

# 2004 Race for Cure

## Women's and Men's 5K

### Overall Men Results

Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile
1	15031	MC CLAIN, DYLAN	Lawrence, KS	M	19	15:51.7	5:07
2	15033	JURKOVICH, EVAN	Des Moines, IA	M	19	16:16.0	5:15
3	15034	OLSON, AARON	Minneapolis, MN	M	18	16:19.1	5:16
4	12353	POST, JOEL	Des Moines, IA	M	22	16:44.6	5:24
5	4795	ROBIDOUX, JIM	Ankeny, IA	M	40	16:59.3	5:29
6	2548	ACHENBACH, BRENT	Woodward, IA	M	32	17:10.5	5:32
7	14227	THOMPSON, RYAN	Des Moines, IA	M	24	17:41.2	5:42
8	5568	GLICK, CHRIS	Des Moines, IA	M	20	17:48.5	5:45
9	15168	BOND, BRANDON	West Des Moines, IA	M	19	17:56.1	5:47
10	1816	OLSEN, STEVEN	Urbandale, IA	M	27	18:00.2	5:48
11	15122	HARBERT, MATTHEW	Ankeny, IA	M	21	18:02.3	5:49
12	15118	MINEAR, ANDREW	Carlisle, IA	M	18	18:07.2	5:51
13	2545	MORALES, VIC	Indianola, IA	M	30	18:18.3	5:54
14	14141	SCHREINER, JON	BAD ZIPCODE, XX	M	20	18:29.8	5:58
15	2197	MCBRIDE, THOMAS	Des Moines, IA	M	49	18:34.9	6:00
16	15328	GRAY, CASEY GRAY	Winterset, IA	M	18	18:53.8	6:06
17	14197	STONE, DOUG	Des Moines, IA	M	41	18:55.6	6:06
18	10694	WATKINS, DAVE	Pella, IA	M	39	18:56.7	6:07
19	4188	DAVIS, MARK	Adel, IA	M	51	18:58.0	6:07
20	4564	BECKER, MATT	Des Moines, IA	M	24	18:59.8	6:08
21	5958	HENRY, GRADY	Ankeny, IA	M	15	19:10.1	6:11
22	13021	LEE, CHAD	West Des Moines, IA	M	31	19:14.1	6:12
23	1130	SITZMANN, GAGE	West Des Moines, IA	M	12	19:27.7	6:17
24	2000	HALLAM, JUSTUS	Ames, IA	M	22	19:28.6	6:17
25	15316	RETZ, CURT	West Des Moines, IA	M	38	19:29.6	6:17
26	13141	KOERSELMAN, TROY	Ankeny, IA	M	35	19:32.6	6:18
27	5108	STAMPER, BENTON	Waukon, IA	M	21	19:34.7	6:19
28	5302	MCKAY, RONALD	Chariton, IA	M	61	19:36.5	6:20
29	12797	BOEVER, SCOTT	Des Moines, IA	M	44	19:37.1	6:20
30	2393	GASPERI, MICHAEL	Johnston, IA	M	37	19:44.8	6:22
31	3870	ZWANK, DAVID	Adel, IA	M	31	19:45.9	6:23
32	8495	SMITH, TED	Ankeny, IA	M	28	19:56.0	6:26
33	14059	MENKEN, JOHN	Clive, IA	M	12	19:57.5	6:26
34	5700	MACK, ANDY	Des Moines, IA	M	52	19:58.4	6:27
35	3190	OLSEN, DAVE	Urbandale, IA	M	99	19:59.1	6:27
36	8171	EDGAR, WILL	Colfax, IA	M	16	19:59.5	6:27
37	773	WINK, MITCH	West Des Moines, IA	M	11	20:04.7	6:29
38	6953	JUHL, DAVE	Des Moines, IA	M	39	20:09.4	6:30
39	14350	AVENI, JAMIE	West Des Moines, IA	M	38	20:12.4	6:31
40	462	GUTSCHENRITTER, KEITH	West Des Moines, IA	M	45	20:16.8	6:33
41	13878	PRUNTY, LAWRENCE	Des Moines, IA	M	28	20:18.6	6:33
42	9909	ALREAD, JASON	Des Moines, IA	M	38	20:19.1	6:33
43	15172	SWISHER, MARK	WEST DES	M	15	20:19.6	6:33
44	5725	MILLER, DAVID	Urbandale, IA	M	52	20:24.4	6:35
45	4083	DUPEY, NICHOLAS	Urbandale, IA	M	25	20:27.3	6:36
46	15500	TRYGSTAD, TOM	West Des Moines, IA	M	32	20:30.3	6:37
47	5734	FEDER, JEFF	Des Moines, IA	M	43	20:37.4	6:39
48	3907	ANTHOFER, RUSSELL	Norwalk, IA	M	25	20:39.6	6:40
49	3841	PARMENTER, ERIC	Perry, IA	M	15	20:40.7	6:40
50	7844	MONSON, BRENT	Des Moines, IA	M	35	20:41.3	6:40
51	14504	SPANN, JARED	Adel, IA	M	14	20:42.4	6:41
52	6488	BRAIDA, ANTHONY	Des Moines, IA	M	37	20:43.0	6:41
53	6498	BABCOCK, MARK	Des Moines, IA	M	35	20:43.5	6:41
54	829	DUKE, STEVE	West Des Moines, IA	M	25	20:44.3	6:41
55	6011	KELLY, STEVE	Urbandale, IA	M	41	20:47.9	6:43
56	14237	HEUER, DYLAN	Des Moines, IA	M	15	20:49.4	6:43
57	6008	GUSTAFSON, DAN	West Des Moines, IA	M	42	20:51.4	6:44
58	14339	MANN, BRIAN	West Des Moines, IA	M	35	20:52.2	6:44
59	14017	NEY, ROY	Des Moines, IA	M	56	20:52.8	6:44

