER, MELISHA	Pella, IA	F	30	54:30.3	17:35
	256	3067	8240	BOEDING, JULIE	Des Moines, IA	F	30	54:31.7	17:35
	257	3083	9075	WISHMAN, STEPHANIE	Clive, IA	F	33	54:37.4	17:37
	258	3092	9488	SMITH, SHERRY	Des Moines, IA	F	32	54:40.4	17:38
	259	3121	2685	LACONA, TIFFANY	West Des Moines, IA	F	33	54:50.1	17:41
	260	3122	5964	TAYLOR, SHEILA	Ankeny, IA	F	33	54:50.1	17:41
	261	3130	11061	COLLINS, MARCELLA	Des Moines, IA	F	31	54:53.3	17:42
	262	3131	10405	GIEGERICH, VALERIE	Earlham, IA	F	33	54:53.3	17:42
	263	3137	348	BARKER, CHRISTINE	Altoona, IA	F	33	54:57.3	17:44
	264	3141	5799	MAPES, MARSHA	Winterset, IA	F	34	55:01.2	17:45
	265	3157	4789	RUHL, CHRISTINE	Urbandale, IA	F	33	55:08.5	17:47
	266	3160	7636	BOLEY, LISA	Des Moines, IA	F	31	55:10.0	17:48
	267	3165	2668	PRIDEAUX, AMY	Des Moines, IA	F	34	55:11.8	17:48
	268	3168	3212	MCDANIEL, TIFFANY	Ankeny, IA	F	33	55:12.3	17:48
	269	3176	8187	WEBSTER, JENNIFER	Urbandale, IA	F	33	55:15.2	17:49
	270	3221	15456	MATTHAIDESS, LORI	Eldridge, IA	F	34	55:35.1	17:56
	271	3222	1309	BARRAZA, GABRIELA	Johnston, IA	F	32	55:35.3	17:56
	272	3239	12549	HANSON, THERESA	Des Moines, IA	F	32	55:43.4	17:59
	273	3244	1252	HAINES, CARMEN	Des Moines, IA	F	30	55:46.2	17:59
	274	3246	1362	MILLER, TAMI	Gilbert, IA	F	34	55:46.8	18:00
	275	3247	3849	WASTENEY, ROBIN	Des Moines, IA	F	30	55:47.9	18:00
	276	3248	9656	MCCORMICK, DIXIE	Pleasantville, IA	F	34	55:48.0	18:00
	277	3259	8348	JOHNSON, RACHEL	Huxley, IA	F	34	55:54.7	18:02
	278	3306	8389	HOMMER, MINDIE	Indianola, IA	F	31	56:18.0	18:10
	279	3310	7251	HARMON, RENEE	Des Moines, IA	F	31	56:19.8	18:10
	280	3314	11445	STEIN, KELLI	Ankeny, IA	F	34	56:22.0	18:11
	281	3316	11444	OLINGER, KRISTI	Ankeny, IA	F	32	56:22.8	18:11
	282	3319	1218	TOPE, MARCIA	Waukee, IA	F	31	56:24.0	18:12
	283	3322	4186	BLACK, LISA	Clive, IA	F	34	56:25.5	18:12
	284	3364	3552	LONGNECKER, STEPHANIE	Clive, IA	F	32	56:44.0	18:18
	285	3378	7876	WITT RN, BSN, OCN, JENNIFER	Des Moines, IA	F	30	56:50.3	18:20

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 30 - 34

Group	Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile	
	286	3400	2688	ANDERSON, MARY	Des Moines, IA	F	34	56:59.0	18:23
	287	3413	2631	WARD, ANGELA	Waukee, IA	F	30	57:06.6	18:25
	288	3438	12586	QUINN, BARB	Des Moines, IA	F	34	57:17.4	18:29
	289	3456	4657	BEMRICH, MICHELLE	Fort Dodge, IA	F	31	57:25.8	18:32
	290	3471	1829	GALLIGAN, MOLLI	Urbandale, IA	F	32	57:33.4	18:34
	291	3473	14199	ROACH, STACY	BAD ZIPCODE, XX	F	30	57:34.0	18:34
	292	3486	7078	BRANDAU, LORI	Johnston, IA	F	33	57:37.8	18:35
	293	3491	4057	HOLCOMB, CARRIE	Des Moines, IA	F	31	57:40.1	18:36
	294	3492	4499	KALINOWSKI, JENNIFER	Des Moines, IA	F	30	57:40.7	18:36
	295	3493	4944	NEFF, TRUDY	Des Moines, IA	F	31	57:41.2	18:37
	296	3500	4687	WOUTAT, KARLA	West Des Moines, IA	F	32	57:43.4	18:37
	297	3533	9394	THOMPSON, SUSIE	Altoona, IA	F	33	57:56.0	18:41
	298	3548	6179	SCHAFROTH, TAMI	Winterset, IA	F	34	58:00.8	18:43
	299	3550	629	STRASBURG, KATHRYN	Ames, IA	F	34	58:01.5	18:43
	300	3552	4436	TEMME, MEGAN	Des Moines, IA	F	32	58:02.3	18:43
	301	3570	3742	GEIGER, WENDY	Deep River, IA	F	31	58:11.8	18:46
	302	3575	9801	ROKEY, SHANNA	Des Moines, IA	F	31	58:14.9	18:47
	303	3583	89	SEE, TOSHIA	West Des Moines, IA	F	31	58:18.7	18:49
	304	3597	2987	CHAMPION, MICHELLE	Des Moines, IA	F	32	58:24.6	18:51
	305	3606	12204	GOOS, JENNIFER	Dike, IA	F	33	58:29.3	18:52
	306	3613	2324	KRUSE, MELISSA	Mitchellville, IA	F	31	58:31.6	18:53
	307	3623	1879	BRAATEN, JEAN	Des Moines, IA	F	30	58:37.5	18:55
	308	3625	8742	SCHWAGER, JOLEA	Clive, IA	F	32	58:37.7	18:55
	309	3640	9928	VANGORP, JENNIFER	Pella, IA	F	32	58:42.0	18:56
	310	3647	2068	CLARK, ANDREA	PLEASNAT HILL,	F	32	58:43.3	18:57
	311	3654	1090	HERINGER, TANYA	Urbandale, IA	F	31	58:45.1	18:57
	312	3674	1161	LATCHAM, KIM	Des Moines, IA	F	30	58:50.6	18:59
	313	3684	46	WURSTER, JODIE	Mount Ayr, IA	F	31	58:53.1	19:00
	314	3685	12225	METCALF, MARIA	Waterloo, IA	F	33	58:53.2	19:00
	315	3686	8777	HUMPHREY, DEANNA	Urbandale, IA	F	31	58:54.2	19:00
	316	3691	12070	WATHEN, JENNIFER	BAD ZIPCODE, XX	F	32	58:55.7	19:01
	317	3693	11288	PETERSEN, HEIDI	Waukee, IA	F	31	58:56.2	19:01
	318	3695	8031	THOMAS, ANNETTE	Grimes, IA	F	34	58:56.6	19:01
	319	3705	9420	SCHULZE, MARGARET	West Des Moines, IA	F	33	58:59.6	19:02
	320	3749	2660	ANDERSON, JEN	Des Moines, IA	F	31	59:12.4	19:06
	321	3773	50	LOYNACHAN, EMILY	Kansas City, MO	F	30	59:19.6	19:08
	322	3784	4508	SICKELS, JUDY	Des Moines, IA	F	32	59:24.1	19:10
	323	3788	4582	ROGERS, MELISSA	Ankeny, IA	F	31	59:26.4	19:10
	324	3801	4469	WILLIAMSON, MINDY	Earlham, IA	F	30	59:30.2	19:12
	325	3816	9400	SHIELDS, LAYNA	Des Moines, IA	F	33	59:36.0	19:14
	326	3821	15281	MIDDLESWART, SHEILA	Des Moines, IA	F	33	59:37.5	19:14
	327	3827	4879	JOHNSON, STACEY	De Soto, IA	F	33	59:40.9	19:15
	328	3862	10777	GARCIA, JEN	Urbandale, IA	F	34	59:55.5	19:20
	329	3864	9368	ANDERSON, KARI	Defiance, IA	F	32	59:56.8	19:20
	330	3900	8057	DI GIOIA, MARIA	Ankeny, IA	F	33	59:59.	19:21
	331	3907	5834	EVANS, KATE	Des Moines, IA	F	32	59:59.	19:21
	332	3929	13943	CHRISTIAN, WENDI	Des Moines, IA	F	30	59:59.	19:21
	333	3944	4802	MORRISON, CANDEE	Ankeny, IA	F	32	01:00:00..	19:21
	334	3959	10002	FOX, TAMMI	Grimes, IA	F	31	01:00:00..	19:21
	335	3965	8227	WEBER, DEE DEE	Waterloo, IA	F	32	01:00:00..	19:21
	336	3968	8750	SODA, KRISTA	Waukee, IA	F	33	01:00:00..	19:21
	337	3969	8755	SPENNER, DEB	Waukee, IA	F	33	01:00:00..	19:21
	338	3979	5896	MUSIC, KELLI	PLEASNAT HILL,	F	34	01:00:00..	19:21
	339	3981	8553	LIMOGES, KATHY	Minburn, IA	F	33	01:00:00..	19:21
	340	4018	171	CARLSON, CINDY	West Des Moines, IA	F	31	01:00:00..	19:21
	341	4019	3896	BUCK, D'LYNN	La Vista, NE	F	34	01:00:00..	19:21
	342	4031	10333	SHADER, ANNETTE	Indianola, IA	F	30		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 30 - 34

Group	Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile
	343	4036	6896	MILLER, MICHELE	West Des Moines, IA	F	31	
	344	4038	13364	WHISLER, TRACY	Grimes, IA	F	33	
	345	4048	9666	HARRINGTON, PATRICIA	Milo, IA	F	34	
	346	4062	12926	HOXENG, RENEE	Urbandale, IA	F	31	
	347	4063	15019	HENNING, HOLLY	Ankeny, IA	F	30	
	348	4070	12421	SHUE, MARIA	Des Moines, IA	F	34	
	349	4076	13365	LOCKE, STACEY	West Des Moines, IA	F	34	
	350	4079	8641	LEADER, MISTY	Des Moines, IA	F	30	
	351	4097	12144	JOHNSON, MELISSA	Des Moines, IA	F	30	
	352	4108	32	KELLIS, SUSAN	Des Moines, IA	F	34	
	353	4110	4898	KAVADAS, SUSANNA	Ankeny, IA	F	31	
	354	4157	11874	LAWYER, BRENDA	Des Moines, IA	F	31	
	355	4168	272	BARNES, ANNE	Urbandale, IA	F	34	
	356	4169	2595	BELL, JENNIFER	Colfax, IA	F	33	
	357	4176	15457	VERMAI, ARCUANA	BAD ZIPCODE, XX	F	31	
	358	4183	981	HULL, DAWN	Des Moines, IA	F	30	
	359	4220	5144	BOWERS, RACHELLE	Altoona, IA	F	31	
	360	4232	3877	KELLY, MELISSA	West Des Moines, IA	F	33	
	361	4233	10732	WESTVOLD, JULIE	Norwalk, IA	F	34	
	362	4255	13492	YASKE, MARTI	Urbandale, IA	F	34	
	363	4306	3062	LINDSTROM, GINGER	Stuart, IA	F	31	
	364	4321	11569	GRAHAM, AMY	Ackworth, IA	F	32	
	365	4323	8575	MINARD, MARY	Waterloo, IA	F	31	
	366	4326	646	SHAW, MAGGY	Grimes, IA	F	30	
	367	4345	9970	JOHNSON, MARSHA	West Des Moines, IA	F	31	
	368	4350	7651	ROBERTS, JENNIFER	West Des Moines, IA	F	34	
	369	4360	13170	POLDER, MICHELLE	Des Moines, IA	F	33	
	370	4374	4886	JUHL, JILL	Ankeny, IA	F	32	
	371	4385	8307	OSTLUND, SARAH	Cedar Rapids, IA	F	30	
	372	4413	13383	FEJFAR, JENNIFER	Des Moines, IA	F	34	
	373	4416	5444	BOATMAN, RICHELLE	Urbandale, IA	F	33	
	374	4420	12384	ACKERSON, SHARI	Waukee, IA	F	33	
	375	4444	5746	PETERSON, KIM	Ankeny, IA	F	32	
	376	4448	14272	IDE, KRISTIN	Johnston, IA	F	33	
	377	4453	2465	HERLIHY, KARI	Urbandale, IA	F	31	
	378	4462	5333	DAVIDSON, DIXIE	Ankeny, IA	F	31	
	379	4471	2663	BETZ, JENNIFER	Altoona, IA	F	34	
	380	4473	3757	JEFFERSON, MAUREEN	Des Moines, IA	F	30	
	381	4497	88	PAULSEN, SARAH	Des Moines, IA	F	30	
	382	4500	12615	SIEMENS, NICOLE	Wayzata, MN	F	32	
	383	4506	10778	TENNER, ANN	Des Moines, IA	F	33	
	384	4520	8549	REYNOLDS, JACKIE	Des Moines, IA	F	34	
	385	4522	8567	RUSSELL, SARAH	Altoona, IA	F	30	
	386	4542	9988	ROWE, ALANDA	Pella, IA	F	34	
	387	4543	9973	CHITTENDEN, SHANNON	Indianola, IA	F	32	
	388	4558	12483	THOMAS, DIXIE	Ankeny, IA	F	32	
	389	4575	9979	ELDER, DIANNA	Pella, IA	F	34	
	390	4593	10403	BUTTS, KASSANDRA	Des Moines, IA	F	32	
	391	4597	7647	SWANSON, LISA	Urbandale, IA	F	32	
	392	4618	4154	JOHNSON, STEPH	Grimes, IA	F	30	
	393	4631	9683	LINDER, REBECCA	BAD ZIPCODE, XX	F	34	
	394	4632	9276	HEMPEL, JENNIFER	Ankeny, IA	F	32	
	395	4633	9235	TERWILLIGER, DEE	Des Moines, IA	F	32	
	396	4636	9309	CAPALDO, BRENDA	Alleman, IA	F	32	
	397	4684	13135	GLAS, KATHY	Norwalk, IA	F	34	
	398	4686	713	ROSS, LEAH	Ames, IA	F	31	
	399	4689	2142	CLAYBORNE, HANNAH	Ames, IA	F	34	

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Age Brackets Results

Women: 30 - 34

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
400	4700	13615	KEUL, RIE	Des Moines, IA	F	34		
401	4716	13984	VANDEVEIRE, JENNIFER	Des Moines, IA	F	32		
402	4764	8651	MEAGHER, HOLLY	West Des Moines, IA	F	30		
403	4770	13686	REED, WENDY	Urbandale, IA	F	32		
404	4787	3751	WARRICK, AMY	West Des Moines, IA	F	31		
405	4801	2145	DAVIDSON, BETH	Indianola, IA	F	34		
406	4805	1189	DUNKER, MICHELLE	Des Moines, IA	F	32		
407	4815	2207	MERCER, ALICE	West Des Moines, IA	F	31		
408	4817	2692	CANO, MELISSA	Des Moines, IA	F	33		
409	4825	6523	SPURLIN, TRISH	State Center, IA	F	33		
410	4847	9986	EVENS, JENNIFER	Des Moines, IA	F	31		
411	4858	8319	RONCA, LISA	Huxley, IA	F	34		
412	4879	10304	TODD, CINDY	Des Moines, IA	F	31		
413	4880	12202	ROTHMEYER, SHELLY	Johnston, IA	F	33		
414	4894	6081	NEWTON, BECKY	Des Moines, IA	F	33		
415	4925	2677	SMITH, LAURA	Altoona, IA	F	32		
416	4931	8895	KSIAZEK, HEATHER	Altoona, IA	F	32		
417	4933	8886	STEFFY, STACEY	PLEASNAT HILL,	F	32		
418	4998	8696	SCHNEIDER, KELLEY	Des Moines, IA	F	34		
419	5014	12775	WEBB, MICHELLE	Winterset, IA	F	30		
420	5020	11028	NELSON, ANGELA	Van Meter, IA	F	30		
421	5028	11552	PENN, GINA	Altoona, IA	F	33		
422	5038	2684	HIATT, TRACY	Clive, IA	F	31		
423	5046	7941	VANHORN, NICHOLE	PLEASNAT HILL,	F	32		
424	5092	1225	SCHMITT, JANE	Des Moines, IA	F	32		
425	5094	8941	WILBOURNE, BONNI	Des Moines, IA	F	32		
426	5119	3048	HEGG, HOLLY	Des Moines, IA	F	33		
427	5155	5395	JOHNSON, TONIA	Colo, IA	F	34		
428	5166	10885	GASKILL, HOLLIE	West Des Moines, IA	F	31		
429	5187	9135	RIGGAN, SHERRI	Lacona, IA	F	32		
430	5249	9031	BARTACHEK, JILL	West Des Moines, IA	F	33		
431	5254	11450	LESTER, STACIE	Clive, IA	F	31		
432	5273	4030	NITCHIE, JULIE	Johnston, IA	F	30		
433	5275	4050	STEVENSON, GRETCHEN	Johnston, IA	F	32		
434	5280	3987	SCHRADER, CHERISE	Ankeny, IA	F	33		
435	5286	11872	LOBECK, JEN	Madrid, IA	F	32		
436	5295	9033	ANDERSON, JENIFER	Altoona, IA	F	31		
437	5296	9960	THOMAS, JULIE	Pella, IA	F	34		
438	5297	9976	WARNER, MELISSA	Slater, IA	F	34		
439	5325	2364	KOWNACKI, JENNIFER	Norwalk, IA	F	31		
440	5332	15054	ONEIL, NIKKI	Des Moines, IA	F	31		
441	5334	6511	LEWIS, JODI	Ankeny, IA	F	30		
442	5340	2884	GRUNDBERG, JULIE	Des Moines, IA	F	32		
443	5345	345	BACON, TERESA	Mitchellville, IA	F	31		
444	5346	2067	SPRACKLIN, NATALIE	Des Moines, IA	F	32		
445	5375	13174	REINHARDT, STEPHANIE	Clive, IA	F	33		
446	5387	6763	BAUDLER, MARTHA	Indianola, IA	F	32		
447	5417	2118	KEENAN, SHARON	Grimes, IA	F	34		
448	5421	10668	ZIMMERMANN, AMY	PLEASNAT HILL,	F	30		
449	5427	7804	FELLER, DANA	Redfield, IA	F	34		
450	5435	739	SPURBECK, SHELLY	Cedar Rapids, IA	F	32		
451	5466	3813	JACOBSON, NINA	Woodward, IA	F	30		
452	5467	2506	CURRY, HEATHER	Runnells, IA	F	30		
453	5471	1043	FINCH, JULIE	Marshalltown, IA	F	34		
454	5485	8650	BOYER-SUNGA, MELISSA	Des Moines, IA	F	31		
455	5522	1475	BOERNER, MARCIE	Gowrie, IA	F	32		
456	5523	12245	GALLENINE, TERESA	West Des Moines, IA	F	33		

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<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
457	5525	12191	RYAN, NICOLE	West Des Moines, IA	F	33		
458	5527	865	HANSON, TAMARA	Lohrville, IA	F	30		
459	5528	15211	HENRICHS, LORI	Lenox, IA	F	33		
460	5545	4047	GARTON, MELISSA	Des Moines, IA	F	33		
461	5556	309	KEITHAN, ANNE	Des Moines, IA	F	31		
462	5570	2860	EMANUEL, CARLA	Urbandale, IA	F	32		
463	5581	8118	BAUGE, TAMMIE	Altoona, IA	F	33		
464	5607	4570	NETLEY-GALVIN, JOELLE	Indianola, IA	F	34		
465	5609	4568	FALLIS, AMY	Pleasantville, IA	F	30		
466	5618	13515	HAY, SHONDA	Maxwell, IA	F	30		
467	5653	2312	MARQUEZ, AMY	Kansas City, MO	F	30		
468	5658	3514	PRICE, STACIE	Slater, IA	F	32		
469	5670	3795	SNYDER, JENNY	Grimes, IA	F	33		
470	5676	549	LOUGHREN, BETH	West Des Moines, IA	F	33		
471	5679	9003	LAWLOR, RHONDA	Madrid, IA	F	34		
472	5683	4093	STEVENS, AMY	Urbandale, IA	F	32		
473	5696	3339	COOK, KERRI	Urbandale, IA	F	30		
474	5697	15084	SOMMARS, MELISSA	Colfax, IA	F	31		
475	5713	5112	VAN ZEE, TEREASA	Newton, IA	F	31		
476	5727	9552	VROMAN, DAWN	Prairie City, IA	F	31		
477	5755	9014	JACKSON, BRENDA	Waukee, IA	F	32		
478	5762	493	GREER, BARBARA	Kellogg, IA	F	32		
479	5765	8299	SCHULTZ, BRANDY	Marion, IA	F	30		
480	5776	11534	MOLINE, KELLY	Clive, IA	F	34		
481	5821	8212	WIPPERMAN, AMANDA	West Des Moines, IA	F	34		
482	5828	9359	SHIMP, KERRI	Cedar Falls, IA	F	32		
483	5834	12680	LAW, SHELLY	Des Moines, IA	F	31		
484	5837	8302	ANDERSON, LISA	Cedar Rapids, IA	F	31		
485	5848	8680	CLARK, BILLIE	Des Moines, IA	F	30		
486	5867	10332	ECKERT, SOPHIA	Indianola, IA	F	34		
487	5873	5641	FABER, JENNIFER	Urbandale, IA	F	30		
488	5879	1193	CARTER, MICHELLE	Des Moines, IA	F	31		
489	5908	96	HARVEY, DAWNITA	Des Moines, IA	F	33		
490	5923	5293	WILLS, JOY	Oskaloosa, IA	F	34		
491	5936	778	RUFFERT, CARRIE	West Des Moines, IA	F	30		
492	5944	6916	KYNION, SARA	Grimes, IA	F	31		
493	5952	9879	LEECH, JENNIFER	Indianola, IA	F	34		
494	5960	503	HERBST, LAURA	Urbandale, IA	F	34		
495	5980	12367	CROSSMAN, STACY	Des Moines, IA	F	30		
496	5984	11021	SANCHEZ, STEPHANIE	Des Moines, IA	F	32		
497	5996	1599	KASAI, CATHY	Ames, IA	F	34		
498	5998	9585	CAMPBELL, CHARITY	Norwalk, IA	F	30		
499	6019	413	TULLER, LARITA	Des Moines, IA	F	34		
500	6025	7675	FATTIG, JENNIFER	Des Moines, IA	F	32		
501	6029	4959	LANE, SARAH	Earlham, IA	F	31		
502	6047	8134	LISA, MILLER	Waukee, IA	F	30		
503	6055	15378	GALL, REBECCA	Union, IA	F	33		
504	6066	3360	STEVENS, HOLLY	Des Moines, IA	F	30		
505	6088	5463	SPYKSMA, RANA	Waukee, IA	F	30		
506	6110	4587	HAMMAN, BEVERLY	Indianola, IA	F	34		
507	6122	11356	OVERTON, TAMI	Urbandale, IA	F	30		
508	6155	4226	KASL, MICHELLE	Norwalk, IA	F	32		
509	6156	3783	WIEBEL, SHERRI	Ankeny, IA	F	32		
510	6158	15366	TOKGOZ, SIMLA	Ames, IA	F	30		
511	6160	8572	LEE, LISA	Carlisle, IA	F	34		
512	6184	7116	BLASKOVICH, GINA	Des Moines, IA	F	32		
513	6197	288	SEN, JULIE	Ames, IA	F	33		

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<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
514	6205	11486	VOIGT, CHERYL	Altoona, IA	F	33		
515	6216	8699	SIMS, MARY	Des Moines, IA	F	34		
516	6219	5208	ZAABEL, PAM	Kellogg, IA	F	33		
517	6220	9863	SHIRAZI, MARYAM	Altoona, IA	F	34		
518	6224	9356	DUFFY, DOROTHY	Fairbank, IA	F	32		
519	6225	9358	FRITZJUNKER, CANNADY	Des Moines, IA	F	34		
520	6227	1847	MILLER, SARAH	Ankeny, IA	F	33		
521	6239	6191	OLSON, CHRISTY	Des Moines, IA	F	34		
522	6240	192	WALBERG, TINNA	West Des Moines, IA	F	33		
523	6257	9500	COIL, SALLY	Ankeny, IA	F	31		
524	6258	5186	MCFARLAND, STEPHANIE	Des Moines, IA	F	34		
525	6265	14408	DAVIS, JILL	West Des Moines, IA	F	34		
526	6274	4455	PAUP, AMY	Urbandale, IA	F	30		
527	6285	9228	HARLAN, DEB	Des Moines, IA	F	32		
528	6296	8930	KLOCKE, LISA	Waukee, IA	F	30		
529	6369	8554	CARTER, HEIDI	Dallas Center, IA	F	32		
530	6370	10511	DIEKE, SHARON	West Des Moines, IA	F	30		
531	6381	12627	BOGGS, JENNIFER	Roland, IA	F	30		
532	6385	7108	HOBBS, PATRICIA	Ames, IA	F	32		
533	6386	7096	HENDRICKS, SARAH	Des Moines, IA	F	31		
534	6393	5418	MANN, ELLEN	West Des Moines, IA	F	34		
535	6404	8606	MACHADO, JULIA	West Des Moines, IA	F	34		
536	6419	12720	BROWN, TAMARA	Urbandale, IA	F	30		
537	6424	10497	HAMILTON, KARIN	West Des Moines, IA	F	34		
538	6428	3540	BERRY, CHRIS	Waukee, IA	F	32		
539	6449	2502	ENGBRETSON, JANA	Johnston, IA	F	31		
540	6450	6052	HUPFER, AMY	Des Moines, IA	F	32		
541	6456	12098	SMITH, DAWNETTE	Des Moines, IA	F	34		
542	6457	1929	BRADLEY, PAIGE	Albia, IA	F	31		
543	6466	5956	ANDERSON, TRICIA	Story City, IA	F	34		
544	6491	223	HECKMAN, DONNA	Urbandale, IA	F	34		
545	6492	5023	MANOCK, JULIANNE	Johnston, IA	F	30		
546	6495	4941	PELDS, JOLIE	PLEASNAT HILL,	F	33		
547	6499	12559	HARRYMAN, MELANIE	Grimes, IA	F	31		
548	6501	11886	DITTMER, KIM	Lacona, IA	F	33		
549	6504	1651	MCDONALD, KRISTIN	Clive, IA	F	34		
550	6561	3298	SOULATI, BEHNAZ	Des Moines, IA	F	34		
551	6597	1926	DEMRY, KRISTY	Centerville, IA	F	33		
552	6616	6129	SICKERSON, STEPHANIE	Altoona, IA	F	31		
553	6639	15258	EITEL, ETHEL	Ames, IA	F	31		
554	6659	9688	BREFFLE, KELLY	BAD ZIPCODE, XX	F	34		
555	6680	332	DOLAN, LAURA	Waukee, IA	F	34		
556	6686	9151	BROOKS, SARAH	Ankeny, IA	F	33		
557	6691	9423	MULHERN, BETH	West Des Moines, IA	F	31		
558	6698	6035	HACKMANN, AMY	Des Moines, IA	F	31		
559	6714	4494	DAVIS, KRISTI	Des Moines, IA	F	32		
560	6716	767	KRUSE, JILL	Ames, IA	F	33		
561	6727	9369	WAHL, CATHY	Norwalk, IA	F	32		
562	6740	12788	GRAEN, TRINA	Adel, IA	F	33		
563	6745	1814	LARSON, STACI	Centerville, IA	F	31		
564	6753	3947	WHITEHEAD, KERRY	Norwalk, IA	F	31		
565	6755	10555	MOHWINKLE, JENNIFER	Des Moines, IA	F	30		
566	6762	12112	STOUT, BRENDA	Clive, IA	F	34		
567	6783	8724	WIGG, JULIE	Des Moines, IA	F	32		
568	6792	80	CARNINE, TINA	Des Moines, IA	F	33		
569	6793	3112	BAER-HARDING, KIRSTIN	Johnston, IA	F	32		
570	6810	12084	DUNSTON, ANITA	Des Moines, IA	F	32		

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<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
571	6820	4804	LARSON, JODI	Ankeny, IA	F	34		
572	6821	4801	ROMIG, TIFFANY	Ankeny, IA	F	30		
573	6827	2728	STEPHENS, JODY	Ankeny, IA	F	34		
574	6830	3166	VICTOR, KELLY	Ankeny, IA	F	30		
575	6838	3354	DAUGHERTY, AMY	Ankeny, IA	F	33		
576	6848	6388	REIMERS, AMY	Ankeny, IA	F	31		
577	6854	14355	BOONE, SHANDA	Des Moines, IA	F	30		
578	6867	317	SMITH, DAWN	Norwalk, IA	F	33		
579	6882	6084	JENSEN, DINA	Ankeny, IA	F	34		
580	6895	1939	KELLEY, KAREN	West Des Moines, IA	F	31		
581	6904	2551	MARTSCHING, ALICIA	Norwalk, IA	F	30		
582	6930	5658	JOHNSON, KYLA	PLEASNAT HILL,	F	31		
583	6931	5655	PHILLIPS, KATHI	PLEASNAT HILL,	F	34		
584	6936	8653	SCHNECKLOTH, JANA	West Des Moines, IA	F	30		
585	6941	2396	HOFFMEIER, KELLY	Polk City, IA	F	30		
586	6944	14415	ROBERTS, LUCIE	Tama, IA	F	31		
587	6945	8303	STRATTON, BRANDY	Cedar Rapids, IA	F	32		
588	6951	8890	PERRY, KERRI	Altoona, IA	F	33		
589	6955	15193	PEREZ, THERESA	West Des Moines, IA	F	34		
590	6966	10605	HUGGINS, AMY	Lees Summit, MO	F	32		
591	6981	2345	SCHUELLER, SANDY	Waukee, IA	F	31		
592	6990	3320	MORAN, JENNIFER	Indianola, IA	F	31		
593	6991	2032	KELLER, JENNIFER	Des Moines, IA	F	31		
594	6997	13646	BRANDT, JACQUE	Melbourne, IA	F	34		
595	7008	11719	WELDON, JULIE	Johnston, IA	F	32		
596	7032	4130	BOERNER, SARAH	Des Moines, IA	F	32		

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Group	Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile	
	1	125	6890	LIGHT, CINDY	Perry, IA	F	38	21:50.4	7:03
	2	130	8195	LOWE, SUZANNNE	West Des Moines, IA	F	36	21:56.7	7:05
	3	176	13153	MAUDLIN-FREY, DANA	West Des Moines, IA	F	38	22:44.3	7:20
	4	192	5933	PRESCOTT, TAMI	Urbandale, IA	F	38	23:06.9	7:27
	5	270	305	WONG, SUZANNE	Ankeny, IA	F	38	24:08.7	7:47
	6	283	13548	STEARNS, CONSTANCE	Ames, IA	F	37	24:15.8	7:50
	7	310	7085	HARMS, JACQUELINE	West Des Moines, IA	F	35	24:32.0	7:55
	8	321	13617	STRONG, JEAN	Ames, IA	F	37	24:38.2	7:57
	9	324	3577	ELLWANGER, MELINDA	Des Moines, IA	F	38	24:40.9	7:58
	10	345	10475	SEIVERT, MELISSA	Granger, IA	F	39	24:56.5	8:03
	11	354	150	MENDOZA, BARB	Grimes, IA	F	38	24:59.9	8:04
	12	359	15415	WALKER, JAN	Saint Paul, MN	F	39	25:03.3	8:05
	13	367	5587	HAMAKER, KRISTI	Urbandale, IA	F	38	25:07.2	8:06
	14	373	5332	HOTZE, TONYA	Altoona, IA	F	37	25:10.9	8:07
	15	376	3216	CROWE, CARLYN	Des Moines, IA	F	39	25:12.5	8:08
	16	389	4149	VERDUYN, RENAE	Clive, IA	F	37	25:23.2	8:11
	17	407	4577	KAISER-BROWN, NATASHA	Des Moines, IA	F	37	25:36.1	8:16
	18	426	15232	BENSON, CAROLL	Des Moines, IA	F	39	25:46.7	8:19
	19	431	14360	COLLINS, TERI	West Des Moines, IA	F	35	25:49.5	8:20
	20	434	14035	TEKIPPE, RONALD	Earlham, IA	F	38	25:50.7	8:20
	21	445	12730	STRAWSER, MICHELE	Des Moines, IA	F	35	25:56.1	8:22
	22	459	13631	STILES, KELLY	Des Moines, IA	F	39	26:02.7	8:24
	23	466	8480	DEAN, DEB	Johnston, IA	F	37	26:05.0	8:25
	24	469	9094	KRAMER, KIM	West Des Moines, IA	F	36	26:06.4	8:25
	25	474	15068	LEMKE, TRISH	Menlo, IA	F	37	26:09.5	8:26
	26	476	13843	JOHNSON, DOTTY	Des Moines, IA	F	35	26:10.3	8:27
	27	481	586	MCCAY, MAGGIE	Des Moines, IA	F	35	26:12.8	8:27
	28	486	2776	NETTLETON, KATHY	Des Moines, IA	F	36	26:16.7	8:29
	29	511	8218	COOPER, TAMMY	West Des Moines, IA	F	36	26:25.5	8:31
	30	549	4040	SHARPE, DANIELLE	West Des Moines, IA	F	35	26:44.3	8:38
	31	554	1763	BARRETT, ALICE	Waukee, IA	F	38	26:46.6	8:38
	32	562	6825	KOELE, SHARON	Des Moines, IA	F	39	26:49.0	8:39
	33	568	13632	BONGIORNO, LAURA	Des Moines, IA	F	38	26:51.3	8:40
	34	586	14349	AVENI, STEPHANIE	West Des Moines, IA	F	38	26:57.7	8:42
	35	587	412	KLEIMAN, DEB	Johnston, IA	F	36	26:57.7	8:42
	36	608	15117	FLEMING, LISA	IOWA CITY, IA	F	39	27:08.3	8:45
	37	613	2378	CARDAMON, STACI	Polk City, IA	F	39	27:10.5	8:46
	38	631	13151	HANRAHAN, MELINDA	Urbandale, IA	F	39	27:19.9	8:49
	39	653	7558	CLEGHORN, HOLLY	Urbandale, IA	F	37	27:28.9	8:52
	40	655	14276	THOMAS, CHELSEA	Indianola, IA	F	38	27:29.1	8:52
	41	660	7552	HOLZWARTH, REBECCA	Urbandale, IA	F	38	27:31.5	8:53
	42	661	5803	HOLLWAGER, SHELLEY	Des Moines, IA	F	37	27:31.8	8:53
	43	694	13418	LECROY, LANETTE	Des Moines, IA	F	39	27:45.0	8:57
	44	696	8193	MORIARITY, LORI	Clive, IA	F	38	27:45.6	8:57
	45	706	7791	JAMISON, JODI	Woodward, IA	F	37	27:58.0	9:01
	46	717	1297	WAGNER, PAULA	Urbandale, IA	F	35	28:03.7	9:03
	47	731	14306	STEINKAMP, ROBIN	Des Moines, IA	F	37	28:10.8	9:05
	48	738	2891	OSSIAN, CAROL	Huxley, IA	F	38	28:12.1	9:06
	49	741	244	LAFFERTY, MARY	Des Moines, IA	F	38	28:13.3	9:06
	50	747	2260	NEWBURY, ANN	Indianola, IA	F	36	28:14.7	9:07
	51	755	7806	TAYLOR, BRINDA	Ankeny, IA	F	38	28:18.5	9:08
	52	767	81	KRIEGEL, PEGGY	Des Moines, IA	F	39	28:22.6	9:09
	53	772	3170	DERMODY, STEPHANIE	Norwalk, IA	F	36	28:24.3	9:10
	54	773	6716	SIMON, ANGEL	Altoona, IA	F	35	28:24.4	9:10
	55	787	3030	DOSEDEL, DENISE	West Des Moines, IA	F	39	28:32.5	9:12
	56	788	4283	GIBSON, TRACY	Ankeny, IA	F	35	28:34.0	9:13
	57	795	5162	SCHEPPMANN, LISA	West Des Moines, IA	F	39	28:36.6	9:14

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 35 - 39

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
58	800	185	WARNOCK, SARA	Indianola, IA	F	35	28:38.2	9:14
59	816	3299	BERENDS, BETTY	Altoona, IA	F	38	28:45.4	9:17
60	829	698	JACOBUS, HEATHER	Des Moines, IA	F	36	28:50.9	9:18
61	833	14196	STONE, SANDRA	Des Moines, IA	F	37	28:52.1	9:19
62	844	5428	HALLIN, SHARON	Des Moines, IA	F	38	29:00.5	9:21
63	845	12212	MANN, WENDY	Clive, IA	F	37	29:00.7	9:22
64	859	12222	ROBSON, KRIS	Urbandale, IA	F	38	29:04.8	9:23
65	865	12701	MATALONI, SUZIE	Urbandale, IA	F	38	29:06.7	9:23
66	876	1344	JOHNSON, GINGER	Sioux Falls, SD	F	36	29:10.8	9:25
67	878	12716	WILLIAMS, STACY	Des Moines, IA	F	37	29:12.2	9:25
68	891	2984	COLLINS, MONICA	Grimes, IA	F	35	29:20.3	9:28
69	896	15140	HUDSON, ANN	West Des Moines, IA	F	36	29:21.9	9:28
70	899	14356	GEORGE, MARYBETH	Des Moines, IA	F	35	29:23.6	9:29
71	900	7780	BOWIE, MARCY	Altoona, IA	F	37	29:23.9	9:29
72	901	12261	WEATHERS, BECKY	Des Moines, IA	F	36	29:23.9	9:29
73	903	13422	MCMILLIN, GWYNDOLYN	Des Moines, IA	F	38	29:24.5	9:29
74	904	8615	JANSEN, CINDY	Johnston, IA	F	39	29:24.7	9:29
75	914	2707	ALITZ, LESLIE	Kansas City, MO	F	38	29:28.4	9:30
76	918	538	CARLSON, LISA	Ankeny, IA	F	39	29:30.1	9:31
77	921	14208	DENIN, TAMMY	Des Moines, IA	F	35	29:32.8	9:32
78	923	12007	CULLINS, LISA	Ankeny, IA	F	39	29:33.6	9:32
79	927	268	PAGE, JULIE	Urbandale, IA	F	36	29:36.3	9:33
80	946	2807	TIMM, VALARIE	Indianola, IA	F	36	29:44.6	9:36
81	948	5889	OORDT, SUZANNE	West Des Moines, IA	F	37	29:45.7	9:36
82	958	1285	BAILEY, STEPHANIE	Curryville, MO	F	35	29:48.5	9:37
83	975	2220	WRIGHT, MARIBETH	Norwalk, IA	F	39	29:55.8	9:39
84	983	2787	KIRVIN, CONNIE	Urbandale, IA	F	37	29:59.0	9:40
85	985	3622	KOMAR, CAROLYN	Ames, IA	F	38	29:59.8	9:41
86	1001	654	ADAMS, HEATHER	Des Moines, IA	F	35	30:05.9	9:43
87	1018	4701	WITHERS, SHARI	Des Moines, IA	F	39	30:15.0	9:46
88	1030	507	RICHARDS, JACQUE	Johnston, IA	F	38	30:18.9	9:47
89	1038	473	RATHMACHER, PATTY	Story City, IA	F	38	30:22.5	9:48
90	1050	1620	HURST, JULI	West Des Moines, IA	F	39	30:27.1	9:49
91	1057	8199	ELLINGER, ANN	West Des Moines, IA	F	38	30:29.9	9:50
92	1060	7768	STEEN, MELISSA	Urbandale, IA	F	35	30:30.6	9:51
93	1100	6031	HARDIE, LINDA	Ankeny, IA	F	39	30:45.2	9:55
94	1130	2495	LOECKE, MELANIE	Urbandale, IA	F	35	30:56.2	9:59
95	1131	12845	LEVINE, LISA	PLEASNAT HILL,	F	39	30:57.0	9:59
96	1141	10109	GOOLSBY, CINDY	Ely, IA	F	39	31:00.9	10:00
97	1180	11817	NEYENS, MICHELLE	Urbandale, IA	F	35	31:13.6	10:04
98	1183	2509	WOLTER, CARRIE	West Des Moines, IA	F	35	31:15.3	10:05
99	1200	7733	O'LEARY, AIMEE	Des Moines, IA	F	37	31:20.9	10:07
100	1203	1596	JACOBSEN, JULIE	Waterloo, IA	F	35	31:21.9	10:07
101	1208	5409	LENCE, MARTA	Ames, IA	F	37	31:24.1	10:08
102	1219	257	PHILLIPS, CHRISTINE	Van Meter, IA	F	39	31:30.6	10:10
103	1235	12194	KUHL, LINDA	Beaman, IA	F	38	31:42.4	10:14
104	1237	5334	NOLL, NANCY	Ankeny, IA	F	39	31:44.1	10:14
105	1241	1413	MAHARRY, LISA	Des Moines, IA	F	38	31:45.9	10:15
106	1245	9355	LOHR, BEV	Sioux City, IA	F	39	31:47.1	10:15
107	1251	2520	GRAY, SHERRI	Ames, IA	F	38	31:48.7	10:16
108	1259	13541	MC COY, JENNY	Des Moines, IA	F	37	31:52.3	10:17
109	1260	2522	LIECHTY, BETH	Ames, IA	F	37	31:52.4	10:17
110	1266	14081	VANDERLINDEN, ANDREA	Des Moines, IA	F	37	31:55.2	10:18
111	1279	1407	JOHNSON, KARI	Clive, IA	F	37	31:59.3	10:19
112	1287	5800	TOBEY, LAURA	Urbandale, IA	F	37	32:01.7	10:20
113	1295	235	RAYMAN, TRUDI	Urbandale, IA	F	38	32:05.4	10:21
114	1319	8216	ROACH, HEIDI	Van Meter, IA	F	36	32:15.2	10:24

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 35 - 39

Group	Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile	
	115	1325	13444	CASON, MARY	West Des Moines, IA	F	36	32:16.4	10:25
	116	1326	1131	BUISING, SUSAN	West Des Moines, IA	F	37	32:16.9	10:25
	117	1333	12791	HARTUNG, JILL	Des Moines, IA	F	39	32:19.1	10:26
	118	1361	8219	SHRUM, MARCY	West Des Moines, IA	F	36	32:33.2	10:30
	119	1376	7033	LUND, PAM	Granger, IA	F	37	32:40.1	10:32
	120	1381	8217	NEUMANN, KELLEY	West Des Moines, IA	F	36	32:44.1	10:34
	121	1408	2151	WARE, SUZANNE	West Des Moines, IA	F	36	32:57.9	10:38
	122	1414	3472	DAMMEN, LISA	Urbandale, IA	F	36	32:59.4	10:39
	123	1417	4239	RIESTERER, KIM	PLEASNAT HILL,	F	38	33:01.4	10:39
	124	1450	3654	KAMM, DENISE	BAD ZIPCODE, XX	F	39	33:12.3	10:43
	125	1474	10034	SUNDHOLM, MICHELE	Norwalk, IA	F	37	33:22.7	10:46
	126	1500	13246	SAMUELS, REBEKAH	West Des Moines, IA	F	35	33:37.5	10:51
	127	1501	13420	PARRIS, TINA	West Des Moines, IA	F	39	33:37.5	10:51
	128	1518	6492	SMITHSON, JENNIFER	Des Moines, IA	F	36	33:46.2	10:54
	129	1525	10232	SERCK, BECKY	BAD ZIPCODE, XX	F	39	33:49.0	10:55
	130	1528	15170	BRIHEAU, EMILY	DES MOINES, IA	F	36	33:50.1	10:55
	131	1543	10199	WEBER, TRACEY	BAD ZIPCODE, XX	F	37	33:55.7	10:57
	132	1544	13318	WATSON-KOOKER, LORI	Altoona, IA	F	35	33:56.4	10:57
	133	1551	5232	PRICE, KRIS	Ankeny, IA	F	36	33:58.6	10:58
	134	1555	13825	AMBROSE, KERRI	Urbandale, IA	F	35	34:00.1	10:58
	135	1584	15152	CONWAY-SCHILTZ, COLLEEN	Algona, IA	F	35	34:17.1	11:04
	136	1591	5785	SUTTER, KIMBERLY	West Des Moines, IA	F	35	34:23.4	11:06
	137	1593	9882	JOHNSON, DAWN	Indianola, IA	F	39	34:24.1	11:06
	138	1602	5996	WANDREY, GERI	Grimes, IA	F	37	34:27.8	11:07
	139	1619	4545	SOUTHARD, TRISH	Des Moines, IA	F	36	34:34.8	11:09
	140	1628	12408	THRONSON, LYN	Des Moines, IA	F	35	34:37.7	11:10
	141	1633	10615	CELSI, LORI	Des Moines, IA	F	36	34:39.7	11:11
	142	1645	1261	TERNUS, MICHELLE	Quincy, IL	F	38	34:48.4	11:14
	143	1665	1319	HALBUR, DIANE	Clive, IA	F	36	34:59.8	11:17
	144	1674	3418	DUBOIS, KENDRA	Des Moines, IA	F	37	35:06.9	11:20
	145	1713	13948	HUNT, KIMBERLY	PLEASNAT HILL,	F	38	35:39.9	11:30
	146	1716	11852	EILANDER, MICHELLE	Ankeny, IA	F	35	35:41.5	11:31
	147	1730	379	WESTHOFF, LAURIE	Norwalk, IA	F	37	35:49.1	11:33
	148	1737	3462	BAUMBERGER, LISA	Ankeny, IA	F	38	35:58.2	11:36
	149	1750	3645	RALEY, SARAH	Clive, IA	F	35	36:13.0	11:41
	150	1753	12794	DUNPHY, DANA	Clive, IA	F	38	36:15.1	11:42
	151	1757	4655	POOTS, MARTA	Huxley, IA	F	38	36:19.0	11:43
	152	1776	1686	BLUME, DEBORA	West Des Moines, IA	F	37	36:32.3	11:47
	153	1780	717	TECHAU, STEPHANIE	Des Moines, IA	F	38	36:40.2	11:50
	154	1800	4063	JENSEN, KIM	Ankeny, IA	F	38	37:02.1	11:57
	155	1816	5181	TROMPETER, JEANETTE	West Des Moines, IA	F	39	37:31.7	12:06
	156	1829	3574	ROUSH, WENDI	West Des Moines, IA	F	38	37:41.3	12:09
	157	1830	9520	GUESSFORD, JANICE	Norwalk, IA	F	35	37:41.8	12:10
	158	1839	10687	LYTLE, CHARLYN	Colo, IA	F	37	37:47.4	12:11
	159	1845	1403	PFALTZGRAFF, ROSE	Waukee, IA	F	39	37:55.3	12:14
	160	1855	9481	KEMPKE, SHERI	Johnston, IA	F	38	38:07.4	12:18
	161	1867	73	HUBBARD, AMY	Waukee, IA	F	35	38:16.8	12:21
	162	1893	14207	JENSEN, KAYLA	Polk City, IA	F	35	38:47.3	12:31
	163	1901	13939	MILLER, SHARI	BAD ZIPCODE, XX	F	35	38:52.2	12:32
	164	1905	4449	JOHNSON, RHONDA	Johnston, IA	F	36	38:54.8	12:33
	165	1908	15423	GREENFIELD, KARI	Des Moines, IA	F	36	38:56.8	12:34
	166	1909	15276	LEVY, KERTY	Urbandale, IA	F	38	38:57.2	12:34
	167	1913	2478	BENJAMIN, MIMI	Ames, IA	F	37	39:00.3	12:35
	168	1914	122	GASKINS, RENAE	Indianola, IA	F	35	39:02.1	12:36
	169	1915	6101	HARTER, LEANNE	Nevada, IA	F	35	39:06.1	12:37
	170	1966	1657	KLEIMAN, JENNY	West Des Moines, IA	F	38	40:18.1	13:00
	171	1988	1773	OLSON, CINDY	Urbandale, IA	F	39	41:05.6	13:15

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 35 - 39

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
172	1989	13511	NONG, SA SOUY	Urbandale, IA	F	37	41:06.3	13:16
173	1990	7808	STOKES, BARB	BAD ZIPCODE, XX	F	37	41:07.0	13:16
174	1998	3807	EKISS, KIM	Urbandale, IA	F	36	41:13.4	13:18
175	2011	10700	UPAH, KRISTI	Huxley, IA	F	37	41:32.0	13:24
176	2027	3334	WALKER, CAMIE	Adel, IA	F	39	42:11.3	13:37
177	2029	3890	PEDERSEN, AMBER	Altoona, IA	F	35	42:14.4	13:38
178	2038	1598	MORRISON, JO ANN	Ames, IA	F	36	42:28.7	13:42
179	2039	4733	FINNERTY, DIANE	PLEASNAT HILL,	F	35	42:29.2	13:42
180	2057	6323	LLOYD, JUDE	Des Moines, IA	F	39	43:06.2	13:54
181	2061	4949	BRANT, BETH	West Des Moines, IA	F	39	43:17.0	13:58
182	2064	11881	HANSON, LACINDA	Des Moines, IA	F	37	43:22.0	13:59
183	2077	13394	MILLER, JULIE	West Des Moines, IA	F	37	43:50.0	14:08
184	2081	9168	PARIS, GIA	Des Moines, IA	F	35	43:53.3	14:09
185	2092	3336	BAERENWALD, KRIS	Ames, IA	F	39	44:10.1	14:15
186	2150	4476	WADLE, BRENDA	Waukee, IA	F	37	45:03.6	14:32
187	2177	2242	JOST, JILL	Waukee, IA	F	36	45:27.9	14:40
188	2187	1308	WHITE, CHRISTY	Urbandale, IA	F	35	45:38.7	14:43
189	2188	2015	PIERCE, CAROL	Des Moines, IA	F	36	45:39.2	14:44
190	2196	15330	HORSCH, LISA	Ankeny, IA	F	39	45:54.8	14:49
191	2201	6855	POWERS, PATRICIA	West Des Moines, IA	F	36	45:59.7	14:50
192	2227	12032	DANNER, RHONDA	Ankeny, IA	F	37	46:31.0	15:00
193	2229	11863	SANDVIG, MICHELLE	Des Moines, IA	F	39	46:33.9	15:01
194	2257	1583	DREYER, LISA	West Des Moines, IA	F	39	47:12.3	15:14
195	2279	8521	CANNEY, BETTY	Urbandale, IA	F	38	47:25.8	15:18
196	2280	15223	BURGER, SUE	Iowa City, IA	F	36	47:26.3	15:18
197	2300	3106	KUBLE, SHELLY	Grimes, IA	F	37	47:43.0	15:24
198	2301	1670	NAVARA, CHRIS	Grimes, IA	F	36	47:44.4	15:24
199	2307	10537	POTTEBAUM, KENDR	Runnells, IA	F	35	47:48.0	15:25
200	2308	10525	PORTER, SUSAN	Des Moines, IA	F	36	47:48.5	15:25
201	2321	1591	CHMELKA, WENDY	West Des Moines, IA	F	39	48:04.8	15:31
202	2333	10536	TOPPING, JANET	West Des Moines, IA	F	39	48:15.6	15:34
203	2341	714	BOHEMAN, BARB	West Des Moines, IA	F	38	48:24.1	15:37
204	2343	10520	WILLEY, JANE	Clive, IA	F	39	48:25.9	15:37
205	2345	3770	KLINKNER, LORI	West Des Moines, IA	F	39	48:29.3	15:39
206	2355	12177	ANDRIANO, KRISTI	Ankeny, IA	F	38	48:35.6	15:41
207	2363	12201	MORGAN, THERESE	West Des Moines, IA	F	38	48:39.7	15:42
208	2375	13292	HOLTZ, LAURIE	Des Moines, IA	F	35	48:48.0	15:45
209	2384	1862	JARCHOW, KARYN	Des Moines, IA	F	35	48:52.0	15:46
210	2388	8527	STEFANI, CHRISTINE	Des Moines, IA	F	38	48:53.4	15:46
211	2414	1767	SCHARFF, KIM	West Des Moines, IA	F	39	49:04.2	15:50
212	2421	7795	IHLE, TRACEY	Polk City, IA	F	35	49:07.2	15:51
213	2424	10432	STAM, SUSAN	Clive, IA	F	35	49:11.7	15:52
214	2427	13675	SCHUELER, CHAR	Waukee, IA	F	37	49:13.0	15:53
215	2435	12673	POLSON, LINDA	Des Moines, IA	F	37	49:22.0	15:55
216	2438	12672	KAVAN, VONG	Des Moines, IA	F	39	49:24.0	15:56
217	2446	9473	MONDORA, MAUREEN	Des Moines, IA	F	38	49:31.0	15:58
218	2453	4662	POLKE, CHRIS	West Des Moines, IA	F	35	49:34.2	15:59
219	2503	5632	FEDER, TRACI	Des Moines, IA	F	36	50:13.7	16:12
220	2504	994	STJERNBERG, SANDRA	Ankeny, IA	F	36	50:14.7	16:13
221	2512	13155	PHILLIPS, STEPHANIE	West Des Moines, IA	F	37	50:18.7	16:14
222	2530	10546	SEARCY, SUSAN	West Des Moines, IA	F	37	50:26.8	16:16
223	2540	11783	SCHUCK, SANDY	Des Moines, IA	F	39	50:30.5	16:18
224	2546	5321	HULSING, LISA	West Des Moines, IA	F	38	50:33.7	16:19
225	2553	5348	HOLM-SMITH, JACQUIE	Ankeny, IA	F	37	50:36.4	16:20
226	2562	450	KOOKER, JANA	Des Moines, IA	F	36	50:45.8	16:23
227	2565	12414	CAHALAN, JODI	West Des Moines, IA	F	37	50:47.1	16:23
228	2587	1705	NOBILING, LISA	Polk City, IA	F	37	50:58.0	16:26

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 35 - 39

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
229	2612	103	GRAFF, BETH	West Des Moines, IA	F	36	51:08.6	16:30
230	2652	6831	DORNACKER, PATTY	West Des Moines, IA	F	39	51:41.1	16:40
231	2674	13138	WIERSMUM, MICHELLE	West Des Moines, IA	F	38	51:52.0	16:44
232	2680	13731	CLEMSEN, JAN	West Des Moines, IA	F	37	51:54.1	16:45
233	2698	6856	HUEN, JOLENE	Norwalk, IA	F	37	52:03.3	16:48
234	2700	15003	POST, SHARON	Des Moines, IA	F	37	52:04.1	16:48
235	2714	2812	QUIRK, LISA	Des Moines, IA	F	39	52:11.1	16:50
236	2725	8194	WADDELL, JODI	Clive, IA	F	36	52:14.8	16:51
237	2726	9485	COLLINS, BRIDGET	Des Moines, IA	F	35	52:14.9	16:51
238	2734	7092	CRANE, KAREN	West Des Moines, IA	F	35	52:20.8	16:53
239	2738	175	THOMPSON, LAURIE	Urbandale, IA	F	35	52:25.4	16:55
240	2778	992	OTTEN, REGINA	Waukee, IA	F	35	52:44.3	17:01
241	2784	6053	PETERSON, KRISTI	Des Moines, IA	F	38	52:46.3	17:01
242	2824	742	TIPPY, TAMI	West Des Moines, IA	F	38	52:58.1	17:05
243	2843	3445	WASTENEY, BARB	Waukee, IA	F	38	53:07.0	17:08
244	2849	14609	FINNESTAD, DEB	Ankeny, IA	F	39	53:08.9	17:09
245	2850	5876	MOORE, SUSAN	Ankeny, IA	F	37	53:09.2	17:09
246	2884	6054	EDWARDS, KELLIE	Altoona, IA	F	39	53:22.5	17:13
247	2896	13331	BRIMEYER, JILL	Ankeny, IA	F	37	53:27.8	17:15
248	2910	15173	DAVIS, EVELYN	Des Moines, IA	F	38	53:33.0	17:16
249	2924	492	NEGRETE, CHERYL	Des Moines, IA	F	39	53:39.1	17:18
250	2939	895	DENCKLAY, JULIE	Ankeny, IA	F	37	53:44.3	17:20
251	2976	6235	WHITE, CHERI	Dallas Center, IA	F	39	53:57.2	17:24
252	2980	11276	KLYN, KRISTY	Grimes, IA	F	36	53:58.6	17:25
253	2989	9239	REAVES, SONJA	Des Moines, IA	F	35	54:02.2	17:26
254	3011	4306	MANN, ANGIE	Ankeny, IA	F	35	54:10.7	17:29
255	3015	4300	HIRSCH, SHEILA	Des Moines, IA	F	38	54:12.0	17:29
256	3039	4462	DALY, LAURA	Waukee, IA	F	38	54:20.5	17:32
257	3056	3660	ANDERSON, LYN	Des Moines, IA	F	36	54:28.2	17:34
258	3062	8200	ENGELHARDT, JANE	Waukee, IA	F	39	54:29.8	17:35
259	3072	13888	SHIMON, KRISTI	Des Moines, IA	F	38	54:33.4	17:36
260	3077	9095	DEE, KRIS	West Des Moines, IA	F	38	54:35.5	17:37
261	3081	9069	PORTO, TAVE	West Des Moines, IA	F	38	54:36.7	17:37
262	3088	9072	SQUIRE, ANN	Shawnee Mission, KS	F	39	54:38.8	17:38
263	3089	6974	LANE, COLLEEN	Williamsburg, IA	F	38	54:39.0	17:38
264	3091	3704	HOWARD, LISA	Clive, IA	F	39	54:40.0	17:38
265	3118	7630	TYLER, ANDREA	Urbandale, IA	F	37	54:48.9	17:41
266	3126	7629	LILIENTHAL, JILL	Urbandale, IA	F	35	54:52.2	17:42
267	3129	11324	HAGAN, NANCY	Urbandale, IA	F	38	54:53.2	17:42
268	3136	2544	PETERS, SERENA	Grimes, IA	F	39	54:56.3	17:43
269	3139	6971	ROBERTS, TAMMY	Williamsburg, IA	F	39	55:00.7	17:45
270	3142	196	GLASGOW, ANGELA	Grimes, IA	F	39	55:01.6	17:45
271	3143	2846	HERBERS, DEANNE	Urbandale, IA	F	36	55:02.0	17:45
272	3163	8201	HOCKMAN, JANE	Waukee, IA	F	39	55:11.0	17:48
273	3177	11278	HUTTON, SONIA	Saint Charles, IA	F	36	55:15.3	17:49
274	3178	11273	PARISH, SHELLEY	PLEASNAT HILL,	F	39	55:16.2	17:50
275	3209	13233	REINO, SOFIA	West Des Moines, IA	F	36	55:30.0	17:54
276	3211	13234	OSBERG, CARON	West Des Moines, IA	F	39	55:30.8	17:54
277	3217	8220	WILSON, LISA	West Des Moines, IA	F	35	55:33.2	17:55
278	3220	10718	EVERETT, MARSHA	Ankeny, IA	F	36	55:35.1	17:56
279	3236	14430	SCHWARTZ, JODIE	Urbandale, IA	F	38	55:42.4	17:58
280	3258	2195	SALIERS, CHARLOTTE	Urbandale, IA	F	38	55:54.6	18:02
281	3264	9527	KINGERY, ANGELA	Chariton, IA	F	35	55:57.1	18:03
282	3269	8055	HENRY, SANDY	Johnston, IA	F	37	55:59.3	18:04
283	3270	8056	WESTPHALEN, BETSY	Cedar Rapids, IA	F	38	55:59.9	18:04
284	3275	6236	NELSON, AIMEE	Des Moines, IA	F	35	56:02.4	18:05
285	3279	12576	WEBER, SABRINA	Collins, IA	F	35	56:05.0	18:05

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 35 - 39

Group	Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile	
	286	3281	1358	WHITE, SHARI	Ames, IA	F	39	56:05.7	18:06
	287	3292	4297	WEISZ, CINDY	Ankeny, IA	F	36	56:12.2	18:08
	288	3401	6136	MYERS, TINA	Adel, IA	F	38	56:59.7	18:23
	289	3416	289	FISHER, AIMEE	West Des Moines, IA	F	38	57:07.8	18:26
	290	3426	3431	TRIPLETT, ANNE	Urbandale, IA	F	37	57:12.8	18:27
	291	3442	12508	HOOK, AMY	Creston, IA	F	35	57:18.9	18:29
	292	3474	10215	WILSON, MICHELLE	BAD ZIPCODE, XX	F	35	57:34.4	18:34
	293	3504	12436	THAYER, KARLA	Urbandale, IA	F	38	57:46.8	18:38
	294	3520	7243	HODGES, SHANNON	Polk City, IA	F	37	57:52.0	18:40
	295	3521	14537	BENNETT, SHERRY	Urbandale, IA	F	39	57:52.6	18:40
	296	3523	8446	KEONGAM, KHAMPHONE	Des Moines, IA	F	38	57:53.0	18:40
	297	3594	3385	SIMMONS, HEIDI	Des Moines, IA	F	39	58:22.4	18:50
	298	3616	5179	DICKINSON, TRACY	Des Moines, IA	F	39	58:34.2	18:54
	299	3621	1883	PUNG, DEBBIE	Des Moines, IA	F	37	58:36.8	18:54
	300	3655	13406	AGEY, TAMMY	Des Moines, IA	F	37	58:45.6	18:57
	301	3688	8044	COMES, JULIE	Grimes, IA	F	39	58:54.6	19:00
	302	3713	299	SMITH, LAURA	Polk City, IA	F	37	59:02.3	19:03
	303	3715	10545	SMITH, LISA	Waukee, IA	F	39	59:02.9	19:03
	304	3716	4224	FOUREZ, KELLY	Polk City, IA	F	38	59:03.2	19:03
	305	3733	15008	SHEETS, KIM	Indianola, IA	F	38	59:08.1	19:05
	306	3737	3929	IKEDA, TERESA	Urbandale, IA	F	35	59:09.6	19:05
	307	3759	5501	MERTZ, JULIE	Grimes, IA	F	38	59:15.5	19:07
	308	3793	5825	MAGGARD, KRISTINE	Colfax, IA	F	37	59:27.5	19:11
	309	3800	7042	BROWN, ROXANNE	Rippey, IA	F	39	59:30.2	19:12
	310	3805	13894	BETHEL, SUE	Clive, IA	F	38	59:31.9	19:12
	311	3820	13856	HONNOLD, HOLLY	West Des Moines, IA	F	37	59:37.5	19:14
	312	3829	8732	KAMM, KARLA	Grimes, IA	F	37	59:41.4	19:15
	313	3832	4895	SHOOK, STEPHANIE	West Des Moines, IA	F	35	59:42.5	19:16
	314	3856	15296	STROUD, SUSIE	Des Moines, IA	F	35	59:53.1	19:19
	315	3857	5325	MEEKER, LORI	Urbandale, IA	F	39	59:53.1	19:19
	316	3858	3002	GRABER, SHELLEY	Des Moines, IA	F	39	59:53.8	19:19
	317	3861	13356	MALCOM, LESLIE	Altoona, IA	F	37	59:55.4	19:20
	318	3883	3544	VANCLEAVE, PATRICIA	Perry, IA	F	39	59:59.	19:21
	319	3898	7892	WINCHESTSER, DEBBIE	Urbandale, IA	F	38	59:59.	19:21
	320	3930	7952	LEON, THERESE	Des Moines, IA	F	37	59:59.	19:21
	321	3948	1171	NYHOLM, TERA	Ankeny, IA	F	37	01:00:00..	19:21
	322	3949	2310	STEGER, ANN	Des Moines, IA	F	35	01:00:00..	19:21
	323	3963	3396	HOFBAUER, MICHELLE	Ames, IA	F	36	01:00:00..	19:21
	324	3978	10437	KIELMAN, STACEY	Melbourne, IA	F	36	01:00:00..	19:21
	325	3988	2481	SCHOOLEY, KEELY	Urbandale, IA	F	39	01:00:00..	19:21
	326	4003	10829	DALY, LORI	Des Moines, IA	F	39	01:00:00..	19:21
	327	4004	4630	SIGNOR, MARY	Des Moines, IA	F	38	01:00:00..	19:21
	328	4046	10923	MURRELL, LILLIE	Des Moines, IA	F	38		
	329	4051	12792	FRAGALE, EVE	West Des Moines, IA	F	39		
	330	4059	12988	BUSSELL, MARNI	Des Moines, IA	F	39		
	331	4068	10539	PARKER, MICHELLE	Clive, IA	F	36		
	332	4102	10322	CONLIN, APRIL	Indianola, IA	F	36		
	333	4121	10338	HOLT, JULIE	Indianola, IA	F	37		
	334	4124	10196	DENNER, SHERRY	BAD ZIPCODE, XX	F	36		
	335	4151	3605	BIERY, RONDA	Collins, IA	F	37		
	336	4235	8131	BERRY, JULIE	Ankeny, IA	F	39		
	337	4243	5488	MORRIS, MERI	Grimes, IA	F	39		
	338	4263	11701	HAIGH, RENE	West Des Moines, IA	F	37		
	339	4265	13059	RATH, DENISE	West Des Moines, IA	F	39		
	340	4270	9122	RUSH, PAT	Des Moines, IA	F	37		
	341	4278	5843	STRONG, BRENDA	Malcom, IA	F	38		
	342	4298	4884	ALARCON, MARCIA	Des Moines, IA	F	38		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 35 - 39

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
343	4311	2657	ADAMS, CATHY	Urbandale, IA	F	35		
344	4327	2477	KEPHART, CRYSTAL	Des Moines, IA	F	37		
345	4352	7659	ODER, KELLY	Greenfield, IA	F	39		
346	4373	1882	FERIN, ELAINE	Saint Marys, IA	F	37		
347	4379	9023	SMITH, CARMEN	Ankeny, IA	F	36		
348	4383	9012	PETERSEN, SHEILA	Des Moines, IA	F	36		
349	4398	1202	LENSCH, DEANNA	Des Moines, IA	F	39		
350	4404	8298	ALBRIGHT, LIZ	Iowa City, IA	F	37		
351	4423	4165	HARVEY, MARI	PLEASNAT HILL,	F	39		
352	4441	3988	KNUDSEN, JULIE	Ankeny, IA	F	38		
353	4452	3381	MORRIS, LISA	West Des Moines, IA	F	37		
354	4457	6883	SCHMITH, KELLY	Des Moines, IA	F	35		
355	4467	1503	STAHL, JODI	West Des Moines, IA	F	35		
356	4478	8581	WALKER, JULIE	Adel, IA	F	36		
357	4479	13783	ASH, MICHELLE	Des Moines, IA	F	37		
358	4489	14439	BINZEN, MISHA	Chicago, IL	F	37		
359	4502	4786	YOUNG, LAURA	Des Moines, IA	F	38		
360	4510	7439	QUIJANO, MAGGIE	Des Moines, IA	F	39		
361	4513	7158	MAIERS, STEPHANIE	Urbandale, IA	F	35		
362	4523	7157	HUFFAKER, WENDY	Des Moines, IA	F	38		
363	4538	9982	VANVLIET, TERESA	Pella, IA	F	38		
364	4555	5304	HOSKINS, CHRISTINE	Des Moines, IA	F	36		
365	4563	12526	YOUNGWIRTH, DIANA	Des Moines, IA	F	39		
366	4581	490	VOS, ANGELA	Granger, IA	F	37		
367	4582	12715	THOMAS, CHELSEA	BAD ZIPCODE, XX	F	38		
368	4585	11598	VAN ERDEWYK, SUSAN	West Des Moines, IA	F	36		
369	4586	13887	CORY, MONICA	Granger, IA	F	36		
370	4610	5609	RICHMOND, KRISTA	Clive, IA	F	36		
371	4614	3206	BONNETT, DENISE	Des Moines, IA	F	39		
372	4617	6525	FRAKER, TERESA	Davenport, IA	F	36		
373	4625	2342	GARTON, SAMARA	Ankeny, IA	F	35		
374	4635	561	JOHNSON, KATIE	Bondurant, IA	F	36		
375	4645	7353	ELLINGSON, STEPHANIE	Washington, IA	F	36		
376	4653	8328	NEIGHBOUR, JENNY	Ankeny, IA	F	36		
377	4654	8326	MARUTH, CINDY	Ankeny, IA	F	38		
378	4661	12931	BRUXVOORT, RHONDA	Des Moines, IA	F	36		
379	4663	12074	BYNUM, BARBARA	Des Moines, IA	F	39		
380	4664	12075	DALTON, SARAH	Des Moines, IA	F	39		
381	4679	13565	COATES, LISA	Badger, IA	F	39		
382	4687	15083	DUSSELIER, LAURI	Ames, IA	F	36		
383	4705	560	WAGLER, HEIDI	Crawfordsville, IA	F	39		
384	4715	4460	STUBBS, JULIE	Des Moines, IA	F	39		
385	4732	8673	FORESMAN, VICKY	Des Moines, IA	F	36		
386	4744	11740	MINER, BECKY	Indianola, IA	F	36		
387	4757	5446	PFANNEBECKER, MARDI	Urbandale, IA	F	35		
388	4768	3721	EILANDER, MISSY	Prairie City, IA	F	38		
389	4819	3740	MUNFORD, DARCI	Madrid, IA	F	37		
390	4820	12580	GRABAU, SAUNDRA	Gilbert, IA	F	38		
391	4829	6512	MILLER, DEB	Urbandale, IA	F	35		
392	4883	15313	STREUFERT, ANN	Decorah, IA	F	37		
393	4915	3952	GRIFFITHS, DARLA	West Des Moines, IA	F	39		
394	4932	8894	SWEET, DEBBIE	Mitchellville, IA	F	37		
395	4938	8891	HINZE, BECKY	Runnells, IA	F	35		
396	4946	10208	ANDERSON, SUE	BAD ZIPCODE, XX	F	39		
397	4960	15374	JOHNSTON, LORI	Des Moines, IA	F	37		
398	5069	3274	TALLEY, TINA	Clive, IA	F	35		
399	5130	496	VAN DER KAMP, STEPHANIE	Ankeny, IA	F	37		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 35 - 39

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
400	5186	9123	WICKER, DAWN	Des Moines, IA	F	36		
401	5193	9121	RUSH, TERESA	Des Moines, IA	F	36		
402	5212	11591	FITZPATRICK, DAWN	Iowa City, IA	F	36		
403	5224	3456	GAMBRALL, STARR	Grimes, IA	F	35		
404	5227	3509	MILLS, SHAWNEE	Cumming, IA	F	39		
405	5228	12038	LANE, PAM	Ankeny, IA	F	37		
406	5229	8037	KRALIK, WENDY	Altoona, IA	F	35		
407	5241	10299	JUTTING, MELODY	Hartford, IA	F	37		
408	5255	12602	MOORE, KIM	Ames, IA	F	36		
409	5281	10952	SANFORD, JENNIFER	Runnells, IA	F	39		
410	5282	4799	CRIVARO, HOLLY	Des Moines, IA	F	35		
411	5287	10316	BABER, BARB	Indianola, IA	F	38		
412	5290	10334	EDGINGTON, KRISTIN	Indianola, IA	F	36		
413	5294	9039	ANDERSON, JEANNE	Johnston, IA	F	38		
414	5304	6745	BASS, SONJIA	Indianola, IA	F	38		
415	5309	12041	SCHNELL, PAULA	Ankeny, IA	F	38		
416	5318	1470	NOSTWICH, SALLIE	Ames, IA	F	38		
417	5324	9961	JORGENSEN, JULIE	West Des Moines, IA	F	35		
418	5326	7700	MCNEER, BECKY	Newton, IA	F	37		
419	5381	12725	TICHY, BELINDA	State Center, IA	F	35		
420	5393	4086	BONNSTETTER, GAIL	Gilmore City, IA	F	35		
421	5414	7783	WITTICK, TRICIA	Ankeny, IA	F	35		
422	5425	12751	PERDUE, MICHELE	Cumming, IA	F	37		
423	5436	2765	MACGREGOR, MELISSA	Urbandale, IA	F	37		
424	5455	6075	SWIFT, PAULA	Urbandale, IA	F	36		
425	5478	2535	FOSTER, DEANNA	Ankeny, IA	F	39		
426	5479	11921	NOYES, CAROL	Urbandale, IA	F	35		
427	5503	5831	ANDERSON, KAREN	Lohrville, IA	F	36		
428	5521	10317	WRIGHT, CHRIS	Indianola, IA	F	39		
429	5531	3584	CLARK, KATHY	Prairie City, IA	F	36		
430	5550	9787	GHRIST, SARA	Des Moines, IA	F	37		
431	5554	12565	DENIN, ELIZABETH	Ankeny, IA	F	35		
432	5598	15336	MOORE, MARY	Des Moines, IA	F	38		
433	5599	10585	STEWART, KIMBERLY	Des Moines, IA	F	36		
434	5608	2081	TOBIN, TERESA	Nashua, IA	F	38		
435	5612	11800	LOHNER, JENNY	Norwalk, IA	F	36		
436	5621	498	KELLER, CONNIE	Saint Charles, IA	F	36		
437	5622	8933	ANDERSON, MICHELLE	Elkhart, IA	F	35		
438	5638	12548	NEIGHBORS, STACY	Grinnell, IA	F	35		
439	5640	9111	STONE, WENDY	Des Moines, IA	F	38		
440	5691	13733	SHETTERLY, KATHY	Grimes, IA	F	35		
441	5694	3340	MC CONVILLE, SUE	Urbandale, IA	F	39		
442	5695	1870	DOUGLAS, SUSAN	PLEASNAT HILL,	F	35		
443	5702	3203	MATTHEWS, MICHELLE	Des Moines, IA	F	35		
444	5729	11693	HAIWICK, LEANNE	Ankeny, IA	F	35		
445	5780	3643	ELLIOTT, ANGIE	Cumming, IA	F	39		
446	5793	8112	EGINOIRE, DAWN	Des Moines, IA	F	37		
447	5823	5086	BURKHART, BARB	Granger, IA	F	38		
448	5878	3994	STEWART, AMY	Clive, IA	F	37		
449	5893	5269	LEONARD, DAWN	Cedar Rapids, IA	F	37		
450	5901	6243	KING, KARA	Carlisle, IA	F	35		
451	5924	428	GROET, CONNIE	Oskaloosa, IA	F	37		
452	5925	5295	STRASSER, CARMA	Oskaloosa, IA	F	35		
453	5928	14	PARIS, BARBE	Marion, IA	F	35		
454	5938	4617	NICKERSON, LISA	Van Meter, IA	F	39		
455	5940	1946	KINLEY, MARY	Waukee, IA	F	39		
456	5974	13663	ADAIR, SUSAN	West Des Moines, IA	F	36		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 35 - 39

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
457	5975	8738	HOPKINS, ANGELA	Johnston, IA	F	37		
458	5976	8737	KOUNKEL, VALERIE	Johnston, IA	F	35		
459	6000	254	CRUZ, IRENE	Prairie City, IA	F	35		
460	6008	7866	LARSON, KIRSTEN	Des Moines, IA	F	38		
461	6012	1201	DAY, KIMBERLEY	West Des Moines, IA	F	37		
462	6021	1409	FRANK, BETH	Indianola, IA	F	38		
463	6027	9654	FATINO, DEB	Indianola, IA	F	37		
464	6063	7387	MESSERLI, JOLENE	Nevada, IA	F	35		
465	6071	15156	BURNSIDE, HEATHER	West Des Moines, IA	F	35		
466	6073	1029	FALES-WILLIAMS, MANDY	Ames, IA	F	36		
467	6077	3234	BRUSH, MELISSA	Clive, IA	F	35		
468	6078	3249	GULBRANSON, AMY	Clive, IA	F	37		
469	6080	8751	HEER, HOLLY MICHE	Des Moines, IA	F	38		
470	6106	394	SMAJD, SHIRLEY	Ankeny, IA	F	38		
471	6112	12280	FOLDES, MARY	Johnston, IA	F	39		
472	6159	8557	WEDEMEYER, MARY	Des Moines, IA	F	35		
473	6169	7623	BERTE, MELINDA	Des Moines, IA	F	39		
474	6185	7101	THOMPSON, SHARON	Des Moines, IA	F	35		
475	6189	11476	MOST, CECELIA	Rippey, IA	F	36		
476	6201	4133	HOADLEY, DEBBIE	Des Moines, IA	F	35		
477	6204	11475	MARTIN, CYNTHIA	Des Moines, IA	F	38		
478	6213	15413	KHETEK, ANNE	West Des Moines, IA	F	35		
479	6215	547	MILBOURN, ELLIE	Cameron, MO	F	37		
480	6246	11854	JURGENSMEIER, TRACEY	West Des Moines, IA	F	38		
481	6248	11320	WIELAND, LISA	Johnston, IA	F	37		
482	6250	724	JANECEK, SHARI	Wayland, IA	F	39		
483	6251	2521	ROTH, MARIA	Wayland, IA	F	39		
484	6252	14273	PORTEL, LISA	Urbandale, IA	F	39		
485	6262	13903	HAGAN, MALISA	Urbandale, IA	F	38		
486	6290	12686	KEENEN, KAREN	Cambridge, IA	F	36		
487	6329	4386	BROWN, DEBBY	Prairie City, IA	F	36		
488	6341	8324	MURPHY, BONNIE	Ankeny, IA	F	37		
489	6343	5852	GUNHUS, JANENE	Johnston, IA	F	38		
490	6348	9899	JACOBSEN, TERESA	Indianola, IA	F	39		
491	6365	11808	HOFLAND, AMY	Dallas Center, IA	F	36		
492	6379	12628	OTTO, LAURIE	Des Moines, IA	F	39		
493	6380	13102	LEE, REBECCA	Ankeny, IA	F	37		
494	6392	5417	JAMES, DONNA	West Des Moines, IA	F	36		
495	6412	10609	BAUCOM, RUTH	Indianola, IA	F	39		
496	6420	3865	RODRIGUEZ, CARMEN	Urbandale, IA	F	38		
497	6425	12723	RICHARDSON, DONNA	Des Moines, IA	F	37		
498	6427	3245	HUYCK, JENIFER	Grimes, IA	F	39		
499	6443	9540	FORMARO, LISA	Ankeny, IA	F	37		
500	6473	3082	FRIESTAD, KRISTINE	Johnston, IA	F	35		
501	6500	12588	MCKAY, JENNIFER	Des Moines, IA	F	36		
502	6511	9253	GARDINER, NICOLE	Urbandale, IA	F	39		
503	6517	273	ANDERSON, BARB	Clive, IA	F	37		
504	6527	13176	ROBERTSON, SHELLIE	Des Moines, IA	F	38		
505	6538	10352	ROSEMAN, JULIE	Johnston, IA	F	35		
506	6539	752	WHIPPLE, KAY	Indianola, IA	F	38		
507	6555	12475	GILMORE, JILL	Des Moines, IA	F	36		
508	6558	656	DIVEN, CARMEN	Cameron, MO	F	38		
509	6596	4497	FREY, KARA	Des Moines, IA	F	39		
510	6611	7455	WITMER, ANGIE	Des Moines, IA	F	38		
511	6640	8436	LINCOLN, STACY	Des Moines, IA	F	38		
512	6643	4166	MCDONALD, SHERRI	Knoxville, IA	F	35		
513	6656	760	HAAG, BETH	Urbandale, IA	F	37		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 35 - 39

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
514	6662	8710	WIEDNER, WENDY	Granger, IA	F	35		
515	6676	3611	RUCHTI, BECKY	Des Moines, IA	F	36		
516	6694	7343	LYTTLE, KIMBERLY	Nevada, IA	F	35		
517	6697	7339	JOHNSON, SANDY	Nevada, IA	F	35		
518	6705	10296	CURTIS, LORI	Carlisle, IA	F	39		
519	6717	8677	DECARLO, KELLY	Urbandale, IA	F	35		
520	6718	8676	FINLEY, JACQUELYN	Johnston, IA	F	35		
521	6719	6847	FLANERY, CHRIS	Altoona, IA	F	35		
522	6723	6869	DURST, KIM	Guthrie Center, IA	F	37		
523	6724	17	JENSEN, TESS	Ankeny, IA	F	36		
524	6735	4555	VEIGULIS, KIMBERLY	Des Moines, IA	F	36		
525	6742	8501	SCHMIDT, KRISTA	West Des Moines, IA	F	37		
526	6763	12153	WAYMIRE, ANNE	Urbandale, IA	F	36		
527	6766	3189	AMRINE, RACHEL	Des Moines, IA	F	36		
528	6775	2412	SHUPE, DENNICE	Ankeny, IA	F	38		
529	6808	1197	DELANEY, SANDRA	Des Moines, IA	F	36		
530	6809	12080	DEN ADEL, WENDY	Ankeny, IA	F	35		
531	6811	1215	PITTS, SHERRY	Maryville, MO	F	37		
532	6828	1636	SWANSON, SANDI	Mount Ayr, IA	F	39		
533	6831	6151	SNYDER, HEATHER	Ankeny, IA	F	37		
534	6841	6095	ZOBEL, BRENDA	Elkhart, IA	F	39		
535	6869	2331	BURKMAN, RUTHANN	Albia, IA	F	38		
536	6889	9857	MCCARTNEY, DEBBIE	Cumming, IA	F	37		
537	6894	7951	LEON, LIZ	Des Moines, IA	F	38		
538	6898	12148	O DONNELL, ANGELA	Des Moines, IA	F	35		
539	6902	2864	SIMPSON, CINDY	Norwalk, IA	F	37		
540	6957	647	HELMS, TERI	Johnston, IA	F	37		
541	6972	10722	DREW, AMY	Huxley, IA	F	38		
542	6977	6863	STENSETH, MISSY	Altoona, IA	F	38		
543	6992	15245	MURTLE, SHERRY	Des Moines, IA	F	36		
544	6995	1322	GELINA, NICOLE	Waukee, IA	F	36		
545	7006	7875	ALBERTSON, KRISTINE	West Des Moines, IA	F	38		
546	7007	7939	FARRELL, ANNE	Urbandale, IA	F	39		
547	7017	11227	SWANSON, MINDY	Elgin, IL	F	39		
548	7020	11229	WARD, BAMBI	Sycamore, IL	F	36		
549	7026	5737	RISEN-CARLSON, SHEILA	Stratford, IA	F	37		
550	7040	2612	FULLER, LISA	BAD ZIPCODE, XX	F	35		
551	7041	9877	MC CONNELL, JILL	Indianola, IA	F	39		
552	7042	9880	KOLLASCH, KERRY	Indianola, IA	F	37		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 40 - 44

Group	Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile
1	53	9197	SCHARF, VICKI	West Des Moines, IA	F	44	20:32.0	6:37
2	155	5470	STILBORN, HEATHER	Clive, IA	F	41	22:26.2	7:14
3	228	4292	LINDE, BARB	Waukee, IA	F	44	23:36.0	7:37
4	264	901	LITSCHER, CAROL	West Des Moines, IA	F	43	24:03.6	7:46
5	286	14073	WIRTZ, LAURIE	Waukee, IA	F	42	24:17.9	7:50
6	295	12771	HOLBROOK, DEANNA	Cedar Rapids, IA	F	44	24:22.1	7:52
7	339	373	JASS, MARGIE	Ankeny, IA	F	43	24:48.8	8:00
8	349	10461	GENESER, SHERRI	Granger, IA	F	43	24:57.6	8:03
9	358	6392	HALE, JULIE	Des Moines, IA	F	42	25:02.2	8:05
10	361	8701	SPIKES, MARGARET	Polk City, IA	F	43	25:04.4	8:05
11	363	1948	MCQUISTON, LORI	Maxwell, IA	F	41	25:05.3	8:06
12	370	199	BAUER, KRISTIE	Des Moines, IA	F	44	25:09.8	8:07
13	371	4081	SANDON, KIRSTY	Clive, IA	F	40	25:10.0	8:07
14	395	12786	ROTHFUS, BARBARA	Grimes, IA	F	42	25:27.6	8:13
15	429	15159	JONES, DEBRA	Milford, IA	F	43	25:47.7	8:19
16	436	3268	ENGBLOM, CATHERINE	Grimes, IA	F	41	25:51.8	8:21
17	454	10557	WILKERSON, LYNN	Adel, IA	F	42	26:00.1	8:23
18	458	10938	PEDDY, KAY	Ankeny, IA	F	44	26:02.3	8:24
19	485	8509	BROWN, STACEY	PLEASNAT HILL,	F	40	26:15.7	8:28
20	488	8525	CAMPBELL, REBECCA	Grimes, IA	F	42	26:17.9	8:29
21	518	15044	KIENER, MARY	West Des Moines, IA	F	44	26:28.4	8:32
22	520	11449	LARSEN, CARLA	Johnston, IA	F	41	26:28.8	8:33
23	540	2887	ROYSE, ROBERTA	West Des Moines, IA	F	43	26:38.3	8:36
24	572	3429	MILLER, BETH	Urbandale, IA	F	44	26:52.1	8:40
25	628	2741	FOLLMANN, MONA	Stanhope, IA	F	42	27:19.3	8:49
26	651	1835	HOWARD, CHERYL	Ankeny, IA	F	41	27:28.1	8:52
27	667	10142	EVANS, TRACEY	Creston, IA	F	40	27:33.0	8:53
28	697	193	MINER, CHRISTEL	Urbandale, IA	F	44	27:48.6	8:58
29	710	10267	WALKUP, SHARON	Des Moines, IA	F	40	27:59.1	9:02
30	711	3119	PEACOCK, VALLERIE	Eldora, IA	F	42	27:59.7	9:02
31	730	2119	ERDAHL, GAIL	Ankeny, IA	F	42	28:10.4	9:05
32	735	11311	MACKEY, JAN	Johnston, IA	F	44	28:11.8	9:06
33	737	15312	LUKSUM, CAROL	BAD ZIPCODE, XX	F	42	28:12.0	9:06
34	742	7172	DAVIS, DEB	Johnston, IA	F	40	28:13.5	9:06
35	748	13838	HUEWE, JUNE	Urbandale, IA	F	44	28:15.5	9:07
36	750	4797	DOLSON, PEGGY	Ankeny, IA	F	40	28:16.5	9:07
37	779	1776	NEAL, JULIE	Jefferson, IA	F	40	28:27.6	9:11
38	781	15289	HALL, SARAH	Adel, IA	F	40	28:28.2	9:11
39	782	1462	WALL, COLETTE	Ankeny, IA	F	44	28:28.7	9:11
40	841	5648	SCHLEIF, PAMELA	Shakopee, MN	F	43	28:58.9	9:21
41	855	9532	ELLIS, GAYLE	Des Moines, IA	F	40	29:04.2	9:23
42	916	1685	FLATNESS, ANN	Ankeny, IA	F	41	29:28.7	9:31
43	926	312	MAUGHAN, KRISTEN	Story City, IA	F	42	29:35.6	9:33
44	964	988	SEIBERT, JANINE	Granger, IA	F	43	29:52.0	9:38
45	980	2739	COSNER, LIZ	Urbandale, IA	F	41	29:57.7	9:40
46	986	2719	BARR, AMY	Ames, IA	F	41	30:00.0	9:41
47	990	1123	DAYTON, NANCY	Des Moines, IA	F	40	30:01.9	9:41
48	1014	3101	MADSN, SHEILA	Jefferson, IA	F	41	30:12.6	9:45
49	1023	5407	HAYES, CAROLINE	Ames, IA	F	43	30:17.1	9:46
50	1041	11601	PORTER, THERESA	Des Moines, IA	F	40	30:24.1	9:48
51	1070	11000	LENTZ, CINDY	Polk City, IA	F	41	30:34.0	9:52
52	1074	3505	HALTOM, MARLA	Des Moines, IA	F	43	30:35.6	9:52
53	1077	5309	HICKMAN, SHARLA	Altoona, IA	F	40	30:36.5	9:52
54	1086	15119	NELSON, TERI	Johnston, IA	F	40	30:41.4	9:54
55	1119	13590	LONG, MARGARET	Des Moines, IA	F	41	30:52.7	9:58
56	1126	867	EVANS, CATHY	Urbandale, IA	F	41	30:55.2	9:58
57	1135	7726	MITCHELL, RUTH	West Des Moines, IA	F	42	30:58.1	9:59

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 40 - 44

Group	Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile	
	58	1136	15058	CANNON, JENNIFER	West Des Moines, IA	F	42	30:58.5	10:00
	59	1138	1931	OWENSON, JENIFER	Des Moines, IA	F	40	31:00.3	10:00
	60	1146	9757	MYER, HEATHER	Des Moines, IA	F	40	31:02.7	10:01
	61	1164	5596	HOLZ, SHANNON	Cumming, IA	F	41	31:07.8	10:03
	62	1204	1354	BASS, KARLA	Altoona, IA	F	42	31:22.0	10:07
	63	1213	220	FLAHERTY, SUE	De Soto, IA	F	40	31:26.8	10:09
	64	1224	2155	KRUGLER, BARB	Adel, IA	F	43	31:35.3	10:11
	65	1246	9330	ANDERSON, BARBARA	Des Moines, IA	F	42	31:47.5	10:15
	66	1250	9339	HEISTERKAMP, PAT	Sioux City, IA	F	43	31:48.5	10:16
	67	1252	10243	PLUNKETT, BECKI	West Des Moines, IA	F	43	31:49.0	10:16
	68	1253	13145	COURTNEY, STEPH	Des Moines, IA	F	41	31:49.7	10:16
	69	1261	14144	BOTT, VICKI	Clive, IA	F	40	31:53.4	10:17
	70	1280	5115	DIGMAN, LAURA	West Des Moines, IA	F	41	31:59.5	10:19
	71	1283	6281	KNIGHT, CYNTHIA	Ankeny, IA	F	42	32:00.4	10:20
	72	1284	383	BOLLARD, BETTY	Pella, IA	F	42	32:00.9	10:20
	73	1289	3451	ROSKAMP, JOLEEN	Johnston, IA	F	40	32:02.3	10:20
	74	1313	13323	MUNRO, MARY	Urbandale, IA	F	42	32:12.2	10:23
	75	1315	3389	LEE, LIZ	Urbandale, IA	F	43	32:13.2	10:24
	76	1324	6818	SMITH, LORI	Indianola, IA	F	43	32:16.4	10:25
	77	1331	7697	LANE, ROXY	Newton, IA	F	42	32:18.3	10:25
	78	1352	2436	BAKER, DEBRA	Urbandale, IA	F	43	32:29.5	10:29
	79	1394	9071	FLOOD, ANN	Des Moines, IA	F	40	32:52.0	10:36
	80	1398	9077	DONNELLY, JANET	West Des Moines, IA	F	44	32:53.4	10:37
	81	1406	2569	RAYGOR, STACY	Des Moines, IA	F	41	32:56.7	10:38
	82	1407	4575	HEFNER, ERIN	Urbandale, IA	F	43	32:57.2	10:38
	83	1429	11843	SELINGER, SARAH	Urbandale, IA	F	42	33:04.8	10:40
	84	1430	582	PERNETTI, CHRISTINE	Homestead, IA	F	44	33:04.9	10:40
	85	1433	11929	PAPS, CHERYL	Des Moines, IA	F	44	33:06.5	10:41
	86	1455	3068	BRANDT, MONICA	Indianola, IA	F	41	33:14.7	10:43
	87	1459	3067	LANGMAID, DEANNE	YARMOUTH, ME	F	40	33:15.9	10:44
	88	1466	12816	HORSTMANN, MARY	Altoona, IA	F	42	33:18.9	10:45
	89	1479	12	PEARSON, TERRI	Newton, IA	F	42	33:24.6	10:47
	90	1481	541	WASKOW, CHERYL	Newton, IA	F	41	33:26.5	10:47
	91	1517	569	LILLIG, JONI	Grimes, IA	F	42	33:45.8	10:54
	92	1520	11545	ROERIG, LEIGH	Des Moines, IA	F	40	33:47.2	10:54
	93	1521	4829	REEVES, CHARLINN RE	Ankeny, IA	F	44	33:47.7	10:54
	94	1529	290	SAFRIS, KAREN	Des Moines, IA	F	44	33:50.9	10:55
	95	1540	660	TUTTLE, ROBIN	Johnston, IA	F	43	33:54.6	10:56
	96	1568	3301	COPELAND, VICKI	Jefferson, IA	F	44	34:05.6	11:00
	97	1571	4439	OORDT, KONNIE	West Des Moines, IA	F	43	34:08.4	11:01
	98	1573	9558	INGLE, BRENDA	Ankeny, IA	F	40	34:10.2	11:01
	99	1576	6365	OBRECHT, CATHY	Winterset, IA	F	42	34:11.1	11:02
	100	1578	8021	MC INTYRE, VAL	Urbandale, IA	F	44	34:11.6	11:02
	101	1582	10221	CAPONI, MARY LETIZI	BAD ZIPCODE, XX	F	42	34:14.3	11:03
	102	1599	4471	DICKINSON, DIANA	Des Moines, IA	F	43	34:26.9	11:07
	103	1603	14072	JOHNSON, MARTHA	BAD ZIPCODE, XX	F	40	34:28.2	11:07
	104	1670	11493	SELANDER, BECKY	Des Moines, IA	F	44	35:03.3	11:18
	105	1678	12919	JONES, JEAN	Des Moines, IA	F	44	35:11.4	11:21
	106	1685	1775	HEMPHILL, CAROL	Urbandale, IA	F	40	35:19.4	11:24
	107	1701	8508	GEE, CLARE	West Des Moines, IA	F	41	35:32.1	11:28
	108	1702	581	HARMS, JUDY	Waukee, IA	F	40	35:34.1	11:28
	109	1708	14296	NIFFENEGGER, LYNDA	West Des Moines, IA	F	42	35:38.2	11:30
	110	1718	8438	HORSMAN, BRENDA	Pleasantville, IA	F	43	35:43.0	11:31
	111	1721	570	REAVIS, CINDY	Waukee, IA	F	40	35:44.8	11:32
	112	1722	533	BAKER, LAURA	Waukee, IA	F	40	35:45.7	11:32
	113	1739	5265	ROBERTS, LYNNE	West Des Moines, IA	F	41	36:02.2	11:38
	114	1744	1035	HOLDEN, SUE	Des Moines, IA	F	40	36:07.4	11:39

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 40 - 44

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
115	1749	4628	SAVAGE, LAURA	Johnston, IA	F	40	36:11.7	11:41
116	1754	3533	JONES, JANINE	Clive, IA	F	42	36:17.8	11:43
117	1772	11780	SCHUCK, JULIE	Urbandale, IA	F	42	36:29.9	11:46
118	1788	5267	BASS, JODY	Grimes, IA	F	43	36:51.3	11:53
119	1790	10990	HAGEDORN, RACHAEL	Des Moines, IA	F	41	36:53.0	11:54
120	1793	12477	ISENHART, DEB	Urbandale, IA	F	44	36:55.1	11:55
121	1794	13152	BUTLER, CHRISTINE	Des Moines, IA	F	43	36:55.7	11:55
122	1819	4945	REINHARDT, TONJA	Des Moines, IA	F	40	37:34.9	12:07
123	1821	15064	DRAAYER, MARY	Ankeny, IA	F	42	37:35.6	12:08
124	1827	12192	ERBES, JENNIFER	Conrad, IA	F	41	37:39.8	12:09
125	1852	4374	NILSSON-HALDER, LIZ	Ankeny, IA	F	40	38:05.7	12:17
126	1859	13665	WEIS, MONICA	Creston, IA	F	44	38:09.3	12:19
127	1872	1678	PHELAN, FRANCI	Maxwell, IA	F	42	38:26.8	12:24
128	1873	1677	PHELAN, LAURIE	Maxwell, IA	F	43	38:28.3	12:25
129	1874	1293	MARKEY, MINDY	Des Moines, IA	F	40	38:31.2	12:26
130	1892	6977	GREENE, AMY	Deep River, IA	F	43	38:46.7	12:31
131	1895	2664	ENGELKEN, JULIE	Des Moines, IA	F	40	38:48.0	12:31
132	1917	5126	BARSETTI, RITA	West Des Moines, IA	F	42	39:07.3	12:37
133	1933	2079	NEWMAN, LISA	West Des Moines, IA	F	42	39:24.5	12:43
134	1943	11782	CRAIG, MICHELLE	Waterloo, IA	F	42	39:47.5	12:50
135	1944	10751	LEWIS, KERI	West Des Moines, IA	F	41	39:49.8	12:51
136	1957	1855	MUNDY, NANCY	Des Moines, IA	F	43	40:10.3	12:58
137	1960	3041	DUDLEY, DINA	Des Moines, IA	F	43	40:12.2	12:58
138	1964	11972	HELM, CARYN	Altoona, IA	F	41	40:14.4	12:59
139	1973	1096	MARTIN, PAULA	Grimes, IA	F	41	40:35.1	13:06
140	1976	2868	WILLIAMS, LAURIE	Tama, IA	F	43	40:36.6	13:06
141	2020	12668	DROESSLER, SUSAN	Des Moines, IA	F	43	41:56.3	13:32
142	2022	10462	LEVENHAGEN, MICHELLE	Grimes, IA	F	43	42:00.6	13:33
143	2043	9871	SLINKER, KATHY	Indianola, IA	F	42	42:42.2	13:47
144	2047	8475	KIPP, DARLA	Johnston, IA	F	40	42:51.5	13:50
145	2052	3227	BAXTER, TINA	Des Moines, IA	F	40	42:59.9	13:52
146	2053	8506	MEENAGH, CINDY	Cumming, IA	F	43	43:01.2	13:53
147	2074	1316	GETTMAN, PENNY	West Des Moines, IA	F	41	43:47.6	14:08
148	2079	13676	KUNZE, JULIE	Waukee, IA	F	42	43:51.0	14:09
149	2094	10531	HARRY, LORA	Clive, IA	F	40	44:11.3	14:15
150	2103	14020	COPE, DENISE	West Des Moines, IA	F	40	44:26.7	14:20
151	2110	13221	WISNER, ALICE	West Des Moines, IA	F	42	44:34.4	14:23
152	2123	5013	GUST, LINDA	CLIVE, IA	F	41	44:44.7	14:26
153	2132	8486	HIATT, KIM	Johnston, IA	F	40	44:52.1	14:28
154	2136	10602	PATTERSON, CHRISTI	Colo, IA	F	41	44:53.7	14:29
155	2140	670	BUTLER, KIMBERLY	Urbandale, IA	F	40	44:56.8	14:30
156	2157	3384	JOHNSTON, DEBRA	West Des Moines, IA	F	43	45:07.2	14:33
157	2171	6042	DENNY, ROSE	Johnston, IA	F	41	45:21.7	14:38
158	2172	10702	CONN, KATHLEEN	Johnston, IA	F	44	45:22.2	14:38
159	2218	14255	ECHTERLING, MARY	Dallas Center, IA	F	40	46:16.3	14:56
160	2232	13699	MCCUNE, JODY	Woodward, IA	F	43	46:43.4	15:04
161	2244	12756	CHANCE, DIANNE	Des Moines, IA	F	43	46:58.4	15:09
162	2246	3893	WOOD, JAN	West Des Moines, IA	F	44	47:00.3	15:10
163	2250	14009	CHANDLER, SHELLY	Urbandale, IA	F	44	47:06.9	15:12
164	2274	294	TYSKLIND, KATHY	West Des Moines, IA	F	44	47:23.2	15:17
165	2285	1903	WILLIS, JULIE	Colo, IA	F	41	47:31.1	15:20
166	2288	2515	ALLMON, LISA	Urbandale, IA	F	41	47:34.1	15:21
167	2311	12023	SCHNEIDER, ALISA	West Des Moines, IA	F	44	47:54.4	15:27
168	2323	13759	VITZTHUN, KATHY	BAD ZIPCODE, XX	F	41	48:06.6	15:31
169	2326	8059	PARRY, JOY	Johnston, IA	F	44	48:08.3	15:32
170	2346	7356	BORTON, TRACY	Nevada, IA	F	42	48:30.5	15:39
171	2353	3138	PRESCOTT, MARY	Ankeny, IA	F	42	48:34.8	15:40

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 40 - 44

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
172	2381	2710	COEN, CONNIE	Creston, IA	F	44	48:49.8	15:45
173	2385	2052	CHAPMAN, LISA	Des Moines, IA	F	42	48:52.5	15:46
174	2392	7288	HAMMER, CINDY	Urbandale, IA	F	42	48:55.5	15:47
175	2397	5808	GLENN, JEANNE	PLEASNAT HILL,	F	44	48:57.0	15:47
176	2406	12747	CONNER, CAROL	Winterset, IA	F	43	49:01.3	15:49
177	2417	13951	BLACHFORD, LORI	Des Moines, IA	F	40	49:05.2	15:50
178	2418	13717	CHAMBERS, RUTH	Des Moines, IA	F	40	49:06.3	15:50
179	2419	1766	GEE, DAWN	Des Moines, IA	F	40	49:06.8	15:51
180	2429	1062	CHAMBERS, COLEEN	Des Moines, IA	F	41	49:15.5	15:53
181	2430	13674	MORRIS, MARILEA	Waukee, IA	F	44	49:16.6	15:54
182	2441	8788	HOLZWORTH, SHEILA	Urbandale, IA	F	43	49:26.7	15:57
183	2442	7022	SMITH, SHAWN	Clive, IA	F	44	49:27.2	15:57
184	2455	259	MCDOWELL, KIM	Urbandale, IA	F	44	49:34.4	15:59
185	2473	4835	HARTMAN, CHRIS	Ankeny, IA	F	41	49:43.8	16:03
186	2489	2114	SNYDER, RHONDA	Ankeny, IA	F	41	50:03.5	16:09
187	2495	677	DAHLSTROM, JILL	Packwood, IA	F	40	50:09.6	16:11
188	2497	15268	DAUGHENBAUGH, SARA	Greenfield, IA	F	44	50:11.0	16:11
189	2514	13139	MOLL, MARA	Clive, IA	F	40	50:19.4	16:14
190	2521	10062	MIELK, CAROLYN	Des Moines, IA	F	40	50:22.5	16:15
191	2523	14113	COX, AMY	Des Moines, IA	F	41	50:23.4	16:15
192	2527	10066	MONTGOMERY, TRACY	Chelsea, IA	F	40	50:24.8	16:16
193	2528	10065	RYAN, JULIE	Ankeny, IA	F	44	50:25.5	16:16
194	2532	10423	SMITH, TAMI	Marshalltown, IA	F	43	50:27.6	16:17
195	2547	8399	THORNTON, LYNNE	Ankeny, IA	F	40	50:33.8	16:19
196	2570	9839	TUCKER, CHERYL	Knoxville, IA	F	44	50:50.9	16:24
197	2578	2146	MILLIGAN, MARY	Ankeny, IA	F	42	50:53.3	16:25
198	2581	917	STROHECKER, CAROL	Ankeny, IA	F	42	50:54.5	16:25
199	2599	1541	KINGKADE, ROSE	Des Moines, IA	F	44	51:05.0	16:29
200	2601	914	SCHMITT, KATHY	Urbandale, IA	F	40	51:05.5	16:29
201	2615	242	BELLIS, STEFFANY	PLEASNAT HILL,	F	42	51:10.5	16:31
202	2624	2539	MCGOUGH, MARY	Des Moines, IA	F	41	51:24.2	16:35
203	2643	1275	KELLEN, ROSANNE	Des Moines, IA	F	41	51:36.6	16:39
204	2653	4682	NOFTSGER, JONANN	Des Moines, IA	F	44	51:41.2	16:40
205	2658	10434	MISEL-GREENE, ANNETTE	Des Moines, IA	F	40	51:44.5	16:41
206	2697	1042	KNOUSE, LORI	Grimes, IA	F	41	52:01.3	16:47
207	2703	9323	STREFF, CINDY	Urbandale, IA	F	43	52:05.1	16:48
208	2735	1841	WIEGMANN, JOLENE	Des Moines, IA	F	43	52:22.5	16:54
209	2739	302	REESER, LORI	Urbandale, IA	F	44	52:25.9	16:55
210	2765	11979	MCVEY, BRENDA	Des Moines, IA	F	44	52:39.4	16:59
211	2775	12065	HUSS-NELSON, TERI	Runnells, IA	F	40	52:43.2	17:00
212	2814	8204	CAMERON, ANNE	West Des Moines, IA	F	44	52:55.0	17:04
213	2821	5475	MCGRAW, BRENDA	Waukee, IA	F	42	52:56.8	17:05
214	2831	1534	STUDER, DEB	West Des Moines, IA	F	40	53:03.3	17:07
215	2832	4493	WEST, KATHY	Prescott, IA	F	40	53:03.6	17:07
216	2833	14077	EWALD, LISA	West Des Moines, IA	F	41	53:03.6	17:07
217	2841	10789	DAY, JANETTE	Camden Point, MO	F	40	53:06.4	17:08
218	2857	359	SHELLEY, KERRY	West Des Moines, IA	F	43	53:12.9	17:10
219	2863	183	GILMORE, JEANNINE	Van Meter, IA	F	42	53:14.4	17:10
220	2864	232	KLAVINS, CARLA	Urbandale, IA	F	40	53:14.5	17:10
221	2867	1114	WARD, DORA	Des Moines, IA	F	40	53:15.6	17:11
222	2876	3826	KOHLSDORF, MARY	Ankeny, IA	F	41	53:18.6	17:12
223	2887	14198	STRATHE, JAYNE	Des Moines, IA	F	40	53:23.5	17:13
224	2895	3047	BJURSTROM, JAN	Clive, IA	F	41	53:27.7	17:15
225	2911	6330	WOODRUFF, KRISTI	Des Moines, IA	F	44	53:33.8	17:17
226	2921	14282	RINDELS-LARSEN, SHERRY	Stanhope, IA	F	42	53:37.2	17:18
227	2938	342	KRUSE, LORI	West Des Moines, IA	F	40	53:44.2	17:20
228	2941	3909	KINNES, TAMMY	Johnston, IA	F	42	53:44.6	17:20

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 40 - 44

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
229	2945	6326	THIEL, POLLY	Des Moines, IA	F	43	53:46.4	17:21
230	2946	8465	QUECK, LINDA	Johnston, IA	F	41	53:46.9	17:21
231	2947	1050	VANDERSEE, CINDY	West Des Moines, IA	F	40	53:46.9	17:21
232	2949	13944	GRAY, JOAN	Grimes, IA	F	44	53:47.7	17:21
233	2955	15203	BLOCK, ANN	West Des Moines, IA	F	43	53:50.2	17:22
234	2961	9493	MULLINS, JULIE	Ankeny, IA	F	41	53:52.4	17:23
235	2973	12541	KRUSE, DIANE	Johnston, IA	F	40	53:56.2	17:24
236	2996	13802	HOWARD, LYNN	West Des Moines, IA	F	41	54:05.2	17:27
237	3021	8400	BALLARD, KAREN	Des Moines, IA	F	43	54:14.4	17:30
238	3026	8404	SHAFER, DEB	Ames, IA	F	43	54:15.6	17:30
239	3032	11280	NEYENS, MARY	Grimes, IA	F	43	54:18.0	17:31
240	3052	8708	BERBERICH, VICKI	Ankeny, IA	F	43	54:26.2	17:34
241	3054	2454	MERRICK, MARY	Cumming, IA	F	43	54:26.5	17:34
242	3058	13998	DONAHUE, MELANIE	Des Moines, IA	F	44	54:28.5	17:34
243	3069	9068	LARSON, KATHY	West Des Moines, IA	F	40	54:32.1	17:36
244	3071	8376	PETERSON, SHERRY	Nevada, IA	F	44	54:32.6	17:36
245	3096	8455	MEADE, BRENDA	Johnston, IA	F	44	54:41.7	17:39
246	3104	2867	BAYMILLER, PEGGY	Johnston, IA	F	42	54:45.0	17:40
247	3106	3219	CAMPBELL, SHELLY	Johnston, IA	F	43	54:45.4	17:40
248	3120	5515	MUEKSCH, SHARON	West Des Moines, IA	F	44	54:49.9	17:41
249	3128	11060	MCBEATH, XENIA	Des Moines, IA	F	42	54:52.8	17:42
250	3138	5634	WOODS, CHRISTINE	Urbandale, IA	F	43	54:59.3	17:44
251	3154	4782	BENCE, LAURIE	West Des Moines, IA	F	44	55:07.6	17:47
252	3166	7176	WALKER, CAROLYN	Altoona, IA	F	40	55:12.0	17:48
253	3179	13578	FARNSWORTH, CINDY	Des Moines, IA	F	40	55:17.6	17:50
254	3198	536	MORRIS, SHELLY	Eau Claire, WI	F	43	55:24.8	17:53
255	3213	9329	JACKSON, CHERYL	Des Moines, IA	F	43	55:31.5	17:55
256	3223	993	MENSING, MICHELLE	Fontanelle, IA	F	41	55:35.4	17:56
257	3237	3953	SWIFT, KAREN	Clive, IA	F	44	55:42.4	17:58
258	3245	11321	SEBBY, DEBORAH	Clarion, IA	F	43	55:46.7	18:00
259	3251	1668	BRINDLEY, JODI	Clive, IA	F	43	55:50.4	18:01
260	3253	1627	MCCLAIN, JOAN	Johnston, IA	F	43	55:51.6	18:01
261	3256	94	CALHOUN, LORI	Urbandale, IA	F	43	55:53.5	18:02
262	3265	5922	MARTIN, LAURA	Ankeny, IA	F	40	55:57.8	18:03
263	3273	12742	GILLARD, LAURIE	Norwalk, IA	F	42	56:02.0	18:05
264	3318	8998	POLICH, KELLY	Madrid, IA	F	44	56:23.2	18:11
265	3341	7877	MAHONEY, DIANE	Des Moines, IA	F	42	56:36.4	18:16
266	3346	7895	SAMPSON, MARIE	Ankeny, IA	F	40	56:37.4	18:16
267	3365	14287	MILLS, ROBYN	Johnston, IA	F	42	56:44.1	18:18
268	3392	5837	BRECK, TERI	Johnston, IA	F	43	56:54.4	18:21
269	3393	2979	PURNELL, REBECCA	Des Moines, IA	F	43	56:54.5	18:21
270	3394	14262	WILLIAMS, PAULA	Ankeny, IA	F	42	56:55.4	18:22
271	3399	13841	BRADISH, CINDY	Des Moines, IA	F	42	56:58.8	18:23
272	3418	5347	WEBSTER, PATRICIA	Colo, IA	F	41	57:09.7	18:26
273	3419	685	GILLETTE, JODIE	Prole, IA	F	43	57:10.2	18:27
274	3424	4722	ROBINSON, DAWNE	Colo, IA	F	42	57:11.9	18:27
275	3432	15032	SNYDER, KELLIE	PLEASNAT HILL,	F	43	57:15.1	18:28
276	3447	5664	GOBELI, HOLLY	Winslow, IL	F	40	57:21.6	18:30
277	3450	5667	MAYER, MARGE	Winslow, IL	F	40	57:24.2	18:31
278	3455	9798	FEES, RICKY L	Des Moines, IA	F	43	57:25.7	18:32
279	3462	5538	GUYNN, SALLIE	Urbandale, IA	F	42	57:27.9	18:32
280	3463	1886	KUEHN, DANETTE	Clive, IA	F	42	57:28.2	18:32
281	3488	4059	LANING, TRICIA	West Des Moines, IA	F	43	57:38.9	18:36
282	3498	10295	CULP, JAYNE	Pleasantville, IA	F	44	57:42.9	18:37
283	3551	6246	GOODENBERGER, TERRI	Winterset, IA	F	44	58:02.2	18:43
284	3559	5773	BOCK, DONNA	West Des Moines, IA	F	41	58:04.6	18:44
285	3562	13377	ECONOMOS, JENNIFER	West Des Moines, IA	F	43	58:06.9	18:45

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 40 - 44

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
286	3565	8104	LYONS, DEBRA	West Des Moines, IA	F	41	58:08.2	18:45
287	3573	8437	SPAUR, MELISSA	Des Moines, IA	F	43	58:13.8	18:47
288	3576	1563	ROETHLER, FAITH	Story City, IA	F	42	58:15.1	18:47
289	3611	12579	JACOBSON, SUSAN	Jewell, IA	F	40	58:30.8	18:53
290	3617	5191	CARLSON, ANGIE	Des Moines, IA	F	41	58:35.4	18:54
291	3624	11246	KRAKAU, MARY	Roland, IA	F	42	58:37.6	18:55
292	3627	7979	HUNTER, SUSAN	Ankeny, IA	F	42	58:39.0	18:55
293	3631	11270	DUNCAN, PJ	Coon Rapids, IA	F	44	58:39.7	18:55
294	3639	7810	VAN NORMAN, FRAN	Urbandale, IA	F	42	58:41.8	18:56
295	3665	4717	BUEHLER, DEBBIE	Clive, IA	F	42	58:48.7	18:58
296	3669	8768	WEBB, DIANA	Urbandale, IA	F	42	58:49.4	18:59
297	3676	1162	JOHNSON, LINDA	Des Moines, IA	F	40	58:51.4	18:59
298	3679	164	ROMANO, KAREN	Johnston, IA	F	43	58:52.0	18:59
299	3700	12110	TAYLOR, TERESA	Johnston, IA	F	41	58:58.0	19:01
300	3710	12785	FLATTERY, KATHY	Urbandale, IA	F	41	59:01.6	19:02
301	3719	10534	MCILHON, DIANE	Clive, IA	F	43	59:04.2	19:03
302	3734	9807	JACOBSEN, TERRY	Waukee, IA	F	43	59:08.5	19:05
303	3735	13642	BENNETT, ELIZABETH	Des Moines, IA	F	44	59:08.7	19:05
304	3736	263	HUFF, KIM	Ankeny, IA	F	40	59:08.7	19:05
305	3739	13527	SWARTZ, DENISE	Urbandale, IA	F	42	59:09.7	19:05
306	3751	1045	WATTS, TAMARA	Ankeny, IA	F	43	59:13.2	19:06
307	3754	1076	VRIEZELAAR, KATHY	Prairie City, IA	F	40	59:13.6	19:06
308	3769	210	MCCLAIN, CAROL	Des Moines, IA	F	42	59:19.0	19:08
309	3786	3603	SMITH, MARY	Ankeny, IA	F	40	59:25.1	19:10
310	3787	12055	SCHIERMEISTER, LISA	Bondurant, IA	F	41	59:26.0	19:10
311	3795	7673	BROWN, MELANIE	Des Moines, IA	F	41	59:28.0	19:11
312	3803	13376	HARMEYER, JEANNE	Des Moines, IA	F	42	59:31.0	19:12
313	3806	8445	BIRKENHOLTZ, TERESA	Monroe, IA	F	41	59:31.9	19:12
314	3823	4872	HASTIE, MICHELLE	Earlham, IA	F	40	59:38.6	19:14
315	3847	2999	MURPHY, DEBBIE	Des Moines, IA	F	44	59:49.4	19:18
316	3854	15242	SEALS, JUDY	Des Moines, IA	F	41	59:52.3	19:19
317	3865	3020	KAPAUN, JENNIFER	Ames, IA	F	40	59:57.6	19:21
318	3879	4175	HURD, JANE	Ames, IA	F	40	59:59.	19:21
319	3881	8887	MERKLE, JILL	Runnells, IA	F	44	59:59.	19:21
320	3895	1603	LYONS, SUSAN	West Des Moines, IA	F	41	59:59.	19:21
321	3903	671	OLEJNICZAK, CAROL	Cedar Falls, IA	F	43	59:59.	19:21
322	3916	8381	BALDWIN, ARDIS	Maxwell, IA	F	43	59:59.	19:21
323	3920	8373	VIERS, JANICE	Maxwell, IA	F	40	59:59.	19:21
324	3924	8997	ANDERSEN, LISA	Madrid, IA	F	43	59:59.	19:21
325	3925	9011	COSENS, DARCY	Madrid, IA	F	41	59:59.	19:21
326	3937	683	SCHLUNDT, SHARON	Ankeny, IA	F	44	01:00:00..	19:21
327	3946	239	VUKELICH, CHERYL	Johnston, IA	F	40	01:00:00..	19:21
328	3986	12492	HILTON, KELLY	Polk City, IA	F	40	01:00:00..	19:21
329	3989	1450	WILLIAMS, PAULA	BAD ZIPCODE, XX	F	42	01:00:00..	19:21
330	3992	8431	KADNER, ROBIN	Des Moines, IA	F	41	01:00:00..	19:21
331	3993	14328	MITCHELL, MARY	Des Moines, IA	F	42	01:00:00..	19:21
332	3994	1349	OWEN, MARTHA	Des Moines, IA	F	40	01:00:00..	19:21
333	4006	14616	SEVENICH, DONNA	Johnston, IA	F	43	01:00:00..	19:21
334	4014	6910	PICKREL, LYNN	West Des Moines, IA	F	41	01:00:00..	19:21
335	4015	6909	AMES, SHERRI	West Des Moines, IA	F	44	01:00:00..	19:21
336	4022	488	WEIS, BONNIE	Newton, IA	F	44		
337	4034	4114	BJALZAK, MAUREEN	Clive, IA	F	42		
338	4039	12107	MEYERS, ANNIE	Des Moines, IA	F	43		
339	4041	3347	ALLGEIER, MARY	PLEASNAT HILL,	F	44		
340	4047	9664	IDDINGS, BECKY	Pleasantville, IA	F	42		
341	4058	15143	SMITH, DEBBIE	Des Moines, IA	F	42		
342	4081	8627	CABRERA, TRACI	Des Moines, IA	F	43		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 40 - 44

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
343	4104	15226	TIBBEN, GLENDA	Des Moines, IA	F	43		
344	4116	4235	MATTHEWS, SONI	Des Moines, IA	F	41		
345	4125	4554	JOHNSON, DENISE	Des Moines, IA	F	41		
346	4128	15329	COSTANZO, KAREN	Norwalk, IA	F	40		
347	4134	319	RICHARDSON, MELANIE	Ankeny, IA	F	41		
348	4138	11997	WIENS, TERESA J	Bondurant, IA	F	41		
349	4152	3886	BENTON, KIRSTEN	Collins, IA	F	42		
350	4180	2061	MCALLISTER, LORI	Johnston, IA	F	43		
351	4203	4444	FRIESTAD, LINDA	Johnston, IA	F	41		
352	4205	3453	POLO, LAURI	Chariton, IA	F	40		
353	4209	4740	HOUSEHOLDER, SONDRA	Des Moines, IA	F	40		
354	4222	832	PURDY, AMY	Ankeny, IA	F	41		
355	4223	10620	FERGUSON, RHONDA	Indianola, IA	F	42		
356	4231	8515	THORPE, PAMELA	Boxholm, IA	F	44		
357	4238	7385	DOSTART, BOBBIE	Dysart, IA	F	44		
358	4252	339	ONSTOT, LEE ANN	Indianola, IA	F	43		
359	4275	11684	RUMMEL, BRENDA	Grimes, IA	F	42		
360	4279	5695	BRAMBLE, MARGARET	Dallas Center, IA	F	43		
361	4280	10483	WOLCOTT, KAREN	West Des Moines, IA	F	42		
362	4288	10478	PROBST, JULIE	Clive, IA	F	43		
363	4303	5585	MANZER, KELLIE	West Des Moines, IA	F	40		
364	4308	1930	MEINECKE, PATTY	Jamaica, IA	F	44		
365	4309	1925	FREDRICKSON, JOAN	Yale, IA	F	41		
366	4312	13498	WILLIAMS, SUSAN	Ankeny, IA	F	41		
367	4315	8932	TURK, SUSAN	Des Moines, IA	F	43		
368	4320	14166	PEDERSEN, RHONDA	Des Moines, IA	F	43		
369	4324	4684	RENSHAW, KIMBERLY	Perry, IA	F	44		
370	4329	2982	HUTCHISON, JOANN	Runnells, IA	F	41		
371	4342	3198	STEPHENS, ROBYN	Bondurant, IA	F	40		
372	4351	7649	SHUCK, LINDA	Adel, IA	F	44		
373	4356	7642	NORELIUS, PAMELA	Johnston, IA	F	43		
374	4358	7638	SCHILLING, KATE	West Des Moines, IA	F	44		
375	4397	7686	WILLEMSSEN, PATRICA	Johnston, IA	F	40		
376	4425	584	LUXA, MARY	Des Moines, IA	F	44		
377	4440	5535	HIBBS, JODY	Urbandale, IA	F	44		
378	4474	8927	THOMPSON, JULIE	Adel, IA	F	41		
379	4504	4828	BAUER, CAROLE	Des Moines, IA	F	43		
380	4505	14145	BAIRD, KIM	BAD ZIPCODE, XX	F	41		
381	4518	7690	DEBRUYN, CATHY	Newton, IA	F	41		
382	4544	6499	HUFFORD, LISA	Des Moines, IA	F	40		
383	4546	7704	JOHNSON, PAM	Newton, IA	F	43		
384	4547	7692	KIEHL, ROSE	Sully, IA	F	41		
385	4551	2624	MCNEELEY, LISA	Des Moines, IA	F	42		
386	4560	12572	DAVIS, DEBORAH	Ankeny, IA	F	40		
387	4598	5848	HUSS, JUDY	Des Moines, IA	F	43		
388	4603	15235	TRAWVER, DEBBIE	Park Ridge, IL	F	41		
389	4630	8896	NELSEN, KERRY	Clive, IA	F	40		
390	4639	5575	PENICK, TRACY	Carlisle, IA	F	42		
391	4642	189	RITTMAN, MARGIE	Urbandale, IA	F	43		
392	4676	7683	RIES, JULIE	Des Moines, IA	F	41		
393	4698	10339	COLWELL, TERESA	Indianola, IA	F	41		
394	4707	4453	FRAHM, MARCIA	Urbandale, IA	F	41		
395	4719	2208	DARRAH, MICHELE	Des Moines, IA	F	41		
396	4721	4301	WHARTON, PAM	Clive, IA	F	42		
397	4739	14568	WILLIAMS, JEANNIE	Huxley, IA	F	43		
398	4761	8441	MOSHER, TONI	Prairie City, IA	F	41		
399	4788	13713	VANCE, SUE	Urbandale, IA	F	43		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 40 - 44

Group	Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile
400	4794	9142	SMITH, CAROL	Des Moines, IA	F	43		
401	4822	248	ONSTOT, GAYLE	Indianola, IA	F	42		
402	4823	184	ELLIOTT, ANGIE	Indianola, IA	F	40		
403	4862	4755	WALL, DEBBIE	Des Moines, IA	F	44		
404	4864	5413	KUHNS, LORI	Omaha, NE	F	40		
405	4865	271	VERROS, DARCY	Des Moines, IA	F	42		
406	4881	12206	GREENWOOD, MARY BETH	Des Moines, IA	F	43		
407	4914	11864	RUBIE, LORI	Clive, IA	F	43		
408	4916	3412	GRIFFITHS, MARTI	Des Moines, IA	F	44		
409	4935	8623	COLYN, GAY	Altoona, IA	F	44		
410	4962	9128	SPENCE, ROBIN	Des Moines, IA	F	42		
411	4963	9129	DICKS, SANDRA	Milo, IA	F	41		
412	4979	327	COATE, LISA A.	Polk City, IA	F	40		
413	4985	14540	GRIFFITH, PETRA	Pella, IA	F	40		
414	4989	15302	HELD, BETH	Ankeny, IA	F	44		
415	5015	7013	EPP, DEB	Des Moines, IA	F	41		
416	5021	13402	LENHART, CAROLYN	Urbandale, IA	F	43		
417	5023	3918	LLOYD, ROXANNA	Des Moines, IA	F	44		
418	5025	5098	COCHRAN, VICKIE	Des Moines, IA	F	41		
419	5064	72	POOLE, DEE ANN	Warrensburg, MO	F	41		
420	5070	233	WEST, VIRGINIA	Carlisle, IA	F	43		
421	5073	1341	SUMMY, DEANNA	Des Moines, IA	F	42		
422	5075	4082	ELBERT, SUSAN	Ames, IA	F	41		
423	5084	182	MICKAN, JAN	West Des Moines, IA	F	44		
424	5095	2423	SEVERE, DENISE	Des Moines, IA	F	41		
425	5107	11220	MUNSINGER, JERILYN	Norwalk, IA	F	40		
426	5139	11814	ELLIOTT, DEE	Altoona, IA	F	44		
427	5142	12805	HARDY, BRENDA	West Des Moines, IA	F	44		
428	5157	1875	POWERS, PAM	Grimes, IA	F	41		
429	5169	3255	ZUCKERMAN, ROSALIE	West Des Moines, IA	F	41		
430	5190	9138	HOLLAND, LORNA	Des Moines, IA	F	41		
431	5210	5719	MILLER, JEAN	Hubbard, IA	F	44		
432	5234	10819	GOLDIZEN, KATY	Urbandale, IA	F	40		
433	5236	5979	BRIGHTMAN, MINDY	Urbandale, IA	F	44		
434	5262	127	SANDERS, JULIE	Altoona, IA	F	44		
435	5315	2314	ARANDUS, LORI	Ames, IA	F	41		
436	5336	4238	ENOS, TAMI	Ankeny, IA	F	42		
437	5337	1220	STRECK, LINDA	West Des Moines, IA	F	44		
438	5339	15108	BURGESS, KELLY	Des Moines, IA	F	44		
439	5341	3684	CRABTREE, MARY SUE	Des Moines, IA	F	44		
440	5351	10168	COOK, DEBBIE	Pleasantville, IA	F	41		
441	5355	10173	WOOD, LAURIE	Monroe, IA	F	41		
442	5372	13355	SPRINGER, TERESA	Cumming, IA	F	41		
443	5395	204	BAILEY, CAROLYN	Waukee, IA	F	41		
444	5398	8081	JONES, CAROLYN	Johnston, IA	F	44		
445	5419	13618	SCHAKEL, KELLY	Newton, IA	F	42		
446	5439	6998	LEWIS, LESLIE	Clive, IA	F	43		
447	5453	5490	BARTELS, PAMELA	Urbandale, IA	F	43		
448	5465	6192	WIGNALL, BEVERLY	Des Moines, IA	F	44		
449	5473	10501	NELSON, TERRI	Des Moines, IA	F	43		
450	5481	6020	ROBINSON, RAEANN	Ankeny, IA	F	40		
451	5486	7634	HAYES, MAGGIE	Grimes, IA	F	43		
452	5487	3531	HAYES, PAMELA	Des Moines, IA	F	42		
453	5513	8296	ALBRIGHT, CAROLYN	Nichols, IA	F	41		
454	5548	12500	SKAGGS, KELLI	Newton, IA	F	42		
455	5551	9805	HICKSON, PATRICIA	Des Moines, IA	F	41		
456	5552	3516	KLEIN, BONNIE	Ankeny, IA	F	41		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 40 - 44

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
457	5559	10571	BYRNE, CAROL	Des Moines, IA	F	40		
458	5585	13582	MILLER, SUSAN	West Des Moines, IA	F	43		
459	5620	14066	KELLER, KAYLA	Martensdale, IA	F	42		
460	5624	315	WOODS, ELLEN	Colo, IA	F	43		
461	5625	6564	KUHN, CAROL	Indianola, IA	F	43		
462	5637	12535	PATTEN, LORRAINE	Grinnell, IA	F	44		
463	5651	4736	TUTTLE, CINDY	Peru, IA	F	44		
464	5660	7194	HAYES, CINDY	Cumming, IA	F	43		
465	5663	15452	HUGG, THERESE	Ankeny, IA	F	42		
466	5668	7196	CIRKS, LORI	Dallas Center, IA	F	40		
467	5669	84	WENGERT, KATHLEEN	Grimes, IA	F	42		
468	5681	8002	HANSEN, MARSHA	Clive, IA	F	41		
469	5686	10490	BOSOVICH, SHELLY	West Des Moines, IA	F	42		
470	5698	7926	BLISS, JULIE	Urbandale, IA	F	41		
471	5701	7162	REEVES, VALERIE	Colfax, IA	F	40		
472	5703	15022	PETERS, JAN	Indianola, IA	F	43		
473	5708	9856	CLEAVER, CAROL	Des Moines, IA	F	43		
474	5735	7661	EPSTEIN, KELLY	Des Moines, IA	F	43		
475	5748	5216	ARENDS, DIANA	Runnells, IA	F	44		
476	5757	6988	CARLISLE, JODI	Johnston, IA	F	40		
477	5769	12036	WARE, BECKY	Ankeny, IA	F	43		
478	5785	3650	MCCONAHAY, BARB	Cumming, IA	F	40		
479	5804	3785	KNUTSON, MARY	Urbandale, IA	F	44		
480	5807	12116	HEDDINGER, MARYBETH	West Des Moines, IA	F	41		
481	5849	13687	ROBY, KIM	Adel, IA	F	43		
482	5863	1606	JONES, DIANE	West Des Moines, IA	F	42		
483	5875	2503	FREEL, LORI	Runnells, IA	F	41		
484	5876	11786	CRAIG, JOAN	Waterloo, IA	F	44		
485	5880	2518	HALL, DIANE	Milo, IA	F	40		
486	5900	8086	KIESLING, LEISHA	Urbandale, IA	F	40		
487	5905	277	BLANCHARD, LEA ANN	Johnston, IA	F	41		
488	5937	100	SCHAFFER, LESIA	Adel, IA	F	43		
489	5939	10631	HEROLD, LORI	Urbandale, IA	F	42		
490	5950	9097	HARMEYER-LOGSDON, CHRIS	Des Moines, IA	F	42		
491	5963	9651	WILLIAMS, DEANNA	Milo, IA	F	40		
492	5966	5377	MITTLESTADT, BRENDA	Jewell, IA	F	44		
493	5986	8587	SELLNER, DEANNA	Urbandale, IA	F	41		
494	5999	3352	NEUBAUER, DIANA	Ogden, IA	F	44		
495	6003	11349	CARSTENS, KIM	West Des Moines, IA	F	41		
496	6004	3346	HAYES, DIANE	Manchester, IA	F	40		
497	6013	129	ULRICH, CONNIE	Waukee, IA	F	44		
498	6042	7613	LOUNSBERRY, CHERYL	Urbandale, IA	F	42		
499	6051	13774	CARTER, ROSE	Runnells, IA	F	43		
500	6061	15301	MOLANDER, CRISTY	Grimes, IA	F	42		
501	6070	11702	OHARA, CHERI	Ankeny, IA	F	40		
502	6083	8764	MCCAULLEY, KIM	Clive, IA	F	42		
503	6101	14232	HOOVER, APRIL	Urbandale, IA	F	41		
504	6113	4500	HANSON, KIM	Altoona, IA	F	43		
505	6117	11705	PETERS, CHRIS	Cambridge, IA	F	44		
506	6135	571	COLBY, LINDA	Perry, IA	F	42		
507	6148	4627	GORMAN, ROBYN	Bondurant, IA	F	40		
508	6151	12057	CAHALAN, GABRIELLE	Urbandale, IA	F	40		
509	6157	15402	KOVARIK, KAREN	Cambridge, IA	F	41		
510	6164	4897	ROMORE, CAROLINE	Des Moines, IA	F	43		
511	6170	5022	PUDENZ, SHARON	Ackley, IA	F	42		
512	6174	8584	WEBB, TERESA	Des Moines, IA	F	41		
513	6191	7961	FAIDLEY, LINDA	Colfax, IA	F	44		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 40 - 44

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
514	6192	3676	STORK, THERESA	Des Moines, IA	F	43		
515	6200	12578	CHIODO, JENNIFER	Des Moines, IA	F	42		
516	6222	11211	WILLIAMS, KRIS	Des Moines, IA	F	43		
517	6254	3983	DHABALT, CHRISTI	Ankeny, IA	F	42		
518	6277	5402	BECK, DIANE	Roland, IA	F	43		
519	6293	9193	READY, LAURIE	Clive, IA	F	43		
520	6299	3254	SCHULZE, DEANNA	Indianola, IA	F	40		
521	6315	13237	SALSBERY, ROBIN	West Des Moines, IA	F	44		
522	6333	7483	BRANDHORST, SALLY	Ankeny, IA	F	43		
523	6336	6942	SMITH, RHONDA	Ankeny, IA	F	44		
524	6338	10200	STERK, TERRI	BAD ZIPCODE, XX	F	41		
525	6340	8330	TEMEYER, JAN	Polk City, IA	F	43		
526	6344	1730	JUFFER, PAULA	West Des Moines, IA	F	44		
527	6356	3097	HUGHES, RONELL	Adel, IA	F	44		
528	6387	6482	WHETSTONE, CONNIE	Ankeny, IA	F	43		
529	6390	5219	SMITH, KIM	Runnells, IA	F	44		
530	6400	8582	MASCHING, DEB	Grimes, IA	F	40		
531	6416	6400	THOMAS, CINDI	Huxley, IA	F	41		
532	6423	3727	DEBARTOLO, LISA	Ankeny, IA	F	41		
533	6433	10273	MCCLAIN, JULIE	Ankeny, IA	F	41		
534	6446	12047	RAY, JERI	Clive, IA	F	40		
535	6447	9539	JOSE, JAN	Des Moines, IA	F	44		
536	6462	10740	CLOSE, VICKY	Des Moines, IA	F	43		
537	6464	9538	ARMSTRONG, DEBE	Ankeny, IA	F	44		
538	6497	15070	WALES, DIANNE	Maxwell, IA	F	42		
539	6514	5738	EHRESMANN, JULIE	Stratford, IA	F	40		
540	6531	667	MCDONALD, DEBRA	Norwalk, IA	F	44		
541	6559	599	ZIEBER, MARGIE	Cameron, MO	F	41		
542	6562	341	GRIFFIN, KELLEY	Urbandale, IA	F	40		
543	6577	7046	HARTLEY, JONI	Urbandale, IA	F	40		
544	6587	12561	SHULTS, WANDA	Grinnell, IA	F	41		
545	6589	10301	LAWRENCE, BETH	Carlisle, IA	F	40		
546	6624	354	ADDY, DUAYNA	Winterset, IA	F	42		
547	6627	6865	ROBEL, RHONDA	Des Moines, IA	F	40		
548	6632	5136	LIGAS, KAREN	Des Moines, IA	F	42		
549	6675	12217	BLASBERG, SHARI	Ankeny, IA	F	41		
550	6713	2372	MATTSON, LORI	Boone, IA	F	43		
551	6722	1073	SHEDD, LINDA	Des Moines, IA	F	42		
552	6731	4221	PINNEKE, KATHY	Des Moines, IA	F	44		
553	6744	10920	MOORE, MARY JO	Clive, IA	F	40		
554	6746	2591	REECE, LISA	Corydon, IA	F	42		
555	6752	9671	DOWNS, KAREN	Milo, IA	F	40		
556	6754	14290	SHARP, TRACY	Norwalk, IA	F	42		
557	6756	4427	PIERSON, TAMMY	Des Moines, IA	F	44		
558	6759	8028	DOZLER, KAREN	Ankeny, IA	F	42		
559	6760	14298	KORDICK, KAREN	Norwalk, IA	F	40		
560	6768	10297	PARKER, JANICE	Carlisle, IA	F	43		
561	6804	13589	ZUMBACH, CHERYL	Manchester, IA	F	42		
562	6806	10949	ROCKEY, LISA	Des Moines, IA	F	42		
563	6807	10954	SEARS, MARY	Altoona, IA	F	40		
564	6843	12043	JORGENSEN, BRENDA	Ankeny, IA	F	41		
565	6846	10211	KIRCHNER, LISA	BAD ZIPCODE, XX	F	43		
566	6847	13596	BROMMEL, ANNETTE	Des Moines, IA	F	40		
567	6856	10977	WILSON, JENNIE	Ankeny, IA	F	40		
568	6865	13517	COMBS, JANE	Norwalk, IA	F	43		
569	6866	8491	HOUSEHOLDER, SHERRI	Grimes, IA	F	41		
570	6874	6983	PFENNIG, CINDY	Walford, IA	F	41		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 40 - 44

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
571	6884	10763	BREESE, KAREN	New Virginia, IA	F	40		
572	6885	8113	MODDE, KAY	Des Moines, IA	F	44		
573	6886	9900	BENSON, JANINE	Des Moines, IA	F	44		
574	6893	5182	WATERS, JONI	Des Moines, IA	F	41		
575	6903	3998	GUNHUS, DEBRA	Grimes, IA	F	44		
576	6908	5100	WALKER, LEA	Des Moines, IA	F	43		
577	6913	10240	FRY, STEVE	West Des Moines, IA	F	41		
578	6917	3933	HOGAN, TAMMRA	Urbandale, IA	F	40		
579	6934	1529	VEATCH, PARVIN	West Des Moines, IA	F	44		
580	6978	3135	STUMPF, SALLY	Fonda, IA	F	43		
581	7005	11853	WALKER, KELLY	Des Moines, IA	F	41		
582	7027	3659	ERICKSON, SUSAN	Stratford, IA	F	41		
583	7037	14311	WITMER COEN, MARCI	Indianola, IA	F	40		
584	7039	15023	WEIR, KARIN	Indianola, IA	F	44		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 45 - 49

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	164	5982	BOLEY, SUE	Maxwell, IA	F	48	22:32.0	7:16
2	213	3060	RIDENOUR, SUSAN	Des Moines, IA	F	46	23:23.2	7:33
3	282	868	REYNOLDS, SUSAN	West Des Moines, IA	F	47	24:15.3	7:49
4	305	11328	VANDERKWAAK, VICKI	Johnston, IA	F	48	24:27.2	7:53
5	315	3308	FREDERES, BETSY	Clive, IA	F	47	24:35.1	7:56
6	336	13965	MANDSAGER, KATHRYN	Johnston, IA	F	47	24:46.2	7:59
7	348	6807	KOELE, LINDA	Urbandale, IA	F	46	24:57.4	8:03
8	365	3126	HAPPE, BETSY	Urbandale, IA	F	46	25:06.7	8:06
9	375	14084	SAWYER, CINDY	BAD ZIPCODE, XX	F	48	25:11.4	8:08
10	400	1747	GRIFFITH, JANEAN	Panora, IA	F	45	25:30.9	8:14
11	483	5649	EVANS, JOYCE	Des Moines, IA	F	45	26:13.6	8:28
12	522	14283	SIEMER, LAVON	West Des Moines, IA	F	46	26:29.5	8:33
13	538	4550	GEBELEIN, SSANG	Des Moines, IA	F	45	26:37.4	8:35
14	577	8353	JOHNSON, STEVE	Huxley, IA	F	49	26:54.2	8:41
15	643	15249	JOENS-MATRE, ROXANE	Polk City, IA	F	45	27:24.1	8:50
16	676	10463	COKER, LISA	Urbandale, IA	F	47	27:36.3	8:54
17	685	5075	BILLINGS, SHELLIE	Dallas Center, IA	F	46	27:41.9	8:56
18	698	10662	SWINNEY-SHAY, MARCIA	Ankeny, IA	F	45	27:48.7	8:58
19	701	11339	LANG, LUANN	Ankeny, IA	F	46	27:50.6	8:59
20	721	4966	ATCHISON, JAN	Marshalltown, IA	F	45	28:07.3	9:04
21	723	4974	NEUMANN, DENISE	Ankeny, IA	F	48	28:08.0	9:05
22	763	13960	ANDERSON, RHONDA	Clive, IA	F	45	28:21.9	9:09
23	805	3867	MILLER, JANN	Cedar Falls, IA	F	49	28:41.2	9:15
24	854	4355	MCCOY, RUTH	West Des Moines, IA	F	45	29:03.6	9:22
25	932	147	HICKMAN, BEVERLY	Indianola, IA	F	49	29:40.3	9:34
26	965	2886	SCHWARTZ, KATHY	West Des Moines, IA	F	46	29:52.5	9:38
27	989	435	HALBUR, ANNETTE	West Des Moines, IA	F	46	30:01.6	9:41
28	1013	848	LAZAR, LINDA	West Des Moines, IA	F	46	30:12.5	9:45
29	1068	7879	JONES, DONNA	Ankeny, IA	F	47	30:32.8	9:51
30	1102	11589	CAMBRON, NANCY	Indianola, IA	F	47	30:45.8	9:55
31	1109	6834	TAYLOR, PEGGI	Des Moines, IA	F	48	30:48.2	9:56
32	1151	5868	EDDY, ANN	Huxley, IA	F	49	31:04.2	10:01
33	1158	3152	HALL, SHARON	Ankeny, IA	F	46	31:06.5	10:02
34	1166	728	FRANKEN, JULIE	Indianola, IA	F	49	31:08.6	10:03
35	1169	10661	SEGEBART, SHERRIE	Urbandale, IA	F	49	31:10.5	10:03
36	1171	3173	SHANNON, MARY KAY	Greenfield, IA	F	48	31:11.2	10:04
37	1172	1809	HOY, BARBARA	West Des Moines, IA	F	48	31:11.4	10:04
38	1201	11805	HIBBEN, BESS	PLEASNAT HILL,	F	49	31:21.7	10:07
39	1202	5405	GOGGI, SUSANA	Ames, IA	F	46	31:21.8	10:07
40	1212	11815	GAITHER, WANDA	Des Moines, IA	F	48	31:26.1	10:08
41	1218	2563	HUBER, DEB	Des Moines, IA	F	48	31:30.2	10:10
42	1244	11447	SWALLOW, SANDY	Waukee, IA	F	47	31:46.8	10:15
43	1271	1426	HAMRICK, FLO	Ames, IA	F	45	31:56.0	10:18
44	1273	14211	DUVALL, KRIS	Des Moines, IA	F	49	31:56.7	10:18
45	1300	437	HERMAN, SUE	Des Moines, IA	F	48	32:07.4	10:22
46	1332	11628	GONZALEZ, SUSAN	Ankeny, IA	F	45	32:19.1	10:26
47	1338	5401	PHILLIPS, DEB	Johnston, IA	F	46	32:22.3	10:27
48	1391	1051	NOVINGER, SHARON	Collins, IA	F	49	32:50.4	10:36
49	1425	11572	FARGO, KAY LA JUNE	Carlisle, IA	F	45	33:03.4	10:40
50	1432	4967	WELTER, NATALIE	Ames, IA	F	46	33:06.0	10:41
51	1439	5103	LINHART, REBECCA	Urbandale, IA	F	48	33:08.7	10:42
52	1447	2444	GIDDINGS, DEBORAH	Des Moines, IA	F	45	33:10.8	10:42
53	1457	3529	PERKINS, PAM	Dallas Center, IA	F	46	33:15.5	10:44
54	1464	3686	HILD, ANDREA	West Des Moines, IA	F	45	33:17.9	10:44
55	1468	3685	HILD, BRIAN	West Des Moines, IA	F	46	33:19.2	10:45
56	1487	4043	SCHRADER, JULIE	Urbandale, IA	F	49	33:29.0	10:48
57	1498	11504	OLSON, LEA	West Des Moines, IA	F	49	33:36.4	10:50

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Age Brackets Results

Women: 45 - 49

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
58	1515	11291	CUMMINGS, DIANE	West Des Moines, IA	F	48	33:44.9	10:53
59	1547	10744	MEHRL, CINDY	Dubuque, IA	F	47	33:56.9	10:57
60	1562	11505	DICKINSON, JANET	West Des Moines, IA	F	47	34:03.2	10:59
61	1564	2704	DELLACA, KATHI	West Des Moines, IA	F	48	34:03.8	10:59
62	1583	7750	MAGNUSSON, JULI	Des Moines, IA	F	48	34:15.5	11:03
63	1641	2120	BLOCK, JOY	Ankeny, IA	F	47	34:46.2	11:13
64	1660	1890	BLOXHAM, TRUDY	Clarion, IA	F	47	34:58.0	11:17
65	1731	3025	MCMILLEN, BECKY	Waukee, IA	F	45	35:51.9	11:34
66	1758	4738	LAUGHERY, PAM	Des Moines, IA	F	49	36:19.6	11:43
67	1798	7803	COOPER, DEBBIE	Dallas Center, IA	F	49	37:01.4	11:57
68	1811	5273	DYAR, MARY	Ankeny, IA	F	47	37:27.3	12:05
69	1812	4023	HYMANS, DENISE	Des Moines, IA	F	45	37:30.3	12:06
70	1813	5426	MALONE, KRISTI	Des Moines, IA	F	45	37:30.7	12:06
71	1826	14217	TERRELL, ROBIN	Clive, IA	F	46	37:38.7	12:09
72	1840	6999	MEYER, SANDY	Norwalk, IA	F	48	37:48.4	12:12
73	1842	15397	JOHNSON, SUE	Baxter, IA	F	47	37:50.7	12:13
74	1843	5230	DONOHOE, SANDY	Norwalk, IA	F	48	37:51.5	12:13
75	1856	9482	PAGE, ROXIE	Des Moines, IA	F	48	38:07.7	12:18
76	1860	4088	DUPEY, JENNIFER	Urbandale, IA	F	47	38:10.5	12:19
77	1876	3259	VICTOR, FRANCIE	Urbandale, IA	F	46	38:33.2	12:26
78	1880	13337	PRASKI, JULIE	West Des Moines, IA	F	46	38:34.3	12:27
79	1884	2654	PRICHODKO, CHRISTINE	Carmel, IN	F	46	38:36.1	12:27
80	1910	3594	SNELSON, DEBBIE	PLEASNAT HILL,	F	47	38:57.7	12:34
81	1916	1995	TAYLOR, JO	West Des Moines, IA	F	45	39:07.1	12:37
82	1920	13592	MEENAN, CHARLOTTE	Des Moines, IA	F	46	39:10.3	12:38
83	1935	5960	MALLORY, SUE	Bussey, IA	F	48	39:31.4	12:45
84	1963	3595	STEVENS, CATHY	PLEASNAT HILL,	F	48	40:14.3	12:59
85	1967	3428	ROGERS, DEB	Des Moines, IA	F	49	40:27.3	13:03
86	1971	231	HOLMES, VERNA	Tama, IA	F	47	40:32.6	13:05
87	1987	11402	MILLER, ANNE	Adel, IA	F	47	41:05.1	13:15
88	2002	3157	ECKARD, COOKIE	Earlham, IA	F	45	41:21.6	13:21
89	2012	3764	DREYER, SARA	Altoona, IA	F	48	41:32.4	13:24
90	2013	4018	DONOVAN, SUANN	Des Moines, IA	F	47	41:35.3	13:25
91	2014	6826	TANG, LILY	Clive, IA	F	49	41:36.7	13:25
92	2040	9789	FOSTER, DEBRA	Clive, IA	F	46	42:30.4	13:43
93	2048	1083	GREEN, LUPE	Des Moines, IA	F	48	42:51.9	13:50
94	2062	10049	MC GRAIL, RENITA	Carlisle, IA	F	48	43:17.8	13:58
95	2075	13429	HARTLEY, ROBIN	Waukee, IA	F	48	43:48.6	14:08
96	2078	15220	DEVINEY, TAMMY	Des Moines, IA	F	45	43:50.7	14:09
97	2095	4813	WESTERGARD, RHONDA	Vinton, IA	F	46	44:20.4	14:18
98	2096	7406	HARBERT, DARLA	Ankeny, IA	F	46	44:20.4	14:18
99	2117	6066	BAGGETT, ELLIE	Ankeny, IA	F	49	44:39.6	14:24
100	2134	12051	ACKERMAN, JULIE	Ankeny, IA	F	47	44:52.8	14:29
101	2143	14048	BUTTER, PAM	BAD ZIPCODE, XX	F	47	44:59.0	14:31
102	2145	9371	LIVINGOOD, ABIGAIL	Clive, IA	F	49	44:59.4	14:31
103	2148	7407	CAFFREY, KARLA	Ankeny, IA	F	46	45:01.9	14:32
104	2168	7816	BURKHART, SHELLY	Urbandale, IA	F	45	45:20.9	14:38
105	2175	15244	COPPOLA, JULIE	Des Moines, IA	F	49	45:24.7	14:39
106	2193	1364	SANDERSON, SHERRY	Conrad, IA	F	48	45:50.8	14:47
107	2199	11294	DUFFY, CAROLE	West Des Moines, IA	F	45	45:56.4	14:49
108	2200	6867	HAGEN, LISA	West Des Moines, IA	F	47	45:59.2	14:50
109	2202	9483	SHEPPHARD-BAIN, KRISTINE	BAD ZIPCODE, XX	F	46	46:00.8	14:51
110	2204	1744	RAO, SHOBANA	Urbandale, IA	F	48	46:02.5	14:51
111	2228	30	KRAFKA, CAROLYN	Des Moines, IA	F	47	46:31.3	15:00
112	2234	3449	PINE, JESSICA	Urbandale, IA	F	49	46:45.1	15:05
113	2237	15238	WILLIS, CINDY	Grimes, IA	F	47	46:49.6	15:06
114	2247	4291	ALBERT, DENISE	Marengo, IA	F	47	47:00.7	15:10

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 45 - 49

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
115	2249	14067	ERBES, ELIZABETH	Ames, IA	F	49	47:04.3	15:11
116	2272	2383	OESTERLE, SUSAN	Des Moines, IA	F	45	47:20.8	15:16
117	2281	964	BARTUSEK, MARY	Urbandale, IA	F	45	47:26.9	15:18
118	2291	8744	COOPER, SUE	Grimes, IA	F	45	47:37.3	15:22
119	2297	8082	TOWNSEND, BRIGID	Johnston, IA	F	49	47:40.8	15:23
120	2315	11635	HALL, KIM	Carlisle, IA	F	46	47:58.8	15:29
121	2324	13760	WILLIAMS, PAM	Slater, IA	F	46	48:07.3	15:31
122	2342	10530	SEVERS, ANNE	West Des Moines, IA	F	45	48:25.2	15:37
123	2350	4571	LONG, MARY	Ames, IA	F	48	48:33.9	15:40
124	2354	6019	LANDIS, CINDY	Eldora, IA	F	46	48:35.3	15:40
125	2360	15284	CARPENTER, RITAANN	West Des Moines, IA	F	47	48:38.4	15:41
126	2391	7561	FLANERY, RHONDA	Urbandale, IA	F	46	48:55.0	15:47
127	2398	3591	HYDE, SUZANNE	Urbandale, IA	F	46	48:57.0	15:47
128	2402	5464	CARPENTER, JOYCE	Des Moines, IA	F	48	48:59.0	15:48
129	2410	2283	BONJOUR-PHILLIPS, RENE	Des Moines, IA	F	46	49:03.4	15:50
130	2411	5604	SAWHILL, MARY	Des Moines, IA	F	47	49:03.5	15:50
131	2426	13673	BEAN, LISA	Waukee, IA	F	46	49:12.8	15:53
132	2428	4191	ATWOOD, MARY	Collins, IA	F	47	49:13.9	15:53
133	2437	12480	KNOWLES, JOLENE	Urbandale, IA	F	47	49:22.4	15:56
134	2440	3948	ARTIS, TERRI	West Des Moines, IA	F	49	49:26.3	15:57
135	2449	3382	OLSON, SHARI	West Des Moines, IA	F	49	49:32.0	15:59
136	2465	4285	KNOLL, ALICE	Grimes, IA	F	45	49:37.6	16:01
137	2476	7021	UPDIKE, BARB	Urbandale, IA	F	46	49:48.1	16:04
138	2505	6269	RASMUSSEN, LINDA	Ankeny, IA	F	49	50:14.8	16:13
139	2506	1278	FREEL, GAYLE	Indianola, IA	F	47	50:15.0	16:13
140	2513	9157	BEATTIE, ROXANNE	Runnells, IA	F	46	50:18.9	16:14
141	2526	10422	STAHL, DEB	Marshalltown, IA	F	49	50:23.9	16:15
142	2534	1831	HERROLD, KATHY	Urbandale, IA	F	47	50:29.0	16:17
143	2539	8822	STROSAHL, VICKIE	Mitchellville, IA	F	48	50:30.1	16:17
144	2560	6775	FOURA, CHERYL	Saint Charles, IA	F	45	50:43.4	16:22
145	2568	9842	RECTOR, MARY	Knoxville, IA	F	45	50:50.5	16:24
146	2572	11181	MCADAMS, KIM	West Des Moines, IA	F	49	50:52.0	16:25
147	2573	12171	BRASS, LOIS	Des Moines, IA	F	46	50:52.1	16:25
148	2582	10535	DIRKS, JANE	Urbandale, IA	F	46	50:55.0	16:25
149	2594	5752	CARLEY, PATRICIA	Marshalltown, IA	F	47	51:02.4	16:28
150	2605	12705	MENOUGH, THERESA	Urbandale, IA	F	49	51:06.4	16:29
151	2607	1299	DANDY, PEGGY	Des Moines, IA	F	46	51:06.8	16:29
152	2635	5750	SYVERSON, DEBRA	Polk City, IA	F	48	51:30.5	16:37
153	2636	1777	LEONARD, NANCY	Mitchellville, IA	F	47	51:31.8	16:37
154	2637	10046	NELSON, MARY	Des Moines, IA	F	48	51:32.4	16:38
155	2648	4683	BESCO, ALISE	Des Moines, IA	F	49	51:38.7	16:40
156	2655	8064	SHEEKS, CINDY	Johnston, IA	F	47	51:42.2	16:41
157	2671	15123	KRALIK, PATTI	Creston, IA	F	47	51:51.2	16:44
158	2676	15045	HORNBACK, KATHLEEN	Urbandale, IA	F	48	51:52.2	16:44
159	2677	3215	GOLDSMITH, LESLIE	Creston, IA	F	46	51:52.7	16:44
160	2699	1681	CROPP, RACHEL	West Des Moines, IA	F	47	52:03.9	16:48
161	2719	7242	BURMEISTER, JEANNE	Des Moines, IA	F	49	52:12.7	16:51
162	2722	15057	DEBOEF, MARRIAN	Woodward, IA	F	46	52:13.4	16:51
163	2724	4094	PETERSON, DEBRA	Creston, IA	F	47	52:14.7	16:51
164	2728	3084	HEID, DIANE	Urbandale, IA	F	46	52:16.8	16:52
165	2729	3095	SCHOLTEN, MINDY	Johnston, IA	F	48	52:17.4	16:52
166	2741	6866	HARVEY, LINDA	West Des Moines, IA	F	47	52:27.3	16:55
167	2745	5363	PFANTZ, LEANNE	West Des Moines, IA	F	49	52:29.4	16:56
168	2774	13116	KLEIN, PATTIE	West Des Moines, IA	F	45	52:42.8	17:00
169	2779	6033	VANALSTINE, JUDY K	Eagle Grove, IA	F	48	52:44.6	17:01
170	2793	1223	MARTIN, KIM	Urbandale, IA	F	46	52:49.8	17:03
171	2796	6007	CHAPPAS, CHRIS	Kansas City, MO	F	47	52:50.6	17:03

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 45 - 49

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
172	2801	14524	BUSBY, KATHRYN	Ankeny, IA	F	45	52:51.7	17:03
173	2810	163	EATON, JILL	Marshalltown, IA	F	47	52:53.4	17:04
174	2820	3252	DAVEY, LUANNE	Des Moines, IA	F	49	52:56.8	17:05
175	2866	9380	CROWELL, KATHY	Urbandale, IA	F	46	53:15.6	17:11
176	2894	9390	MEYER, JILL	Waukee, IA	F	45	53:27.2	17:15
177	2903	344	LENZE, ELAINE	Norwalk, IA	F	48	53:30.3	17:16
178	2918	4969	TODD, CYNTHIA	West Des Moines, IA	F	47	53:36.3	17:18
179	2928	6328	PAUL, ROSANNE	Des Moines, IA	F	45	53:40.3	17:19
180	2931	3353	COOPER, KATHY	Des Moines, IA	F	48	53:41.7	17:19
181	2975	9544	ELLIOTT, SUE	Ankeny, IA	F	47	53:56.5	17:24
182	2981	4398	MASSOP, KATE	Des Moines, IA	F	46	53:58.7	17:25
183	2988	10314	JOHNSTON, CHERYL	Indianola, IA	F	47	54:02.2	17:26
184	2991	5055	VONNAHME, ROSE	Des Moines, IA	F	47	54:03.0	17:26
185	2993	4464	CUMMINGS, SHERI	Des Moines, IA	F	47	54:03.5	17:26
186	2994	10770	ROAN, SANDY	West Des Moines, IA	F	48	54:03.9	17:26
187	3004	8365	THOMPSON, TINA	Maxwell, IA	F	47	54:08.4	17:28
188	3020	9089	DORWEILER, BOB	Urbandale, IA	F	47	54:14.3	17:30
189	3040	10424	GASKILL, TERRY	Marshalltown, IA	F	48	54:21.5	17:32
190	3043	3023	KIMREY, RHONDA	Madrid, IA	F	46	54:23.0	17:33
191	3044	13428	JOSEPHS, LEIGH	WEST DES	F	49	54:23.3	17:33
192	3046	5897	OWEN, ANNE	Des Moines, IA	F	49	54:24.1	17:33
193	3073	6474	GARROUTTE, CINDY	West Des Moines, IA	F	47	54:33.9	17:36
194	3086	9088	DORWEILER, JODY	Urbandale, IA	F	47	54:37.7	17:37
195	3108	8454	METCALF, TERRI	Johnston, IA	F	49	54:46.0	17:40
196	3127	10389	HEDGEPEETH, SALLIE	Des Moines, IA	F	45	54:52.4	17:42
197	3162	6429	BUTLER, JULIE	West Des Moines, IA	F	47	55:11.0	17:48
198	3169	1952	HANSELL, DEB	Ankeny, IA	F	45	55:12.9	17:49
199	3186	9255	DUNLAP, DIANE	Des Moines, IA	F	47	55:21.0	17:51
200	3187	3843	DOLS, ANNE	Des Moines, IA	F	45	55:21.7	17:52
201	3204	2841	GREEN, JAN	Indianola, IA	F	49	55:26.7	17:53
202	3230	3568	BAIRD, JOYCE	Clive, IA	F	47	55:39.6	17:57
203	3254	1723	CORBIN, MARTI	Altoona, IA	F	48	55:52.5	18:01
204	3260	12709	PETERS, CONNIE	Woodward, IA	F	46	55:54.7	18:02
205	3272	15266	ACKEERSON, ROXANNE	BAD ZIPCODE, XX	F	49	56:01.9	18:04
206	3277	13569	VAN BECK, CONNIE	Minneapolis, MN	F	47	56:03.2	18:05
207	3280	13544	FORKNER, SUZY	Des Moines, IA	F	47	56:05.0	18:05
208	3301	2127	REMSBURG, JAN	Fort Dodge, IA	F	47	56:16.5	18:09
209	3307	384	KLINE, LINDA	Woodward, IA	F	49	56:18.4	18:10
210	3315	8368	HOLL, DIANA	Nevada, IA	F	47	56:22.4	18:11
211	3317	9214	SAGAR, KIM	Marshalltown, IA	F	47	56:23.1	18:11
212	3321	8407	COCO, ANDREA	Des Moines, IA	F	49	56:25.1	18:12
213	3324	6993	KEUNING, PATTY	Prairie City, IA	F	49	56:26.1	18:12
214	3329	2729	JORDAN, PAMULA	Pleasantville, IA	F	45	56:28.8	18:13
215	3330	3107	RANDALL, JULIE	Melbourne, IA	F	45	56:28.8	18:13
216	3331	10950	ROSE, GAYLE	Ankeny, IA	F	45	56:30.3	18:14
217	3332	10922	MURPHY, LINDA	Des Moines, IA	F	46	56:31.5	18:14
218	3334	7186	MANNING, JACKIE	Ankeny, IA	F	46	56:32.4	18:14
219	3335	2848	O'CONNELL, TRUDI K	Des Moines, IA	F	46	56:32.7	18:14
220	3336	7710	MCCALL, LORI	Newton, IA	F	48	56:32.9	18:14
221	3337	3965	KINNEAR, LISA	Des Moines, IA	F	45	56:34.0	18:15
222	3340	5577	SCHROEDER, DIANE	Huxley, IA	F	48	56:35.8	18:15
223	3343	8257	MUELLER, GRETA	Altoona, IA	F	45	56:36.7	18:16
224	3347	8291	CLAUSSEN, LINDA	Altoona, IA	F	48	56:37.7	18:16
225	3350	7238	CLARK, SHIRLEY	Clarksville, IA	F	46	56:39.0	18:16
226	3354	3022	KINNEY, JAN	West Des Moines, IA	F	47	56:40.7	18:17
227	3356	10137	GOSS-HURLEY, TRUDY	Urbandale, IA	F	46	56:41.8	18:17
228	3359	8058	THOMPSON, BARB	West Des Moines, IA	F	46	56:42.5	18:18

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 45 - 49

Group	Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile	
	229	3369	5891	ALEXANDER, DIANE	Ankeny, IA	F	48	56:45.3	18:18
	230	3370	1251	ROBISON, CATHY	Carlisle, IA	F	47	56:46.2	18:19
	231	3371	4296	CORKREAN, JENNIFER	Ankeny, IA	F	47	56:47.3	18:19
	232	3372	13334	WILLIAMS, REBECCA	Ames, IA	F	47	56:47.4	18:19
	233	3387	7708	BUSHORE, DEB	Newton, IA	F	49	56:52.3	18:21
	234	3395	8284	MARONN, DARLA	Des Moines, IA	F	46	56:55.5	18:22
	235	3397	1169	MCALLISTER, MARY	Maquoketa, IA	F	49	56:56.2	18:22
	236	3408	1351	BEMRICH, MAUREEN	Fort Dodge, IA	F	49	57:03.5	18:24
	237	3420	8272	DREES, LINDA	Runnells, IA	F	45	57:10.4	18:27
	238	3441	3970	WRIGHT, MARY	Urbandale, IA	F	48	57:18.8	18:29
	239	3451	13583	PETERSON, DANETTE	Johnston, IA	F	46	57:24.5	18:31
	240	3454	15110	HAMMEN, ANN	Adel, IA	F	47	57:25.3	18:31
	241	3468	12704	MORAN, CAROL	Story City, IA	F	49	57:32.3	18:34
	242	3470	3875	PETTY, MARYBETH	Adair, IA	F	45	57:32.5	18:34
	243	3472	4787	HANSELMAN, JO	Ankeny, IA	F	46	57:33.6	18:34
	244	3479	5305	GARNES, DEBRA	Ankeny, IA	F	46	57:35.7	18:35
	245	3480	9799	TAYLOR, CAROLYN S	Des Moines, IA	F	48	57:36.2	18:35
	246	3496	10289	WATKINS, JUDITH	Hartford, IA	F	46	57:41.9	18:37
	247	3502	4854	GARASKY, MICHELLE	Ames, IA	F	46	57:46.1	18:38
	248	3503	7863	BUCKALEW, JEANETTE	Alleman, IA	F	48	57:46.7	18:38
	249	3526	3338	STETZEL, TRACY	Casey, IA	F	47	57:53.9	18:41
	250	3549	11641	BOVEY, DENETTE	Boone, IA	F	48	58:01.4	18:43
	251	3557	680	WHALEY, VICKI	Urbandale, IA	F	47	58:03.9	18:44
	252	3566	9802	GILL, VAL	Des Moines, IA	F	45	58:09.5	18:46
	253	3567	6064	BRANDT, BETH	Des Moines, IA	F	49	58:09.6	18:46
	254	3568	1314	JOHNSON, DEBORAH	Johnston, IA	F	49	58:10.0	18:46
	255	3628	7832	DENNIS, TERRY	Urbandale, IA	F	49	58:39.0	18:55
	256	3644	11713	BRUNLA, KAREN	Huxley, IA	F	48	58:42.9	18:56
	257	3663	3581	REGAN, JANICE	West Des Moines, IA	F	47	58:48.0	18:58
	258	3666	1978	PEDERSEN, SANDY	Mitchellville, IA	F	48	58:48.8	18:58
	259	3670	1099	CAMPBELL, NANCY	West Des Moines, IA	F	47	58:49.6	18:59
	260	3672	1328	MEYER, MARGARET	Altoona, IA	F	48	58:50.4	18:59
	261	3678	11244	MAKEY, BETTY	Logan, IA	F	45	58:51.9	18:59
	262	3697	10053	BOLL, JEANETTE	Urbandale, IA	F	47	58:57.2	19:01
	263	3702	11680	SHEPARD, DEBBIE	West Des Moines, IA	F	49	58:58.7	19:02
	264	3718	1437	CLARK, HOLLY	Bellevue, NE	F	48	59:03.7	19:03
	265	3730	630	FRANTUM, MER	Woodward, IA	F	47	59:07.6	19:04
	266	3740	3931	HERMAN, KIM	Urbandale, IA	F	47	59:10.0	19:05
	267	3741	1118	STRAVERS, CINDY	Prairie City, IA	F	45	59:10.5	19:05
	268	3745	8472	JEFFRIES, JODY	West Des Moines, IA	F	47	59:11.6	19:06
	269	3750	15286	MASSTERS, VIVIAN	Des Moines, IA	F	45	59:12.8	19:06
	270	3758	9360	HOSACK, CARMEN	Harlan, IA	F	47	59:15.2	19:07
	271	3765	12832	DOUGLAS, DEBRA	Urbandale, IA	F	49	59:17.6	19:08
	272	3766	138	HAGAN, PAMELA	Ankeny, IA	F	48	59:18.3	19:08
	273	3770	2111	KELLIS, MARCIE	Des Moines, IA	F	49	59:19.4	19:08
	274	3791	108	SCHLEIER, AMY	Madrid, IA	F	46	59:27.0	19:11
	275	3799	10143	CLAUSEN, DEB	Creston, IA	F	45	59:29.8	19:12
	276	3828	8444	SLOAN, VANESSA	Monroe, IA	F	47	59:41.0	19:15
	277	3833	14399	PAULDING, DYAN	Ogden, IA	F	47	59:43.3	19:16
	278	3838	12232	MCLAIN, KAREN	West Des Moines, IA	F	47	59:45.0	19:16
	279	3840	5496	DEKOVIC, SARA	Ames, IA	F	47	59:45.6	19:17
	280	3842	2910	TORKELSON, COLLEEN	West Des Moines, IA	F	45	59:46.9	19:17
	281	3845	4101	GILLESPIE, TERRI	Earlham, IA	F	49	59:48.2	19:18
	282	3869	1124	MITCHELL, JOANIE	Urbandale, IA	F	45	59:59.	19:21
	283	3873	2266	GILMER, MARCIA	Des Moines, IA	F	48	59:59.	19:21
	284	3874	5443	HUDSON, PAM	Mount Ayr, IA	F	48	59:59.	19:21
	285	3882	8513	LANNING, MARILYN	Gowrie, IA	F	49	59:59.	19:21

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Women: 45 - 49

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
286	3889	5520	NEWMAN, CHERYL	Des Moines, IA	F	48	59:59.	19:21
287	3908	8391	VIERS, SANDY	Maxwell, IA	F	46	59:59.	19:21
288	3933	6687	TRUEBLOOD, JANE	Ogden, IA	F	49	01:00:00..	19:21
289	3935	10785	WILSON, DEANNA	Waukee, IA	F	48	01:00:00..	19:21
290	3952	10439	HARVEY, CARLA	Nevada, IA	F	49	01:00:00..	19:21
291	3953	10438	WILLIAMS, VICKIE	Nevada, IA	F	46	01:00:00..	19:21
292	3955	10440	GREENWOOD, GRETCHEN	Nevada, IA	F	45	01:00:00..	19:21
293	3985	12539	RIEDE, BETH	Des Moines, IA	F	46	01:00:00..	19:21
294	4009	2836	LEHRKAMP, JAN	Des Moines, IA	F	49	01:00:00..	19:21
295	4010	5372	SLECHTA, SUSAN	Des Moines, IA	F	48	01:00:00..	19:21
296	4029	57	CARR, CAROL	Indianola, IA	F	46		
297	4040	2779	BEARD, SUSAN	Ankeny, IA	F	47		
298	4052	12824	KNUTSON, GWEN	Maxwell, IA	F	45		
299	4061	831	LANGE, DEBRA	Des Moines, IA	F	46		
300	4085	8645	RICHARDSON, KATHY	Des Moines, IA	F	45		
301	4086	8646	RICHARDSON, DEBBIE	Des Moines, IA	F	47		
302	4105	12350	RUBY, CAROL	Des Moines, IA	F	47		
303	4109	10290	PETTY, CAROLYN	Hartford, IA	F	46		
304	4119	1081	LEWIS, LORI	Spirit Lake, IA	F	47		
305	4158	7121	VERHULST, SUSAN	Urbandale, IA	F	49		
306	4165	9632	KNUTSON, MARCIA	Saint Charles, IA	F	47		
307	4182	151	MCALLISTER, MARK	Johnston, IA	F	46		
308	4193	14142	HANSON, JACKIE	Ankeny, IA	F	47		
309	4208	3293	TIPTON, LINDA	Jefferson, IA	F	49		
310	4225	11639	BEHN, DENNISE	Boone, IA	F	49		
311	4246	3555	PASHEK, REBECCA	Van Meter, IA	F	46		
312	4251	4184	EICHMANN, KAREN	Urbandale, IA	F	45		
313	4267	8196	WOOD, MARY	West Des Moines, IA	F	45		
314	4269	5092	JABOUR, DODIE	Clive, IA	F	45		
315	4317	8577	WENTLAND, KIM	Des Moines, IA	F	46		
316	4319	6371	BAKER, LORI	Des Moines, IA	F	46		
317	4330	2983	CRABTREE, BECKY	West Des Moines, IA	F	45		
318	4367	8630	SCHAEFFER, GINA	Altoona, IA	F	46		
319	4376	1325	AUSTIN, DEB	Urbandale, IA	F	49		
320	4391	113	RYAN, DEBRA	Urbandale, IA	F	49		
321	4407	5601	ROYCE, ROBBI	Des Moines, IA	F	49		
322	4430	3673	AREGES, JODENE	West Des Moines, IA	F	45		
323	4438	14574	ANDERSON, JULIE	Ankeny, IA	F	45		
324	4439	3636	THOMAS, LINDA	Urbandale, IA	F	49		
325	4465	7368	TUFFORD, LAURIE	Nevada, IA	F	48		
326	4484	1715	JENSEN, CAROL	West Des Moines, IA	F	49		
327	4508	7666	TEALE, SHARON	Altoona, IA	F	47		
328	4524	10494	CHARLET, GINA	Adel, IA	F	49		
329	4541	5095	MAUTZ, ANITA	Ankeny, IA	F	48		
330	4550	2623	WHEELER, SHEREE	Des Moines, IA	F	48		
331	4568	15494	COY, KAREN	Ames, IA	F	49		
332	4569	6510	TYLER, JENNIE	Des Moines, IA	F	47		
333	4573	15395	KANE, CINDY	West Des Moines, IA	F	48		
334	4576	5487	MITCHELL, LISA	West Des Moines, IA	F	45		
335	4578	11004	MURPHY, BONNIE	Ankeny, IA	F	48		
336	4579	13781	ARONOW, MINDY	BAD ZIPCODE, XX	F	48		
337	4592	12396	VAAGEN, SUE	West Des Moines, IA	F	49		
338	4600	14397	FULLER, KIMBERLY	Ankeny, IA	F	47		
339	4601	7440	MATHENY, JULIE	Des Moines, IA	F	46		
340	4608	5606	VANHYTE, ANN	Adel, IA	F	48		
341	4613	2340	GOLIK, NANCY	Indianola, IA	F	49		
342	4615	8649	ROBERTS, JENNIFER	Des Moines, IA	F	48		

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<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
343	4616	8648	MORRIS, TONI	Des Moines, IA	F	47		
344	4623	4674	KLEINSCHMIT, MARY	Clive, IA	F	49		
345	4656	2819	SCHNOES, JEAN	Adel, IA	F	46		
346	4678	10105	TEST, DONNA	Des Moines, IA	F	46		
347	4703	13796	WEBER, LYNN	Cedar Rapids, IA	F	49		
348	4714	5697	HAMILTON, EILEEN	Des Moines, IA	F	45		
349	4717	13983	OWEN, NANCY	Des Moines, IA	F	49		
350	4718	118	FORST, KRIS	Des Moines, IA	F	45		
351	4737	7774	FORNERIS, SANDY	Grimes, IA	F	49		
352	4741	923	SMITH, MARILYN	Randall, IA	F	45		
353	4747	4334	MOMBERG-ODOM, DIANE	Des Moines, IA	F	48		
354	4753	13037	MINER, JOELLE	Perry, IA	F	48		
355	4755	3306	PITTMAN, LEEANN	Jamaica, IA	F	45		
356	4772	7759	PARRISH, PATTY	West Des Moines, IA	F	46		
357	4774	9331	MILLER, KRIS	Harlan, IA	F	49		
358	4775	7758	SMITH, RHONDA	West Des Moines, IA	F	47		
359	4777	7760	ROUTH, JULIE	West Des Moines, IA	F	49		
360	4783	15095	GITTINS, MARGARET	Prairie City, IA	F	49		
361	4784	12092	HOLMES, BECKY	Des Moines, IA	F	48		
362	4792	1272	HILL, JANET	Des Moines, IA	F	49		
363	4799	8223	DOWIE, LAURIE	Des Moines, IA	F	45		
364	4818	8992	PARTEE, DEB	Madrid, IA	F	45		
365	4821	745	WEEKS, KIMBERLY	Des Moines, IA	F	46		
366	4841	5102	CONLEY, TAMI	Norwalk, IA	F	48		
367	4868	12503	MORGAN, LINDA	Altoona, IA	F	49		
368	4882	7528	ROTH, LOU ANN	Colo, IA	F	47		
369	4926	5199	MISTRY, LOUISE	West Des Moines, IA	F	45		
370	4950	8810	COOPER, TAMMY	Altoona, IA	F	47		
371	4953	13438	BRUNTZ, JULIE	West Des Moines, IA	F	48		
372	4959	15233	BURK, LORETTA	Norwalk, IA	F	46		
373	4986	7966	LEWIS, SHELLY	Des Moines, IA	F	45		
374	4992	356	RYNEARSON, JANELLE	Urbandale, IA	F	48		
375	5024	7364	FRY, DEB	Ames, IA	F	48		
376	5030	3425	CROW, VICKI	Des Moines, IA	F	49		
377	5032	10699	GRYLLS, JULIE	Des Moines, IA	F	48		
378	5034	4672	BOERSMA, JAMIE	Clive, IA	F	48		
379	5047	6193	BREHENY, WENDY	Des Moines, IA	F	47		
380	5055	3361	DEANGELIS, TERRI	Truro, IA	F	46		
381	5056	3506	ANDERSON, PATRICIA	Nevada, IA	F	47		
382	5083	15071	HUFFMAN, SHELLY	Stockport, IA	F	45		
383	5101	4591	FITCH, SHIRLEY	De Soto, IA	F	46		
384	5102	12780	WOODARD, CRYSTAL	Des Moines, IA	F	45		
385	5134	4211	WHEELER-SMITH, GARNETT	Grimes, IA	F	49		
386	5147	7155	MARSHALL, CINDY	Ankeny, IA	F	46		
387	5160	6982	MARGUERITE, BERRA	Coralville, IA	F	47		
388	5179	11489	WICKS, PAMELA	Des Moines, IA	F	47		
389	5188	9137	MONTIS, BARBARA	Des Moines, IA	F	46		
390	5189	9141	TUCKER, SUSAN	Des Moines, IA	F	47		
391	5191	5829	HARTNESS, TAMI	Ankeny, IA	F	46		
392	5194	4519	CLYNE, JANA	Clive, IA	F	45		
393	5203	10512	ZUCH, MARLA	Des Moines, IA	F	49		
394	5207	12033	WHIPPLE, KAREN	Ankeny, IA	F	45		
395	5217	1656	BURKE, ROSIE	Madrid, IA	F	48		
396	5223	140	GROFF, DEBBIE	Ankeny, IA	F	47		
397	5237	7640	PALIK, DEBRA	Des Moines, IA	F	49		
398	5251	4095	HARSHBARGER, DEBBIE	Urbandale, IA	F	47		
399	5252	11454	KLING, JANENE	Ankeny, IA	F	45		

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<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
400	5260	9780	MILES, SUE	Des Moines, IA	F	45		
401	5263	264	JOHNSON, ROSEMARY	Des Moines, IA	F	49		
402	5269	11774	SCHULTE, LINDA	Waterloo, IA	F	46		
403	5300	4901	ADES, JANET	Norwalk, IA	F	49		
404	5305	8975	PHIPPS-MATTHEWS, DENIA	Madrid, IA	F	49		
405	5306	3402	LAWRENCE, CATHY	Lacona, IA	F	48		
406	5311	4120	MEYERS, VICKY	Ankeny, IA	F	46		
407	5313	12040	HAMBLIN, SUSAN	Ankeny, IA	F	47		
408	5314	13516	BUNTING, DEBBIE	Cumming, IA	F	47		
409	5329	5393	COLBERT, DIANE	PLEASNAT HILL,	F	46		
410	5338	904	BISHOP, KAREN	Ankeny, IA	F	49		
411	5349	14054	THUNE, CATHIE	Clive, IA	F	48		
412	5350	9847	ADREAN, TAMMIE	Pleasantville, IA	F	46		
413	5356	12012	WITHERSPOON, LOUISE	Ankeny, IA	F	45		
414	5360	8259	TOMETICH, CINDY	Johnston, IA	F	46		
415	5361	8269	KLECKNER, JUDY	Mitchellville, IA	F	46		
416	5362	8293	ELLIOTT, JOYCE	New Hartford, IA	F	47		
417	5363	8292	WHITTINGTON, CHERRI	Waterloo, IA	F	49		
418	5368	2431	CHEEK, SUE	Norwalk, IA	F	46		
419	5369	6567	MCDONALD, SUE	Saint Charles, IA	F	49		
420	5373	8107	KUHNS-CUNNINGHAM, ROBIN	Granger, IA	F	45		
421	5383	5456	ROMAR, BARBARA	West Des Moines, IA	F	46		
422	5401	1689	YOUNG, SHERYL	West Des Moines, IA	F	47		
423	5422	7256	BEISNER, DIANE	Earlham, IA	F	45		
424	5428	7267	HOPKINS, KATHY	Earlham, IA	F	49		
425	5451	7322	MEIER, CAROL	Des Moines, IA	F	45		
426	5472	10509	BRAIL-FREEMAN, RUTH	Des Moines, IA	F	45		
427	5484	15385	SLOTERDZK, LAURIE	Des Moines, IA	F	48		
428	5496	8213	KOCK, BONITA	West Des Moines, IA	F	45		
429	5507	6242	JAMES, ELLEN	West Des Moines, IA	F	45		
430	5532	5730	NEAL, SHERI	PLEASNAT HILL,	F	45		
431	5536	14213	WEISER, DIANE	Urbandale, IA	F	49		
432	5539	2080	HULLINGER, DEBBIE	Corydon, IA	F	48		
433	5562	9325	JACKSON, KIM	Des Moines, IA	F	45		
434	5569	2767	STRUM, MARY	West Des Moines, IA	F	46		
435	5576	2977	FRAME, NANCY	Des Moines, IA	F	48		
436	5579	13341	MELTON, LISE	Des Moines, IA	F	45		
437	5583	10836	GAVIN, PAM	Des Moines, IA	F	48		
438	5591	2723	FORDYCE, PAM	Altoona, IA	F	49		
439	5593	15001	SPIELGER, RONDA	Iowa City, IA	F	47		
440	5594	7318	HORN, SARAH	Des Moines, IA	F	47		
441	5616	10642	REAMES, LORI	Clive, IA	F	47		
442	5628	4443	BREER, PAM	Colo, IA	F	46		
443	5630	8027	WOOD, CHRISTINE	Ankeny, IA	F	49		
444	5635	12562	MCCLELLAND, MARY	Toledo, IA	F	46		
445	5644	5379	HOUGE, LENNIE	Des Moines, IA	F	48		
446	5645	5380	SORENSEN, NANCY	Ankeny, IA	F	48		
447	5646	4201	ADAMS, SHERREE	Des Moines, IA	F	49		
448	5647	2410	WORKMAN, DEB	Norwalk, IA	F	48		
449	5650	6554	ANDERSON, GENONNE	Saint Charles, IA	F	48		
450	5654	3055	WENDT, RONDA	Kansas City, MO	F	46		
451	5659	1924	FOGUE, LYNN	Ames, IA	F	48		
452	5671	4928	CONNOR, MARY	Clive, IA	F	45		
453	5731	12513	ARNOLD, CINDY	Van Meter, IA	F	48		
454	5736	12507	MOYER, DEBRA	Des Moines, IA	F	49		
455	5737	9891	JOHNSON, CINDY	Indianola, IA	F	45		
456	5740	8117	MACKERMAN, BONNIE	Newton, IA	F	46		

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<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
457	5746	5645	NICHOLS, JEAN	PLEASNAT HILL,	F	49		
458	5752	11878	JOHNSON, DEE	Altoona, IA	F	45		
459	5756	6045	LANE, SANDY	Indianola, IA	F	46		
460	5759	12512	LUMSDON, ROBIN	Des Moines, IA	F	49		
461	5760	12510	WALLACE, ALYCE	Des Moines, IA	F	49		
462	5761	6069	LAVENDER-JIPP, LORI	West Des Moines, IA	F	47		
463	5770	8996	KASZUBOWSKI, DEBBIE	West Des Moines, IA	F	47		
464	5771	1126	AMAYA, SHARON	San Jose, CA	F	47		
465	5773	2161	ALEXANDER, CAROL	West Des Moines, IA	F	45		
466	5792	2433	SMITH, DEB	Norwalk, IA	F	45		
467	5798	9479	MAINE, NANCY	Urbandale, IA	F	49		
468	5816	8415	HUFFMAN, THELMA	Woodward, IA	F	46		
469	5817	8409	WERNECKE, RHONDA	Urbandale, IA	F	49		
470	5824	7776	MUENZENBERGER, BETH	West Des Moines, IA	F	48		
471	5825	7777	RINGLAND, ELAINE	West Des Moines, IA	F	47		
472	5830	12133	ODONNELL, KRIS	Des Moines, IA	F	49		
473	5838	5180	SCOTT, SHELLEY	West Des Moines, IA	F	47		
474	5845	11214	PHILLIPS, JILL	Des Moines, IA	F	46		
475	5850	8783	SCHROEDER, DONNA	West Des Moines, IA	F	48		
476	5858	8485	PEIFFER, TERESA	Johnston, IA	F	46		
477	5877	5995	KOLTHOFF, CINDY	New Hampton, IA	F	47		
478	5887	1222	CAMPBELL, DEBBIE	Ankeny, IA	F	46		
479	5890	5722	PULVER, DEBRA	West Des Moines, IA	F	46		
480	5891	3800	HILMES, JENNIFER	Des Moines, IA	F	47		
481	5896	4547	HARRISON, PATTY	Jefferson, IA	F	45		
482	5897	8305	NIEBUHR, DENISE	Perry, IA	F	46		
483	5903	10822	CAIRNS, CHRISTINE	Carlisle, IA	F	46		
484	5909	10826	BOATWRIGHT, LARITA	Des Moines, IA	F	48		
485	5918	5879	RIPPEL, MONA	Johnston, IA	F	47		
486	5919	4772	BRADLEY, DARLENE	Johnston, IA	F	46		
487	5931	10560	EGAN, CINDY	Des Moines, IA	F	46		
488	5979	358	WEBB, SANDRA	Des Moines, IA	F	48		
489	6006	5076	MARS, JACKIE	West Des Moines, IA	F	48		
490	6038	13447	SPEAR, CARI	Ankeny, IA	F	48		
491	6050	15012	REYNOLDS, CHERYL	Carrollton, TX	F	49		
492	6060	1896	SCHWARCK, BARB	Eldora, IA	F	46		
493	6079	5781	WARD, JULIE	Runnells, IA	F	47		
494	6094	8006	CROZIER, VALERIE	Mingo, IA	F	48		
495	6107	396	ROLFES, BECKY	Polk City, IA	F	46		
496	6109	4590	DELANOIT, COLLEEN	Indianola, IA	F	46		
497	6116	11317	SMITH, CATHERINE	West Des Moines, IA	F	49		
498	6129	4874	SETCHELL, NANCY	West Des Moines, IA	F	48		
499	6141	267	COOPER, JANET	Urbandale, IA	F	48		
500	6175	8016	MC GREGOR, KAREN	Des Moines, IA	F	45		
501	6194	7017	CROUSE, JUDY	Altoona, IA	F	45		
502	6198	4957	ROLOFF, JANICE	State Center, IA	F	47		
503	6221	224	WILLIAMS, DEBRA	Des Moines, IA	F	46		
504	6234	4025	SCHLIEVERT, SARA	Des Moines, IA	F	49		
505	6242	485	BASKIN, LYNN	West Des Moines, IA	F	45		
506	6247	11439	KIRKMAN, DAWN	Urbandale, IA	F	49		
507	6255	12722	ADAMS, NANCY	West Des Moines, IA	F	47		
508	6272	11559	HENDERSON, VICKI	Waukee, IA	F	49		
509	6275	11706	SMITH, CATHY	Granger, IA	F	49		
510	6284	9280	VOUMARD, TERESA	Des Moines, IA	F	45		
511	6298	3876	WEST, KATHERINE	West Des Moines, IA	F	47		
512	6302	7662	WOODS, SHARI	West Des Moines, IA	F	46		
513	6310	9720	WILDER, WANDA	Waukee, IA	F	48		

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514	6312	13399	PARCEL, HEIDI	Norwalk, IA	F	47		
515	6330	513	HARKIN, LYNN	Ankeny, IA	F	45		
516	6332	12073	MCGONEGLE, ANN	Des Moines, IA	F	48		
517	6334	4105	MORTENSON, CYNDI	Newton, IA	F	46		
518	6345	12081	O'DONNELL, TERRIE	Des Moines, IA	F	49		
519	6347	7005	GRAF, DEB	Williamsburg, IA	F	47		
520	6359	3573	BRINKMAN, MARY KAY	Urbandale, IA	F	46		
521	6391	11988	LUNDSTROM, BETH	Berwick, IA	F	46		
522	6397	7781	VONNAHME, SHIRLEY	Ankeny, IA	F	47		
523	6406	950	HOUCK, JONI	Ames, IA	F	45		
524	6409	5367	RICHE, SHARLENE	West Des Moines, IA	F	48		
525	6418	10291	PRICE, KAYLA	Carlisle, IA	F	48		
526	6435	13626	TOLLAKSON, NANETTE	West Des Moines, IA	F	49		
527	6465	1513	SCHUG, GAYLEEN	Auburn, IA	F	45		
528	6480	1038	PAPIAN, KATHY	Des Moines, IA	F	47		
529	6485	12433	WICKER, KITTY	Des Moines, IA	F	48		
530	6496	5983	WILLIAMS, RHONDA	Des Moines, IA	F	48		
531	6523	8493	LOGLI, KRYSTAL	Clive, IA	F	46		
532	6536	2829	BAKER, KATHY	Le Grand, IA	F	49		
533	6548	4827	BIEGLER, DIANA	Des Moines, IA	F	46		
534	6551	2580	DIVIS, TERI	Urbandale, IA	F	45		
535	6560	10178	FURNAL, VAL	Pleasantville, IA	F	45		
536	6566	846	GOODE, MARCIA	Indianola, IA	F	45		
537	6581	5726	BARRETT, SALLY	Des Moines, IA	F	45		
538	6582	5037	LYNCH, AMY	Des Moines, IA	F	46		
539	6584	1719	ECKLEY, DAWN	Des Moines, IA	F	46		
540	6590	7633	KOZEL, DEB	Des Moines, IA	F	49		
541	6609	13985	VANSICKLE, SHERRIE	Des Moines, IA	F	46		
542	6630	9597	BILLINGSLEY, DEB	Cumming, IA	F	47		
543	6641	8452	SHERWOOD, LYNN	Des Moines, IA	F	48		
544	6664	15308	LUND, GINA	Des Moines, IA	F	45		
545	6666	8713	TAYLOR, TERESA	Granger, IA	F	46		
546	6669	406	GROVE, ELIZABETH	Grimes, IA	F	45		
547	6672	2071	NIELSEN, DEBBIE	Des Moines, IA	F	45		
548	6711	12897	SPENCER, CARLA	West Des Moines, IA	F	49		
549	6729	12829	LARSON, SUE	West Des Moines, IA	F	48		
550	6732	13506	BONIA, KAREN	Des Moines, IA	F	48		
551	6734	2239	MARTIN, PAM	Des Moines, IA	F	45		
552	6737	14348	RIVERS, DIANE	Ankeny, IA	F	45		
553	6741	12516	WILLIAMS, DEBBIE	Van Meter, IA	F	48		
554	6778	15499	WILSON, SANDY	Des Moines, IA	F	48		
555	6782	3958	HAAKINSON, LORI	Des Moines, IA	F	47		
556	6784	8725	DOBSON, EVA	Des Moines, IA	F	47		
557	6785	8469	BAKER, JULIE	Des Moines, IA	F	45		
558	6788	4299	YBARROLA, LORIE	Pella, IA	F	48		
559	6819	5432	SMITH, PAM	Newton, IA	F	46		
560	6826	8372	MYERS, DENISE	Maxwell, IA	F	49		
561	6832	5042	DIETZ, NANCY	Ankeny, IA	F	47		
562	6834	13976	WAKEFIELD, CHRIS	Des Moines, IA	F	47		
563	6844	1608	HARDING, LINDA	Eldora, IA	F	48		
564	6853	5439	DURDEN, LORETTA	Des Moines, IA	F	48		
565	6859	11213	WONDERS, MICHELLE	Des Moines, IA	F	47		
566	6881	9143	FEATHERS, SUSIE	Des Moines, IA	F	49		
567	6900	7829	MAHLER, JENNIFER	Urbandale, IA	F	49		
568	6916	5165	BATA, SUE	Urbandale, IA	F	47		
569	6918	3935	YOUNG, DEB	Urbandale, IA	F	49		
570	6923	8774	DEPAUW, ROSANNE	Urbandale, IA	F	48		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 45 - 49

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
571	6933	9691	DUFF, PATTY	BAD ZIPCODE, XX	F	48		
572	6937	13650	SCHMIDT, JOLENE	Waukee, IA	F	48		
573	6946	8245	BRIGGS, MARTI	Indianola, IA	F	45		
574	6965	3744	ROCHLEAU, JAN	Dallas Center, IA	F	49		
575	6985	4648	TICE, ROBIN	Ames, IA	F	45		
576	7001	4544	STUBER, JULIE	Des Moines, IA	F	49		
577	7003	3205	BAHLS, CARLA	Des Moines, IA	F	47		
578	7031	8663	BEEBE, DEB	Norwalk, IA	F	46		
579	7044	6121	HOLCK, DENISE	Des Moines, IA	F	46		
580	7055	2764	HAYNES, MARY	Des Moines, IA	F	49		
581	7059	3035	BRUNS, CYNTHIA	Knoxville, IA	F	45		
582	7060	3331	KAUZLARICH, LYNDA	Centerville, IA	F	49		
583	7063	12029	RAGAN, JOAN	Mitchellville, IA	F	49		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 50 - 54

Group	Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile
1	271	1727	WICKMAN, JANE	Kellogg, IA	F	51	24:09.4	7:48
2	301	7971	ROBINSON, CONNIE	Bondurant, IA	F	53	24:25.2	7:53
3	416	5000	FINNEGAN, THERESA	Des Moines, IA	F	50	25:39.7	8:17
4	446	5493	SCHMITT, DENIS	West Des Moines, IA	F	50	25:56.8	8:22
5	456	5975	SPARKS, SANDY	Norwalk, IA	F	51	26:01.9	8:24
6	559	7374	POOLE, PENNY	Nevada, IA	F	51	26:47.9	8:39
7	626	6596	MATHIS, MARY	West Des Moines, IA	F	52	27:18.3	8:48
8	648	1207	BLAKEMAN, ROBERTA	Altoona, IA	F	54	27:27.1	8:51
9	819	4720	VOORHEES, JENNIFER	West Des Moines, IA	F	52	28:47.2	9:17
10	842	4887	ZWEMKE, KATHY	Marshalltown, IA	F	54	28:59.2	9:21
11	853	7947	SESKER, JANE	Norwalk, IA	F	52	29:03.5	9:22
12	882	10485	STEWART, JOLANE	West Des Moines, IA	F	50	29:16.1	9:26
13	907	8462	METCALF, ALEX	Johnston, IA	F	50	29:25.4	9:30
14	922	10723	DABILL, ARLENE	Urbandale, IA	F	54	29:33.1	9:32
15	934	255	GREUBEL, ANN	Indianola, IA	F	54	29:41.1	9:35
16	992	3325	BILLER, SHERI	Urbandale, IA	F	50	30:02.3	9:41
17	1027	1465	STJERNBERG, CATHERINE	Des Moines, IA	F	51	30:18.3	9:47
18	1049	11744	WAAGE, COLEEN	West Des Moines, IA	F	53	30:27.0	9:49
19	1258	6145	STROHBECK, LINDA	Urbandale, IA	F	50	31:51.5	10:17
20	1264	10498	DUTCHER, RUTH	West Des Moines, IA	F	52	31:54.7	10:18
21	1278	2831	GOODMAN, KATHLEEN	Colfax, IA	F	52	31:59.0	10:19
22	1310	2507	BARNARD, BARB	West Des Moines, IA	F	50	32:10.8	10:23
23	1320	10592	SCHULT, LINDA	Denver, IA	F	54	32:15.3	10:24
24	1360	540	MILBURN, PENNY	Johnston, IA	F	52	32:32.1	10:30
25	1424	7835	BURGETT, ESTHER	Des Moines, IA	F	54	33:03.0	10:40
26	1471	1060	GILBERT, LAURA	Urbandale, IA	F	50	33:20.3	10:45
27	1514	10518	LOFFLER, ZULEMA	Johnston, IA	F	51	33:43.9	10:53
28	1516	11026	ZEIGLER, DIANE	Urbandale, IA	F	53	33:45.2	10:53
29	1608	13572	EGLI, SANDRA	Ankeny, IA	F	52	34:30.0	11:08
30	1622	13937	MCCAULEY, CHARITY	Urbandale, IA	F	50	34:36.4	11:10
31	1630	7208	YORK, ANN	Des Moines, IA	F	50	34:38.6	11:11
32	1634	6714	WALTER, JANICE	Altoona, IA	F	52	34:40.6	11:11
33	1814	1649	BARTECKI, SUSAN	West Des Moines, IA	F	51	37:30.8	12:06
34	1956	2493	SEVERSON, CHERYL	Nora Springs, IA	F	51	40:09.9	12:57
35	1986	2024	SPANN, CINDY	Adel, IA	F	52	41:04.3	13:15
36	2000	4206	BUNESS, ANNEMARIE	Granger, IA	F	52	41:14.9	13:18
37	2023	10460	DANILSON, JAN	Woodward, IA	F	52	42:01.1	13:33
38	2036	7221	TOFTEY, SUSAN	Kanawha, IA	F	50	42:27.5	13:42
39	2037	905	COE, CRYSTAL	Bettendorf, IA	F	50	42:27.9	13:42
40	2056	5146	CINTRON, YOLANDA	Des Moines, IA	F	50	43:05.7	13:54
41	2084	11498	CLEMENTS, LINDA	Des Moines, IA	F	52	43:57.5	14:11
42	2086	5507	HAYWOOD, WAHNETA	Janesville, IA	F	54	43:59.8	14:12
43	2101	1552	HADD, MARY	West Des Moines, IA	F	50	44:25.3	14:20
44	2116	395	OVERMAN, MARY ELLEN	West Des Moines, IA	F	54	44:39.0	14:24
45	2166	4180	BERGMAN, JAN	Norwalk, IA	F	50	45:17.0	14:36
46	2178	2592	GROOTVELD, KAREN	Ottumwa, IA	F	50	45:28.6	14:40
47	2198	11299	DUFFY, PAM	Adel, IA	F	50	45:55.9	14:49
48	2206	14610	HART, LINDA	Des Moines, IA	F	54	46:04.4	14:52
49	2236	3753	VOIGHT, JANE	Urbandale, IA	F	51	46:46.4	15:05
50	2240	15320	LINK, BARBARA	Portland, OR	F	50	46:52.	15:07
51	2261	1423	BINGMAN, RHONDA	Madrid, IA	F	52	47:14.3	15:14
52	2263	12294	MAHNKE, SHERI	Runnells, IA	F	50	47:16.1	15:15
53	2269	1255	BREHMER, JANIS	Johnston, IA	F	54	47:17.5	15:15
54	2277	14161	MOSKAL, HELEN	Des Moines, IA	F	53	47:24.7	15:18
55	2296	11610	VOCELKA, ANDREA	Johnston, IA	F	52	47:40.4	15:23
56	2298	1859	OSBORN, BOBBI	Knoxville, IA	F	50	47:42.2	15:23
57	2306	806	PHILLIPS, VICKI	Malcolm, NE	F	54	47:47.6	15:25

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 50 - 54

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
58	2320	5775	MORGAN, KAREN	West Des Moines, IA	F	51	48:02.0	15:30
59	2330	640	MCGRAW, PEGGY	Dubuque, IA	F	51	48:11.9	15:33
60	2358	3140	ANDREW-MONAGHAN,	Ames, IA	F	50	48:37.5	15:41
61	2380	3452	WARDEN, LU ANN	Marshalltown, IA	F	50	48:49.4	15:45
62	2400	1693	LINDROTH, VIOLET	Des Moines, IA	F	50	48:57.7	15:48
63	2401	1216	KEETON, BONNIE	Redfield, IA	F	53	48:57.8	15:48
64	2408	7287	NUZUM, BILLY	Johnston, IA	F	50	49:02.7	15:49
65	2420	13448	DENNY, KATHY	West Des Moines, IA	F	53	49:06.8	15:51
66	2433	154	VITZTHUM, CONNIE	Stuart, IA	F	52	49:18.8	15:54
67	2434	245	WIERSON, FRAN	Waukee, IA	F	53	49:20.2	15:55
68	2445	1095	KERMAN, PAULA	Des Moines, IA	F	51	49:30.8	15:58
69	2457	9320	ROACH, MARY	Cumming, IA	F	54	49:35.1	16:00
70	2471	1710	HARRIS, DEB	Johnston, IA	F	50	49:40.3	16:01
71	2487	4056	HOGUE, SALLY	Blue Grass, IA	F	54	50:01.1	16:08
72	2494	14394	GRAY, ANN	Knoxville, IA	F	50	50:09.1	16:11
73	2508	11424	WILSON, PATRICIA	Cumming, IA	F	52	50:15.9	16:13
74	2518	4208	JOHNSON, ROSANNE	Granger, IA	F	51	50:21.2	16:15
75	2533	5994	SCHOEN, MADELYN	West Des Moines, IA	F	52	50:28.4	16:17
76	2542	5319	NURRE, DEB	Mankato, MN	F	52	50:31.2	16:18
77	2554	7338	FICKEN, JOYCE	Nevada, IA	F	50	50:37.6	16:20
78	2555	12169	MOORHEAD, NANCY	Des Moines, IA	F	50	50:38.3	16:20
79	2556	7337	WALKER, MADELEINE	Nevada, IA	F	54	50:40.4	16:21
80	2569	10063	AGNESS, BEV	Altoona, IA	F	53	50:50.8	16:24
81	2577	3005	MCCULLOH, JULIE	West Des Moines, IA	F	51	50:53.2	16:25
82	2584	10538	JACQUELYN, KAUFMAN	Clive, IA	F	53	50:56.1	16:26
83	2600	1757	BOOCK, ANNEMARIE	Johnston, IA	F	51	51:05.1	16:29
84	2603	7819	CASEBOLT, BARBARA	Clive, IA	F	54	51:05.8	16:29
85	2611	8402	ASWEGAN, GLORIA	PLEASNAT HILL,	F	50	51:08.5	16:30
86	2620	6237	BURT, JEAN	Des Moines, IA	F	52	51:17.4	16:33
87	2630	3088	WILLE, DEB	Clive, IA	F	53	51:27.0	16:36
88	2638	10225	DENHART, RITA	BAD ZIPCODE, XX	F	52	51:33.3	16:38
89	2660	15190	MIDDENDORF, CHERYL	West Des Moines, IA	F	53	51:47.9	16:43
90	2689	11183	COOPER, JEAN	West Des Moines, IA	F	54	51:57.1	16:46
91	2691	11015	PEPPERS, LINDA	Ankeny, IA	F	53	51:57.6	16:46
92	2695	8085	KING, MARCIA	Johnston, IA	F	51	52:00.5	16:47
93	2701	14204	MANNING, JERI	Des Moines, IA	F	51	52:04.4	16:48
94	2718	1488	BERARDI, NANCY	Des Moines, IA	F	51	52:12.4	16:50
95	2727	9056	CREAGER, KAREN	West Des Moines, IA	F	54	52:15.4	16:51
96	2733	13818	STINSON, JACKIE	Des Moines, IA	F	53	52:20.4	16:53
97	2742	1580	PARKER, DAWN	Perry, IA	F	52	52:27.7	16:55
98	2744	8871	REZAC, DIANA	Des Moines, IA	F	54	52:29.1	16:56
99	2748	1570	WYCH, MARCIA	Des Moines, IA	F	52	52:30.6	16:56
100	2760	4271	GOODE, JANET	Des Moines, IA	F	52	52:37.1	16:58
101	2776	13319	TOFTEY, CAROLYN	Ames, IA	F	54	52:43.2	17:00
102	2815	10848	BAUSTIAN, KATHLEEN	Urbandale, IA	F	50	52:55.6	17:04
103	2816	160	CURRY, KATHLEEN	Des Moines, IA	F	51	52:55.7	17:04
104	2818	8205	BURGESS, CLARANN	West Des Moines, IA	F	50	52:55.8	17:04
105	2829	417	SCHUNK, KAREN	Des Moines, IA	F	53	53:02.2	17:07
106	2836	2450	HOCHMUTH, RHONDA	Mitchellville, IA	F	51	53:04.9	17:07
107	2856	10583	MARSKE, JONI	West Des Moines, IA	F	51	53:12.2	17:10
108	2859	2073	CUNNINGHAM, ANN	Paton, IA	F	50	53:13.4	17:10
109	2877	5579	JONES, SUZANNE	Altoona, IA	F	53	53:19.2	17:12
110	2897	3065	PETERS, JEAN	Clive, IA	F	51	53:28.5	17:15
111	2914	3046	RENOUX, JUDITH	Madrid, IA	F	51	53:35.1	17:17
112	2915	2143	HOVE, MARCIA	Stanhope, IA	F	54	53:35.5	17:17
113	2925	3063	BERRY, ELAINE	West Des Moines, IA	F	50	53:39.5	17:19
114	2934	2533	HILL, VICKI	Stanhope, IA	F	54	53:42.8	17:20

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 50 - 54

Group	Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile	
	115	2935	8211	KLEIN, TRACY	West Des Moines, IA	F	51	53:43.3	17:20
	116	2964	4162	SANKEY, KATHIE	West Des Moines, IA	F	50	53:53.0	17:23
	117	2966	14236	DOYLE, MARIE	Des Moines, IA	F	51	53:53.3	17:23
	118	2972	13390	WETSCH, SUE	Urbandale, IA	F	50	53:56.0	17:24
	119	2984	13118	MCKIBBIN, VICKI	West Des Moines, IA	F	53	54:01.2	17:26
	120	2986	8539	PETERSEN, DEEDEE	Ankeny, IA	F	54	54:01.3	17:26
	121	3001	14016	RASMUSSEN, TINA	West Des Moines, IA	F	50	54:07.2	17:28
	122	3019	6135	SHULTZ, CHERYL	West Des Moines, IA	F	54	54:13.7	17:30
	123	3025	8380	TICHENOR, CATHY	Nevada, IA	F	53	54:15.5	17:30
	124	3041	238	HUESER, LINDA	Madrid, IA	F	54	54:21.8	17:32
	125	3049	3091	DECKER, LINDA	Leon, IA	F	53	54:25.1	17:33
	126	3057	8190	ENGELHARDT, SUZANNE	West Des Moines, IA	F	52	54:28.4	17:34
	127	3065	8728	VAN VERTH, BEV	Urbandale, IA	F	51	54:30.5	17:35
	128	3078	14513	DOYLE, MARIE	BAD ZIPCODE, XX	F	51	54:35.9	17:37
	129	3094	13633	PETERSEN, SUE	Waukee, IA	F	51	54:40.5	17:38
	130	3095	8468	OVERTON, DEBORAH	West Des Moines, IA	F	50	54:41.0	17:38
	131	3102	1067	CHAPMAN, DEBRA	Johnston, IA	F	53	54:44.2	17:39
	132	3105	10250	REICHARDT, DEBBIE	Des Moines, IA	F	52	54:45.1	17:40
	133	3113	635	WEBER, DEBORAH	Johnston, IA	F	52	54:46.9	17:40
	134	3114	13911	MAAS, BEV	Johnston, IA	F	52	54:47.4	17:40
	135	3146	5546	EASTIN, PATTY	Clive, IA	F	51	55:02.8	17:45
	136	3149	4950	GILL, SUSAN	Clive, IA	F	50	55:03.9	17:46
	137	3153	5385	MATHEWS, KATHY L	Colfax, IA	F	52	55:07.5	17:47
	138	3180	2223	HAMMER, SHARI	Ames, IA	F	53	55:18.8	17:51
	139	3202	5590	WALTERS, JANET	Urbandale, IA	F	54	55:25.8	17:53
	140	3210	2555	VISSER, JAN	Des Moines, IA	F	53	55:30.0	17:54
	141	3228	7228	SAMMLER, PAT	West Des Moines, IA	F	54	55:38.2	17:57
	142	3234	2556	THIELEN, TERESA	Des Moines, IA	F	53	55:40.7	17:58
	143	3235	1982	GARRINGER, BOBBI	West Des Moines, IA	F	51	55:41.1	17:58
	144	3240	11277	HUSER, DEBBIE	Des Moines, IA	F	50	55:44.0	17:59
	145	3294	6987	RASMUSSON, MARY	Clive, IA	F	50	56:13.8	18:08
	146	3298	5149	DIAMOND, JAN	PLEASNAT HILL,	F	50	56:15.7	18:09
	147	3304	2934	BIRCHMIER, JEANIE	Maxwell, IA	F	54	56:17.4	18:10
	148	3312	9793	THAM, JANE	West Des Moines, IA	F	52	56:20.3	18:10
	149	3325	893	SALADIS, SANDIE	Ankeny, IA	F	54	56:26.6	18:12
	150	3327	8387	BIRCHMIER, SHERYL	Maxwell, IA	F	51	56:27.6	18:13
	151	3333	1440	BURCHLAND, NANCY	Gilman, IA	F	51	56:32.3	18:14
	152	3348	7841	HOSS, JO	Ankeny, IA	F	51	56:38.4	18:16
	153	3376	1992	ANDERSON, SHARON	Ankeny, IA	F	53	56:48.5	18:20
	154	3382	8414	ANDERSON, SHARON	Urbandale, IA	F	53	56:51.2	18:20
	155	3383	8658	NEER, DIXIE	Lacona, IA	F	52	56:51.3	18:20
	156	3389	6497	BODINE, NANCY	Ankeny, IA	F	50	56:53.2	18:21
	157	3391	8280	FERNATT, LAVONNE	Urbandale, IA	F	51	56:53.9	18:21
	158	3405	2634	ERICKSON, KATHY	Cambridge, IL	F	54	57:03.2	18:24
	159	3409	222	TIMMINS, ANNE	West Des Moines, IA	F	51	57:04.4	18:25
	160	3422	8277	MCGILVREY, GAYLE	Mingo, IA	F	53	57:11.2	18:27
	161	3431	8367	MAXWELL, MARY	Maxwell, IA	F	51	57:14.8	18:28
	162	3436	892	OLDT, CHAR	West Des Moines, IA	F	54	57:16.8	18:29
	163	3439	6475	SEVERNS, BILLIE	Johnston, IA	F	52	57:18.1	18:29
	164	3443	3021	USHER, SUE	West Des Moines, IA	F	52	57:19.9	18:30
	165	3445	3235	BUSSONE, MARY	Clive, IA	F	51	57:20.1	18:30
	166	3467	2097	TABER, BEVERLY	Newton, IA	F	53	57:31.5	18:33
	167	3482	6433	ALBRITTON, BETTY	Johnston, IA	F	53	57:36.5	18:35
	168	3490	4104	BEACH, SHEILA	Gilman, IA	F	50	57:40.1	18:36
	169	3497	6059	SUKUP, JANE	Ankeny, IA	F	53	57:42.1	18:37
	170	3536	13580	LILLY, JANET	Des Moines, IA	F	53	57:57.2	18:42
	171	3543	7822	REBELSKY, DEBBIE	Urbandale, IA	F	53	57:59.9	18:43

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 50 - 54

Group	Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile	
	172	3544	2217	SCHMIT, NANCY	Des Moines, IA	F	51	58:00.1	18:43
	173	3546	3177	ELINGS, KATHY	Des Moines, IA	F	54	58:00.5	18:43
	174	3560	989	RADKE, KAREN	West Des Moines, IA	F	52	58:04.7	18:44
	175	3569	838	HANSEN, CINDY	Grimes, IA	F	52	58:10.5	18:46
	176	3582	4783	RIKER, TERRI	Ankeny, IA	F	50	58:18.6	18:49
	177	3585	709	KRANTMAN, VICKIE	Marshalltown, IA	F	52	58:19.3	18:49
	178	3588	1178	PARKER, DIANE	Ankeny, IA	F	53	58:20.4	18:49
	179	3595	12674	VANDEBERG, LINDA	Runnells, IA	F	53	58:22.5	18:50
	180	3600	22	CORE, SUZANNE	Indianola, IA	F	51	58:26.5	18:51
	181	3612	13303	WALKER, JOAN	Jewell, IA	F	54	58:31.3	18:53
	182	3620	9806	AIELLO, GRAZIA	Waukee, IA	F	50	58:36.8	18:54
	183	3638	13304	HENDERSON, NEVA	Story City, IA	F	53	58:41.7	18:56
	184	3643	1469	ROSENBALM, DEBBIE	Des Moines, IA	F	50	58:42.6	18:56
	185	3658	12301	CANADAY, THERESE	Des Moines, IA	F	52	58:46.8	18:58
	186	3667	3554	MINER, RAYNELL	Urbandale, IA	F	53	58:48.8	18:58
	187	3680	13299	ISAACSON, JEAN	West Des Moines, IA	F	51	58:52.1	18:59
	188	3681	2254	JOHNSON, KATHY	Urbandale, IA	F	51	58:52.7	19:00
	189	3704	12131	CANFIELD, DEBBY	Adel, IA	F	52	58:59.3	19:02
	190	3707	5318	VAN OORT, CHERYL	Ankeny, IA	F	53	59:00.8	19:02
	191	3714	2048	OAKLAND, PAM	Ames, IA	F	52	59:02.3	19:03
	192	3717	2148	DEMUNCK, BARB	Ames, IA	F	52	59:03.4	19:03
	193	3752	3604	JACOBS, ANNETTA	Des Moines, IA	F	54	59:13.2	19:06
	194	3753	1077	KAIN, BERNICE	Prairie City, IA	F	53	59:13.2	19:06
	195	3756	13602	MASON, LAURIE	Long Grove, IA	F	50	59:14.6	19:07
	196	3764	4972	BAKER, SUSAN	Sioux City, IA	F	51	59:17.4	19:08
	197	3781	12855	LOPEZ, LINDA	Des Moines, IA	F	52	59:23.0	19:09
	198	3782	930	NELSON, DEB	Boone, IA	F	52	59:23.9	19:10
	199	3790	1525	FOSTER, REBECCA	Ames, IA	F	52	59:26.8	19:11
	200	3796	1028	TANINIES, MELODY	Des Moines, IA	F	52	59:28.6	19:11
	201	3797	10130	SEVIER, CONNIE	Creston, IA	F	50	59:29.1	19:11
	202	3798	12078	NICHOLS, MAGGIE	Urbandale, IA	F	54	59:29.2	19:11
	203	3802	6124	WEBER, TERESA	Perry, IA	F	50	59:30.5	19:12
	204	3811	13872	OMEARA, LYNDA	Des Moines, IA	F	52	59:34.1	19:13
	205	3871	5540	BAPPE, CONNIE	Ames, IA	F	51	59:59.	19:21
	206	3886	10419	SIPE, JAN	Marshalltown, IA	F	50	59:59.	19:21
	207	3890	247	JUEL, DENISE	Melbourne, IA	F	53	59:59.	19:21
	208	3893	1400	MUMM, DIANA	Gilman, IA	F	54	59:59.	19:21
	209	3896	9364	BERTSCH, IRENE	Indianola, IA	F	52	59:59.	19:21
	210	3906	4620	LOVITT, BARBARA	West Des Moines, IA	F	54	59:59.	19:21
	211	3928	5615	WARWICK, DIANE	Oskaloosa, IA	F	53	59:59.	19:21
	212	3939	9739	DOOLEY, DIANA	Van Meter, IA	F	51	01:00:00..	19:21
	213	3950	278	BUHROW, DAWNE	Colo, IA	F	51	01:00:00..	19:21
	214	3951	5760	REYNOLDS, BARB	Nevada, IA	F	50	01:00:00..	19:21
	215	3958	13409	CRUEA, PAULA	Des Moines, IA	F	50	01:00:00..	19:21
	216	3976	13433	LARSEN, DEBORAH	Phoenix, AZ	F	52	01:00:00..	19:21
	217	3990	121	LUNDSTROM, PEGGIE	Ankeny, IA	F	51	01:00:00..	19:21
	218	3997	11984	OBERENCER, SHEILA	Norwalk, IA	F	53	01:00:00..	19:21
	219	3999	200	HATZIGIANNAKIS, MARY	Des Moines, IA	F	54	01:00:00..	19:21
	220	4035	10292	BLACKFORD, JANE	Norwalk, IA	F	54		
	221	4057	12921	BATTS, GLORIA	Ankeny, IA	F	53		
	222	4069	1339	FOUTS, EDRA	Norwalk, IA	F	51		
	223	4099	8824	DAVIDSON, PATRICIA	Runnells, IA	F	51		
	224	4100	8820	BURT, DONNA	Des Moines, IA	F	52		
	225	4101	4090	WILSON, MARIETTA	Dallas Center, IA	F	53		
	226	4118	12143	DAUGHENBAUGH, MARY	Des Moines, IA	F	51		
	227	4127	6636	DONOHUE, MARSHA	Saint Marys, IA	F	53		
	228	4131	2996	HAINES, VICKI	Des Moines, IA	F	53		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 50 - 54

Group	Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile
	229	4136	8833	DAHM, LESLIE	Urbandale, IA	F	52	
	230	4143	10649	WAITE, MARY JANE	Le Grand, IA	F	54	
	231	4167	15133	LLOYD, JOANN	Des Moines, IA	F	53	
	232	4179	1654	BASSETT, JOYCE	West Des Moines, IA	F	52	
	233	4190	2844	HELD, JENNY	West Des Moines, IA	F	53	
	234	4199	6624	PORTER, ELLEN	Ankeny, IA	F	54	
	235	4212	4053	JOHNSTON, PEGGY	Norwalk, IA	F	50	
	236	4226	9939	OSTREM, DEB	Norwalk, IA	F	52	
	237	4227	9951	STRUM, MIRIAM	Des Moines, IA	F	51	
	238	4228	9955	WIEDMANN, SHARON	Norwalk, IA	F	52	
	239	4241	7621	FULLER, LONDA	Des Moines, IA	F	54	
	240	4244	7622	MCNEW, BECKY	Des Moines, IA	F	51	
	241	4250	4182	KING, MARY ANN	West Des Moines, IA	F	53	
	242	4256	9943	FLESHER, JANICE	Des Moines, IA	F	54	
	243	4257	9938	WALL, PAM	Altoona, IA	F	50	
	244	4264	284	WOLF, JEANNE	West Des Moines, IA	F	53	
	245	4268	5471	HOVICK, KATHIE	Clive, IA	F	50	
	246	4273	15142	MADDEN, SANDRA	Northwood, IA	F	50	
	247	4307	6094	LUBECK, MAUREEN	Panora, IA	F	51	
	248	4338	2281	TROSPER, GLENNA	Ankeny, IA	F	52	
	249	4339	5300	WAGNER, VICTORIA	Ankeny, IA	F	53	
	250	4353	7650	AHNEN, JANE	Greenfield, IA	F	53	
	251	4362	7346	ISREAL, PAT	Nevada, IA	F	52	
	252	4366	1013	DAWSON, JULIE	Des Moines, IA	F	51	
	253	4387	4342	PETET, MAUREEN	Des Moines, IA	F	52	
	254	4399	6387	HERRING, CARMA	Earlham, IA	F	50	
	255	4400	6391	HOVEY, KATHY	Marion, IA	F	50	
	256	4401	7920	SLEGH, CAROL	Des Moines, IA	F	50	
	257	4409	6975	GRAF, SANDIE	Oelwein, IA	F	51	
	258	4410	7001	DE BOER, MARVA	Adel, IA	F	50	
	259	4411	12444	JOHNSON, CONNIE	Urbandale, IA	F	50	
	260	4412	12439	OSTRANDER, PEGGY	Runnells, IA	F	51	
	261	4414	7611	ROUTSON, CHRIS	Urbandale, IA	F	53	
	262	4428	2822	MAU, DEB	Ankeny, IA	F	50	
	263	4488	10574	WHEELOCK, BARBARA	Madrid, IA	F	52	
	264	4511	2210	STEARNS, KAY	Urbandale, IA	F	53	
	265	4514	10502	SCHRACK, DEBORAH	Ankeny, IA	F	50	
	266	4521	8602	STINSON, DIANE	Des Moines, IA	F	54	
	267	4531	99	EGGINK, TRUDY	Pella, IA	F	50	
	268	4553	2814	SZNELER, LOLA	Urbandale, IA	F	52	
	269	4564	10500	JENS, DEANNA	Ankeny, IA	F	53	
	270	4571	3615	KLEINSCHRODT, JULI	Grimes, IA	F	51	
	271	4609	6615	HALL, RONNA	Lucas, IA	F	54	
	272	4655	2112	LEIGH, DIANE	Urbandale, IA	F	51	
	273	4667	5902	TOKHEIM, JOY	Osceola, IA	F	51	
	274	4673	9924	WOLF, RUTHI	West Des Moines, IA	F	50	
	275	4674	7344	MCKIM, NANCY	Nevada, IA	F	52	
	276	4695	8652	BLOCK, LORETTA	Appleton, WI	F	54	
	277	4699	7345	HEINTZ, JANE	Nevada, IA	F	52	
	278	4711	6385	SIMMONS, MARLA	Huxley, IA	F	50	
	279	4724	1898	RHEIN, LINDA	Urbandale, IA	F	54	
	280	4728	4141	ERICKSON, PEGGY	Clive, IA	F	54	
	281	4729	5365	ENGEL, SHIRLEY	West Des Moines, IA	F	51	
	282	4750	9139	SCHULER, SANDRA	Johnston, IA	F	50	
	283	4751	687	WITTICK, JACQUE	Polk City, IA	F	51	
	284	4756	3120	SMUCK, LINDA	Ankeny, IA	F	54	
	285	4762	8702	CHRISTENSEN, SHARON	Grimes, IA	F	50	

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 50 - 54

Group	Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile
	286	4771	9336	ANDERSON, LORRIE	Des Moines, IA	F	54	
	287	4793	191	LARSEN, JEAN	Ankeny, IA	F	51	
	288	4795	9133	HIRSCH, CAROL	Des Moines, IA	F	51	
	289	4802	5528	LEWIS, CAROL	Des Moines, IA	F	54	
	290	4803	4456	SHARP, LISA	Boone, IA	F	51	
	291	4806	1105	FALVEY, DAGNI	West Des Moines, IA	F	50	
	292	4828	7358	TJELMELAND, KATHY	Carlisle, IA	F	52	
	293	4834	14063	TIGGES, ANGIE	Earlham, IA	F	50	
	294	4835	3494	COLLE, CONNIE	Boone, IA	F	54	
	295	4838	3951	WARFORD, MARY	Ankeny, IA	F	54	
	296	4866	7352	SOESBE, CONSTANCE	Nevada, IA	F	52	
	297	4869	2279	THROCKMORTON, DENISE	Madrid, IA	F	51	
	298	4887	6405	MOORE, DEBRA	Huxley, IA	F	53	
	299	4951	8808	VON RUDEN, MARSHA	Altoona, IA	F	54	
	300	4968	3009	CRISWELL, CHRIS	Indianola, IA	F	51	
	301	4971	4703	SYMONDS, DEBORAH	Des Moines, IA	F	53	
	302	4982	3223	BIEBER, DEB	Alleman, IA	F	50	
	303	4987	5744	WESTERCAMP, KAREN	Oskaloosa, IA	F	52	
	304	5011	14219	HALLAM, SUSIE	BAD ZIPCODE, XX	F	53	
	305	5022	297	OLSON, SANDRA	Nevada, IA	F	51	
	306	5029	12434	NELSON, SUE	Clive, IA	F	51	
	307	5044	2997	LUDWIG, LINDA	Des Moines, IA	F	54	
	308	5054	9815	WENDL, JUHREE	West Des Moines, IA	F	53	
	309	5059	6225	HIPKE, CINDY	Des Moines, IA	F	51	
	310	5078	5928	WALTERS, DEBRA	West Des Moines, IA	F	50	
	311	5088	5660	STUKAS, SOPHIA	Clive, IA	F	51	
	312	5096	3058	REDLINGER, BEVERLY	Des Moines, IA	F	50	
	313	5105	9825	OEHLERT, KATHI	Osceola, IA	F	53	
	314	5109	11225	BASSETT, BECKY	Des Moines, IA	F	52	
	315	5111	10807	PORTER, JACKIE	Urbandale, IA	F	53	
	316	5123	3087	WILSON, WENDY	Urbandale, IA	F	53	
	317	5126	12618	JACKSON, KAREN	Garwin, IA	F	52	
	318	5132	4111	BECKER, SUSAN	Carroll, IA	F	53	
	319	5143	2670	COLLIER, LORI	Des Moines, IA	F	50	
	320	5151	7826	KURTZ ROBINSON, SHEILA	Urbandale, IA	F	50	
	321	5162	12626	DREW, MARVIS	Marshalltown, IA	F	52	
	322	5167	1792	MCKEEVER, SHEILA	Runnells, IA	F	52	
	323	5168	11998	KEIFER, JOAN	Ankeny, IA	F	53	
	324	5172	12031	MOORE, DE DE	Madrid, IA	F	52	
	325	5181	948	SANDY, JANELLA	Indianola, IA	F	50	
	326	5183	9709	BARNES, PAM	BAD ZIPCODE, XX	F	51	
	327	5198	6289	MATEER, SANDRA	Ankeny, IA	F	51	
	328	5199	6291	ONTHANK, LESLIE	Des Moines, IA	F	54	
	329	5200	6290	BLOCK, SUE	Johnston, IA	F	52	
	330	5201	6288	HINSHAW, REKA	Ankeny, IA	F	53	
	331	5202	10517	COLON, EVELYN	Des Moines, IA	F	50	
	332	5204	10492	LATTA, JOANN	West Des Moines, IA	F	50	
	333	5218	5832	FABER, LINDA	Des Moines, IA	F	54	
	334	5225	2834	PILLSBURY, IRENE	Chariton, IA	F	52	
	335	5257	3481	SIEDEL, SANDRA	Des Moines, IA	F	50	
	336	5258	8096	SPINA, DEB	Urbandale, IA	F	50	
	337	5266	4085	KOEGEL, PAULA	Urbandale, IA	F	52	
	338	5268	11775	STERK, SUSAN	Waterloo, IA	F	50	
	339	5278	1296	LARSON, ANNE	Des Moines, IA	F	51	
	340	5291	346	POLLARD, CINDY	Milo, IA	F	50	
	341	5322	2837	COSE, DORIS	Norwalk, IA	F	53	
	342	5333	4016	ORTMANN, MARY	Ankeny, IA	F	54	

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 50 - 54

Group	Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile
	343	5335	9432	MASON, RITA	Des Moines, IA	F	50	
	344	5342	4766	MATHIS, JACALYN	Maxwell, IA	F	52	
	345	5359	9696	GOULD, LINDA	BAD ZIPCODE, XX	F	51	
	346	5402	5882	HANIGAN, MARY	Johnston, IA	F	51	
	347	5407	2895	COLLISON, MARIAN	Bondurant, IA	F	52	
	348	5412	2288	YOUNG, KATHY	Clive, IA	F	50	
	349	5413	6414	DIXON, JULIE	Cambridge, IA	F	53	
	350	5432	1048	SPURBECK, JOYCE	Mankato, MN	F	54	
	351	5438	14385	SLOAN, MARY	Urbandale, IA	F	51	
	352	5440	98	STONE, CHERI	Johnston, IA	F	51	
	353	5443	9179	LUCIA, CLAUDIA	Des Moines, IA	F	54	
	354	5450	11496	SARCONE, NANCY	Des Moines, IA	F	54	
	355	5454	324	HARLAN, MARY	Clive, IA	F	52	
	356	5475	66	MCCONNELL, CINDY	West Des Moines, IA	F	51	
	357	5492	4708	JOHNSON, DJ	Kansas City, MO	F	52	
	358	5497	8253	ELGIN, CYNTHIA	West Des Moines, IA	F	51	
	359	5499	8256	HIGGINS, JAN	PLEASNAT HILL,	F	54	
	360	5502	4705	SMYSER, ROCKY	Olathe, KS	F	54	
	361	5506	8433	BARRON, LINDA	Des Moines, IA	F	54	
	362	5518	13398	GRAY, SUSIE	Des Moines, IA	F	50	
	363	5524	12277	MCKEAN, GAIL	Des Moines, IA	F	53	
	364	5534	8647	WADLE, PAM	Des Moines, IA	F	52	
	365	5560	1383	POTTHOFF, ARLENE	Urbandale, IA	F	54	
	366	5572	5323	DUNBAR, KATHY	West Des Moines, IA	F	53	
	367	5588	3536	ERICKSON, SHELLEY	Van Meter, IA	F	51	
	368	5595	5976	JOHNSEN, CHERI	Madrid, IA	F	54	
	369	5606	11512	ANTHONY, KATHY	PLEASNAT HILL,	F	51	
	370	5613	11802	WAGGONER, JANICE	Johnston, IA	F	52	
	371	5619	11850	DUSENBERRY, CHRIS	Des Moines, IA	F	52	
	372	5641	9117	FITCH, MARCIA	Mitchellville, IA	F	51	
	373	5652	9115	FOSS, LISA	Des Moines, IA	F	50	
	374	5655	3946	FINLEY, ALBERTA	Des Moines, IA	F	54	
	375	5712	9549	KONRAD, CINDY	Ankeny, IA	F	50	
	376	5718	5650	ZAABEL, KAREN	West Des Moines, IA	F	52	
	377	5722	7896	STUYVESANT, KAREN	Carlisle, IA	F	51	
	378	5723	15014	SEVENBERGEN, SUZANNE	Des Moines, IA	F	53	
	379	5738	2406	LARSON, DONNA	Johnston, IA	F	52	
	380	5753	12392	HERMAN, JEANNE	West Des Moines, IA	F	51	
	381	5766	13137	BALES, GLORIA	Norwalk, IA	F	52	
	382	5796	3984	BORESI, JANET	Coralville, IA	F	50	
	383	5799	9190	DONOHOE, KAREN	Clive, IA	F	52	
	384	5841	3333	CERO, VICKI	Des Moines, IA	F	54	
	385	5842	3332	DASPIT, DIANE	PLEASNAT HILL,	F	52	
	386	5844	5	SPRACKLIN, MARY	Des Moines, IA	F	54	
	387	5872	11570	LATHROP, SHARMIN	Prole, IA	F	54	
	388	5884	3549	VOGEL, MARY	Churdan, IA	F	54	
	389	5889	9361	HANSEN, CINDY	Avoca, IA	F	52	
	390	5911	4664	JEFFREY, DEBBIE	West Des Moines, IA	F	51	
	391	5933	1084	MC CLEERY, BECKY	Knoxville, IA	F	52	
	392	5951	734	BOESEN, LUCY	Urbandale, IA	F	51	
	393	5990	9586	HALUPNICK, DEB	Norwalk, IA	F	54	
	394	5992	9575	EATON, NANCY	New Virginia, IA	F	50	
	395	6011	1247	HORTON, JODI	Carlisle, IA	F	52	
	396	6022	4597	GOULD, BARB	Indianola, IA	F	51	
	397	6028	2880	RANDALL, LINDA	West Des Moines, IA	F	54	
	398	6035	7418	VAN MAANEN, JAN	Leighton, IA	F	50	
	399	6049	3746	STRAND, KARIN	PLEASNAT HILL,	F	51	

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 50 - 54

Group	Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile
	400	6064	2931 REESINK, MARCIA	Muscatine, IA	F	51		
	401	6072	1497 EATON, NANCY	New Virginia, IA	F	50		
	402	6096	6877 SANGER, LEETA	Dallas Center, IA	F	53		
	403	6102	14271 MOULIN, BEVE	Urbandale, IA	F	52		
	404	6103	10567 MEYER, ALICE	Johnston, IA	F	53		
	405	6138	6625 BRIDENSTINE, RENEE	Ankeny, IA	F	52		
	406	6143	13680 GARDNER, JONELL	Ankeny, IA	F	52		
	407	6153	1120 SEELEY, SUSAN	Urbandale, IA	F	50		
	408	6210	548 BROWN, SUE	Pattonsburg, MO	F	52		
	409	6223	6424 BROWN, CHARMAYNE	Des Moines, IA	F	54		
	410	6226	4136 SHEHAN, DIANA	Albia, IA	F	54		
	411	6229	9357 SMITH, CAROL	Cedar Falls, IA	F	52		
	412	6232	7784 HANSEN, TERRI	Des Moines, IA	F	50		
	413	6235	11457 CARLSON, SHARI	Winterset, IA	F	51		
	414	6249	11319 GILLUM, NORMA	Des Moines, IA	F	53		
	415	6328	4391 BAILEY, DIXIE	Prairie City, IA	F	53		
	416	6337	5240 DAUGHERTY, DEB	Adel, IA	F	53		
	417	6358	475 MORTVEDT, JO	Story City, IA	F	50		
	418	6362	2924 WHEELER, KATHLEEN	Johnston, IA	F	53		
	419	6371	1857 GUILLAUME, LINDA	Johnston, IA	F	50		
	420	6373	3653 FAIDLEY, MARGARET	Prairie City, IA	F	52		
	421	6394	7828 JABLONSKI, MARY JO	Urbandale, IA	F	52		
	422	6405	1720 WATSON, DONNA	Mount Ayr, IA	F	54		
	423	6431	8076 CURL, ALICE	Des Moines, IA	F	53		
	424	6434	10272 MCGINNITY, KATHY	Altoona, IA	F	50		
	425	6470	1173 JONES, NARDI	Des Moines, IA	F	52		
	426	6498	12432 MATHEWS, CINDY	Indianola, IA	F	50		
	427	6502	11251 SHELEY, SU	Adel, IA	F	54		
	428	6505	5669 BERGMAN, SANDI	Waukee, IA	F	51		
	429	6516	4940 HERR, RENAE	Waukee, IA	F	53		
	430	6518	7981 GOODRICH, DARLENE	Algona, IA	F	53		
	431	6519	13607 MOENKHAUS, KATHY	Ankeny, IA	F	52		
	432	6535	13326 KRAUSE, BARB	Urbandale, IA	F	53		
	433	6543	969 HAVARD, WANDA	Des Moines, IA	F	54		
	434	6580	10165 RANDALL, JANE	Ames, IA	F	54		
	435	6602	7325 RHOADES, JANE	Des Moines, IA	F	51		
	436	6604	5033 OLSON, JOAN	Des Moines, IA	F	52		
	437	6607	6479 WHETSTONE, JANE	Ankeny, IA	F	54		
	438	6610	35 ELLINGSON, PATRICIA	Ames, IA	F	54		
	439	6613	1068 HAMBLBY, CONNIE	Nevada, IA	F	50		
	440	6622	250 STUIT, ROXIE	Clive, IA	F	52		
	441	6635	310 PETERSON, PEGGY	Russell, IA	F	50		
	442	6651	3414 HILEY, KATHY	Windom, MN	F	50		
	443	6657	2673 COWMAN, DONA	Cambridge, IA	F	52		
	444	6667	12748 CAMPBELL, DEB	Grimes, IA	F	51		
	445	6670	3375 BINGHAM, FONDA	Ankeny, IA	F	53		
	446	6673	12013 MCCOY, BONNIE	Des Moines, IA	F	54		
	447	6687	550 CLARKE, MARY LOU	Spirit Lake, IA	F	51		
	448	6707	2343 WILSON, KATHY	Knoxville, IA	F	53		
	449	6720	4638 FOLKERS, SUSAN	West Des Moines, IA	F	51		
	450	6725	2330 GOTTA, TERRI	Knoxville, IA	F	52		
	451	6728	7329 EATON, SANDRA	Perry, IA	F	54		
	452	6748	1643 LUND, BEVERLY	Dallas Center, IA	F	52		
	453	6758	410 LIVINGSTON, BARBARA	Des Moines, IA	F	51		
	454	6769	3094 ZAGOREN, GAIL	Clive, IA	F	52		
	455	6780	214 NELSON, LEE ANN	Greenfield, IA	F	50		
	456	6789	4295 RECKER, LINDA	Pella, IA	F	52		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 50 - 54

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
457	6791	10052	JANSSEN, CONNIE	Des Moines, IA	F	51		
458	6796	1590	MCCOY, ROBIN	Des Moines, IA	F	50		
459	6825	622	BAILEY, JENNIFER	Adel, IA	F	52		
460	6836	9147	TAYLOR, JEAN	Des Moines, IA	F	53		
461	6840	4800	JOENS, TERESA	Ankeny, IA	F	50		
462	6864	8654	FARLEY, YVONNE	Milo, IA	F	50		
463	6879	12000	MCKNIGHT, BEVERLY	Ankeny, IA	F	54		
464	6905	2553	WEAKLEND, CHARLOTTE	Indianola, IA	F	53		
465	6925	6491	DENCKLAU, LINDA	Ankeny, IA	F	50		
466	6929	8714	ORTHAUS, EILEEN	Urbandale, IA	F	52		
467	6943	6224	BUCHANAN, SUE	Hartford, IA	F	51		
468	6960	15046	SCHNEIDER, DEBBIE	Dallas, IA	F	51		
469	6962	12050	BARTA, JEAN	Urbandale, IA	F	51		
470	6963	12445	BARBARA, DRUSTRUP	Des Moines, IA	F	52		
471	6968	10469	ONEIL, RENA	Granger, IA	F	54		
472	6999	4542	KRAMER, SHARI	PLEASNAT HILL,	F	51		
473	7013	10287	RENFTLE, JULIE	Indianola, IA	F	51		
474	7049	7014	GRAF, GLENDA	Des Moines, IA	F	50		
475	7056	13848	GROEN, GARLAND	Johnston, IA	F	51		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 55 - 59

Group	Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile
1	729	6809	LINCOLN, JANET	West Des Moines, IA	F	55	28:10.3	9:05
2	1254	2178	LINDER, DWILA	Ankeny, IA	F	59	31:49.8	10:16
3	1378	14268	MATTAS, PATSY	Des Moines, IA	F	57	32:41.9	10:33
4	1395	5838	GILBERT, PRISCILLA	West Des Moines, IA	F	56	32:52.1	10:36
5	1751	7790	HILL, LINDA	Des Moines, IA	F	56	36:14.2	11:41
6	2034	637	SCOTT, KATHY	Altoona, IA	F	56	42:20.7	13:40
7	2049	11351	HAACKE, DONNA	Clive, IA	F	59	42:52.5	13:50
8	2141	11282	HOFFMAN, JO	Indianola, IA	F	59	44:56.9	14:30
9	2164	14218	LAW, CATHIE	Urbandale, IA	F	59	45:13.3	14:35
10	2180	2603	MCCANN, SALLY	Ollie, IA	F	55	45:30.3	14:41
11	2189	5048	RUDOLPHI, MARLENE	Ames, IA	F	58	45:40.7	14:44
12	2191	869	BLUBAUGH, SHARON	Des Moines, IA	F	58	45:45.5	14:46
13	2245	14352	COLEMAN, MARCIA	Des Moines, IA	F	56	46:59.6	15:10
14	2251	14257	JAMES, BARBARA	BAD ZIPCODE, XX	F	56	47:07.4	15:12
15	2267	7342	BORTON, DONNA	Nevada, IA	F	56	47:17.0	15:15
16	2273	5965	SMITH, MEREDITH	Ankeny, IA	F	58	47:22.6	15:17
17	2287	8077	WYCH, ELIZABETH	Johnston, IA	F	56	47:32.9	15:20
18	2290	2334	DICKSON, SHARON	Des Moines, IA	F	56	47:36.9	15:22
19	2292	8739	WHITLOW, LOUISE	Johnston, IA	F	58	47:38.2	15:22
20	2356	10760	HUNTER, DENNISE	Indianola, IA	F	56	48:36.2	15:41
21	2362	11347	FAGNER, DIANNE	Des Moines, IA	F	55	48:39.2	15:42
22	2403	627	JACKS, TERRIE	Ballwin, MO	F	57	48:59.5	15:48
23	2516	5993	COX, CYNDEE	Clive, IA	F	56	50:19.6	16:14
24	2519	6862	VOGEL, JAN	West Des Moines, IA	F	57	50:21.9	16:15
25	2529	5314	JENSEN, ALICE	Urbandale, IA	F	56	50:26.4	16:16
26	2567	4070	FISHER, JOY	Des Moines, IA	F	58	50:49.6	16:24
27	2583	3034	GORNEY, LYNN	Des Moines, IA	F	58	50:55.3	16:26
28	2614	4055	CONGER, GAYLE	Le Mars, IA	F	59	51:10.0	16:30
29	2623	7546	WHITNEY, JUDY	Slater, IA	F	55	51:21.1	16:34
30	2626	13126	CLAUSS, MARILYN	Clive, IA	F	56	51:24.9	16:35
31	2639	1908	WEISS, BONNIE	Ankeny, IA	F	57	51:34.4	16:38
32	2661	3492	MILLER, DIANE	Des Moines, IA	F	55	51:47.9	16:43
33	2663	4010	MCNALLY, SUSAN	Des Moines, IA	F	58	51:48.8	16:43
34	2683	8192	MATHEWS, KATHY	Clive, IA	F	57	51:55.2	16:45
35	2707	2392	LAWRENCE, MAGGIE	Lacona, IA	F	58	52:07.3	16:49
36	2731	15016	ALLEN, MARGE	Corydon, IA	F	57	52:19.5	16:53
37	2732	2532	CLARK, CARLA	Des Moines, IA	F	55	52:20.0	16:53
38	2737	10064	ELDERS, PATRICIA	Clive, IA	F	55	52:23.5	16:54
39	2757	5007	BASSMAN, JILL	West Des Moines, IA	F	55	52:35.9	16:58
40	2764	3699	GODDARD, JUDY	Bondurant, IA	F	56	52:38.8	16:59
41	2826	1936	HOESING, PEGGY	Johnston, IA	F	55	53:00.2	17:06
42	2839	2337	SHENK, PENNY	Carlisle, IA	F	57	53:05.6	17:08
43	2854	5791	SCHLESINGER, RUTH E	Urbandale, IA	F	55	53:11.4	17:09
44	2869	9373	RAYBURN, SHEILA	Clive, IA	F	57	53:16.6	17:11
45	2872	5381	CAHHAL, MADLINE	Altoona, IA	F	56	53:18.0	17:12
46	2875	8377	WADLE, KATHY	Ankeny, IA	F	56	53:18.4	17:12
47	2886	1500	GOODMAN, PHYLLIS	Des Moines, IA	F	55	53:23.5	17:13
48	2889	2420	SIPE, YVONNE	Urbandale, IA	F	57	53:24.7	17:14
49	2905	13128	GRAY, SHARON	Clive, IA	F	55	53:31.5	17:16
50	2909	2568	DELGER, LINDA	Des Moines, IA	F	55	53:32.9	17:16
51	2919	13773	SPENCER, DAWN	Madrid, IA	F	55	53:36.7	17:18
52	2936	963	DUHN, BONNIE	Spirit Lake, IA	F	57	53:43.5	17:20
53	3028	9381	TALBOT, DIANNE	West Des Moines, IA	F	55	54:16.6	17:31
54	3112	9592	JOHNSON, ANNE	Saint Charles, IA	F	57	54:46.6	17:40
55	3175	9187	NORVELL, RUTH	Sioux City, IA	F	57	55:14.5	17:49
56	3203	5957	HAUSER, KATHERINE	West Des Moines, IA	F	55	55:26.2	17:53
57	3205	8954	KASTER, BONNIE	Des Moines, IA	F	59	55:27.3	17:53

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 55 - 59

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
58	3206	14401	RIPLEY, NANCY	West Des Moines, IA	F	58	55:28.5	17:54
59	3218	999	DICKERSON, JANICE	Fontanelle, IA	F	59	55:34.0	17:55
60	3224	15462	SASS, THERESA	Perry, IA	F	55	55:35.8	17:56
61	3225	5643	GUSTAFSON, CHERYL	Ankeny, IA	F	57	55:36.4	17:56
62	3226	5392	FAIDLEY, DIANA	Colfax, IA	F	55	55:37.4	17:57
63	3232	14039	SCHULZE, DYANNE	West Des Moines, IA	F	56	55:39.9	17:57
64	3243	1781	MCGOWAN, ANN	Urbandale, IA	F	56	55:45.6	17:59
65	3249	2689	SCHUTTE, SUE	Urbandale, IA	F	59	55:48.9	18:00
66	3300	574	FRENCH, CANDIS	Wiota, IA	F	55	56:16.0	18:09
67	3339	4602	CASSENS, CONNIE	Urbandale, IA	F	55	56:35.8	18:15
68	3351	896	CORMANEY, PAT	West Des Moines, IA	F	58	56:39.1	18:17
69	3367	6015	LONGNECKER, SUE	Johnston, IA	F	55	56:45.1	18:18
70	3368	3071	MUEHLING, GAIL	Urbandale, IA	F	56	56:45.1	18:18
71	3374	7924	LOFDAHL, BARBARA	Urbandale, IA	F	55	56:47.9	18:19
72	3379	13696	JONES, MARILYN	Des Moines, IA	F	55	56:50.5	18:20
73	3410	1502	VANORSDEL, SUSAN	West Des Moines, IA	F	59	57:05.3	18:25
74	3481	10216	WILSON, SANDY	BAD ZIPCODE, XX	F	57	57:36.4	18:35
75	3510	4087	CARLSON, SANDRA	Urbandale, IA	F	57	57:49.0	18:39
76	3515	7793	IHLE, SHARON	Polk City, IA	F	59	57:50.5	18:40
77	3516	6542	PETERSEN, ANITA	Indianola, IA	F	55	57:51.1	18:40
78	3542	13577	NELSON, ALICE	Algona, IA	F	58	57:59.5	18:42
79	3571	6373	GLADE, IRENE	Des Moines, IA	F	57	58:12.4	18:47
80	3578	811	QUITTEM, KAREN	Urbandale, IA	F	59	58:15.6	18:48
81	3596	13302	GREVE, JUDITH	Ellsworth, IA	F	56	58:22.7	18:50
82	3598	8743	WALLES, CAROLEE	Indianola, IA	F	57	58:25.1	18:51
83	3607	707	MASON, PHYLLIS	Indianola, IA	F	55	58:29.6	18:52
84	3608	8884	SCHALL, LINDA	Runnells, IA	F	56	58:29.6	18:52
85	3629	6022	FEES, CHERYL	Ankeny, IA	F	57	58:39.4	18:55
86	3636	5188	GRIMES, DANA	Des Moines, IA	F	59	58:41.2	18:56
87	3673	13785	HERINGER, JUDE	Washburn, ND	F	56	58:50.4	18:59
88	3689	3741	JOHNSTON, SALLY	Montezuma, IA	F	59	58:55.0	19:00
89	3690	13038	FERGUSON, MIMI	West Des Moines, IA	F	59	58:55.2	19:00
90	3699	2662	ADAMS, LAUREN	Des Moines, IA	F	57	58:57.7	19:01
91	3725	9177	LOUSSAERT, TERESA	Clive, IA	F	56	59:06.7	19:04
92	3760	90	GORDON, SUE	Jewell, IA	F	55	59:15.6	19:07
93	3810	10709	SHERMAN, BARBARA	Clive, IA	F	55	59:33.4	19:13
94	3812	1111	BRODY, SHELLEY	Des Moines, IA	F	55	59:34.5	19:13
95	3830	8448	WORLEY, SUSAN	Newton, IA	F	56	59:42.4	19:16
96	3860	7914	HAMILTON, KAREN	Urbandale, IA	F	57	59:54.5	19:20
97	3863	3004	SCOTT, NANCY	Des Moines, IA	F	56	59:55.7	19:20
98	3870	8297	OSTLUND, MARCIA	Jefferson, IA	F	57	59:59.	19:21
99	3875	4262	ELLIOTT, JUDITH	Des Moines, IA	F	56	59:59.	19:21
100	3880	2414	SYNHORST, DEBBIE	West Des Moines, IA	F	56	59:59.	19:21
101	3884	974	TORDSEN, KATHRYN	Stewartville, MN	F	56	59:59.	19:21
102	3888	8435	MCDOWELL, RUTH	Lorimor, IA	F	56	59:59.	19:21
103	3894	3315	BURCH, MARILYN	Des Moines, IA	F	56	59:59.	19:21
104	3899	7917	BRADY, SUSAN	Urbandale, IA	F	57	59:59.	19:21
105	3964	3593	SHORT, ANN	Des Moines, IA	F	59	01:00:00..	19:21
106	4000	4185	HATZIGIANNAKIS, GEORGE	Des Moines, IA	F	59	01:00:00..	19:21
107	4017	8707	MOHN, JO ELLEN	Madrid, IA	F	57	01:00:00..	19:21
108	4037	6905	HURLEY, CHARLOTTE	Urbandale, IA	F	57		
109	4107	13893	BECKER, MAUREEN	Perry, IA	F	57		
110	4142	10656	COOK, DANITA	Polk City, IA	F	59		
111	4153	3015	GUSTAFSOM-HORVATH,	Des Moines, IA	F	59		
112	4154	13507	STONE, CAROL	West Des Moines, IA	F	57		
113	4163	11993	MCCLUGAGE, DELORES	Ankeny, IA	F	58		
114	4186	1106	RUDELLE, RUTH	Chariton, IA	F	58		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 55 - 59

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
115	4187	3031	KLINE, CHERYL	Chariton, IA	F	58		
116	4237	2349	PACKARD, ANDY	Des Moines, IA	F	58		
117	4245	7617	HEITMAN, MARSHA	Des Moines, IA	F	56		
118	4305	3483	NELLER, SUSAN	Ankeny, IA	F	58		
119	4316	13778	ADAMS, BEVERLEE	Grimes, IA	F	59		
120	4322	13779	WALLACE, RUTH	Grimes, IA	F	57		
121	4364	28	TIGGES, HEIDI	Dubuque, IA	F	55		
122	4393	2897	WASCHLE, CHRISTINE	Des Moines, IA	F	55		
123	4418	3304	BEAVERS, ALICE	Collins, IA	F	55		
124	4419	2110	KRALIK, LEOLA	Creston, IA	F	57		
125	4482	7357	NELSON, MARILYN	Nevada, IA	F	58		
126	4483	7349	HALEY, DIANNA	Nevada, IA	F	59		
127	4498	4663	DONALD, BARBARA	Muscatine, IA	F	55		
128	4530	689	VAN KLOMPENBURG, CAROL	Pella, IA	F	56		
129	4533	2082	HAASE, EILEEN	Nashua, IA	F	56		
130	4595	13296	BRIGHTMAN, EV	Chariton, IA	F	55		
131	4596	4838	MCFARLAND, CAROL	Des Moines, IA	F	58		
132	4619	5629	MAGANA, CRISTINA	Des Moines, IA	F	55		
133	4628	2341	THORESON, CAROLE	Ankeny, IA	F	57		
134	4634	14080	CAPALDO, DANA	Polk City, IA	F	56		
135	4641	5571	HUGUNIN, BETTY	PLEASNAT HILL,	F	57		
136	4660	8306	PAWLOWSKI, LYNDA	Urbandale, IA	F	56		
137	4680	10108	STARK, EVELYN	Lucas, IA	F	55		
138	4683	10847	PAULING, GINNY	Des Moines, IA	F	57		
139	4688	1381	WOLF, SHIRLEY	Farnhamville, IA	F	57		
140	4708	11533	HUEBNER, GAR	Des Moines, IA	F	58		
141	4709	1203	CLARK, KATHY	Clive, IA	F	57		
142	4745	11737	MINER, BONNIE	Indianola, IA	F	57		
143	4749	13386	ALBERTS, CINDY	Ankeny, IA	F	59		
144	4752	1311	SWANSON, DIANE	BAD ZIPCODE, XX	F	59		
145	4780	107	BUCK, MARY	Moorland, IA	F	56		
146	4800	8226	DOWIE, PAM	Waterloo, IA	F	58		
147	4809	876	STRECK, KATHY	West Des Moines, IA	F	58		
148	4845	9132	WAGNER, CARRIE	Indianola, IA	F	56		
149	4863	2184	MCKNIGHT, SUSAN	Carlisle, IA	F	57		
150	4873	1921	CERFOGLI, KATHY	Ankeny, IA	F	57		
151	4875	6353	SUFFICOOL, LINDA	Colfax, IA	F	56		
152	4886	2774	ANDERSON, PATRICIA	Johnston, IA	F	55		
153	4912	11937	SLAUSON, TERESA	Waukee, IA	F	55		
154	4961	2311	WHEATLY, PAULETTE	Des Moines, IA	F	55		
155	4981	2948	OWENS, JANIE	Ankeny, IA	F	56		
156	4984	13933	JAYNE-ARMSTRONG, BETSY	Des Moines, IA	F	55		
157	5012	8073	MILLER, SANDY	PLEASNAT HILL,	F	58		
158	5026	12443	SMITH, LINDA K.	Urbandale, IA	F	55		
159	5051	2499	SMITH, LINDA	Marshalltown, IA	F	55		
160	5058	12976	FREDERICKSEN, JANET	Ankeny, IA	F	55		
161	5067	10993	HERRIG, CAROL	Des Moines, IA	F	56		
162	5077	1065	LATHAM, JANA	Marshalltown, IA	F	57		
163	5082	12777	MIDDLETON, SHARON	Des Moines, IA	F	57		
164	5090	8686	BARR, KARYN	Des Moines, IA	F	57		
165	5097	2323	STRINGHAM, NORMA	Benton, IA	F	59		
166	5100	9947	RIDNOUR, KAY	Des Moines, IA	F	55		
167	5103	7366	DODGE, CAROL	Burlington, IA	F	58		
168	5117	3489	GOODRICH, PAMELA	PLEASNAT HILL,	F	58		
169	5121	3179	BAGBY, SANDY	Urbandale, IA	F	55		
170	5133	5021	DAMMANN, CAROLYN	Carroll, IA	F	57		
171	5154	11727	GEDDEN, BEVERLY	West Des Moines, IA	F	59		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 55 - 59

Group	Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile
	172	5161	12621 JACKSON, CONNIE	Garwin, IA	F	55		
	173	5163	10955 SHELDON, CAROL	Urbandale, IA	F	57		
	174	5177	9706 LINDER, LINDA M.	BAD ZIPCODE, XX	F	58		
	175	5192	9131 TINKER, BERNADINE	Des Moines, IA	F	55		
	176	5215	3736 WILBER, SHARON	Ankeny, IA	F	58		
	177	5221	3575 PENDARVIS, DIANN	Des Moines, IA	F	57		
	178	5239	393 HASENWINKEL, NANCY	Cedar Falls, IA	F	56		
	179	5243	7773 ONEIL, PAULETTE	Des Moines, IA	F	58		
	180	5245	9820 VICTORA, SARA	Atlantic, IA	F	55		
	181	5267	9699 SMITH, TWILA	BAD ZIPCODE, XX	F	56		
	182	5270	9521 HUBBARD, NAOMI	Des Moines, IA	F	56		
	183	5271	112 MILLER, DEE	Johnston, IA	F	56		
	184	5284	1030 MCKINNEY, MARY JO	Omaha, NE	F	56		
	185	5302	3370 BACON, ROSEMARY	Des Moines, IA	F	56		
	186	5303	3690 WILSON, BARBARA	West Des Moines, IA	F	58		
	187	5323	10703 RENDA, BONNIE	Des Moines, IA	F	56		
	188	5328	9972 FERGUSON, SHARON	Altoona, IA	F	55		
	189	5330	5097 HOUGH, SUE	Urbandale, IA	F	58		
	190	5348	13816 NELSON, LINDA	Newton, IA	F	56		
	191	5358	9690 GAEDE, SHERRI	BAD ZIPCODE, XX	F	58		
	192	5378	167 HOOVER, JOAN	West Des Moines, IA	F	59		
	193	5380	3115 HAMILTON, LAURA	Ames, IA	F	58		
	194	5437	5875 HART, DEB	West Des Moines, IA	F	55		
	195	5445	9173 CORDARO, ROSE	Des Moines, IA	F	56		
	196	5446	9181 FLAHERTY, MAXINE	Des Moines, IA	F	55		
	197	5449	3975 YORK, MARYLOU	Des Moines, IA	F	56		
	198	5464	10288 VINCENT, ROSEMARY	Carlisle, IA	F	57		
	199	5516	11473 WICKWARE, PATRICIA	Des Moines, IA	F	57		
	200	5520	973 HULL, KATHY	Des Moines, IA	F	55		
	201	5530	15048 STEELE, SUSAN	Waukee, IA	F	55		
	202	5549	9792 KELLEY, CHARLOTTE	Des Moines, IA	F	57		
	203	5555	15300 PHILLIPS, NANCY	Truro, IA	F	57		
	204	5557	8078 ZENTI, VONNIE	Johnston, IA	F	59		
	205	5564	77 CARLSON, RITA	Des Moines, IA	F	57		
	206	5678	12315 MCCONEGHEY, JANE	Monroe, IA	F	56		
	207	5732	9017 WORDEN, BEVERLY	PLEASNAT HILL,	F	56		
	208	5871	11567 HARMAN, JANE	Indianola, IA	F	57		
	209	5892	1182 SMILEY, WANETTE	Ankeny, IA	F	55		
	210	5899	5196 STRENTZ, JOAN	Urbandale, IA	F	59		
	211	5927	576 VAN DE POL, CAROLYN	Blakesburg, IA	F	56		
	212	5932	2055 GARDNER, GLORIA	Chariton, IA	F	59		
	213	5935	1237 RUFFERT, SUE	Des Moines, IA	F	57		
	214	5954	12608 SIEMENS, CAROL	Wayzata, MN	F	57		
	215	5981	12357 PALMER, LEANN	Cumming, IA	F	56		
	216	6009	6389 KOONS, VICKI	West Des Moines, IA	F	55		
	217	6016	1880 HIGDAY, MAGGIE	Des Moines, IA	F	56		
	218	6031	12699 GOSSETT, MARCIA	State Center, IA	F	55		
	219	6037	12076 DEMONT, CONNIE	Urbandale, IA	F	58		
	220	6040	15455 BOYD, NANCY	Urbandale, IA	F	56		
	221	6059	9430 RANDOLPH, SUZANNE	Urbandale, IA	F	57		
	222	6067	12717 KOONS, SUSAN	Des Moines, IA	F	55		
	223	6136	840 AHLERS, CHARLENE	Urbandale, IA	F	59		
	224	6139	6773 HUGGINS, MARY	Urbandale, IA	F	57		
	225	6144	572 SPYKSMA, KATHY	Clive, IA	F	56		
	226	6145	7641 MAAS, CANDY	Stuart, IA	F	57		
	227	6150	13808 CHRISTIANSEN, MARGARET	West Des Moines, IA	F	58		
	228	6281	12981 HANSEN, BARBARA	Perry, IA	F	56		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 55 - 59

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
229	6307	2928	MCMULLEN, LINDA	Johnston, IA	F	56		
230	6319	59	VAN DER KAMP, BRENDA	Kellogg, IA	F	58		
231	6325	12063	HUEBNER, VICKI	Des Moines, IA	F	58		
232	6331	3980	SLAGLE, CYNTHIA	Urbandale, IA	F	58		
233	6339	5238	HUNT, LINDA	Alden, IA	F	57		
234	6342	3432	PETERSON, JOAN	Albia, IA	F	56		
235	6351	1787	KOLACIA, SHARON	Fort Dodge, IA	F	57		
236	6354	7779	KLUNGTVEDT, JUDY	Des Moines, IA	F	57		
237	6357	10564	CARPENTER, JEAN	Roland, IA	F	59		
238	6403	12298	CAREY, BEVERLY	Des Moines, IA	F	55		
239	6415	6383	BATES, ARLENE	Ankeny, IA	F	56		
240	6454	11612	KENNEDY, REGINA	Des Moines, IA	F	56		
241	6477	14506	BRAYMEN, DIANNE	Waukee, IA	F	56		
242	6493	13314	BAILEY, JUDY	Blaine, WA	F	58		
243	6532	2062	SHAW, NANCI	Ames, IA	F	57		
244	6542	10320	WILSON, JOANNE	Indianola, IA	F	59		
245	6578	7058	FREEBORN, KAREN	Des Moines, IA	F	57		
246	6594	1528	MORTON, CYNTHIA	Des Moines, IA	F	55		
247	6617	109	GRIMM, CAROL	Urbandale, IA	F	59		
248	6618	7130	WICKHAM, SUSAN	Des Moines, IA	F	56		
249	6631	9600	SEVDE, MICKIE	Norwalk, IA	F	57		
250	6660	2175	SMITH, MARSHA	Clive, IA	F	55		
251	6674	12008	COFFIN, KATHY	Urbandale, IA	F	56		
252	6678	1410	GOURLEY, MARSHA	Urbandale, IA	F	58		
253	6683	9152	GRAHAM, ELLEN	Urbandale, IA	F	58		
254	6695	13915	KRUEMPEL, SANDRA	West Des Moines, IA	F	56		
255	6730	452	LIPPON, DORI	Spirit Lake, IA	F	55		
256	6749	11609	O'BRIEN, CATHY	Ankeny, IA	F	59		
257	6772	6646	GLADSON, MARGARET	Des Moines, IA	F	57		
258	6773	6647	BANDSTRA, SHEILA	Mitchellville, IA	F	58		
259	6797	4153	MCMAHON, LINDA	Des Moines, IA	F	56		
260	6814	10554	WALLACE, DEBORAH	Clive, IA	F	55		
261	6837	11618	PICKERALL, JANET	Ankeny, IA	F	55		
262	6842	2618	TORDSEN, STAN	Stewartville, MN	F	56		
263	6876	469	WEISER, LINDA	Urbandale, IA	F	55		
264	6920	11725	JORDAN, DIANE	Des Moines, IA	F	58		
265	6947	1790	SUTHERLAND, SUSAN	Des Moines, IA	F	58		
266	6953	1536	ELLER, MARY	Ames, IA	F	57		
267	6974	10721	ARTS, KATHY	Ankeny, IA	F	57		
268	6980	3256	STRANGE, KAY	Urbandale, IA	F	55		
269	6984	8981	HORN, DIANE	Des Moines, IA	F	55		
270	6989	12287	WILSON, RONDA	Grinnell, IA	F	57		
271	6996	1323	WALCZYK, JEANETTE	Boone, IA	F	59		
272	7002	1934	WUERKER, MARJORIE	Minburn, IA	F	55		
273	7012	13501	JENNINGS, MAGGIE	Granger, IA	F	56		
274	7015	10111	CAYLOR, MARGARET	Chariton, IA	F	57		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 60 - 64

Group	Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile	
	1	680	1838	BALK, JEANNE	Ankeny, IA	F	61	27:39.4	8:55
	2	1101	6715	GUITER, SHARON	Blakesburg, IA	F	61	30:45.6	9:55
	3	1272	8158	LEYDA, SANDY	Colfax, IA	F	60	31:56.4	10:18
	4	1879	3263	SEIBERT, SANDRA	Cumming, IA	F	63	38:34.1	12:26
	5	2008	15072	SCOTT, RETA	Patterson, IA	F	60	41:28.4	13:23
	6	2107	2832	WEEDA, PHYLLIS	Des Moines, IA	F	60	44:31.4	14:22
	7	2118	4140	NOAH, ANNE MARIE	Des Moines, IA	F	62	44:39.8	14:24
	8	2124	386	MARASCO, JUANITA	Des Moines, IA	F	61	44:46.4	14:27
	9	2153	883	DUFFY, JANE	Des Moines, IA	F	64	45:05.1	14:33
	10	2239	4073	CALIGIURI, CARLENE	Des Moines, IA	F	64	46:51.7	15:07
	11	2253	3105	VANGILDER, CATHY	West Des Moines, IA	F	61	47:09.9	15:13
	12	2262	3887	SHAEFFER, AUDREY	Altoona, IA	F	60	47:14.6	15:14
	13	2275	967	PAGE, CINDY	Urbandale, IA	F	62	47:23.5	15:17
	14	2432	8787	BOYD, BEV	Urbandale, IA	F	61	49:17.6	15:54
	15	2472	5389	WIDELSKI, KATHLEEN	West Des Moines, IA	F	62	49:43.4	16:02
	16	2520	10067	DOBSON, DIANE	Des Moines, IA	F	61	50:22.2	16:15
	17	2613	2158	RUWE, CYNDI	West Des Moines, IA	F	63	51:09.4	16:30
	18	2688	1638	BELL, GINNIE	Des Moines, IA	F	60	51:56.6	16:45
	19	2692	10904	JARMAN, DIANA	Ankeny, IA	F	61	51:59.1	16:46
	20	2704	1738	BREZICKA, KAREN	Austin, MN	F	62	52:05.6	16:48
	21	2751	280	MASON, CARRIE	Urbandale, IA	F	64	52:32.8	16:57
	22	2754	2770	SMITH, MARILYN	Ames, IA	F	60	52:34.7	16:58
	23	2759	5008	SNOOK, PHYLLIS	West Des Moines, IA	F	61	52:37.0	16:58
	24	2768	7094	MEIER, MARY JO	Manson, IA	F	64	52:40.4	17:00
	25	2777	12066	LARSON, JAN	PLEASNAT HILL,	F	62	52:44.2	17:01
	26	2880	170	ROHNER, NANCY	Yale, IA	F	63	53:20.5	17:12
	27	3029	8532	SALES, ANNETTE	Des Moines, IA	F	61	54:17.0	17:31
	28	3060	8955	CURRIE, BETTY	Des Moines, IA	F	63	54:28.7	17:34
	29	3066	10118	ROHDEN, SUSIE	Clive, IA	F	60	54:31.3	17:35
	30	3396	928	CHRISTIANSSEN, CAROLYN	Johnston, IA	F	63	56:55.6	18:22
	31	3415	411	RHOADS, KAY	Ankeny, IA	F	62	57:07.4	18:26
	32	3428	2699	DAVIS, COE	West Des Moines, IA	F	60	57:13.9	18:28
	33	3525	2070	CARLSON, MARILYN	Urbandale, IA	F	64	57:53.6	18:41
	34	3662	1881	BRAATEN, JUNE	Des Moines, IA	F	60	58:47.7	18:58
	35	3694	2162	KIVI, MARCIA	Montezuma, IA	F	60	58:56.6	19:01
	36	3775	14438	BINZEN, CHERYL	Lakewood, OH	F	60	59:21.2	19:09
	37	3804	5912	HETTINGER, PHILO	Norwalk, IA	F	62	59:31.3	19:12
	38	3877	7891	KETTERLING, JANE	Urbandale, IA	F	61	59:59.	19:21
	39	3891	5866	KIELMAN, SANDY	Melbourne, IA	F	61	59:59.	19:21
	40	3892	10253	FRY, MARY LOU	Clive, IA	F	64	59:59.	19:21
	41	3960	5661	WORKINGER, PATRICIA	Lena, IL	F	61	01:00:00..	19:21
	42	3991	8434	BRESLEY, JOAN	Des Moines, IA	F	60	01:00:00..	19:21
	43	3995	4293	LAWSON, ELISABETH	West Des Moines, IA	F	63	01:00:00..	19:21
	44	4096	13803	STELLINGA, ROSEMARY	BAD ZIPCODE, XX	F	61		
	45	4106	3054	SMITH, KAREN	Melcher, IA	F	60		
	46	4112	1987	KNOCK, JOYCE	Urbandale, IA	F	63		
	47	4155	14266	WOOD, KATHRYN	Ankeny, IA	F	64		
	48	4156	14137	YAEGER, MARILYN	Urbandale, IA	F	61		
	49	4249	10000	PETERSON, SANDRA	Des Moines, IA	F	64		
	50	4359	653	CLINE, KAY	Huxley, IA	F	60		
	51	4361	13321	SESKER, CAROLYN	Cambridge, IA	F	63		
	52	4396	7672	BETZER, KATHY	Carlisle, IA	F	60		
	53	4458	14070	TORGERSON, BETTY	BAD ZIPCODE, XX	F	61		
	54	4464	7360	PUNKE, JANE	Nevada, IA	F	62		
	55	4477	5794	TESTROET, JUDITH A	Carroll, IA	F	61		
	56	4496	381	HIATT, LIBBY	Mitchellville, IA	F	61		
	57	4503	9652	KONRAD, RUTH	Milo, IA	F	63		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 60 - 64

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
58	4512	7336	KELLOGG, MARY JO	Nevada, IA	F	61		
59	4526	9263	STUART, JOAN	New Virginia, IA	F	63		
60	4528	11582	MCDOWELL, NANCEE	Urbandale, IA	F	63		
61	4534	562	LOUGHREN, SHEILA	Waterloo, IA	F	60		
62	4540	8966	SCHABEL, ELIZABETH	Boone, IA	F	62		
63	4548	887	VEASMAN, JUDY	Indianola, IA	F	60		
64	4681	7501	CRABTREE, LINDA	Des Moines, IA	F	64		
65	4878	12732	LOCKWOOD, JO	Urbandale, IA	F	63		
66	4911	12286	OSBORN, CAREN	Grinnell, IA	F	61		
67	4934	8624	SKELETON, BILLIE	Des Moines, IA	F	63		
68	4940	8889	MILLER, CAROLE	Otley, IA	F	61		
69	4967	4639	WHITE, JOAN	Winterset, IA	F	60		
70	4977	6507	BROWN, LINDA	Indianola, IA	F	61		
71	4994	4641	JURGENS, JANE	Winterset, IA	F	61		
72	5050	1885	CARDWELL, BETTY	Altoona, IA	F	61		
73	5060	6202	LAMP, NELDA	Ankeny, IA	F	64		
74	5061	12290	DICKERSON, BARBARA	Altoona, IA	F	61		
75	5079	7940	KUNECKE, KAREN	West Des Moines, IA	F	60		
76	5081	6746	STERNQUIST, PAT	Indianola, IA	F	63		
77	5091	9953	PAZZI, DONNA	Des Moines, IA	F	61		
78	5118	9686	GOULD, SHARON	BAD ZIPCODE, XX	F	64		
79	5125	12616	WACHA, JANET	Garwin, IA	F	63		
80	5153	10112	FETTERS, IDA	Clio, IA	F	62		
81	5174	10929	NIELSEN, LA VILA	Johnston, IA	F	64		
82	5206	4233	ANSHER, ROZ	West Des Moines, IA	F	64		
83	5222	880	BLACKBURN, SHARRIE	Des Moines, IA	F	63		
84	5244	14228	JOHNSON, JAN	Des Moines, IA	F	60		
85	5250	9860	CLEAVER, JEANNETTE	Des Moines, IA	F	60		
86	5277	2258	THOMPSON, MARY	Johnston, IA	F	60		
87	5298	10043	EKDOM, DARLENE	Urbandale, IA	F	60		
88	5415	2304	VANDERPOL, CONNIE	Urbandale, IA	F	61		
89	5426	10667	ZIMMERMANN, SALLIE	Ankeny, IA	F	62		
90	5447	9171	FRANZENBURG, MARIE	Clive, IA	F	61		
91	5519	11467	BRADY, BARBARA	Clive, IA	F	61		
92	5543	2818	PATTERSON, VICKI	Des Moines, IA	F	60		
93	5546	4045	VAN HOUTEN, SHERYL	Des Moines, IA	F	62		
94	5566	932	SLATER, MIDGE	Des Moines, IA	F	62		
95	5634	14107	FINGERT, LORETTA	Des Moines, IA	F	61		
96	5677	607	MALONEY, MAGGIE	Des Moines, IA	F	62		
97	5763	9846	WILSON, PATRICIA	Knoxville, IA	F	60		
98	5764	9836	KINCAID, ALICE	Knoxville, IA	F	60		
99	5886	6039	DAVIS, PEGGY	Des Moines, IA	F	64		
100	5888	8310	DONELS, DONNA	Cedar Rapids, IA	F	60		
101	5962	5195	SHAWHAN, ANITA	Urbandale, IA	F	61		
102	6074	51	FALES, SUSAN	Columbia, MO	F	63		
103	6203	11484	SINN, CAROLYN	Bondurant, IA	F	63		
104	6218	5764	BLAIR, SHARON L	Dallas, IA	F	61		
105	6259	8672	SIGLER, JANICE	Urbandale, IA	F	63		
106	6260	3289	AMRINE, LYNETTE	Dallas Center, IA	F	60		
107	6280	15261	HAWBAKER, LORI	Dallas Center, IA	F	61		
108	6309	10603	THORESON-ALLER, ANN	Des Moines, IA	F	63		
109	6335	24	BEARD, GLORIA	Knoxville, IA	F	61		
110	6355	7715	OLSON, PHYLLIS	Newton, IA	F	64		
111	6396	2256	FITCH, MARY LOU	Clear Lake, IA	F	60		
112	6426	10493	HAMILTON, NORMA	West Des Moines, IA	F	60		
113	6445	14660	HINGL, ARLENE	West Des Moines, IA	F	62		
114	6488	6413	SHELDAHL, MARGE	Huxley, IA	F	62		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 60 - 64

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
115	6528	3541	KARPAN, PAULINE	Melcher, IA	F	62		
116	6571	2140	JENKINS, JERI	Des Moines, IA	F	60		
117	6598	9620	BEERMANN, GAIL	Indianola, IA	F	60		
118	6608	3073	REED, SHARON	Ankeny, IA	F	61		
119	6665	8720	MILLER, MAVIS	Granger, IA	F	60		
120	6671	12242	DAWSON, LINDA	Runnells, IA	F	61		
121	6750	6969	MCCMAHON, PAMELA	Clive, IA	F	60		
122	6757	9689	KIMES, VICKI	BAD ZIPCODE, XX	F	60		
123	6774	6648	WILSON, MARY J	Ankeny, IA	F	62		
124	6873	10283	PARKER, JOAN	Carlisle, IA	F	63		
125	6907	14169	PRINDIVILLE, MARY	Johnston, IA	F	61		
126	6949	15231	TWEDT, KAREN	Radcliffe, IA	F	61		
127	6958	13932	CAMPBELL, JUDY	Des Moines, IA	F	61		
128	7000	12035	DIAZ, RUBY	Ankeny, IA	F	62		
129	7025	10113	MCKAY, PATTY	Chariton, IA	F	60		
130	7061	4331	ADAIR, VICKI	Des Moines, IA	F	60		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 65 - 69

Group	Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile
1	836	5026	NIELSEN, MARGE	Spencer, IA	F	69	28:54.9	9:20
2	1065	746	WEIL, MAXINE	Des Moines, IA	F	69	30:32.3	9:51
3	1773	6138	MCCONKEY, DONNA	Ankeny, IA	F	66	36:30.2	11:47
4	1999	5088	KRATZ, PAT	West Des Moines, IA	F	67	41:14.2	13:18
5	2015	2305	KROME, KIM	Corydon, IA	F	66	41:45.0	13:28
6	2024	10464	SCOTT, ROSALENE	Granger, IA	F	66	42:01.8	13:34
7	2144	8829	LATHRUM, MARY LOU	Bondurant, IA	F	69	44:59.2	14:31
8	2210	1779	MCGINNIS, CAROL	Norwalk, IA	F	69	46:08.3	14:53
9	2238	11715	JONES, MAXINE	Ankeny, IA	F	65	46:50.6	15:07
10	2314	11634	HUNT, BARB	Carlisle, IA	F	68	47:58.2	15:28
11	2340	3406	KEENEY, BETTY	Ames, IA	F	67	48:23.3	15:37
12	2536	9153	HOING, RUTH	Runnells, IA	F	67	50:29.8	16:17
13	2665	7544	PRASKA, DARLYNE	Iowa Falls, IA	F	66	51:49.2	16:43
14	2730	10665	PARSONS, MARILYN	Des Moines, IA	F	69	52:18.4	16:52
15	2929	1107	THOMAS, SANDRA	Des Moines, IA	F	67	53:41.0	17:19
16	3197	2059	FARBER, ANN	Urbandale, IA	F	69	55:24.2	17:52
17	3406	958	SEXTON-RANDELS,	Altoona, IA	F	68	57:03.3	18:24
18	3421	1143	CAMPBELL, NILA	Des Moines, IA	F	68	57:10.9	18:27
19	3494	553	BATES, SALLY	Des Moines, IA	F	66	57:41.3	18:37
20	3652	3099	AGEY, MARILYN	Des Moines, IA	F	65	58:44.9	18:57
21	3818	11346	HAYES, JANE	Des Moines, IA	F	68	59:36.9	19:14
22	3855	1416	OSTENDORF, ELEANOR	Ames, IA	F	65	59:53.1	19:19
23	3872	4174	HAASE, BEV	West Des Moines, IA	F	66	59:59.	19:21
24	3876	14176	LIGGETT, MARY ANN	Urbandale, IA	F	67	59:59.	19:21
25	4236	7384	GUMBERT, CLAUDETTE	Dysart, IA	F	66		
26	4310	6126	WILLIAMS, ARDEN	Urbandale, IA	F	68		
27	4463	1505	PANNKUK, ALICE	Ames, IA	F	65		
28	4490	7382	DAEHLER, JEANNETTE	Nevada, IA	F	67		
29	4529	878	LEO, ESTHER	Des Moines, IA	F	69		
30	4936	8633	GARRISON, LAVONNE	Des Moines, IA	F	65		
31	4947	2747	JUDISCH, TRULY	Clive, IA	F	67		
32	5053	9126	SPENCE, MARGIE	Des Moines, IA	F	65		
33	5080	7927	BLISS, MARIANNE	West Des Moines, IA	F	65		
34	5099	7928	AUBERT, TONI	Urbandale, IA	F	67		
35	5108	2991	WALKER, JO	Des Moines, IA	F	65		
36	5156	1361	MCCARDLE, BEVERLY	Brandon, IA	F	69		
37	5165	11985	ASLESON, ANN	Cumming, IA	F	69		
38	5319	3702	CRABTREE, SANDRA	Des Moines, IA	F	69		
39	5533	3590	CLARK, JACKIE	Des Moines, IA	F	69		
40	5689	3209	BIERMA, BEV	Des Moines, IA	F	65		
41	5777	8123	SCHOEN, SHIRLEY	Indianola, IA	F	68		
42	5810	12141	HEDDINGER, KAREN	West Des Moines, IA	F	68		
43	5833	7188	ROUSE, KAYLEEN	Grundy Center, IA	F	65		
44	5851	8786	HOLZWORTH, MARTHA	Des Moines, IA	F	69		
45	5915	8315	NIEBUHR, DELAINE	Peosta, IA	F	68		
46	5970	1783	SWALE, ELLIE	Clive, IA	F	66		
47	6068	7390	FICKEN, RUTH	Nevada, IA	F	66		
48	6208	2724	YODER, NORMA	Kalona, IA	F	65		
49	6245	3085	LESAN, MARILYN	Leon, IA	F	69		
50	6297	9328	JACKSON, ANN	Des Moines, IA	F	65		
51	6301	12022	FONTANINI, BEVERLEY	Urbandale, IA	F	65		
52	6346	8304	ALBRIGHT, MARILYN	Iowa City, IA	F	69		
53	6529	3535	SEELE, SHIRLEY	Urbandale, IA	F	66		
54	6568	2141	SIMPSON, HELEN	Des Moines, IA	F	68		
55	6595	15314	LEHL, DEANNA	Des Moines, IA	F	66		
56	6812	1405	FRICK, MARGARET	Ankeny, IA	F	68		
57	6833	4131	LEWIS, JAMES	Ankeny, IA	F	69		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 65 - 69

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
58	7024	984	POWELL, AVA	Grimes, IA	F	65		
59	7054	2759	HAYNES, JO ANN	Kellogg, IA	F	67		
60	7064	11772	KNAPP, RUTH	Waterloo, IA	F	68		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 70 - 79

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	1255	2655	BAARDA, IVA	BAD ZIPCODE, XX	F	71	31:49.9	10:16
2	2264	12297	SANDAHL, JEAN	Des Moines, IA	F	71	47:16.4	15:15
3	2619	5748	SYVERSON, CAROL	Urbandale, IA	F	73	51:14.3	16:32
4	3048	3524	LEONARD, MARILYNN	Des Moines, IA	F	70	54:25.0	17:33
5	3267	8054	MC CRIMMON, ANNE	West Bend, WI	F	71	55:58.9	18:04
6	3268	12058	CAHALAN, MARJORIE	Des Moines, IA	F	70	55:59.1	18:04
7	3284	1211	BARR, SUZANNE	Urbandale, IA	F	72	56:06.2	18:06
8	3286	3052	LIEBBE, DORIS	West Des Moines, IA	F	76	56:07.5	18:06
9	3295	3075	MCBROOM, LOIS	West Des Moines, IA	F	72	56:14.3	18:08
10	3887	946	KRAMME, LARA	Des Moines, IA	F	70	59:59.	19:21
11	4161	1058	FERNEAU, PEARL	Marshalltown, IA	F	73		
12	4527	2280	STROUD, DOLORES	West Des Moines, IA	F	71		
13	4532	1558	GRITTERS, REVENA	Pella, IA	F	70		
14	4682	7503	OLAUSON, MARY LOU	Des Moines, IA	F	70		
15	4710	6406	HENNICK, RUTH	Huxley, IA	F	75		
16	4748	1345	VAN SICKLE, EVELYN	Newton, IA	F	73		
17	5036	5924	SCHOWALTER, BETTY	West Des Moines, IA	F	77		
18	5048	10271	CONRAD, BARBARA	Des Moines, IA	F	72		
19	5087	10443	JOYCE, VIDELL	Nevada, IA	F	77		
20	5233	3208	BIERMA, SHIRLEY	Des Moines, IA	F	73		
21	5240	4281	MOLYNEUX, JOAN	Des Moines, IA	F	72		
22	5452	5476	RYAN, JACQUELINE	Urbandale, IA	F	72		
23	5544	2407	ADAMS, RAMONA	Des Moines, IA	F	73		
24	5724	3204	DAVIS, JEANNETTE	Des Moines, IA	F	72		
25	5894	2339	CLARK, MARLENE	Des Moines, IA	F	73		
26	6007	3349	NEUBAUER, PATRICIA	Centerville, IA	F	74		
27	6052	1933	MILLER, GEORGIA	Hubbard, IA	F	72		
28	6476	5967	BENNETT, DOROTHY	Altoona, IA	F	73		
29	6733	13488	BOHL-KELLY, JOAN	Clive, IA	F	72		
30	6738	5051	FOSTER, SHIRLEY	Des Moines, IA	F	74		
31	6863	5984	BURLEY, HELEN	Des Moines, IA	F	75		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Women: 80 +

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	2395	12759	COLLINS, S MAXINE	PLEASNAT HILL,	F	80	48:56.4	15:47
2	6474	1177	LOZIER, ARLINE	Des Moines, IA	F	82		
3	6503	8266	GASTER, EVELYN	Webster City, IA	F	80		
4	6524	1508	DENTON, DOROTHY	Cambridge, IA	F	81		
5	6747	11611	JOHNSON, MARTHA	Ankeny, IA	F	92		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Men: 8 and Under

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	1225	14143	BOTT, SAM	Clive, IA	M	7	31:35.5	10:11
2	1473	10035	SUNDHOLM, JACOB	Norwalk, IA	M	8	33:21.3	10:46
3	1806	10895	HAGEDORN, JOSHUA	Des Moines, IA	M	7	37:08.7	11:59
4	2055	6344	FELGER, ALEX	Des Moines, IA	M	8	43:04.2	13:54
5	2409	9504	ALREAD, ADRIAN	Des Moines, IA	M	8	49:03.3	15:49
6	2416	13950	UTKE, RYAN	Des Moines, IA	M	8	49:04.8	15:50
7	2531	5327	RAHM, CODY	Des Moines, IA	M	7	50:27.5	16:17
8	2813	12544	KRUSE, SCOTT	Johnston, IA	M	7	52:54.5	17:04
9	3255	9657	MCCORMICK, REED	Pleasantville, IA	M	8	55:53.2	18:02
10	3380	13333	BACKOUS, KAI	Mason City, IA	M	8	56:50.5	18:20
11	3538	8745	SCHWAGER, TREVOR	Clive, IA	M	5	57:57.4	18:42
12	3539	7809	ACOYMO, GRANT	Ankeny, IA	M	6	57:58.3	18:42
13	3878	673	OLEJNICZAK, NATHAN	Cedar Falls, IA	M	7	59:59.	19:21
14	3940	13942	CHRISTIAN, BRADY	Des Moines, IA	M	7	01:00:00..	19:21
15	3947	2933	VUKELICH, JACK	Johnston, IA	M	5	01:00:00..	19:21
16	4080	8622	SMITH, AUSTIN	Des Moines, IA	M	3		
17	4103	12146	JOHNSON, CONNOR	Des Moines, IA	M	8		
18	4164	15132	HARDWICK, TIMOTHY	Des Moines, IA	M	5		
19	4234	8132	BERRY, CHRISTOPHER	Ankeny, IA	M	8		
20	4334	13403	THOMAS, BRIAN	Urbandale, IA	M	8		
21	4621	6526	FRAKER, LOGAN	Davenport, IA	M	7		
22	4832	3964	BERGMANN, NOAH	Ankeny, IA	M	5		
23	5248	9032	BARTACHEK, LUCAS	West Des Moines, IA	M	1		
24	5352	10171	COOK, CARTER	Pleasantville, IA	M	6		
25	5391	4770	KALSEM, JACOB	Collins, IA	M	8		
26	5710	11696	HAIWICK, NATHAN	Ankeny, IA	M	8		
27	5957	2962	MORAN, TYLER	Indianola, IA	M	4		
28	6128	9567	DAWSON, BRETT	Norwalk, IA	M	2		
29	6375	12611	EDENS, BRYCE	Ankeny, IA	M	1		
30	6378	12612	EDENS, JACKSON	Ankeny, IA	M	2		
31	6461	10743	CLOSE, CONNOR	Des Moines, IA	M	5		
32	6490	15185	SHRUM, ADDISON	BAD ZIPCODE, XX	M	8		
33	6862	11235	RISBECK-RILEY, GRANTLAND	Des Moines, IA	M	5		
34	6871	2954	MITCHELL, ANDREW	Lincoln, NE	M	7		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Men: 9 - 14

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	23	1130	SITZMANN, GAGE	West Des Moines, IA	M	12	19:27.7	6:17
2	34	14059	MENKEN, JOHN	Clive, IA	M	12	19:57.5	6:26
3	39	773	WINK, MITCH	West Des Moines, IA	M	11	20:04.7	6:29
4	60	14504	SPANN, JARED	Adel, IA	M	14	20:42.4	6:41
5	99	5213	MILLER, BEN	Kellogg, IA	M	12	21:22.5	6:54
6	105	10270	LUKE, BUBECK	Grimes, IA	M	12	21:32.2	6:57
7	110	9346	ANDERSON, KIT	Norwalk, IA	M	11	21:38.9	6:59
8	115	3090	OSTER, CASEY	Clive, IA	M	14	21:41.6	7:00
9	121	6577	TURNER, A.J.	Clive, IA	M	14	21:45.3	7:01
10	123	466	GUTSCHENRITTER, CHAD	West Des Moines, IA	M	10	21:47.7	7:02
11	135	10268	WALKUP, CODY	Des Moines, IA	M	12	22:00.2	7:06
12	137	10258	PERINGTON, JAKE	Des Moines, IA	M	12	22:01.6	7:06
13	177	2738	CALHOUN, CHRIS	Urbandale, IA	M	12	22:49.5	7:22
14	191	15052	GODWIN, ADAM	Earlham, IA	M	14	23:06.6	7:27
15	199	5009	STEINMETZ, ANDREW	West Des Moines, IA	M	14	23:13.3	7:29
16	200	385	MCDONOUGH, JACOB	Urbandale, IA	M	14	23:13.9	7:30
17	207	5934	PRESCOTT, DREW	Urbandale, IA	M	11	23:16.6	7:31
18	233	14358	COLLINS, CHRISTOPHER	West Des Moines, IA	M	13	23:44.7	7:40
19	235	12542	KRUSE, BRADLEY	Johnston, IA	M	13	23:45.1	7:40
20	258	5124	BARSETTI, JOEY	West Des Moines, IA	M	10	23:59.4	7:44
21	292	11342	LANG, JOE	Ankeny, IA	M	13	24:20.5	7:51
22	329	10092	KEALHOFER, ADAM	Perry, IA	M	14	24:43.4	7:59
23	340	12118	HEDDINGER, JACOB	West Des Moines, IA	M	13	24:51.1	8:01
24	341	4878	LEISTER, JOHN	Des Moines, IA	M	13	24:51.8	8:01
25	388	13971	MANDSAGER, HANK	Johnston, IA	M	11	25:22.8	8:11
26	392	14233	DEAN, LOGAN	Johnston, IA	M	9	25:25.0	8:12
27	394	15120	KISCHER, NATE	West Des Moines, IA	M	14	25:27.0	8:13
28	500	2381	WALTER, ERIC	Johnston, IA	M	14	26:22.5	8:31
29	506	12738	ANDERSON, CODY	Urbandale, IA	M	12	26:24.0	8:31
30	570	1129	ANDERSEN, DAN	Ankeny, IA	M	11	26:51.4	8:40
31	632	8094	FOUTCH, JAKE	Johnston, IA	M	11	27:20.1	8:49
32	662	5156	SCHEPPMANN, ALEX	West Des Moines, IA	M	12	27:31.9	8:53
33	664	14119	FRANKLIN, JEREMY	West Des Moines, IA	M	13	27:32.2	8:53
34	669	15200	GARDNER, JOHN	BAD ZIPCODE, XX	M	14	27:33.8	8:54
35	707	465	GUTSCHENRITTER, TODD	West Des Moines, IA	M	13	27:58.4	9:01
36	745	699	JACOBUS, DALTON	Des Moines, IA	M	13	28:14.4	9:07
37	754	3182	HOWE, AUSTIN	Clive, IA	M	10	28:18.4	9:08
38	757	2730	TYSKLIND, BRAYDON	West Des Moines, IA	M	10	28:19.2	9:08
39	759	3894	BARTELS, RILEY	Altoona, IA	M	12	28:19.6	9:08
40	839	14245	BARR, JOSHUA	Panora, IA	M	14	28:58.0	9:21
41	846	1731	JUFFER, BEN	West Des Moines, IA	M	13	29:00.8	9:22
42	873	10222	HAMILTON, PATRICK	BAD ZIPCODE, XX	M	14	29:09.9	9:25
43	950	15480	SUSANIN, SAM	Des Moines, IA	M	13	29:46.4	9:36
44	1010	14095	DAVICK, JORDAN	BAD ZIPCODE, XX	M	14	30:11.1	9:44
45	1114	14112	COX, BEN	Des Moines, IA	M	13	30:51.1	9:57
46	1124	12891	SHIPLEY, ADAM	West Des Moines, IA	M	11	30:54.7	9:58
47	1161	2091	RUSSELL, MATTHEW	Des Moines, IA	M	10	31:07.0	10:02
48	1167	15136	THOMPSON, NICK	DES MOINES, IA	M	14	31:09.8	10:03
49	1175	5114	DIGMAN, MATTHEW	West Des Moines, IA	M	11	31:11.9	10:04
50	1196	14428	SCHWARTZ, ADAM	Urbandale, IA	M	13	31:19.5	10:06
51	1238	13529	MAHARRY, COLE	Des Moines, IA	M	10	31:44.8	10:14
52	1290	5176	SCOTT, MICHAEL	West Des Moines, IA	M	13	32:03.1	10:20
53	1383	14200	SELINGER, PETER	Urbandale, IA	M	11	32:45.1	10:34
54	1387	3044	TILLEY, HOGAN	West Des Moines, IA	M	11	32:47.1	10:35
55	1448	6947	WATSON, TYLER	Des Moines, IA	M	14	33:11.4	10:42
56	1563	9893	JOHNSON, BRANDON	Indianola, IA	M	10	34:03.3	10:59
57	1565	9892	JOHNSON, NATHANIEL	Indianola, IA	M	10	34:04.0	10:59

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Men: 9 - 14

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
58	1589	9876	MC CONNELL, JAMES	Indianola, IA	M	10	34:21.6	11:05
59	1592	5046	HARRIS, SAM	Ankeny, IA	M	11	34:23.9	11:06
60	1752	4656	POOTS, PRESTON	Huxley, IA	M	12	36:14.4	11:41
61	1764	12138	WELLMAN, JOE	West Des Moines, IA	M	10	36:24.7	11:45
62	1767	14300	NIELSEN, JACOB	Des Moines, IA	M	11	36:26.2	11:45
63	1769	14301	BECKER, COLEMAN	Des Moines, IA	M	12	36:27.3	11:46
64	1861	3029	MCMILLEN, ORIN	Waukee, IA	M	14	38:12.8	12:20
65	1878	5125	BARSETTI, JIMMY	West Des Moines, IA	M	11	38:33.6	12:26
66	1898	13505	WILKENSON, BLAKE	Waukee, IA	M	13	38:49.8	12:32
67	1902	11260	MCMILLEN, ZACHARY	Guthrie Center, IA	M	13	38:52.4	12:32
68	1911	15127	BURGETT, CONNOR	West Des Moines, IA	M	11	38:58.2	12:34
69	1930	13405	AGEY, JACKSON	Des Moines, IA	M	9	39:22.4	12:42
70	1991	700	JACOBUS, NILE	Des Moines, IA	M	11	41:07.9	13:16
71	2041	13957	LEMON, COLE	Clive, IA	M	13	42:35.5	13:44
72	2137	5193	SULLIVAN, KELLY	West Des Moines, IA	M	10	44:54.0	14:29
73	2461	5754	GUGE, ETHAN	West Des Moines, IA	M	9	49:36.1	16:00
74	2483	13395	PETERSON, DAMON	West Des Moines, IA	M	9	49:57.5	16:07
75	2667	14434	WHEELOCK, GREG	Ames, IA	M	13	51:49.8	16:43
76	2690	1966	NEWLANDER, ETHAN	West Des Moines, IA	M	12	51:57.3	16:46
77	2721	7093	MEIER, JACOB	West Des Moines, IA	M	10	52:13.0	16:51
78	2823	2912	KYLE, TORKELSON	West Des Moines, IA	M	13	52:58.0	17:05
79	2899	4517	KLAVINS, JAMESON	Urbandale, IA	M	12	53:29.0	17:15
80	2965	15204	BLOCK, JACOB	West Des Moines, IA	M	11	53:53.0	17:23
81	3152	7637	BOLEY, MICHAEL	Des Moines, IA	M	11	55:06.4	17:47
82	3170	4432	BROPHEY, CHUCK	Des Moines, IA	M	12	55:13.0	17:49
83	3289	12691	BATES-NORUM, COLE	Des Moines, IA	M	10	56:09.3	18:07
84	3366	3637	TRIPLETT, JEFF	Urbandale, IA	M	13	56:44.2	18:18
85	3434	13772	WAGLER, NICK	Clear Lake, IA	M	11	57:15.5	18:28
86	3448	9194	READY, DAN	Clive, IA	M	13	57:22.3	18:30
87	3449	13784	LYONS, JOE	West Des Moines, IA	M	13	57:23.3	18:31
88	3459	5129	LANG, JASON	Clive, IA	M	13	57:27.1	18:32
89	3618	3545	VANCLEAVE, BRANDON	Perry, IA	M	14	58:36.3	18:54
90	3683	2746	ROMANO, NICK	Johnston, IA	M	13	58:53.0	19:00
91	3867	3016	KAPAUN, ALEC	Ames, IA	M	11	59:58.5	19:21
92	4094	12145	JOHNSON, COLE	Des Moines, IA	M	10		
93	4123	10204	STERK, JACOB	BAD ZIPCODE, XX	M	12		
94	4202	8145	ACKERMAN, JAY	Mitchellville, IA	M	14		
95	4372	15318	FERIN, NICK	Saint Marys, IA	M	12		
96	4424	585	RIGG, THOMAS	Des Moines, IA	M	10		
97	4494	6754	ANDERSON, JACOB	Indianola, IA	M	14		
98	4557	12505	RENBERG, DAVID	Paola, KS	M	14		
99	4604	10058	NEVINS-ARCHER, GREYSON	West Des Moines, IA	M	9		
100	4671	4551	HARRISON, COLE	Jefferson, IA	M	13		
101	4691	7010	MEYER, MICHAEL	Norwalk, IA	M	13		
102	4928	5201	MISTRY, ERIC	West Des Moines, IA	M	12		
103	5002	4759	LARIMER, KYLE	Stuart, IA	M	13		
104	5068	4970	TODD, ROB	West Des Moines, IA	M	14		
105	5510	10618	REAMES, ZACH	Clive, IA	M	12		
106	5568	5492	BARTELS, DANIEL	Urbandale, IA	M	9		
107	5707	11695	HAIWICK, NICHOLAS	Ankeny, IA	M	11		
108	5910	4666	JEFFREY, JEREMY	West Des Moines, IA	M	13		
109	6020	5316	BLANCHARD, MITCH	Johnston, IA	M	14		
110	6162	3679	STORK, ANTON	Des Moines, IA	M	12		
111	6187	3630	DREES, JONATHAN	Ankeny, IA	M	9		
112	6469	4183	PINNEKE, SCOTT	Des Moines, IA	M	14		
113	6736	4556	CLAYTON, ZACHARY	Des Moines, IA	M	13		
114	6845	13525	JUDKINS, MATTHEW	Ankeny, IA	M	11		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Men: 9 - 14

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
115	6914	5117	KRUSE, ERIC	West Des Moines, IA	M	13		
116	6915	5116	KRUSE, EVAN	West Des Moines, IA	M	11		
117	6983	13801	HOWARD, BRIAN	West Des Moines, IA	M	14		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Men: 15 - 19

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	1	15031	MC CLAIN, DYLAN	Lawrence, KS	M	19	15:51.7	5:07
2	2	15033	JURKOVICH, EVAN	Des Moines, IA	M	19	16:16.0	5:15
3	3	15034	OLSON, AARON	Minneapolis, MN	M	18	16:19.1	5:16
4	9	15168	BOND, BRANDON	West Des Moines, IA	M	19	17:56.1	5:47
5	12	15118	MINEAR, ANDREW	Carlisle, IA	M	18	18:07.2	5:51
6	16	15328	GRAY, CASEY GRAY	Winterset, IA	M	18	18:53.8	6:06
7	21	5958	HENRY, GRADY	Ankeny, IA	M	15	19:10.1	6:11
8	38	8171	EDGAR, WILL	Colfax, IA	M	16	19:59.5	6:27
9	46	15172	SWISHER, MARK	WEST DES	M	15	20:19.6	6:33
10	58	3841	PARMENTER, ERIC	Perry, IA	M	15	20:40.7	6:40
11	66	14237	HEUER, DYLAN	Des Moines, IA	M	15	20:49.4	6:43
12	78	1743	SWANSON, GREG	West Des Moines, IA	M	16	21:06.3	6:49
13	80	14284	CONNER, JOHN	West Des Moines, IA	M	18	21:07.7	6:49
14	90	9621	SEIDL, CORY	Norwalk, IA	M	15	21:14.8	6:51
15	98	15162	HAPPE ANDY, 15	Urbandale, IA	M	15	21:21.6	6:53
16	100	1625	JAMISON, TABER	POLK CITY, IA	M	16	21:23.5	6:54
17	152	8174	DAWSON, TRAVIS	Mingo, IA	M	16	22:23.7	7:13
18	173	13762	HAMMER, ALEX	Urbandale, IA	M	17	22:40.5	7:19
19	175	14321	MEYERS, MATT	Johnston, IA	M	17	22:41.7	7:19
20	188	13634	HARBERT, NICK	Ankeny, IA	M	18	23:03.3	7:26
21	190	15449	LOUAR, HANLEY	Des Moines, IA	M	19	23:06.1	7:27
22	210	7468	HEYER, JEFF	West Des Moines, IA	M	15	23:19.0	7:31
23	218	15370	BUCKLIN, MICHAEL	Cooper, IA	M	19	23:29.3	7:35
24	223	10095	TOWNSEND, DEREK	Perry, IA	M	17	23:33.5	7:36
25	225	10103	OSTRANSKY, SAM	Perry, IA	M	15	23:34.5	7:36
26	229	10104	WRIGHT, ALEX	Perry, IA	M	17	23:37.2	7:37
27	242	5294	ADAIR, QUINN	Perry, IA	M	16	23:49.6	7:41
28	306	15324	KAISER, JOSH	BAD ZIPCODE, XX	M	15	24:28.2	7:54
29	307	1604	LYONS, DYLAN	West Des Moines, IA	M	16	24:29.0	7:54
30	337	5988	WILSON, BEN	West Des Moines, IA	M	17	24:46.9	8:00
31	338	13441	JACOBSON, GRANT	Johnston, IA	M	15	24:48.4	8:00
32	411	13336	LOPEZ, THOMAS	Norwalk, IA	M	16	25:37.9	8:16
33	413	10100	ANDERSON, TYLER (TJ)	Perry, IA	M	15	25:38.4	8:16
34	414	15445	FLANNAGAN, CASEY	Pella, IA	M	19	25:38.7	8:16
35	555	8451	HORSMAN, BRETT	Pleasantville, IA	M	17	26:47.0	8:38
36	564	2104	DOERING, JAKE	Indianola, IA	M	18	26:49.6	8:39
37	589	1953	HANSELL, TOM	Ankeny, IA	M	18	26:58.3	8:42
38	775	3734	CRUZ, RJ	Prairie City, IA	M	15	28:25.6	9:10
39	789	2975	JONES, MIKE	Ames, IA	M	19	28:34.4	9:13
40	837	3510	ANDERSON, ROBERT	Nevada, IA	M	19	28:56.4	9:20
41	867	7396	REED, JOSHUA	Polk City, IA	M	16	29:08.2	9:24
42	984	455	WALLS, KEVIN	West Des Moines, IA	M	19	29:59.5	9:41
43	1009	8505	MEENAGH, RYAN	Cumming, IA	M	16	30:09.4	9:44
44	1128	10937	PEDDY, RYAN	Ankeny, IA	M	15	30:55.3	9:59
45	1358	15135	BURMINIA, CASEY	WAUKEE, IA	M	15	32:31.6	10:30
46	1542	10998	LARSEN, DREW	Urbandale, IA	M	19	33:55.6	10:57
47	1546	300	BILLIET, BRADY	Decorah, IA	M	17	33:56.8	10:57
48	1756	10600	PATTERSON, SHELBY	Colo, IA	M	16	36:18.4	11:43
49	1774	15051	GODWIN, MICHAEL	Earlham, IA	M	15	36:31.1	11:47
50	1941	3806	EKISS, JOSH	Urbandale, IA	M	15	39:45.2	12:49
51	2365	10601	ENGELUEW, BENJAMIN	Indianola, IA	M	16	48:40.8	15:42
52	2436	8139	PATTERSON, STUART	Colfax, IA	M	17	49:22.2	15:56
53	2479	4076	ATWOOD, JUSTIN	Collins, IA	M	19	49:53.6	16:06
54	2481	1905	WILLIS, ZACH	Colo, IA	M	19	49:56.2	16:07
55	2592	5603	BROWN, KIMLENG	Des Moines, IA	M	16	51:01.3	16:28
56	2790	8179	WHITE, LUCAS	Cooper, IA	M	17	52:48.4	17:02
57	2825	15267	JOHNSON, MATT	Ankeny, IA	M	16	52:58.5	17:05

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Men: 15 - 19

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
58	2846	6277	O'KELLEY, KINCH	Ankeny, IA	M	17	53:08.2	17:08
59	2848	6303	COUNTS, DAVID	Ankeny, IA	M	17	53:08.9	17:09
60	3013	7485	BRANDHORST, DANIEL	Ankeny, IA	M	16	54:11.6	17:29
61	3377	11248	KRAKAU, NATHAN	Roland, IA	M	15	56:49.8	18:20
62	3851	5343	SHUPE, ADAM	Ankeny, IA	M	17	59:51.3	19:19
63	4207	8163	VANWYK, RYAN	Colfax, IA	M	15		
64	4210	8143	HOLDEFER, PAUL	Mingo, IA	M	17		
65	4211	8154	KARSJENS, EVAN	Colfax, IA	M	18		
66	4722	8178	SICKORA, AUSTEN	Newton, IA	M	15		
67	4743	8026	WOOD, JOSHUA	Ankeny, IA	M	19		
68	4779	12089	BERNADINO, ADAM	Des Moines, IA	M	18		
69	4796	6747	ROBERTS, TYLER	Mitchellville, IA	M	16		
70	4836	11006	MURPHY, MIKE	Ankeny, IA	M	15		
71	4930	5200	MISTRY, CYRUS	West Des Moines, IA	M	15		
72	5072	15388	JON, PIPER	Des Moines, IA	M	19		
73	5085	15243	KEENAN, TOM	West Des Moines, IA	M	15		
74	5114	8161	SWIFT, HARRISON	Mingo, IA	M	17		
75	5115	8164	WARRICK, BLAKE	Colfax, IA	M	16		
76	5146	13411	SHARP, RYAN	PLEASNAT HILL,	M	18		
77	5150	7142	MUJIC, HARIS	Ankeny, IA	M	18		
78	5213	11940	WIPF, DUSTIN	Altoona, IA	M	18		
79	5353	10179	FURNAL, TY	Pleasantville, IA	M	18		
80	5410	5865	PEITZMAN, JAMES	Ankeny, IA	M	17		
81	5649	6551	ANDERSON, BEN	Saint Charles, IA	M	15		
82	5789	4117	GRIFFIN, SHANE	Newton, IA	M	16		
83	5839	9852	MOON, NICHOLAS	Knoxville, IA	M	15		
84	5870	10800	GRUBB, RICKY	Waukee, IA	M	17		
85	5959	8262	TOMETICH, RYAN	Johnston, IA	M	19		
86	6091	7272	REYNOLDS, DEVIN	Earlham, IA	M	17		
87	6295	10117	CONNOR, COREY	Cedar Falls, IA	M	19		
88	6311	6114	GRUBB, GARY	Waukee, IA	M	19		
89	6507	10344	MCMILLEN, BRIAN	Johnston, IA	M	19		
90	6646	5663	HOPKINS, BEN	Clive, IA	M	16		
91	6647	3276	TALLEY JR., TIM	Clive, IA	M	16		
92	6652	3415	HILEY, MIKE	Windom, MN	M	17		
93	6798	15291	FITCH, NICK	De Soto, IA	M	18		
94	6998	14411	KNOBLAUCH, SAM	BAD ZIPCODE, XX	M	16		
95	7016	9633	KNUTSON, BEN	Saint Charles, IA	M	16		
96	7030	9615	ROBISON, BEN	New Virginia, IA	M	16		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Men: 20 - 24

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	4	12353	POST, JOEL	Des Moines, IA	M	22	16:44.6	5:24
2	7	14227	THOMPSON, RYAN	Des Moines, IA	M	24	17:41.2	5:42
3	8	5568	GLICK, CHRIS	Des Moines, IA	M	20	17:48.5	5:45
4	11	15122	HARBERT, MATTHEW	Ankeny, IA	M	21	18:02.3	5:49
5	14	14141	SCHREINER, JON	BAD ZIPCODE, XX	M	20	18:29.8	5:58
6	20	4564	BECKER, MATT	Des Moines, IA	M	24	18:59.8	6:08
7	24	2000	HALLAM, JUSTUS	Ames, IA	M	22	19:28.6	6:17
8	27	5108	STAMPER, BENTON	Waukon, IA	M	21	19:34.7	6:19
9	126	7206	FOREMAN, DAN	West Des Moines, IA	M	23	21:52.6	7:03
10	149	13123	MCKIBBIN, BLAKE	Des Moines, IA	M	23	22:17.1	7:11
11	153	3542	JELSMA, RYAN	Ankeny, IA	M	20	22:24.4	7:14
12	160	12411	JENSEN, SCOTT	West Des Moines, IA	M	23	22:30.0	7:15
13	169	12335	VAN TIL, BRENT	Des Moines, IA	M	22	22:36.2	7:17
14	189	13156	SHUMAKER, SCOTT	Danville, IA	M	22	23:05.3	7:27
15	201	13677	RAY, CHETT	Carlisle, IA	M	24	23:14.5	7:30
16	203	8265	ULRICKSON, JOHN	Des Moines, IA	M	23	23:15.1	7:30
17	221	621	TALLMAN, DERICK	Ankeny, IA	M	20	23:32.1	7:36
18	222	398	MCDONALD, RYAN	Des Moines, IA	M	20	23:32.8	7:36
19	248	15272	MIEDEMA, DARRIN	Des Moines, IA	M	21	23:54.7	7:43
20	250	2736	REED, MICHAEL	Ankeny, IA	M	24	23:55.6	7:43
21	251	12703	MORAN, TIM	Story City, IA	M	22	23:56.3	7:43
22	302	343	HIBBEN, JOSH	West Des Moines, IA	M	24	24:25.8	7:53
23	304	2261	WALDON, GARRY	Des Moines, IA	M	23	24:27.0	7:53
24	344	2241	NICOL, JARED	Urbandale, IA	M	24	24:54.8	8:02
25	386	678	HANS, TRAVIS	Urbandale, IA	M	23	25:21.9	8:11
26	419	9998	WILLEY, RANDY	Indianola, IA	M	24	25:41.7	8:17
27	423	13499	MC CULLOH, TIM	West Des Moines, IA	M	24	25:45.2	8:18
28	463	7216	WEBER, SCOTT	Cherokee, IA	M	21	26:04.1	8:25
29	479	12478	KNOWLES, AARON	Urbandale, IA	M	22	26:11.9	8:27
30	528	4395	MCMAHAN, CHRISTOPHER	Des Moines, IA	M	21	26:32.9	8:34
31	536	15094	BIRCHEM, TRAVIS	Des Moines, IA	M	21	26:36.6	8:35
32	546	10133	STRIEGEL, BEN	Des Moines, IA	M	24	26:43.1	8:37
33	548	7770	BOSWELL, JOE	Ankeny, IA	M	22	26:43.8	8:37
34	610	1994	MCQUINN, MATT	Ames, IA	M	22	27:09.8	8:46
35	656	10135	SEVIER, JOSH	Waterloo, IA	M	23	27:29.9	8:52
36	665	4853	LOSS, BRENT	Urbandale, IA	M	23	27:32.5	8:53
37	714	2571	WILLIAMS, SCOTT	Indianola, IA	M	21	28:01.2	9:02
38	743	6619	HALL, JAMES	Indianola, IA	M	23	28:13.6	9:06
39	766	7193	STOLTENOW, PETE	West Des Moines, IA	M	23	28:22.4	9:09
40	768	8812	STOREY, LUCAS	Altoona, IA	M	24	28:22.6	9:09
41	848	12564	SEIBERLING, JOEL	Ankeny, IA	M	20	29:01.6	9:22
42	885	15379	WHITEBREST, DIRK	Burnsville, MN	M	24	29:17.9	9:27
43	938	1616	AUGUST, JOSH	West Des Moines, IA	M	22	29:42.2	9:35
44	1045	6979	GREENE, STEVEN E	Deep River, IA	M	20	30:25.6	9:49
45	1076	10689	PIEPER, MIKE	Hopkins, MN	M	23	30:36.2	9:52
46	1093	12404	LEMOINE, ELIAS	Clinton Township,	M	23	30:43.4	9:55
47	1099	12377	SCAPANSKI, PATRICK	Clive, IA	M	21	30:44.8	9:55
48	1120	10427	BRUNKHORST, LUKE	Marshalltown, IA	M	23	30:52.8	9:58
49	1165	14270	MEYER, JEFF	Johnston, IA	M	20	31:08.3	10:03
50	1215	3824	FERRISS, LARRY	Johnston, IA	M	22	31:28.5	10:09
51	1309	5062	MCDERMOTT, JUSTIN	West Des Moines, IA	M	23	32:10.5	10:23
52	1349	9726	WELLS, MATT	Ames, IA	M	23	32:27.8	10:28
53	1370	4699	FLACK, ADAM	West Des Moines, IA	M	24	32:37.8	10:32
54	1374	4109	WADDINGHAM, JOHN	Iowa City, IA	M	22	32:39.7	10:32
55	1400	14163	POWELL, STEVE	West Des Moines, IA	M	22	32:54.9	10:37
56	1401	13248	BURCH, JOE	West Des Moines, IA	M	23	32:55.2	10:37
57	1612	12591	TUINSTR, JUSTIN	Des Moines, IA	M	22	34:32.0	11:08

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Men: 20 - 24

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
58	1689	4287	KNOLL, CHRIS	Grimes, IA	M	20	35:23.3	11:25
59	1763	4562	BRUNSDALE, JOHN	Fargo, ND	M	23	36:23.1	11:44
60	1864	12405	MURPHY, THOMAS	Des Moines, IA	M	23	38:14.8	12:20
61	1904	4846	KREIBICH, NICK	West Des Moines, IA	M	24	38:54.0	12:33
62	1925	13660	POUTRE, CHRIS	Des Moines, IA	M	21	39:13.6	12:39
63	1934	15042	TREMBLAY, MAXIME	Ames, IA	M	21	39:28.1	12:44
64	1975	10237	ARNOLD, BRIAN	Chariton, IA	M	23	40:36.5	13:06
65	2042	8573	BOSCALJON, ANDREW	Grimes, IA	M	24	42:40.7	13:46
66	2112	1695	SIMPSON, HAROLD	Waukee, IA	M	23	44:37.1	14:24
67	2127	13134	DENGLER, JOHN	Iowa City, IA	M	22	44:48.0	14:27
68	2131	15076	SCHRECK, ANDY	Urbandale, IA	M	24	44:51.7	14:28
69	2152	15222	CANNON, ERIC	Urbandale, IA	M	24	45:04.7	14:32
70	2162	7217	SCOTT, RYAN	Des Moines, IA	M	22	45:11.6	14:35
71	2181	15409	KORALIK, JEFF	Mount Prospect, IL	M	22	45:30.7	14:41
72	2184	15257	SINNOTT, SHAUN	Iowa City, IA	M	21	45:36.2	14:43
73	2209	592	HUNTLEY, CHRISTIAN	Grimes, IA	M	21	46:06.9	14:53
74	2259	3781	NELSON, NICK	Des Moines, IA	M	24	47:13.1	15:14
75	2282	8083	WYCH, AARON	Des Moines, IA	M	23	47:29.2	15:19
76	2373	7214	MONROY, EDWARD	Des Moines, IA	M	23	48:47.5	15:44
77	2485	13227	LUCAS, JOSH	West Des Moines, IA	M	24	50:00.0	16:08
78	2797	15155	LITWILER, DUSTIN	Ankeny, IA	M	24	52:50.7	17:03
79	2873	6108	MARSKE, ALEX	West Des Moines, IA	M	22	53:18.0	17:12
80	3017	7551	MEYER, DAN	Des Moines, IA	M	23	54:13.0	17:29
81	3023	6782	STOUT, STAN	Ankeny, IA	M	22	54:14.9	17:30
82	3140	3345	HOUSER, MATT	Rochester, MN	M	22	55:00.8	17:45
83	3287	15027	CLARK, MATTHEW	Minneapolis, MN	M	23	56:07.6	18:06
84	3435	9916	BARNETT, WYATT	Monroe, IA	M	23	57:16.2	18:28
85	3483	2171	MILLER, JIM	Maxwell, IA	M	23	57:37.2	18:35
86	3660	9414	EWOLDSEN, JUSTIN	West Des Moines, IA	M	24	58:47.4	18:58
87	4055	3743	CORT??S, MARIO	Des Moines, IA	M	21		
88	4084	8640	AVON, JAMES	Des Moines, IA	M	21		
89	4111	4889	LIEBERMAN, JASON	Johnston, IA	M	23		
90	4285	5017	HARSHBARGER, BEN	Grimes, IA	M	23		
91	4295	2003	CHENEY, BART	Ames, IA	M	24		
92	4332	13401	LENHART, CASSEY	Des Moines, IA	M	21		
93	4433	3612	DYKSTRA, ANDREW	Ames, IA	M	24		
94	4446	2546	SPEER, JOSHUA	Berwick, IA	M	24		
95	4481	13504	JENNINGS, ANDY	Granger, IA	M	23		
96	4535	3156	DIEHL, CHRIS	Coralville, IA	M	21		
97	4594	10404	RUSSO, AARON	Des Moines, IA	M	24		
98	4760	3477	PETERSON, MATTHEW	Des Moines, IA	M	22		
99	4798	2026	HOLTAN, RYAN	Ames, IA	M	20		
100	4973	4757	NEAL, MARSHALL	Urbandale, IA	M	24		
101	5006	4760	PACE, JASON	Stuart, IA	M	21		
102	5063	486	BASKIN, ANDREW	West Des Moines, IA	M	22		
103	5131	3366	LARSON, ERIC	Russell, IA	M	24		
104	5144	13510	VANDER MEIDEN, BRYAN	Pella, IA	M	20		
105	5148	7124	HENRICHS, JASON	Des Moines, IA	M	22		
106	5158	7962	LYNCH, KYLE	Des Moines, IA	M	21		
107	5327	14565	BRAYMAN, NOAH	Waukee, IA	M	24		
108	5411	11862	SIELEMAN, LUKE	Des Moines, IA	M	24		
109	5586	10801	GRUBB, ADAM	Waukee, IA	M	22		
110	5665	3042	LIEBERMAN, JEFF	Urbandale, IA	M	21		
111	5973	5495	ANDERSON, VINCENT	Urbandale, IA	M	21		
112	5983	12623	GRAVES, JUSTIN	Garwin, IA	M	21		
113	6023	13813	EWERT, MATT	Ames, IA	M	22		
114	6127	10181	FURNAL, NATE	Pleasantville, IA	M	21		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Men: 20 - 24

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
115	6214	6931	MCCULLOCH, JEREMY	Urbandale, IA	M	24		
116	6288	4610	WARE, ANDY	Polk City, IA	M	20		
117	6438	9562	MOONEY, BOBBY	Ankeny, IA	M	20		
118	6442	9542	INGLE, CORY	Ankeny, IA	M	24		
119	6494	1176	JONES, BRYCE	West Des Moines, IA	M	24		
120	6506	10350	BREDE, DALLAS	Iowa City, IA	M	22		
121	6549	9721	BROWN, BLAKE	Johnston, IA	M	22		
122	6599	1033	LUNDSTROM, JEFF	Ankeny, IA	M	24		
123	6605	12088	HOLMES, DAVIN	Des Moines, IA	M	24		
124	6623	10348	MCCREA, MATTHEW	Johnston, IA	M	21		
125	6653	3220	HILEY, TREVOR	West Des Moines, IA	M	23		
126	6661	5955	PUTNEY, CODY	Lacona, IA	M	20		
127	6712	13554	EGAN, CHAD	BAD ZIPCODE, XX	M	23		
128	6795	10368	SERBUS, JUSTIN	Granger, IA	M	21		
129	6835	371	BERNING, BILL	West Des Moines, IA	M	23		
130	6850	13613	MARTIN, BYRON	BAD ZIPCODE, XX	M	22		
131	6868	10556	MOHWINKLE, JEREMY	Des Moines, IA	M	24		
132	6938	13462	BEAMAN, RYAN	BAD ZIPCODE, XX	M	20		
133	6979	4202	GIDEL, ROB	Urbandale, IA	M	23		
134	7022	7901	STUYVESANT, JASON	Carlisle, IA	M	24		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Men: 25 - 29

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	10	1816	OLSEN, STEVEN	Urbandale, IA	M	27	18:00.2	5:48
2	33	8495	SMITH, TED	Ankeny, IA	M	28	19:56.0	6:26
3	44	13878	PRUNTY, LAWRENCE	Des Moines, IA	M	28	20:18.6	6:33
4	49	4083	DUPEY, NICHOLAS	Urbandale, IA	M	25	20:27.3	6:36
5	57	3907	ANTHOFER, RUSSELL	Norwalk, IA	M	25	20:39.6	6:40
6	63	829	DUKE, STEVE	West Des Moines, IA	M	25	20:44.3	6:41
7	75	14432	NUSS, TRAVIS	Dayton, IA	M	25	21:01.4	6:47
8	86	15113	KLINE, JARED	Des Moines, IA	M	27	21:11.5	6:50
9	111	2130	KOCH, SCOTT	Urbandale, IA	M	27	21:39.2	6:59
10	116	12752	CARTWRIGHT, PETER	West Des Moines, IA	M	29	21:42.3	7:00
11	117	472	ROURKE, BRAD	Des Moines, IA	M	29	21:42.9	7:00
12	118	13149	MILLER, CASEY	Urbandale, IA	M	29	21:43.9	7:01
13	122	10734	THORMEIER, ROBERT	Des Moines, IA	M	25	21:45.8	7:01
14	127	8576	MINARD, MARK	Waterloo, IA	M	28	21:53.4	7:04
15	133	3239	BEVIS, STEW	Altoona, IA	M	29	21:57.8	7:05
16	147	15179	HERMAN, AARON	West Des Moines, IA	M	25	22:13.7	7:10
17	148	5873	HOLM, MARK	Ankeny, IA	M	28	22:15.1	7:11
18	166	2675	JOHNSON, RYAN	West Des Moines, IA	M	27	22:33.3	7:17
19	172	649	ABBOTT, MICHAEL	Iowa City, IA	M	27	22:39.5	7:19
20	180	6223	GEORGE, CHRIS	Waukee, IA	M	28	22:53.9	7:23
21	205	2259	ARNOLD, JASON	Des Moines, IA	M	27	23:16.0	7:30
22	208	7259	PETERSON, JON	Adel, IA	M	28	23:17.8	7:31
23	215	13704	WARDEN, TIM	West Des Moines, IA	M	27	23:27.1	7:34
24	216	3467	ANDERSON, JEREMIAH	Roland, IA	M	26	23:28.2	7:34
25	241	7276	HENNES, PATRICK	Ankeny, IA	M	29	23:48.0	7:41
26	246	4520	MARSKE, ANDREW	Urbandale, IA	M	27	23:53.2	7:42
27	252	1374	FAST, ADAM	PLEASNAT HILL,	M	26	23:57.1	7:44
28	261	14538	PETERSON, BRADLEY	BAD ZIPCODE, XX	M	28	24:01.5	7:45
29	266	12120	O'DONNELL, MIKE	West Des Moines, IA	M	25	24:05.2	7:46
30	288	7244	PETERSON, JAMIE	Polk City, IA	M	29	24:18.4	7:50
31	289	1729	MCDOWELL, ANDREW	West Des Moines, IA	M	28	24:19.2	7:51
32	299	13154	SHANKS, MICHAEL	Grimes, IA	M	25	24:24.4	7:52
33	346	2103	MUSGRAVE, JIM	Des Moines, IA	M	28	24:56.6	8:03
34	368	15317	LYTTON, RUSS	West Des Moines, IA	M	27	25:07.7	8:06
35	372	12815	HONKOMP, CHAWN	Clive, IA	M	26	25:10.5	8:07
36	390	13132	CAMPBELL, RYAN	West Des Moines, IA	M	26	25:23.5	8:11
37	393	13146	SOVEREIGN, RYAN	West Des Moines, IA	M	26	25:25.8	8:12
38	415	9566	DAWSON, JEFF	Norwalk, IA	M	28	25:39.1	8:16
39	421	14404	WEBER, MATTHEW	Des Moines, IA	M	27	25:43.3	8:18
40	443	10244	WOLFE, ROGER	Macksburg, IA	M	25	25:55.1	8:22
41	444	13328	MANATT, DREW	Johnston, IA	M	27	25:55.8	8:22
42	471	14305	CHRISTENSEN, ADAM	West Des Moines, IA	M	25	26:07.1	8:26
43	480	13810	HUNDLING, PHIL	Newton, IA	M	29	26:12.4	8:27
44	553	15236	COLLINS, KYLE	Clive, IA	M	29	26:46.0	8:38
45	576	4200	RAVER, BRIAN	Altoona, IA	M	25	26:53.1	8:40
46	603	13238	ABENDSCHEIN, DAVID	West Des Moines, IA	M	26	27:04.2	8:44
47	619	12577	PONCE, BRENT	Ames, IA	M	25	27:12.6	8:47
48	638	712	NORDBY, MATT	West Des Moines, IA	M	25	27:23.1	8:50
49	673	7080	LICHTY, CLAYTON	Ankeny, IA	M	27	27:35.5	8:54
50	749	9742	HASSEBROEK, PAUL	Des Moines, IA	M	26	28:15.6	9:07
51	756	13807	KUHL, CHAD	West Des Moines, IA	M	27	28:19.0	9:08
52	791	4394	SABOE, JOSH	Des Moines, IA	M	25	28:35.7	9:13
53	797	6617	HALL, TODD	Lacona, IA	M	26	28:37.4	9:14
54	807	7025	POWELL, JUSTIN	Des Moines, IA	M	26	28:42.0	9:16
55	849	1226	TORDSEN, BEAU	Rochester, MN	M	26	29:02.1	9:22
56	879	15372	PAULSEN, BRETT	Oskaloosa, IA	M	29	29:12.3	9:25
57	935	2375	CHESNUT, MIKE	Urbandale, IA	M	25	29:41.2	9:35

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Men: 25 - 29

Group	Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile	
	58	951	5970	COLEMAN, CHRIS	West Des Moines, IA	M	27	29:46.5	9:36
	59	960	4607	OVERMAN, BEN	West Des Moines, IA	M	28	29:49.7	9:37
	60	966	13166	KELL, BRENT	Urbandale, IA	M	28	29:52.8	9:38
	61	1017	13641	SANDERS, DALLAS	Des Moines, IA	M	29	30:14.9	9:45
	62	1024	4727	SCOTT, BRIAN	PLEASNAT HILL,	M	29	30:17.4	9:46
	63	1025	2362	MAURATH, TROY	Ankeny, IA	M	29	30:17.4	9:46
	64	1029	9463	VILSACK, JESS	Des Moines, IA	M	27	30:18.8	9:47
	65	1095	1306	DIMMER, JEFF	Des Moines, IA	M	29	30:43.9	9:55
	66	1112	14370	JONES, RYAN	Coralville, IA	M	29	30:49.8	9:57
	67	1170	11532	BLISS, MARK	Des Moines, IA	M	27	31:10.8	10:03
	68	1174	13708	GRASSLEY, JASON	Nevada, IA	M	27	31:11.5	10:04
	69	1191	8819	STRONCK, JOHN	Ames, IA	M	28	31:18.3	10:06
	70	1231	927	WRIGHT, JUSTIN	Des Moines, IA	M	25	31:39.8	10:13
	71	1276	9732	MILLER, JON	Newton, IA	M	26	31:57.7	10:19
	72	1294	13735	RUFF, AARON	Ankeny, IA	M	25	32:04.6	10:21
	73	1419	5809	SMITH, CALEB	Urbandale, IA	M	25	33:02.0	10:39
	74	1422	4693	BALIGNASAY, MANNI	West Des Moines, IA	M	25	33:02.7	10:40
	75	1458	12547	SHARP, DAN	Ames, IA	M	25	33:15.9	10:44
	76	1477	3201	OSBORN, ZACH	Birmingham, AL	M	27	33:23.9	10:46
	77	1499	2123	SANDHOLM, BRYAN	Des Moines, IA	M	25	33:37.2	10:51
	78	1502	13162	HANNAM, RYAN	Des Moines, IA	M	29	33:38.3	10:51
	79	1503	8831	TREWYN, BRIAN	Ames, IA	M	28	33:38.7	10:51
	80	1505	6603	STEGER, TIM	PLEASNAT HILL,	M	27	33:40.1	10:52
	81	1506	13159	KRAMBECK, BEN	Des Moines, IA	M	29	33:40.3	10:52
	82	1590	9761	HEMESATH, CHRIS	Des Moines, IA	M	25	34:22.5	11:05
	83	1611	3648	MUEHR, BEN	Cumming, IA	M	27	34:31.3	11:08
	84	1640	2784	GILL, AUSTIN	Norwalk, IA	M	25	34:45.4	11:13
	85	1643	13168	O'NEAL, SHAY	Ankeny, IA	M	29	34:47.9	11:14
	86	1650	14416	PAPAKEE, RUDY	Tama, IA	M	29	34:50.4	11:14
	87	1662	2600	KUNERT, MITCH	Ankeny, IA	M	25	34:58.7	11:17
	88	1664	3972	AMJED, NUVEEN	Clive, IA	M	28	34:59.4	11:17
	89	1746	5031	JACKSON, RYAN	Fond du Lac, WI	M	27	36:08.7	11:40
	90	1784	14160	BOGSETH, KURT	Ankeny, IA	M	26	36:44.7	11:51
	91	1809	13880	POPKEN, JEFF	Norwalk, IA	M	28	37:20.2	12:03
	92	1810	7752	HOLT, ADAM	Urbandale, IA	M	25	37:23.7	12:04
	93	1853	2265	SCHWARTZ, WAYNE	West Des Moines, IA	M	29	38:06.4	12:18
	94	1870	15453	REITER, MATT	West Des Moines, IA	M	26	38:21.3	12:22
	95	1877	15475	LEEDER, CHAD	West Des Moines, IA	M	25	38:33.6	12:26
	96	1961	3960	PARK, ADAM	Ankeny, IA	M	25	40:12.3	12:58
	97	2010	12546	MORROW, TIM	Ames, IA	M	25	41:31.5	13:24
	98	2066	10563	GROTEGUT, CHAD	West Des Moines, IA	M	27	43:25.8	14:01
	99	2080	9176	MUENCHRATH, DAVID	Des Moines, IA	M	27	43:52.3	14:09
	100	2115	5910	NGUYEN, DOC	West Des Moines, IA	M	29	44:38.3	14:24
	101	2154	8828	GRUENHAGEN, JASON	Ames, IA	M	26	45:06.2	14:33
	102	2231	6780	CASTRO, MILTIN	Perry, IA	M	25	46:41.0	15:04
	103	2312	3442	WARDEN, TONY	Clive, IA	M	29	47:56.0	15:28
	104	2335	14324	PIESTER, ANDY	BAD ZIPCODE, XX	M	27	48:17.7	15:35
	105	2492	15178	GREEAR, MOHLEW	Newton, IA	M	29	50:07.0	16:10
	106	2507	8497	MEYERS, JEFFREY	West Des Moines, IA	M	28	50:15.3	16:13
	107	2610	3359	WACHTER, BRADY	West Des Moines, IA	M	28	51:07.8	16:30
	108	2650	2775	TRAEGER, LEVI	West Des Moines, IA	M	27	51:40.7	16:40
	109	2666	15327	MATIIEROCH, MATT	West Des Moines, IA	M	26	51:49.7	16:43
	110	2694	2376	HUBBARD, LUKE	Ankeny, IA	M	29	51:59.7	16:46
	111	2708	1664	JONES, JOSHUA	Des Moines, IA	M	28	52:07.6	16:49
	112	2710	1363	JACK, THOMAS	Ankeny, IA	M	25	52:08.6	16:49
	113	2720	6592	SMITH, RYAN	Saint Charles, IA	M	27	52:12.9	16:51
	114	2822	8548	LEVENTHAL, DAVID	Des Moines, IA	M	29	52:57.1	17:05

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Men: 25 - 29

Group	Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile	
	115	2940	10141	SCHOLTZ, BENJAMIN	Des Moines, IA	M	29	53:44.3	17:20
	116	2958	7231	DEJONG, JOE	Grimes, IA	M	27	53:51.3	17:22
	117	2959	8546	DARK JR., PAUL	Des Moines, IA	M	29	53:51.6	17:22
	118	2967	10248	HALL, SETH	West Des Moines, IA	M	28	53:53.8	17:23
	119	2987	4437	STEINBERG, JIM	Urbandale, IA	M	28	54:01.8	17:26
	120	3038	10429	GASKILL, BRAD	Marshalltown, IA	M	26	54:20.3	17:32
	121	3135	13846	TRENT, MATT	Ankeny, IA	M	28	54:55.8	17:43
	122	3290	7229	GARLAND, PATRICK	Clive, IA	M	28	56:10.6	18:07
	123	3444	11947	NOLIN, DANIEL	Des Moines, IA	M	29	57:19.9	18:30
	124	3458	12943	TABER, JAY	West Des Moines, IA	M	26	57:27.1	18:32
	125	3469	3470	SMITH, BRENT	PLEASNAT HILL,	M	27	57:32.4	18:34
	126	3475	6532	NOLIN, JAMES	Knoxville, IA	M	27	57:34.6	18:34
	127	3499	8186	OLSON, NATHAN	Des Moines, IA	M	28	57:42.9	18:37
	128	3509	8726	TACKETT, NATHAN	Urbandale, IA	M	27	57:48.6	18:39
	129	3529	13766	BAKER, DYLAN	West Des Moines, IA	M	25	57:54.6	18:41
	130	3584	7226	BURK, PHIL	Ankeny, IA	M	25	58:19.3	18:49
	131	3590	7240	MCDOWELL, BRIAN	Ankeny, IA	M	28	58:21.4	18:50
	132	3661	4775	DOWELL, DARRIN	Ankeny, IA	M	26	58:47.7	18:58
	133	3668	8705	GERSDORF, COREY	Urbandale, IA	M	26	58:49.4	18:59
	134	3762	7084	BOEDING, JAY	Ankeny, IA	M	27	59:16.2	19:07
	135	3814	5805	HETTINGER, CHRIS	West Des Moines, IA	M	27	59:35.0	19:13
	136	3859	15297	KNAPP, ERIC	Des Moines, IA	M	27	59:54.4	19:19
	137	3941	5613	WARWICK, JEREMY	Des Moines, IA	M	26	01:00:00..	19:21
	138	3966	12091	NOUR, CODY	Des Moines, IA	M	26	01:00:00..	19:21
	139	3972	9935	MARTIN, ZACHARY	Des Moines, IA	M	28	01:00:00..	19:21
	140	4008	2214	GARCIA, BENJAMIN	Des Moines, IA	M	25	01:00:00..	19:21
	141	4083	8644	KUGLER, DAVE	Des Moines, IA	M	28		
	142	4219	14342	BOGDANSKI, SCOTT	BAD ZIPCODE, XX	M	29		
	143	4258	5289	ANDERSSON, JESPER	West Des Moines, IA	M	29		
	144	4299	15337	CALMER, CASEY	Des Moines, IA	M	29		
	145	4368	8629	GILLASPIE, CODY	Altoona, IA	M	25		
	146	4434	2613	CASNER, GLENN	Ames, IA	M	27		
	147	4449	2681	ADAMS, JUSTIN	Boone, IA	M	27		
	148	4536	3151	DIEHL, TODD	Coralville, IA	M	25		
	149	4657	4710	TOTAGAMUWA, SAMEERA	West Des Moines, IA	M	26		
	150	4669	5906	KONGSHAUG, NIELS	Des Moines, IA	M	28		
	151	4816	4236	REDLINGER, RYAN	Des Moines, IA	M	25		
	152	4922	10467	SMITH, STEVEN	Ankeny, IA	M	25		
	153	5256	1142	JAMES, CHRISTIAN	Des Moines, IA	M	26		
	154	5416	15260	HAWBAKER, DAN	Dallas Center, IA	M	28		
	155	5444	9180	LUCIA, ANTHONY	Des Moines, IA	M	28		
	156	5459	4844	BARCHMAN, MATT	Ames, IA	M	28		
	157	5491	3569	PIERCE, BRANDON	West Des Moines, IA	M	27		
	158	5495	3441	GENTRY, DAMON	Ankeny, IA	M	26		
	159	5590	14323	JOHNSON, RYAN	BAD ZIPCODE, XX	M	26		
	160	5666	2817	LIEBERMAN, JOSH	Des Moines, IA	M	27		
	161	5706	9560	INGLE, CHAD	Ankeny, IA	M	27		
	162	5721	14274	TEAS, ANDY	Norwalk, IA	M	28		
	163	5747	518	SCHUMACHER, MICHAEL	Terre Haute, IN	M	26		
	164	5782	15365	COX, ERICK	Ankeny, IA	M	27		
	165	5820	13251	THORNTON, SPENCER	West Des Moines, IA	M	27		
	166	5885	8229	DOWIE, FRANKIE	Chicago, IL	M	25		
	167	5906	8671	WADLE, ROB	Kansas City, MO	M	29		
	168	5943	4868	ELLIOTT, BART	Melcher, IA	M	25		
	169	6056	8660	NEER, BRETT	Des Moines, IA	M	29		
	170	6086	5509	HARVEY, GREG	Swan, IA	M	26		
	171	6147	6918	JOHNSON, ALAN	Des Moines, IA	M	29		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Men: 25 - 29

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
172	6211	6190	PAINE, DAN	West Des Moines, IA	M	26		
173	6271	14034	ONNEN, COREY	Des Moines, IA	M	27		
174	6279	13473	MATTHEWS, LUKE	BAD ZIPCODE, XX	M	26		
175	6353	8727	YEAGER, KEVIN	West Des Moines, IA	M	27		
176	6458	9574	DUKES, LAFE	Norwalk, IA	M	29		
177	6537	10319	KRUSE, SHANE	Indianola, IA	M	28		
178	6556	3300	LOCK, DAMIEN	Des Moines, IA	M	28		
179	6628	12551	MONAGHAN, NATHAN	Grinnell, IA	M	25		
180	6642	13604	GREENWELL, AARON	Des Moines, IA	M	26		
181	6709	14407	NIEBLING, BRAD	Altoona, IA	M	27		
182	6802	12836	LYDDON, BRIAN	Urbandale, IA	M	28		
183	6816	2750	SUNGREN, JOEL	Ankeny, IA	M	28		
184	6855	11233	PHILLIPS, TONY	Des Moines, IA	M	28		
185	6987	15489	COGBILL, JEFF	Baldwin, WI	M	26		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Men: 30 - 34

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	6	2548	ACHENBACH, BRENT	Woodward, IA	M	32	17:10.5	5:32
2	13	2545	MORALES, VIC	Indianola, IA	M	30	18:18.3	5:54
3	22	13021	LEE, CHAD	West Des Moines, IA	M	31	19:14.1	6:12
4	31	3870	ZWANK, DAVID	Adel, IA	M	31	19:45.9	6:23
5	51	15500	TRYGSTAD, TOM	West Des Moines, IA	M	32	20:30.3	6:37
6	71	7268	CASKEY, CHRIS	Earlham, IA	M	33	20:57.1	6:46
7	84	14503	DUARTE, LOIS	Des Moines, IA	M	31	21:10.7	6:50
8	87	7081	HILL, PETER	Ankeny, IA	M	33	21:12.1	6:50
9	94	740	SPURBECK, MATT	Cedar Rapids, IA	M	31	21:19.3	6:53
10	101	7769	WARREN, JEFF	Des Moines, IA	M	32	21:26.1	6:55
11	106	1564	KRUEGER, BRIAN	Urbandale, IA	M	33	21:37.7	6:59
12	131	296	GROETKEN, TRENT	West Des Moines, IA	M	32	21:57.1	7:05
13	141	10239	PLUNKETT, JASON	West Des Moines, IA	M	32	22:05.5	7:08
14	142	15149	HAYES, MARK	Truro, IA	M	34	22:06.3	7:08
15	146	14395	VANDERKAMP, KRIS	Ankeny, IA	M	33	22:12.4	7:10
16	167	2995	DOUGLAS, THAD	West Des Moines, IA	M	31	22:34.2	7:17
17	179	7732	BOYLES, MIKE	Urbandale, IA	M	30	22:52.2	7:23
18	183	12060	DAHIR, MICHAEL	Shawnee Mission, KS	M	33	22:56.6	7:24
19	186	14157	GLENN, DAVID	BAD ZIPCODE, XX	M	33	23:01.6	7:26
20	219	3889	BENNETT, JOEL	Pella, IA	M	31	23:29.5	7:35
21	287	7775	BROWN, MATTHEW	Urbandale, IA	M	34	24:17.9	7:50
22	294	11360	JONES, SCOTT	Ankeny, IA	M	33	24:21.6	7:52
23	296	1711	SLOAN, JON	Johnston, IA	M	30	24:22.7	7:52
24	325	10746	ROLING, CHRISTOPHER	Des Moines, IA	M	33	24:41.7	7:58
25	331	7199	VILLANUEVA, GIO G.	Des Moines, IA	M	33	24:44.2	7:59
26	355	6819	MADREN, MIKE	Earlham, IA	M	32	25:00.6	8:04
27	360	14292	FULLER, GRAHAM	West Des Moines, IA	M	33	25:03.7	8:05
28	374	7271	BIXBY, SCOTT	Waukee, IA	M	33	25:11.4	8:08
29	382	7255	GIEGERICH, DOM	Earlham, IA	M	33	25:16.2	8:09
30	408	14337	KRUEGER, NICK	West Des Moines, IA	M	30	25:36.2	8:16
31	417	15315	MCCOY, MICHAEL	Clive, IA	M	34	25:39.9	8:17
32	420	13241	SCHNEIDER, PAUL	West Des Moines, IA	M	34	25:42.7	8:18
33	441	1116	KLEVE, MIKE	Waukee, IA	M	33	25:54.3	8:21
34	501	12424	OBERG, PONTUS	Des Moines, IA	M	30	26:22.7	8:31
35	514	8752	BILLINGSLEY, STEVE	Des Moines, IA	M	31	26:26.6	8:32
36	519	2514	MELCO, BRIAN	West Des Moines, IA	M	31	26:28.6	8:32
37	521	13490	ORTIZ, MARK	West Des Moines, IA	M	30	26:28.9	8:33
38	539	5747	PETERSON, JAMIE	Ankeny, IA	M	34	26:38.1	8:36
39	556	4413	KIENE, DANA	Ankeny, IA	M	31	26:47.1	8:38
40	557	10607	HUGGINS, ERIC	Lees Summit, MO	M	30	26:47.1	8:38
41	585	2937	HALVERSON, JOHN	Waukee, IA	M	32	26:57.2	8:42
42	595	9245	NGUYEN, TAN	Des Moines, IA	M	30	27:00.6	8:43
43	600	7044	VILMONT, PAT	Des Moines, IA	M	30	27:03.4	8:44
44	623	7885	STARK, DAVID	Des Moines, IA	M	33	27:16.9	8:48
45	672	13175	MINGLES, MARK	Des Moines, IA	M	34	27:35.1	8:54
46	720	3950	THOMPSON, MATTHEW	Des Moines, IA	M	32	28:06.6	9:04
47	765	5907	NGUYEN, VU	West Des Moines, IA	M	30	28:22.2	9:09
48	777	9646	BROWN, CHRIS	Saint Charles, IA	M	31	28:27.2	9:11
49	811	14116	KOOKEN, DOUG	BAD ZIPCODE, XX	M	34	28:43.8	9:16
50	872	10129	PLANK, BEN	Polk City, IA	M	30	29:09.7	9:24
51	893	2870	LUDWICK, MARK	Ankeny, IA	M	31	29:20.8	9:28
52	897	2511	VAN LANDSCHOOT, MARK	Urbandale, IA	M	34	29:22.4	9:29
53	928	13374	VOGELAAR, JOHN	Urbandale, IA	M	31	29:37.9	9:34
54	941	5929	BURROUGHS, RICK	Des Moines, IA	M	32	29:43.2	9:35
55	954	7729	KNAPP, PETER	Des Moines, IA	M	31	29:47.3	9:37
56	962	7728	BARLOW, ERIC	West Des Moines, IA	M	31	29:51.4	9:38
57	972	1046	SUTTER, JIM	Urbandale, IA	M	31	29:54.9	9:39

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Men: 30 - 34

Group	Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile	
	58	978	6436	STRATE, ERNIE	Des Moines, IA	M	33	29:57.1	9:40
	59	979	13705	STEENHOEK, MIKE	Des Moines, IA	M	31	29:57.4	9:40
	60	987	128	CARLSON, ROBERT	West Des Moines, IA	M	31	30:00.1	9:41
	61	1007	789	DRAEGER, TRACY	Des Moines, IA	M	32	30:08.1	9:43
	62	1081	3759	COONAN, MIKE	Ankeny, IA	M	34	30:38.7	9:53
	63	1083	292	FLUGUM, MIKE	Forest City, IA	M	32	30:39.7	9:53
	64	1121	4839	STEINKAMP, SHAWN	Des Moines, IA	M	33	30:53.8	9:58
	65	1145	4207	HOHL, AARON	Des Moines, IA	M	30	31:01.5	10:01
	66	1153	13412	JOHNSON, PAUL	Ankeny, IA	M	32	31:05.0	10:02
	67	1163	3666	BRUNER, BARRY	West Des Moines, IA	M	30	31:07.4	10:02
	68	1223	13666	DECKER, SCOTT	Des Moines, IA	M	30	31:34.1	10:11
	69	1234	12004	LONG, ERIC	Ankeny, IA	M	33	31:41.4	10:13
	70	1243	2944	ALLER, BRAD	West Des Moines, IA	M	32	31:46.7	10:15
	71	1269	2929	MOORE, ERIC	Ankeny, IA	M	33	31:55.9	10:18
	72	1298	13938	FARSALAS, JIM	Grimes, IA	M	32	32:06.4	10:21
	73	1348	2504	ENGBRETSON, COREY	Johnston, IA	M	34	32:27.4	10:28
	74	1353	8601	COLLUM, BRADLEY	Oskaloosa, IA	M	33	32:29.8	10:29
	75	1366	8600	SCHMIDT, MATT	Des Moines, IA	M	34	32:35.3	10:31
	76	1409	7735	HAGENOW, CHRIS	Urbandale, IA	M	32	32:58.2	10:38
	77	1491	9477	SEATON, BRYAN	BAD ZIPCODE, XX	M	34	33:31.6	10:49
	78	1510	10145	REINDERS, STEVE	Des Moines, IA	M	32	33:42.1	10:52
	79	1545	14033	CARNEY, SCOTT	Des Moines, IA	M	34	33:56.6	10:57
	80	1574	10578	SINCLAIR, CORY	Indianola, IA	M	30	34:10.2	11:01
	81	1604	614	HINDERAKER, BRANDON	Des Moines, IA	M	31	34:28.6	11:07
	82	1617	6321	HOLLANDER, MARC	Des Moines, IA	M	30	34:34.6	11:09
	83	1620	13587	HALL, MIKE	Clive, IA	M	34	34:35.9	11:10
	84	1642	10156	WEI, BRIAN	Des Moines, IA	M	31	34:46.7	11:13
	85	1691	9753	PARKEY, JERMAINE	Des Moines, IA	M	31	35:23.7	11:25
	86	1712	14050	CARMICHAEL, SHAWN	BAD ZIPCODE, XX	M	31	35:39.8	11:30
	87	1801	4619	THONGVANH, MANA	Urbandale, IA	M	30	37:04.4	11:58
	88	1847	10128	SEVIER, MATT	West Des Moines, IA	M	32	37:58.0	12:15
	89	1896	3689	CUMMINGS, STEVE	Newton, IA	M	32	38:49.0	12:31
	90	1938	15283	BURGELT, BRIAN	Des Moines, IA	M	33	39:38.9	12:47
	91	2310	1136	LENTELL, DAVE	Waukee, IA	M	33	47:49.6	15:26
	92	2319	617	KAUFMAN, JOSEPH	Saint Louis, MO	M	32	48:02.0	15:30
	93	2387	8791	BEHRENS, ROBERT	West Des Moines, IA	M	34	48:53.1	15:46
	94	2394	2709	WHITTINGTON, KIM	Creston, IA	M	34	48:55.6	15:47
	95	2604	6044	LEONARD, ANDREW	Ankeny, IA	M	34	51:06.0	16:29
	96	2990	4466	BOUGH, DEREK	Des Moines, IA	M	31	54:02.5	17:26
	97	3034	12781	FERGUS, STEVE	Urbandale, IA	M	33	54:18.5	17:31
	98	3045	3942	WEILAND, TROY	Johnston, IA	M	33	54:23.8	17:33
	99	3087	14515	ISRAEL, HEATH	Des Moines, IA	M	30	54:37.9	17:37
	100	3398	8390	HOMMER, RANDY	Indianola, IA	M	30	56:56.8	18:22
	101	3466	554	BATES, JEREMY	Des Moines, IA	M	33	57:31.3	18:33
	102	3487	7091	BROOKS, RICHARD	Johnston, IA	M	34	57:38.3	18:36
	103	3530	13609	PHILLIPS, SHON	Des Moines, IA	M	34	57:54.6	18:41
	104	3610	2167	COCKING, CHAD	Des Moines, IA	M	30	58:30.6	18:52
	105	3614	483	BAKER, DAVID	Story City, IA	M	33	58:33.2	18:53
	106	3630	1878	BRAATEN, JEFF	Des Moines, IA	M	30	58:39.5	18:55
	107	3708	4810	ADRIAN, KEN	West Des Moines, IA	M	31	59:01.3	19:02
	108	3794	10134	SEVIER, TOM	Creston, IA	M	34	59:27.8	19:11
	109	3849	2413	SHUPE, KYLE	Ankeny, IA	M	34	59:50.3	19:18
	110	4301	15280	BENSON, MARK	Des Moines, IA	M	34		
	111	4375	4883	JUHL, JASON	Ankeny, IA	M	32		
	112	4381	9030	JOHNSON, ERYN	Des Moines, IA	M	31		
	113	4415	15262	BOATMAN, CLAY	Urbandale, IA	M	34		
	114	4450	2468	HERLIHY, KEVIN	Urbandale, IA	M	31		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Men: 30 - 34

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
115	4466	15433	TESTROET, JOE	Jefferson, IA	M	34		
116	4602	13895	TODD, MATT	Urbandale, IA	M	32		
117	4622	9684	KADUCE, JAY	BAD ZIPCODE, XX	M	30		
118	4637	9308	CAPALDO, CHRIS	Alleman, IA	M	31		
119	4670	8300	HOFMEYER, LORI	Urbandale, IA	M	31		
120	4773	6682	STEENHOEK, SCOTT	PLEASNAT HILL,	M	32		
121	4895	6077	NEWTON, TOM	Des Moines, IA	M	32		
122	4924	13756	MORAN, ROB	Indianola, IA	M	32		
123	4970	13172	KEITH, RUSS	Des Moines, IA	M	34		
124	4972	13896	SWANSON, CHAD	Urbandale, IA	M	31		
125	5042	13835	LUDWIG, BRYON	Des Moines, IA	M	33		
126	5331	15053	ONEIL, JOHN	Des Moines, IA	M	31		
127	5371	13173	REINHARDT, JOHN	Clive, IA	M	34		
128	5470	10912	LUCAS, BRET	West Des Moines, IA	M	31		
129	5535	4933	HASENWINKEL, MATT	Altoona, IA	M	30		
130	5787	11846	LATHAM, CHRIS	West Des Moines, IA	M	31		
131	5846	8681	BARR, JEFF	Des Moines, IA	M	32		
132	5859	9140	SCHULER, MARK	Johnston, IA	M	34		
133	5904	1399	GALE, PHILLIP	Johnston, IA	M	33		
134	5956	13755	ELCOCK, MARC	Des Moines, IA	M	30		
135	5987	13662	ADAIR, ANDREW	West Des Moines, IA	M	32		
136	6015	8664	WADLE, SHAWN	Minneapolis, MN	M	31		
137	6030	4960	LANE, CHRIS	Earlham, IA	M	32		
138	6125	786	PARIS, DAVE	Marion, IA	M	34		
139	6206	15470	YANACHEAK, MIKE	Des Moines, IA	M	32		
140	6212	6206	KUETER, TROY	West Des Moines, IA	M	34		
141	6228	13616	KAINZ, BRETT	BAD ZIPCODE, XX	M	30		
142	6273	3394	VAN DER KAMP, BRENT	Ankeny, IA	M	30		
143	6367	13226	KENNEDY, ERIC	West Des Moines, IA	M	34		
144	6440	9555	HENDRICKS, BILL	West Des Moines, IA	M	34		
145	6479	6654	TURNER, SCOTT	PLEASNAT HILL,	M	30		
146	6546	12502	WILSON, DEAN	Ankeny, IA	M	30		
147	6564	3305	CORDTS, JEFF	Des Moines, IA	M	31		
148	6601	9422	MULHERN, SCOTT	West Des Moines, IA	M	30		
149	6696	10635	CHUMBLEY, CHAD	Des Moines, IA	M	30		
150	6710	12198	MCKEVITT, BRIAN	West Des Moines, IA	M	32		
151	6857	6958	WINGER, STEVE	Bondurant, IA	M	31		
152	6952	5024	MANOCK, MICHAEL	Johnston, IA	M	31		
153	6988	12925	HOXENG, DAVID	Urbandale, IA	M	31		
154	7014	9639	COLLINS, CASEY	West Des Moines, IA	M	30		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Men: 35 - 39

Group	Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile
1	18	10694	WATKINS, DAVE	Pella, IA	M	39	18:56.7	6:07
2	25	15316	RETZ, CURT	West Des Moines, IA	M	38	19:29.6	6:17
3	26	13141	KOERSELMAN, TROY	Ankeny, IA	M	35	19:32.6	6:18
4	30	2393	GASPERI, MICHAEL	Johnston, IA	M	37	19:44.8	6:22
5	40	6953	JUHL, DAVE	Des Moines, IA	M	39	20:09.4	6:30
6	42	14350	AVENI, JAMIE	West Des Moines, IA	M	38	20:12.4	6:31
7	45	9909	ALREAD, JASON	Des Moines, IA	M	38	20:19.1	6:33
8	59	7844	MONSON, BRENT	Des Moines, IA	M	35	20:41.3	6:40
9	61	6488	BRAIDA, ANTHONY	Des Moines, IA	M	37	20:43.0	6:41
10	62	6498	BABCOCK, MARK	Des Moines, IA	M	35	20:43.5	6:41
11	68	14339	MANN, BRIAN	West Des Moines, IA	M	35	20:52.2	6:44
12	70	4276	SCHUSTER, JOHN	Ankeny, IA	M	36	20:55.4	6:45
13	73	6079	PALMER, BRIAN	Des Moines, IA	M	36	20:59.6	6:46
14	81	14340	LEFLER, TIM	West Des Moines, IA	M	38	21:08.3	6:49
15	88	10726	JANSSENS, STEVE	Des Moines, IA	M	36	21:12.8	6:51
16	97	8760	BEVIS, JEFF	Johnston, IA	M	36	21:20.8	6:53
17	102	15298	CALDWELL, DAVE	BAD ZIPCODE, XX	M	35	21:29.5	6:56
18	108	2200	BRYAN, JIM	Des Moines, IA	M	38	21:38.2	6:59
19	109	14302	DAVIS, MARK	Urbandale, IA	M	37	21:38.5	6:59
20	119	5935	BLAZEK, STEVE	West Des Moines, IA	M	38	21:44.3	7:01
21	139	1566	KRUEGER, SCOTT	Clive, IA	M	35	22:03.9	7:07
22	150	7086	HARMS, STEVEN	West Des Moines, IA	M	38	22:18.2	7:12
23	151	10430	NEWKIRK, TONY	Des Moines, IA	M	36	22:23.1	7:13
24	157	12437	THAYER, GREG	Urbandale, IA	M	37	22:28.3	7:15
25	158	10238	ROGERS, PATRICK	West Des Moines, IA	M	35	22:29.3	7:15
26	163	14087	DRAKE, TOM	Johnston, IA	M	38	22:31.8	7:16
27	165	3613	DUNKER, WILLIAM	Des Moines, IA	M	35	22:32.5	7:16
28	185	15259	EITEL, MONTY	Ames, IA	M	38	22:59.1	7:25
29	239	12536	KRUSE, KARL	Johnston, IA	M	39	23:46.5	7:40
30	254	4195	BRUNK, DAVID	Johnston, IA	M	35	23:57.7	7:44
31	263	15011	VLAHAKIS, CHRIS	BAD ZIPCODE, XX	M	37	24:02.9	7:45
32	291	10101	BURTON, MICHAEL	Perry, IA	M	38	24:19.6	7:51
33	314	12111	STOUT, PAUL	Clive, IA	M	39	24:34.9	7:56
34	326	12152	WAYMIRE, STEVE	Urbandale, IA	M	38	24:42.2	7:58
35	343	7786	RINEHART, RICHARD	Des Moines, IA	M	39	24:53.8	8:02
36	364	1642	CHRISTIE, KEN	West Des Moines, IA	M	39	25:05.5	8:06
37	385	4465	KIRBY, CHAD	Ankeny, IA	M	39	25:20.3	8:10
38	391	1989	KREAMER, TODD	Johnston, IA	M	38	25:24.1	8:12
39	397	4935	LORENZEN, JEFF	Waukee, IA	M	39	25:28.1	8:13
40	401	6830	DORNACKER, DOUG	West Des Moines, IA	M	38	25:31.8	8:14
41	410	6021	MARTZAHN, JOE	West Des Moines, IA	M	38	25:37.4	8:16
42	435	14187	SMITH, SCOTT	West Des Moines, IA	M	38	25:51.3	8:20
43	450	8458	SCHIEFELBEIN, ERIC	Johnston, IA	M	39	25:58.7	8:23
44	453	2667	MEYER, CURTIS	Fonda, IA	M	36	25:59.9	8:23
45	482	15115	GALECKI, JAMES	Johnston, IA	M	36	26:13.4	8:28
46	526	12847	OLDENKAMP, DALE	Huxley, IA	M	37	26:32.0	8:34
47	552	4042	SHARPE, JEFF	West Des Moines, IA	M	35	26:45.7	8:38
48	561	14392	LAMB, MICHAEL	Ames, IA	M	38	26:48.3	8:39
49	578	10907	LARSON, DAN	Urbandale, IA	M	37	26:54.3	8:41
50	584	1748	SINGER, JEREMY	Ames, IA	M	36	26:56.7	8:42
51	593	14098	NEWKIRK, JOHN	Des Moines, IA	M	36	26:59.5	8:42
52	606	12506	JONES, TED	Bondurant, IA	M	36	27:06.9	8:45
53	609	6149	SNYDER, STEVE	Ankeny, IA	M	36	27:09.1	8:46
54	636	14344	PRIES, SCOTT	Ankeny, IA	M	36	27:21.5	8:50
55	663	623	SPELLMAN, JAMIE	Urbandale, IA	M	39	27:32.2	8:53
56	732	12248	JOHNSON, JON	Dallas Center, IA	M	35	28:10.9	9:05
57	736	1944	BARRY, JOSEPH	Adel, IA	M	36	28:11.9	9:06

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Men: 35 - 39

Group	Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile	
	58	776	13769	GOEDKEN, JOHN	Des Moines, IA	M	36	28:26.5	9:11
	59	785	15290	HALL, TODD	Adel, IA	M	36	28:30.2	9:12
	60	790	5412	KUHNS, JEFF	Omaha, NE	M	37	28:34.5	9:13
	61	809	1514	HARKIN, KENNETH	Johnston, IA	M	38	28:42.9	9:16
	62	857	9996	PETERSON, DAVID	Ankeny, IA	M	38	29:04.7	9:23
	63	868	12147	O DONNELL, TIM	Des Moines, IA	M	38	29:08.4	9:24
	64	880	9533	FELDOTTO, CORRIE	Urbandale, IA	M	35	29:14.0	9:26
	65	883	4245	PAVON, MIKE	PLEASNAT HILL,	M	36	29:16.1	9:27
	66	886	12130	MCGOLDRICK, STEPHEN	West Des Moines, IA	M	36	29:18.9	9:27
	67	970	8255	HIATT, BRAD	Ankeny, IA	M	35	29:54.5	9:39
	68	1047	6631	NELSON, BRAD	Saint Charles, IA	M	35	30:26.4	9:49
	69	1103	6946	GRANNES, DANA	Des Moines, IA	M	36	30:46.0	9:56
	70	1118	12892	SHIPLEY, ANDREW	West Des Moines, IA	M	37	30:52.5	9:58
	71	1132	2092	RUSSELL, JAMES	Des Moines, IA	M	37	30:57.1	9:59
	72	1140	13369	KOOKER, MIKE	Altoona, IA	M	36	31:00.5	10:00
	73	1160	13445	TRENTLY, BOB	Urbandale, IA	M	38	31:06.7	10:02
	74	1192	11971	HELM, GARY	Altoona, IA	M	37	31:18.6	10:06
	75	1198	1597	JACOBSEN, JIM	Winterset, IA	M	39	31:20.3	10:07
	76	1210	1150	BALL, DAVID	Waukee, IA	M	37	31:25.0	10:08
	77	1249	9166	DEBROWER, KYLE	PLEASNAT HILL,	M	35	31:48.4	10:16
	78	1285	2735	STANGER, DOUG	West Des Moines, IA	M	35	32:01.2	10:20
	79	1293	2160	PERRY, MICHAEL	West Des Moines, IA	M	38	32:04.4	10:21
	80	1322	14064	ROGERS, BRAD	Altoona, IA	M	36	32:15.6	10:24
	81	1367	13385	CULBERTSON, SEAN	Colfax, IA	M	36	32:35.5	10:31
	82	1390	97	TILLEY, KEVIN	West Des Moines, IA	M	37	32:49.0	10:35
	83	1415	4247	BECKMAN, TROY	PLEASNAT HILL,	M	36	33:00.2	10:39
	84	1539	4876	LINSLEY, STEPHEN	Knoxville, IA	M	39	33:54.0	10:56
	85	1588	8481	DEAN, TOM	Johnston, IA	M	37	34:21.4	11:05
	86	1677	3416	DUBOIS, DAVID	Des Moines, IA	M	39	35:10.2	11:21
	87	1681	14090	EILANDER, DARRIN	Ankeny, IA	M	37	35:15.9	11:23
	88	1818	74	HUBBARD, DWIGHT	Waukee, IA	M	37	37:33.4	12:07
	89	1825	10688	MASON, JEFFREY	Colo, IA	M	36	37:38.3	12:08
	90	1835	12850	POLLPETER, KENT	Des Moines, IA	M	37	37:45.6	12:11
	91	2160	13228	SHRADER, JOHN	West Des Moines, IA	M	36	45:10.0	14:34
	92	2194	15331	HORSCH, ANTHONY	Ankeny, IA	M	39	45:50.9	14:47
	93	2197	388	CARSON, JIM	West Des Moines, IA	M	39	45:55.3	14:49
	94	2220	10999	LEGGETT, TY	West Des Moines, IA	M	36	46:17.9	14:56
	95	2233	11859	SANDVIG, TIM	Des Moines, IA	M	38	46:44.0	15:05
	96	2640	1242	POWERS, BOB	PLEASNAT HILL,	M	35	51:34.8	16:38
	97	2979	1673	SPETMAN, SCOTT	Des Moines, IA	M	37	53:58.5	17:25
	98	2985	886	O'NEIL, ED	West Des Moines, IA	M	36	54:01.2	17:26
	99	3075	9073	SQUIRE, RODNEY	Shawnee Mission, KS	M	38	54:34.2	17:36
	100	3159	3213	BRANT, JOHN	West Des Moines, IA	M	39	55:09.7	17:48
	101	3207	2224	PETTIT, TOM	Des Moines, IA	M	35	55:29.0	17:54
	102	3402	10796	RIDGELY, CHAD	Urbandale, IA	M	36	57:00.1	18:23
	103	3541	1863	HOWE, BRAD	Carlisle, IA	M	39	57:59.0	18:42
	104	3729	11254	SHELEY, CHAD	Guthrie Center, IA	M	36	59:07.4	19:04
	105	3852	15295	MARCHINDA, KEN	Des Moines, IA	M	38	59:51.5	19:19
	106	4221	11587	MCDOWELL, BRADLEY	Iowa City, IA	M	36		
	107	4260	13354	HAMILTON, PATRICK	Urbandale, IA	M	39		
	108	4266	3784	HOPKINS, RYAN	West Des Moines, IA	M	39		
	109	4451	3379	MORRIS, RODNEY	West Des Moines, IA	M	36		
	110	4599	7652	LEWIS, PATRICK	West Des Moines, IA	M	35		
	111	4607	10055	ARCHER, MIKE	West Des Moines, IA	M	37		
	112	4644	9302	CAPALDO, BILL	Polk City, IA	M	36		
	113	4731	7653	TIM, JOHNSON	West Des Moines, IA	M	35		
	114	4995	4121	SNELSON, JIM	Newton, IA	M	39		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Men: 35 - 39

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
115	5037	5631	HEIKES, CHRIS	Urbandale, IA	M	35		
116	5076	1041	FINCH, MARK	Marshalltown, IA	M	35		
117	5110	15279	HAASE, MICHAEL	Des Moines, IA	M	36		
118	5226	3508	MILLS, BRETT	Cumming, IA	M	35		
119	5547	9822	ENGEL, TED	Des Moines, IA	M	39		
120	5600	10587	STONE, BENJAMIN	Des Moines, IA	M	37		
121	5605	500	KELLER, WILLIAM	Saint Charles, IA	M	38		
122	5682	8003	HANSEN, BLAIR	Clive, IA	M	39		
123	5790	4123	RAMOS, STEVEN	Newton, IA	M	39		
124	5802	11531	EVERT, TIM	Clive, IA	M	35		
125	5803	4159	MATALONI, AL	Urbandale, IA	M	39		
126	5866	1194	CARTER, JOHN	Des Moines, IA	M	35		
127	5914	14019	VOS, ED	Granger, IA	M	37		
128	5969	13101	LEE, JEB	Ankeny, IA	M	35		
129	6081	3733	KOENIG, TODD	Prairie City, IA	M	38		
130	6111	12279	FOLDES, TOM	Johnston, IA	M	38		
131	6286	12108	MEYERS, TY	Des Moines, IA	M	39		
132	6323	13902	HAGAN, JEFF	Clive, IA	M	38		
133	6414	10608	THORESON, CHAD	Des Moines, IA	M	35		
134	6422	3726	DEBARTOLO, RICHARD	Ankeny, IA	M	36		
135	6448	9541	ARMSTRONG, BRUCE	Ankeny, IA	M	38		
136	6588	10280	OLSON, MIKE	Carlisle, IA	M	36		
137	6688	9424	LAKTASH, JOHN	West Des Moines, IA	M	36		
138	6721	10935	PAUL, MATTHEW	Des Moines, IA	M	35		
139	6870	10976	WILSON, SCOTT	Ankeny, IA	M	39		
140	6891	7609	HAYES, JIM	West Des Moines, IA	M	37		
141	6909	8625	SKELETON, EMMETT	Bondurant, IA	M	36		
142	6970	10003	FOX, GREGORY	Grimes, IA	M	37		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Men: 40 - 44

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	5	4795	ROBIDOUX, JIM	Ankeny, IA	M	40	16:59.3	5:29
2	17	14197	STONE, DOUG	Des Moines, IA	M	41	18:55.6	6:06
3	29	12797	BOEVER, SCOTT	Des Moines, IA	M	44	19:37.1	6:20
4	56	5734	FEDER, JEFF	Des Moines, IA	M	43	20:37.4	6:39
5	65	6011	KELLY, STEVE	Urbandale, IA	M	41	20:47.9	6:43
6	67	6008	GUSTAFSON, DAN	West Des Moines, IA	M	42	20:51.4	6:44
7	83	1641	MCKIBBEN, STEVEN	Clive, IA	M	43	21:09.6	6:50
8	89	5733	WILLEM, BRIAN	Urbandale, IA	M	43	21:13.8	6:51
9	93	5028	GUST, JEFF	Clive, IA	M	41	21:18.0	6:52
10	107	3937	MCCALMONT, SCOTT	Ames, IA	M	42	21:38.1	6:59
11	112	10582	STEWART, JONATHAN	Cumming, IA	M	43	21:39.5	6:59
12	114	13949	GALLAGHER, TERRY	Johnston, IA	M	41	21:40.5	7:00
13	132	2742	FOLLMANN, DOUG	Stanhope, IA	M	44	21:57.3	7:05
14	136	2820	JASS, DAVID	Ankeny, IA	M	42	22:00.7	7:06
15	138	7867	MCCAULEY, TOM	Des Moines, IA	M	43	22:02.6	7:07
16	145	13959	ANDERSON, KERRY	Clive, IA	M	43	22:12.1	7:10
17	162	13751	BERNAU, THOMAS	Des Moines, IA	M	43	22:30.9	7:16
18	171	15414	WALKER, MARK	Saint Paul, MN	M	40	22:38.5	7:18
19	181	10266	PHILIPH, DOUG	Des Moines, IA	M	44	22:55.1	7:24
20	195	13400	BEERS, MARK	Oskaloosa, IA	M	42	23:08.4	7:28
21	214	10632	HEROLD, RUSSELL	Urbandale, IA	M	43	23:26.2	7:34
22	232	6817	SMITH, JEFF	Indianola, IA	M	43	23:43.1	7:39
23	260	3718	TRIPP, TIM	Pella, IA	M	43	24:00.6	7:45
24	267	12729	STRAWSER, STEPHEN	Des Moines, IA	M	43	24:06.4	7:47
25	269	5474	MCGRAW, JAMES	Waukee, IA	M	42	24:08.2	7:47
26	297	3174	RAMEH, PETER	Ankeny, IA	M	40	24:23.3	7:52
27	308	15425	THORNTON, ROB	Barnes City, IA	M	40	24:29.0	7:54
28	327	13332	COOK, MICHAEL	Urbandale, IA	M	40	24:42.6	7:58
29	333	13449	JACOBSON, PAUL	Johnston, IA	M	41	24:44.9	7:59
30	335	12115	HEDDINGER, DAVE	West Des Moines, IA	M	44	24:45.7	7:59
31	351	6839	FICK, DOUG	Johnston, IA	M	42	24:58.3	8:03
32	353	4779	BOYLE, MICHAEL	Ankeny, IA	M	44	24:59.5	8:04
33	362	15066	DRAAYER, DAN	Ankeny, IA	M	41	25:04.4	8:05
34	384	8456	MEADE, HUGH	Johnston, IA	M	44	25:19.7	8:10
35	409	2388	DY, JAMES	Clive, IA	M	41	25:36.8	8:16
36	425	9256	MCCULLOUGH, STEVE	West Des Moines, IA	M	40	25:46.3	8:19
37	440	3576	GOWEY, JERRY	Urbandale, IA	M	43	25:53.6	8:21
38	473	10558	WILKERSON, DAVE	Adel, IA	M	44	26:08.8	8:26
39	491	10236	NILAND, BRENT	West Des Moines, IA	M	43	26:19.8	8:30
40	493	13812	JOHNSON, SCOTT	Johnston, IA	M	41	26:20.2	8:30
41	495	11063	DOCKUM, GREGORY	Urbandale, IA	M	44	26:20.8	8:30
42	509	12737	ANDERSON, STEVEN	Urbandale, IA	M	43	26:24.7	8:31
43	533	5027	SAUNDERS, JOHN	Urbandale, IA	M	40	26:35.1	8:35
44	551	10269	BUBECK, DAVID	Grimes, IA	M	41	26:45.7	8:38
45	560	5986	TIMMONS, STEVE	Polk City, IA	M	44	26:48.0	8:39
46	597	1003	PARKER, SCOTT	Altoona, IA	M	41	27:01.8	8:43
47	601	15065	BIERWAGEN, DEAN	Ames, IA	M	44	27:03.9	8:44
48	630	13457	HENKELS, JOSEPH	Granger, IA	M	44	27:19.3	8:49
49	693	15129	NOLL, JOHN	Clive, IA	M	42	27:44.9	8:57
50	703	13698	WEBB, STEVEN H	Indianola, IA	M	44	27:54.6	9:00
51	724	9437	MOORLACH, JOHN	Indianola, IA	M	41	28:08.1	9:05
52	725	12006	CULLINS, MATT	Ankeny, IA	M	40	28:08.5	9:05
53	758	8024	DICKERSON, BOB	West Des Moines, IA	M	43	28:19.5	9:08
54	802	13740	WORKMAN, BILL	Johnston, IA	M	42	28:39.4	9:15
55	850	20	HARWOOD, JORGE	Altoona, IA	M	40	29:02.5	9:22
56	856	10302	JOHNSON, KEVIN	Carlisle, IA	M	41	29:04.2	9:23
57	864	12002	LARAIA, KEVIN	Ankeny, IA	M	40	29:06.6	9:23

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Men: 40 - 44

Group	Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile	
	58	898	2628	OWENSON, CHRIS	Des Moines, IA	M	41	29:22.7	9:29
	59	913	6268	CHENEY, ROD	West Des Moines, IA	M	42	29:27.5	9:30
	60	915	4232	BOCK, SCOTT	Johnston, IA	M	41	29:28.6	9:31
	61	925	7039	HEEREN, DAVID	Clive, IA	M	44	29:35.1	9:33
	62	1005	14094	DABICK, JEFF	BAD ZIPCODE, XX	M	41	30:07.2	9:43
	63	1011	9078	DONNELLY, DENNY	West Des Moines, IA	M	43	30:11.1	9:44
	64	1061	3638	UNFER, ROBERT	West Des Moines, IA	M	44	30:30.9	9:51
	65	1071	4062	JENSEN, TOM	Ankeny, IA	M	40	30:34.3	9:52
	66	1122	8519	KLOPFENSTEIN, JEFF	Des Moines, IA	M	42	30:54.0	9:58
	67	1127	12418	THOMPSON, STAN	Des Moines, IA	M	44	30:55.2	9:58
	68	1154	3150	REEDER, KIRK	Ankeny, IA	M	44	31:05.2	10:02
	69	1286	3455	ROSKAMP, BRIAN	Johnston, IA	M	40	32:01.7	10:20
	70	1302	1595	KRAMER, RANDY	West Des Moines, IA	M	40	32:08.3	10:22
	71	1312	8093	FOUTCH, SHAWN	Johnston, IA	M	40	32:12.1	10:23
	72	1373	2554	KAHL, ANDREW	Des Moines, IA	M	40	32:39.2	10:32
	73	1380	10735	BARR, TOM	Panora, IA	M	40	32:44.0	10:34
	74	1463	5599	SHKOLNICK, STUART	Clive, IA	M	44	33:17.6	10:44
	75	1496	13869	BLAKE, MARK	Polk City, IA	M	44	33:35.9	10:50
	76	1513	3805	KRATZ, GORDON	Urbandale, IA	M	41	33:43.3	10:53
	77	1522	4976	HANSEN, STEVE	Atlantic, IA	M	44	33:48.1	10:54
	78	1560	8020	MC INTYRE, JIM	Urbandale, IA	M	44	34:02.4	10:59
	79	1586	12552	KING, RICH	Boone, IA	M	40	34:20.2	11:05
	80	1635	5436	ANDEWEG, ROBERT	Urbandale, IA	M	42	34:40.6	11:11
	81	1700	8507	GEE, RON	West Des Moines, IA	M	40	35:31.5	11:28
	82	1828	7972	PENCE, BRIAN	Des Moines, IA	M	41	37:40.2	12:09
	83	1831	9526	GUESSFORD, TOM	Norwalk, IA	M	40	37:42.5	12:10
	84	1834	807	HICKEN, JOHN	Malcolm, NE	M	44	37:44.0	12:10
	85	1888	6978	GREENE, STEVEN J	Deep River, IA	M	43	38:40.9	12:29
	86	1929	2076	NEWMAN, MARK	West Des Moines, IA	M	43	39:21.9	12:42
	87	2138	4135	SULLIVAN, DOUG	West Des Moines, IA	M	42	44:55.0	14:29
	88	2205	14044	REYNOLDS, JIM	Ankeny, IA	M	43	46:03.1	14:51
	89	2305	10383	BENOIT, PATRICK	Urbandale, IA	M	41	47:46.8	15:25
	90	2351	7361	BORTON, RICHARD	Nevada, IA	M	44	48:34.0	15:40
	91	2659	10433	GREENE, DAVID	Des Moines, IA	M	40	51:46.2	16:42
	92	2743	12062	FERRELRA, ULLSSE	PLEASNAT HILL,	M	42	52:28.7	16:56
	93	2952	6435	FRANTZ, GARY	Des Moines, IA	M	43	53:48.7	17:22
	94	2968	13993	KIZZIER, DAVID	Granger, IA	M	42	53:54.5	17:23
	95	2970	15206	BLOCK, JEFF	West Des Moines, IA	M	43	53:55.0	17:24
	96	3018	9082	LARSON, MARK	West Des Moines, IA	M	41	54:13.4	17:29
	97	3381	11247	KRAKAU, BILL	Roland, IA	M	41	56:50.9	18:20
	98	3423	4719	BUEHLER, GARY	Clive, IA	M	41	57:11.4	18:27
	99	3476	5337	MILLER, JON	Bondurant, IA	M	44	57:34.6	18:34
	100	3514	1474	ROSENBALM, CHUCK	Des Moines, IA	M	43	57:50.4	18:40
	101	3574	15166	SAYLERS, DOUGLAS	Des Moines, IA	M	43	58:14.4	18:47
	102	3626	9808	JACOBSEN, ROD	Waukee, IA	M	44	58:38.0	18:55
	103	3651	1884	PUNG, MIKE	Des Moines, IA	M	41	58:44.5	18:57
	104	3687	2744	ROMANO, JOSEPH	Johnston, IA	M	43	58:54.2	19:00
	105	3902	669	OLEJNICZAK, DAVID	Cedar Falls, IA	M	43	59:59.	19:21
	106	4122	10203	STERK, BRAD	BAD ZIPCODE, XX	M	42		
	107	4144	11873	LAWYER, SEAN	Des Moines, IA	M	40		
	108	4253	13058	MAGNANI, KRIS	Johnston, IA	M	42		
	109	4293	15182	RUSSELL, TODD	Newnan, GA	M	41		
	110	4431	6884	SCHMITH, DON	Des Moines, IA	M	40		
	111	4475	8926	THOMPSON, CRAIG	Clive, IA	M	40		
	112	4677	7682	RIES, JEFF	Des Moines, IA	M	44		
	113	4857	8338	RONCA, JOHN	Huxley, IA	M	40		
	114	4975	9670	DOWNS, BARRY	Milo, IA	M	42		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Men: 40 - 44

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
115	4978	2482	REESER, JEFF	Urbandale, IA	M	44		
116	4990	7967	LEWIS, GREG	Des Moines, IA	M	44		
117	5184	10742	CLOSE, TIM	Des Moines, IA	M	44		
118	5205	2537	FOSTER, BILL	Ankeny, IA	M	41		
119	5238	14371	DEANGELIS, CHUCK	Truro, IA	M	44		
120	5279	1653	MCDONALD, JAMIE	Clive, IA	M	40		
121	5405	6995	LEWIS, MIKE	Des Moines, IA	M	42		
122	5494	6944	SMITH, MICHAEL	Ankeny, IA	M	43		
123	5542	7047	MOOK, BRIAN	Urbandale, IA	M	42		
124	5561	12566	CALHOUN, DOUG	Ankeny, IA	M	41		
125	5584	10613	BONACCI, LOU	Clive, IA	M	40		
126	5615	2437	CHEEK, BRUCE	Norwalk, IA	M	43		
127	5795	8116	EGINOIRE, JOHN	Des Moines, IA	M	44		
128	5847	7102	THOMPSON, RICH	Des Moines, IA	M	40		
129	5907	10827	CAIRNS, RANDY	Des Moines, IA	M	41		
130	5945	6934	MASTERS, MARK	Waukee, IA	M	44		
131	5989	325	DREES, NICK	Ankeny, IA	M	41		
132	6361	10114	FETTERS, CRAIG	Osceola, IA	M	41		
133	6402	12306	CAMP, DON	Boone, IA	M	42		
134	6545	8518	CAMERON, TOM	Des Moines, IA	M	40		
135	6612	7456	WITMER, PAUL	Des Moines, IA	M	41		
136	6818	2911	CRAIG, TOR KELSON	West Des Moines, IA	M	44		
137	6860	11218	WANDERS, BRAD	Des Moines, IA	M	43		
138	6887	8114	MODDE, DENNIS	Des Moines, IA	M	43		
139	6912	3528	HAYES, JOE	Des Moines, IA	M	42		
140	6942	13297	NELSON, TORE	West Des Moines, IA	M	43		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Men: 45 - 49

Group	Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile
1	15	2197	MCBRIDE, THOMAS	Des Moines, IA	M	49	18:34.9	6:00
2	43	462	GUTSCHENRITTER, KEITH	West Des Moines, IA	M	45	20:16.8	6:33
3	79	11765	MASTERS, PETE	Des Moines, IA	M	45	21:06.9	6:49
4	103	2459	HOLZINGER, DAVE	Des Moines, IA	M	46	21:31.0	6:56
5	128	15176	GIDDINGS, STEVEN	Des Moines, IA	M	47	21:55.0	7:04
6	134	5236	KARSJEN, STEVE	Nevada, IA	M	47	21:59.4	7:06
7	140	4019	VAN WYK, MARVIN	Pella, IA	M	45	22:04.8	7:07
8	154	15107	MANNING, HANK	Des Moines, IA	M	49	22:25.1	7:14
9	170	5274	LEINEN, JON	Des Moines, IA	M	45	22:37.7	7:18
10	194	93	CALHOUN, CRAIG	Urbandale, IA	M	46	23:07.7	7:28
11	220	11676	PARRY, DON	Johnston, IA	M	46	23:30.4	7:35
12	231	5481	CISLER, CHUCK	Searsboro, IA	M	45	23:41.0	7:38
13	236	209	ARMSTRONG, GRAEME	West Des Moines, IA	M	46	23:46.0	7:40
14	247	173	SMITH, BRIAN	Osceola, IA	M	49	23:53.3	7:42
15	265	7878	JONES, JEFFREY	Ankeny, IA	M	47	24:04.2	7:46
16	303	11329	VANDERKWAAK, LLOYD	Johnston, IA	M	47	24:26.1	7:53
17	318	2576	SCHANK, AARON	Des Moines, IA	M	45	24:37.0	7:56
18	342	6810	ROTH, RANDY	Urbandale, IA	M	47	24:53.0	8:02
19	347	12844	BURKHART, RON	PLEASNAT HILL,	M	48	24:56.7	8:03
20	357	281	NICESWANGER, RON	Urbandale, IA	M	48	25:01.4	8:04
21	366	10846	EDGE, LEROY	Adel, IA	M	48	25:06.9	8:06
22	465	6398	MITCHELL, CHRIS	Ankeny, IA	M	49	26:05.0	8:25
23	484	5990	WILSON, ROGER	West Des Moines, IA	M	48	26:15.2	8:28
24	496	1000	MULERT, STEVE	Ankeny, IA	M	48	26:21.2	8:30
25	504	2380	WALTER, JR., DAVID	Johnston, IA	M	45	26:23.5	8:31
26	558	14078	WINDSOR, JAMES	Des Moines, IA	M	45	26:47.5	8:39
27	567	5510	MORAN, JOHN	Story City, IA	M	47	26:50.8	8:40
28	583	4359	MCCOY, MARK	West Des Moines, IA	M	48	26:56.7	8:42
29	604	1951	HANSELL, ROBERT	Ankeny, IA	M	45	27:05.1	8:44
30	624	13455	GALLAGHER, DUNCAN	Ankeny, IA	M	45	27:17.8	8:48
31	625	5850	HUSS, DENNIS	Des Moines, IA	M	47	27:18.1	8:48
32	633	15116	SCAGLIONE, MARTIN	Kellogg, IA	M	46	27:20.4	8:49
33	640	10939	PEDDY, DON	Ankeny, IA	M	45	27:23.6	8:50
34	674	11341	LANG, TOM	Ankeny, IA	M	46	27:35.6	8:54
35	686	6005	WEDDELL, RAYMOND	Urbandale, IA	M	46	27:42.3	8:56
36	690	14243	KREKEL, THOMAS	Des Moines, IA	M	45	27:43.6	8:57
37	727	2350	MARMON, BOB	Urbandale, IA	M	46	28:09.5	9:05
38	799	6704	DOWNS, STEVE	Saint Charles, IA	M	47	28:37.8	9:14
39	804	1575	ELMITT, BRAD	Johnston, IA	M	45	28:40.1	9:15
40	851	12097	HATLING, TIM	Des Moines, IA	M	47	29:02.6	9:22
41	863	9391	MEYER, DUANE	Waukee, IA	M	46	29:06.5	9:23
42	877	5588	WALTERS, BRIAN	Urbandale, IA	M	47	29:11.4	9:25
43	929	10738	ALLISON, DAVID	Des Moines, IA	M	47	29:38.1	9:34
44	956	9790	FOSTER, RANDY	Clive, IA	M	46	29:48.0	9:37
45	961	9965	ARNDT, MIKE	Norwalk, IA	M	46	29:50.4	9:38
46	973	508	RICHARDS, JAMES	Johnston, IA	M	45	29:55.6	9:39
47	982	1922	RICHTSMEIER, GARRY	Johnston, IA	M	49	29:58.7	9:40
48	998	13967	MANDSAGER, NEIL	Johnston, IA	M	48	30:05.2	9:42
49	1031	2199	DAVISON, KENT	Des Moines, IA	M	46	30:19.6	9:47
50	1056	1128	ANDERSEN, ROGER	Ankeny, IA	M	49	30:29.2	9:50
51	1144	10110	GOOLSBY, SCOTT	Ely, IA	M	45	31:01.5	10:00
52	1149	15137	HELLMICK, RICK	Ames, IA	M	49	31:03.6	10:01
53	1159	7884	ZAHM, LARRY	Des Moines, IA	M	48	31:06.5	10:02
54	1209	11446	SWALLOW, WESLEY	Waukee, IA	M	48	31:24.2	10:08
55	1256	13144	COURTNEY, BILL	Des Moines, IA	M	45	31:50.7	10:16
56	1267	5375	AMAN JR, DAVID	Des Moines, IA	M	45	31:55.6	10:18
57	1303	13573	EGLI, JEFF	Ankeny, IA	M	47	32:08.4	10:22

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Men: 45 - 49

Group	Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile	
	58	1359	14192	JENSEN, DANNY	Murray, IA	M	49	32:31.8	10:30
	59	1436	4968	WELTER, MIKE	Ames, IA	M	45	33:07.7	10:41
	60	1467	851	ROSENBERG, DANIEL	Des Moines, IA	M	48	33:19.0	10:45
	61	1534	659	TUTTLE, THOMAS	Johnston, IA	M	45	33:52.9	10:56
	62	1594	5786	SUTTER, JIM	West Des Moines, IA	M	46	34:25.1	11:06
	63	1644	7204	COVILL, LAURA	Des Moines, IA	M	47	34:48.0	11:14
	64	1658	1807	HOY, DANIEL	West Des Moines, IA	M	47	34:56.7	11:16
	65	1802	3996	AMES, STEVE	West Des Moines, IA	M	45	37:04.9	11:58
	66	1803	11844	SELINGER, JOHN	Urbandale, IA	M	45	37:07.2	11:58
	67	1865	4341	BATCHER, SCOTT	West Des Moines, IA	M	49	38:14.9	12:20
	68	1887	12333	ULBERG, BARRY	Des Moines, IA	M	49	38:40.8	12:29
	69	1924	336	GUTHRIE, THOMAS	Norwalk, IA	M	48	39:12.6	12:39
	70	2045	4734	FINNERTY, SCOTT	PLEASNAT HILL,	M	49	42:46.0	13:48
	71	2128	15098	HUFFMAN, TONY	Stockport, IA	M	46	44:49.6	14:28
	72	2133	10598	PATTERSON, BILL	Colo, IA	M	48	44:52.3	14:29
	73	2155	8487	HIATT, JOHN	Johnston, IA	M	46	45:06.3	14:33
	74	2271	2275	ORAZEM, STEVE	Des Moines, IA	M	47	47:20.3	15:16
	75	2404	6793	VINCENT, JOSEPH	Des Moines, IA	M	46	49:00.2	15:48
	76	2423	4075	ATWOOD, DOUGLAS	Collins, IA	M	49	49:09.8	15:52
	77	2454	13468	DELVAUX, JEFF	BAD ZIPCODE, XX	M	46	49:34.2	15:59
	78	2543	8405	THORNTON, GARY	Ankeny, IA	M	46	50:32.0	16:18
	79	2755	1965	NEWLANDER, STEVE	West Des Moines, IA	M	49	52:34.8	16:58
	80	2763	1125	MITCHELL, RICHARD	Urbandale, IA	M	46	52:38.0	16:59
	81	2881	1429	VITALE, GREGORY	Ames, IA	M	49	53:21.4	17:13
	82	2893	8410	SHORT, DAVID	Urbandale, IA	M	49	53:26.5	17:14
	83	2956	5947	AIELLO, KARLA	Des Moines, IA	M	49	53:50.3	17:22
	84	2969	4160	SANKEY, MIKE	West Des Moines, IA	M	49	53:54.6	17:23
	85	3009	7484	BRANDHORST, MARK	Ankeny, IA	M	45	54:10.6	17:29
	86	3042	10425	GASKILL, BOB	Marshalltown, IA	M	47	54:22.3	17:32
	87	3158	3845	DOLS, JOE	Des Moines, IA	M	49	55:09.4	17:48
	88	3181	5292	FARBER, JAN	Clive, IA	M	46	55:19.1	17:51
	89	3238	14429	SCHWARTZ, DAVE	Urbandale, IA	M	48	55:42.8	17:58
	90	3274	12059	CAHALAN, STEVE	Urbandale, IA	M	45	56:02.4	18:05
	91	3278	14038	BULLARD, RODD	Des Moines, IA	M	46	56:04.7	18:05
	92	3291	7376	MITTMAN, ROBERT	Nevada, IA	M	45	56:11.2	18:08
	93	3338	7706	CROOK, SUE	Newton, IA	M	49	56:35.1	18:15
	94	3384	5892	ALEXANDER, TERRY	Ankeny, IA	M	47	56:51.5	18:21
	95	3403	1170	MELVOLD, JOHN	Maquoketa, IA	M	49	57:01.4	18:24
	96	3412	1498	INGRAM, TIM	Des Moines, IA	M	45	57:05.9	18:25
	97	3437	7862	BUCKALEW, DOYLE	Alleman, IA	M	47	57:16.8	18:29
	98	3512	4781	RIKER, BOB	Ankeny, IA	M	49	57:49.4	18:39
	99	3738	11245	MAKEY, JIM	Logan, IA	M	48	59:09.6	19:05
	100	3768	12833	DOUGLAS, JAMES	Urbandale, IA	M	48	59:18.5	19:08
	101	3779	14435	WHEELOCK, MIKE	Ames, IA	M	49	59:22.4	19:09
	102	3813	10787	COURTNEY, GREG	Madrid, IA	M	45	59:35.0	19:13
	103	3921	8375	VIERS, GREG	Maxwell, IA	M	46	59:59.	19:21
	104	3977	14409	KNOBLAUCHI, JIM	BAD ZIPCODE, XX	M	48	01:00:00..	19:21
	105	4027	12082	O'DONNELL, JIM	Des Moines, IA	M	48		
	106	4088	8620	RICHARDSON, RUSS	Des Moines, IA	M	46		
	107	4089	7004	THORNBURG, BOB	Des Moines, IA	M	47		
	108	4098	7003	FRIEL, TOM	Williamsburg, IA	M	47		
	109	4114	12127	BARRETT, JOE	Des Moines, IA	M	48		
	110	4126	3674	AREGES, JIM	West Des Moines, IA	M	46		
	111	4139	11999	BARR, MICHAEL	West Des Moines, IA	M	49		
	112	4206	2830	BAKER, RANDY	Le Grand, IA	M	49		
	113	4292	8977	FISCHER, MIKE	Madrid, IA	M	46		
	114	4314	6558	MOSES, TONY	Collins, IA	M	47		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Men: 45 - 49

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
115	4328	8594	WENTLAND, KEVIN	Runnells, IA	M	48		
116	4347	10982	BADGLEY, MARILYN	Madrid, IA	M	49		
117	4426	38	RIGG, KEITH	Des Moines, IA	M	46		
118	4437	4598	FITCH, STEVE	De Soto, IA	M	45		
119	4549	1483	STERK, DANIEL	Des Moines, IA	M	46		
120	4712	13648	SCHMIDT, ROD	Waukee, IA	M	48		
121	4937	8631	GARRISON, DWAYNE	Des Moines, IA	M	45		
122	5145	7122	MOOREHEAD, RUSS	Urbandale, IA	M	46		
123	5152	8260	TOMETICH, JOHN	Johnston, IA	M	47		
124	5195	4029	OWENS, DON	Urbandale, IA	M	46		
125	5365	8268	KLECKNER, SCOTT	Mitchellville, IA	M	46		
126	5367	8274	MCBURNEY, RICHARD	Clarksville, IA	M	48		
127	5409	5422	PALMER, LARRY	Urbandale, IA	M	49		
128	5420	5486	BARTELS, STEVEN	Urbandale, IA	M	48		
129	5498	8248	DOWIE, DOUG	Indianola, IA	M	49		
130	5563	10611	MILLS, TIM	Clive, IA	M	47		
131	5582	10641	REAMES, JIM	Clive, IA	M	47		
132	5673	5060	MILLER, JEFF	West Des Moines, IA	M	48		
133	5680	9001	WICKETT, KIM	Madrid, IA	M	45		
134	5685	4125	HELLER, MICHAEL	West Des Moines, IA	M	47		
135	5715	11709	WALTER, RANDY	Grimes, IA	M	48		
136	5742	14659	RILEY, TOM	West Des Moines, IA	M	46		
137	5775	8224	DOWIE, CHRIS	Des Moines, IA	M	49		
138	5791	4110	MORTENSON, DAVE	Newton, IA	M	48		
139	5805	7324	RHOADES, PAT	Des Moines, IA	M	49		
140	5916	4769	MOFFITT, JEAN	Johnston, IA	M	48		
141	5920	839	HANSEN, BRIAN	Grimes, IA	M	48		
142	6001	10802	GRUBB, RON	Waukee, IA	M	46		
143	6018	10813	WEBB, JOHN	Johnston, IA	M	49		
144	6062	8484	PEIFFER, MARK	Johnston, IA	M	46		
145	6183	5927	WALTERS, SCOTT	West Des Moines, IA	M	49		
146	6202	8108	CUNNINGHAM, TIM	Granger, IA	M	49		
147	6321	441	HICKMAN, KENNETH	Des Moines, IA	M	46		
148	6475	1230	MAHER, JUDD	Sandy, UT	M	49		
149	6508	8775	DEPAUW, JOEL	Urbandale, IA	M	49		
150	6606	1032	LUNDSTROM, BRYAN	Ankeny, IA	M	47		
151	6633	5138	LIGAS, TERRY	Des Moines, IA	M	45		
152	6829	5043	HARRIS, STEPHEN	Ankeny, IA	M	49		
153	6956	234	PALMER, CATHY	Urbandale, IA	M	47		
154	7048	4665	JEFFREY, SCOTT	West Des Moines, IA	M	46		
155	7062	12028	RAGAN, BEN	Mitchellville, IA	M	49		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Men: 50 - 54

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	19	4188	DAVIS, MARK	Adel, IA	M	51	18:58.0	6:07
2	35	5700	MACK, ANDY	Des Moines, IA	M	52	19:58.4	6:27
3	47	5725	MILLER, DAVID	Urbandale, IA	M	52	20:24.4	6:35
4	74	9146	TAYLOR, STEVE	Des Moines, IA	M	53	21:00.1	6:47
5	82	15030	HAZER, ANDREW	Columbia, IA	M	54	21:08.9	6:49
6	129	3285	NEMECHEK, TOM	Des Moines, IA	M	54	21:55.9	7:05
7	143	3682	ELLIOTT, JIM	Des Moines, IA	M	51	22:10.4	7:09
8	196	5371	OLSON, TIMOTHY	West Des Moines, IA	M	54	23:09.2	7:28
9	197	13329	PAYNE, GARY	Des Moines, IA	M	54	23:09.8	7:28
10	237	639	MCGRAW, GARY	Dubuque, IA	M	53	23:46.1	7:40
11	240	4044	WIGNALL, ANDY	Ankeny, IA	M	51	23:47.1	7:40
12	262	11332	MALLOY, DAN	Des Moines, IA	M	51	24:02.1	7:45
13	280	9570	GLAVIN, BILL	Saint Charles, IA	M	52	24:13.9	7:49
14	298	4279	HANSON, MARK	Ankeny, IA	M	51	24:24.2	7:52
15	309	6785	HOLLEBRANDS, CURT	Clive, IA	M	52	24:31.4	7:55
16	352	1588	COOPER, BRENT	Urbandale, IA	M	50	24:59.5	8:04
17	418	8063	DORRELL, DALE	Newton, IA	M	53	25:39.9	8:17
18	422	6133	SHULTZ, NEIL	West Des Moines, IA	M	53	25:44.1	8:18
19	432	12479	KNOWLES, CLIFFORD	Urbandale, IA	M	52	25:49.6	8:20
20	516	14275	FEE, JERRY	Melcher, IA	M	53	26:27.6	8:32
21	525	1811	DEVICK, TIM	Urbandale, IA	M	54	26:31.3	8:33
22	582	8504	MEENAGH, JIM	Cumming, IA	M	51	26:56.0	8:41
23	602	11458	CARLSON, MIKE	Winterset, IA	M	52	27:04.0	8:44
24	678	3217	COX, DONALD	West Des Moines, IA	M	50	27:36.6	8:54
25	751	14008	CHANDLER, STEVE	Urbandale, IA	M	50	28:16.9	9:07
26	815	5554	KERNS, JOSEPH	Johnston, IA	M	52	28:45.1	9:17
27	821	12187	JOHNSON, RICK	West Des Moines, IA	M	54	28:47.9	9:17
28	843	1780	MCGOWAN, TERRY	Urbandale, IA	M	54	28:59.8	9:21
29	871	4137	SONNENBURG, JOHN	Urbandale, IA	M	50	29:09.1	9:24
30	881	2586	WALTERS, PATRICK	Johnston, IA	M	53	29:14.7	9:26
31	892	13831	LINDE, JERRY	Ankeny, IA	M	50	29:20.3	9:28
32	993	2783	GILL, SAM	Norwalk, IA	M	53	30:02.5	9:41
33	995	8461	METCALF, BOB	Johnston, IA	M	50	30:03.4	9:42
34	1028	7205	ADEN, JEFF	Des Moines, IA	M	54	30:18.5	9:47
35	1097	10788	MEYER, T.A.	Johnston, IA	M	52	30:44.3	9:55
36	1110	2885	SCHWARTZ, PAUL	West Des Moines, IA	M	53	30:48.7	9:56
37	1205	2004	HALLAM, ARNOLD	Ames, IA	M	50	31:22.4	10:07
38	1314	13414	BROCK, DENNY	Ankeny, IA	M	52	32:12.9	10:24
39	1329	1025	PRINE, TED	Des Moines, IA	M	52	32:17.9	10:25
40	1354	307	MILBURN, DAVE	Johnston, IA	M	51	32:30.1	10:29
41	1356	14247	MCBRIAN, JIM	Des Moines, IA	M	53	32:31.1	10:29
42	1418	6027	MORZ, WALTER	Ames, IA	M	54	33:01.8	10:39
43	1579	11494	SELANDER, TOM	Des Moines, IA	M	54	34:12.3	11:02
44	1683	5833	BREESE, CHERYL	Des Moines, IA	M	50	35:17.4	11:23
45	1926	9759	WINCHELL, REX	Altoona, IA	M	51	39:13.6	12:39
46	2071	10050	MC GRAIL, DAN	Carlisle, IA	M	54	43:41.5	14:06
47	2120	1254	BREHMER, IVAN	Johnston, IA	M	54	44:40.5	14:25
48	2203	2621	RAO, GURU	Urbandale, IA	M	52	46:01.3	14:51
49	2348	6274	RASMUSSEN, GARY	Ankeny, IA	M	52	48:32.5	15:40
50	2451	6106	MARSKE, GARY	West Des Moines, IA	M	53	49:32.6	15:59
51	2477	14393	HUYSER, JAMES	Pella, IA	M	54	49:51.8	16:05
52	2522	8823	STROSAHL, KEN	Mitchellville, IA	M	52	50:22.9	16:15
53	2538	5349	SMITH, DARRELL	Ankeny, IA	M	52	50:30.0	16:17
54	2544	3007	MCCULLOH, JIM	West Des Moines, IA	M	52	50:32.9	16:18
55	2706	5484	PFANTZ, MICHAEL	West Des Moines, IA	M	52	52:07.2	16:49
56	2747	1698	SPRECHER, SID	Des Moines, IA	M	54	52:29.7	16:56
57	2840	2452	HOCHMUTH, DENNIS	Mitchellville, IA	M	51	53:05.7	17:08

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Men: 50 - 54

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
58	2933	367	TODD, DAN	West Des Moines, IA	M	51	53:42.4	17:19
59	3182	2219	HAMMER, LEE	Ames, IA	M	53	55:19.3	17:51
60	3184	6986	RASMUSSEN, DENNIS	Clive, IA	M	51	55:20.3	17:51
61	3195	3253	REES, BOB	West Des Moines, IA	M	54	55:23.8	17:52
62	3323	1571	TIMMINS, MICHAEL	West Des Moines, IA	M	51	56:25.7	18:12
63	3342	7012	KEUNING, MAX	Prairie City, IA	M	50	56:36.5	18:16
64	3390	6496	BODINE, FRANK	Ankeny, IA	M	52	56:53.6	18:21
65	3411	8662	NEER, MERLIN	Des Moines, IA	M	52	57:05.7	18:25
66	3553	628	STRASBURG, ROY	Ames, IA	M	51	58:02.5	18:43
67	3841	12233	MCLAIN, KURT	West Des Moines, IA	M	50	59:46.1	19:17
68	4021	4092	WILSON, RICK	Dallas Center, IA	M	53		
69	4077	8628	CABRERA, TOM	Des Moines, IA	M	50		
70	4095	12134	DAUGHENBAUGH, TOM	Des Moines, IA	M	50		
71	4318	9617	WHITE, DAVID	Des Moines, IA	M	52		
72	4363	5735	SHERIFF, RICK	Urbandale, IA	M	53		
73	4427	14573	ANDERSON, RICH	Ankeny, IA	M	50		
74	4666	5903	TOKHEIM, DAVE	Osceola, IA	M	52		
75	4786	12093	HOLMES, CHUCK	Des Moines, IA	M	52		
76	4842	11497	DEMING, RICHARD	Des Moines, IA	M	50		
77	5000	9946	STRUM, MIKE	Des Moines, IA	M	54		
78	5045	7942	VANHORN, HAROLD	PLEASNAT HILL,	M	52		
79	5086	10444	REECK, DAVE	Nevada, IA	M	50		
80	5098	618	MCCONNELL, ED	West Des Moines, IA	M	53		
81	5388	6753	KLING, BOB	Indianola, IA	M	52		
82	5538	155	ANDERZHON, JANICE	Farragut, IA	M	50		
83	5643	9565	LATHRUM, SANDI	Saint Charles, IA	M	50		
84	5716	4546	IMMEL, TIMOTHY	Clive, IA	M	50		
85	5720	5703	ZAABEL, DENNIS	West Des Moines, IA	M	53		
86	5801	440	BORESI, RICK	Coralville, IA	M	53		
87	5808	7330	RHOADES, JOE	Des Moines, IA	M	53		
88	5836	12575	RIEDE, JOE	Des Moines, IA	M	51		
89	5864	9134	HIRSCH, TOM	Des Moines, IA	M	51		
90	6010	4566	PAULING, TERRY	Indianola, IA	M	53		
91	6014	2542	MCCOLLOUGH, JIM	Stanhope, IA	M	50		
92	6131	9571	LATHRUM, STEVE	Saint Charles, IA	M	51		
93	6149	4344	SEELEY, BOB	Urbandale, IA	M	52		
94	6237	12113	ODONNELL JR., DAN	Des Moines, IA	M	50		
95	6407	442	WATSON, MARK	Des Moines, IA	M	50		
96	6472	1174	JONES, DUANE	Des Moines, IA	M	54		
97	6655	3413	HILEY, TIM	Windom, MN	M	50		
98	6790	10051	JANSSEN, DENNY	Des Moines, IA	M	51		
99	6805	4852	GILBERT, STEVE	Ogden, IA	M	51		
100	6877	470	YBARRA, ARNIE	Urbandale, IA	M	52		
101	7010	7386	POOLE, KIRBY	Nevada, IA	M	51		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Men: 55 - 59

Group	Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile
1	69	14017	NEY, ROY	Des Moines, IA	M	56	20:52.8	6:44
2	76	4661	TERRY, JOHN	West Des Moines, IA	M	55	21:04.1	6:48
3	245	14194	BISHOP, DENNIS	BAD ZIPCODE, XX	M	59	23:51.9	7:42
4	257	10916	MAURD, MICHAEL	Des Moines, IA	M	56	23:58.7	7:44
5	276	15418	WILHARM, RON	Tracy, IA	M	58	24:12.0	7:48
6	278	10725	BERNARD, BRUCE	Urbandale, IA	M	55	24:13.4	7:49
7	281	13753	SONDALL, STEVEN	BAD ZIPCODE, XX	M	55	24:14.7	7:49
8	285	794	LOWE, JIM	Des Moines, IA	M	58	24:16.7	7:50
9	398	3027	MCMILLEN, KENT	Waukee, IA	M	57	25:29.0	8:13
10	478	1190	MCGRATH, MARK	Des Moines, IA	M	55	26:11.9	8:27
11	498	6502	SMITH, EARL	Des Moines, IA	M	55	26:22.0	8:30
12	637	6597	MATHIS, JOHN	West Des Moines, IA	M	58	27:23.0	8:50
13	671	866	KENNEDY, WILLIAM	Ankeny, IA	M	57	27:34.9	8:54
14	813	194	MINER, KENNETH	Urbandale, IA	M	57	28:44.5	9:16
15	955	14025	RASMUSSEN, EUGENE	Ankeny, IA	M	57	29:47.9	9:37
16	1211	4021	MORAN, PATRICK	Des Moines, IA	M	59	31:25.2	10:08
17	1236	4251	TERNUS, GARY	Ankeny, IA	M	59	31:43.8	10:14
18	1270	10553	WALLACE, WILLIAM	Clive, IA	M	57	31:56.0	10:18
19	1416	1746	EVERS, STAN	Urbandale, IA	M	57	33:00.7	10:39
20	1437	10651	WAITE, DAN	Le Grand, IA	M	56	33:08.0	10:41
21	1787	265	ANDERSON, LEN	Urbandale, IA	M	57	36:50.7	11:53
22	1846	4007	BLACK, PAUL	Des Moines, IA	M	55	37:57.0	12:15
23	2142	5015	ANDERSON, ROBERT	Ankeny, IA	M	59	44:58.0	14:30
24	2151	4068	BURNETT, ED	Blue Grass, IA	M	58	45:03.8	14:32
25	2190	5049	RUDOLPHI, THOMAS	Ames, IA	M	58	45:43.3	14:45
26	2254	14256	JAMES, LARRY	BAD ZIPCODE, XX	M	56	47:10.6	15:13
27	2349	2617	BINGMAN, JIM	Madrid, IA	M	57	48:33.3	15:40
28	2357	34	JACKS, GARY	Ballwin, MO	M	58	48:36.4	15:41
29	2377	14106	JENKINS, JIM	Newton, IA	M	55	48:48.7	15:45
30	2490	15038	FERGUSON, DORIA	Des Moines, IA	M	57	50:04.7	16:09
31	2593	5600	BROWN, DAVID	Des Moines, IA	M	58	51:01.9	16:28
32	2649	7547	WHITNEY, CRAIG	Slater, IA	M	55	51:38.9	16:40
33	2865	1279	RITCHIE, CORWIN	Van Meter, IA	M	59	53:15.5	17:11
34	3107	9593	JOHNSON, PERRY	Saint Charles, IA	M	58	54:45.6	17:40
35	3144	575	FRENCH, CHRIS	Wiota, IA	M	55	55:02.2	17:45
36	3208	14402	RIPLEY, STEVE	West Des Moines, IA	M	58	55:29.7	17:54
37	3263	3458	RICHARDS, MICHAEL	Indianola, IA	M	58	55:56.9	18:03
38	3271	890	HAYES, CAL	Ankeny, IA	M	55	56:00.3	18:04
39	3328	9794	THAM, MARK	West Des Moines, IA	M	55	56:28.4	18:13
40	3464	6441	MCCUNE, JOHN	Des Moines, IA	M	56	57:28.9	18:33
41	3518	2174	SMITH, THOMAS	Clive, IA	M	57	57:51.7	18:40
42	3671	8888	SCHALL, RON	Runnells, IA	M	56	58:50.1	18:59
43	3722	10708	SHERMAN, BRUCE	Clive, IA	M	55	59:05.3	19:04
44	3724	1110	BRODY, MARTY	Des Moines, IA	M	57	59:06.4	19:04
45	3732	9178	LOUSSAERT, DALE	Clive, IA	M	57	59:08.0	19:05
46	3744	3599	JACOBS, JAMES	Des Moines, IA	M	56	59:10.9	19:05
47	3792	3118	ELLIOTT, DENNIS	Des Moines, IA	M	57	59:27.2	19:11
48	3815	5913	HETTINGER, JIM	Norwalk, IA	M	59	59:35.9	19:14
49	3817	12077	NICHOLS, DOUG	Urbandale, IA	M	57	59:36.7	19:14
50	3885	10420	SIPE, DICK	Marshalltown, IA	M	56	59:59.	19:21
51	4011	5373	SLECHTA, JAMES	Des Moines, IA	M	57	01:00:00..	19:21
52	4016	8706	MOHN, WILLIAM	Madrid, IA	M	57	01:00:00..	19:21
53	4042	1788	KOLACIA, JOHN	Fort Dodge, IA	M	59		
54	4056	12920	BATTS, DAVE	Ankeny, IA	M	55		
55	4184	5780	WARD, MARK	Runnells, IA	M	55		
56	4247	3558	PASHEK, KENNETH	Van Meter, IA	M	56		
57	4313	6613	HALL, KENNETH	Lucas, IA	M	56		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Men: 55 - 59

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
58	4355	2789	TOVREA, TOM	Clive, IA	M	56		
59	4384	15309	PETERSON, PAUL	Albia, IA	M	55		
60	4501	3102	ZAGOREN, ALLEN	Clive, IA	M	57		
61	4740	7900	STUYVESANT, ROBERT	Carlisle, IA	M	57		
62	4888	2494	BREZICKA, DONALD	Austin, MN	M	56		
63	4889	2773	ANDERSON, JOHN B	Johnston, IA	M	59		
64	4993	13706	PERLBERG, RICHARD	Urbandale, IA	M	57		
65	5008	9952	PAZZI, FRANK	Des Moines, IA	M	55		
66	5116	9693	GOULD, DENNY	BAD ZIPCODE, XX	M	55		
67	5122	3178	BAGBY, RON	Urbandale, IA	M	55		
68	5274	539	MILLER, DON	Johnston, IA	M	58		
69	5312	5094	MAUTZ, TOM	Ankeny, IA	M	56		
70	5379	2827	HOOVER JR, JAMES	West Des Moines, IA	M	56		
71	5424	5992	JOHNSEN, RANDY	Madrid, IA	M	57		
72	5430	1047	SPURBECK, CHARLIE	Mankato, MN	M	56		
73	5648	6553	ANDERSON, STEVE	Saint Charles, IA	M	55		
74	5717	12977	FREDERICKSEN, PAUL	Ankeny, IA	M	58		
75	5781	7612	ROUTSON, DENNY	Urbandale, IA	M	57		
76	5861	5886	PULVER, ROBERT	West Des Moines, IA	M	56		
77	5917	419	HASENWINKEL, ALAN	Cedar Falls, IA	M	58		
78	5972	12622	JACKSON, LAVERN	Garwin, IA	M	56		
79	6036	998	GOSSETT, JIM	State Center, IA	M	55		
80	6261	4836	MCFARLAND, DICK	Des Moines, IA	M	58		
81	6318	2653	VAN DER KAMP, DARREL	Kellogg, IA	M	58		
82	6478	14505	BRAHMEN, JOHN	Waukee, IA	M	56		
83	6520	15250	MATRE, JIM	Polk City, IA	M	57		
84	6681	1406	GROBLEY, DON	Urbandale, IA	M	58		
85	6701	13916	KRUEMPEL, GARY	West Des Moines, IA	M	57		
86	6954	1540	ELLER, BRUCE	Ames, IA	M	55		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Men: 60 - 64

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	28	5302	MCKAY, RONALD	Chariton, IA	M	61	19:36.5	6:20
2	243	10155	GOHEEN, MICHAEL	Johnston, IA	M	61	23:50.0	7:41
3	438	7861	DETWILER, LARRY	Des Moines, IA	M	61	25:52.6	8:21
4	575	1728	WICKMAN, RON	Kellogg, IA	M	60	26:52.9	8:40
5	971	11485	SINN, RON	Bondurant, IA	M	63	29:54.8	9:39
6	1004	611	CARTWRIGHT, PAUL	Urbandale, IA	M	62	30:06.9	9:43
7	1265	3266	O'DANIELS, GARY	Creston, IA	M	62	31:55.0	10:18
8	1607	477	VEEDER, DAVID	Des Moines, IA	M	64	34:29.8	11:08
9	1651	4124	JOHANSEN, BOB	Ankeny, IA	M	64	34:50.7	11:14
10	1684	1839	BALK, VERN	Ankeny, IA	M	63	35:17.6	11:23
11	1783	12713	LONG, DUANE	Urbandale, IA	M	60	36:44.2	11:51
12	2031	3891	SHAEFFER, TERRY	Altoona, IA	M	60	42:17.8	13:39
13	2163	885	DUFFY, JIM	Des Moines, IA	M	64	45:12.6	14:35
14	2176	4833	CARLSON, ROGER	Adel, IA	M	62	45:26.6	14:40
15	2268	10720	SMITH, GLENN	Ankeny, IA	M	61	47:17.2	15:15
16	2407	5388	WIDELSKI, DANIEL	West Des Moines, IA	M	61	49:02.3	15:49
17	2459	9321	ROACH, THOMAS	Cumming, IA	M	62	49:36.0	16:00
18	2482	4071	FISHER, RUSS	Des Moines, IA	M	61	49:56.7	16:07
19	2828	418	SCHUNK, LARRY	Des Moines, IA	M	61	53:01.9	17:06
20	2937	3064	BERRY, CARL	West Des Moines, IA	M	61	53:43.9	17:20
21	3167	4429	WEINSTEIN, JOEL	Urbandale, IA	M	60	55:12.2	17:48
22	3601	812	QUITTEM, DON	Urbandale, IA	M	63	58:26.7	18:51
23	3603	13039	FERGUSON, GARY	West Des Moines, IA	M	62	58:28.1	18:52
24	3853	14062	KETTERLING, GERALD	Urbandale, IA	M	62	59:52.1	19:19
25	3897	13749	LOCKWOOD, TED	Urbandale, IA	M	64	59:59.	19:21
26	3934	6590	SMITH, FRED	Saint Charles, IA	M	60	01:00:00..	19:21
27	4354	15488	BOLDRIDGE, BOB	Des Moines, IA	M	60		
28	4390	7716	OLSON, VAL	Newton, IA	M	63		
29	4826	9125	SPENCE, VERLE	Des Moines, IA	M	64		
30	5005	8072	MILLER, ROGER	PLEASNAT HILL,	M	61		
31	5259	3691	WILSON, PETER	West Des Moines, IA	M	64		
32	5272	9522	NELSON, ROLAND	Des Moines, IA	M	62		
33	5285	14229	JOHNSON, DOUGLAS	Des Moines, IA	M	62		
34	5299	10044	EKDOM, STANLEY	Urbandale, IA	M	61		
35	5511	13606	ERICKSON, DENNIS	Van Meter, IA	M	61		
36	5574	5871	HART, CHUCK	West Des Moines, IA	M	61		
37	5995	11699	HAIGN, CHUCK	West Des Moines, IA	M	63		
38	6892	3316	BURCH, RODGER	Des Moines, IA	M	64		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Men: 65 - 69

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	378	3652	BEAMER, JOHN	BAD ZIPCODE, XX	M	65	25:13.3	8:08
2	812	3072	REED SR, LARRY	Ankeny, IA	M	65	28:44.2	9:16
3	1184	1198	JUDISCH, DONALD	Clive, IA	M	67	31:15.3	10:05
4	1274	14248	LIGGETT, DWIGHT	Urbandale, IA	M	67	31:57.1	10:18
5	1676	920	SMITH, MAURICE	Des Moines, IA	M	68	35:08.0	11:20
6	1796	5802	MCCONKEY, DAVID	Ankeny, IA	M	66	37:00.8	11:56
7	1948	521	RINGGENBERG, DON	Manning, IA	M	65	40:00.6	12:54
8	2083	5089	KRATZ, JIM	West Des Moines, IA	M	69	43:56.3	14:10
9	3035	10119	ROHDEN, JIM	Clive, IA	M	66	54:19.4	17:31
10	3850	4176	HAASE, WALLY	West Des Moines, IA	M	66	59:51.2	19:18
11	4023	5651	LENNIE, JIM	Ankeny, IA	M	67		
12	4291	10928	NIELSEN, DALE	Johnston, IA	M	65		
13	4942	10001	PETERSON, MAX	Des Moines, IA	M	66		
14	5062	15478	HEIDERSCHEIT, DANIEL	Oelwein, IA	M	65		
15	5178	9707	LINDER, JERRY	BAD ZIPCODE, XX	M	65		
16	5832	7189	ROUSE, DON	Grundy Center, IA	M	67		
17	5968	9581	LATHRUM, DAVID	Saint Charles, IA	M	67		
18	5978	11733	COUGHENOUR, GARY	Collins, IA	M	67		
19	6521	3537	KARPAN, LOUIE	Melcher, IA	M	67		
20	6911	10254	FRY, JIM	Clive, IA	M	67		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Men: 70 - 79

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	981	13707	GRASSLEY, CHARLES	Cedar Falls, IA	M	71	29:58.2	9:40
2	1248	3248	OGAWA, EARL	Ames, IA	M	70	31:48.1	10:16
3	1761	12142	HEDDINGER, GEORGE	West Des Moines, IA	M	70	36:22.0	11:44
4	1985	8830	LATHRUM, CHARLES	Bondurant, IA	M	74	41:01.6	13:14
5	3513	971	INGRAM, JOHN	Ottumwa, IA	M	73	57:50.1	18:39
6	3772	8471	JEFFRIE, HARRY	Altoona, IA	M	71	59:19.5	19:08
7	4254	15020	SPENCER, GARY	West Des Moines, IA	M	72		
8	5039	5926	SCHOWALTER, DON	West Des Moines, IA	M	76		
9	5704	4270	PETERSEN, FOLMER	Knoxville, IA	M	75		
10	5811	12079	O'DONNELL, DAN	Des Moines, IA	M	72		

2004 Race for Cure

Women's and Men's 5K

Age Brackets Results

Men: 80 +

New: CARACCIOLO, RALPH, 2004

<u>Group</u>	<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1	6557	3303	CARACCIOLO, RALPH	Des Moines, IA	M	82		