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### Overall Men Results

Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile
60	4276	SCHUSTER, JOHN	Ankeny, IA	M	36	20:55.4	6:45
61	7268	CASKEY, CHRIS	Earlham, IA	M	33	20:57.1	6:46
62	6079	PALMER, BRIAN	Des Moines, IA	M	36	20:59.6	6:46
63	9146	TAYLOR, STEVE	Des Moines, IA	M	53	21:00.1	6:47
64	14432	NUSS, TRAVIS	Dayton, IA	M	25	21:01.4	6:47
65	4661	TERRY, JOHN	West Des Moines, IA	M	55	21:04.1	6:48
66	1743	SWANSON, GREG	West Des Moines, IA	M	16	21:06.3	6:49
67	11765	MASTERS, PETE	Des Moines, IA	M	45	21:06.9	6:49
68	14284	CONNER, JOHN	West Des Moines, IA	M	18	21:07.7	6:49
69	14340	LEFLER, TIM	West Des Moines, IA	M	38	21:08.3	6:49
70	15030	HAZER, ANDREW	Columbia, IA	M	54	21:08.9	6:49
71	1641	MCKIBBEN, STEVEN	Clive, IA	M	43	21:09.6	6:50
72	14503	DUARTE, LOIS	Des Moines, IA	M	31	21:10.7	6:50
73	15113	KLINE, JARED	Des Moines, IA	M	27	21:11.5	6:50
74	7081	HILL, PETER	Ankeny, IA	M	33	21:12.1	6:50
75	10726	JANSSENS, STEVE	Des Moines, IA	M	36	21:12.8	6:51
76	5733	WILLEM, BRIAN	Urbandale, IA	M	43	21:13.8	6:51
77	9621	SEIDL, CORY	Norwalk, IA	M	15	21:14.8	6:51
78	11558	HEDDINGER, STEVE	West Des Moines, IA	M	99	21:16.7	6:52
79	5028	GUST, JEFF	Clive, IA	M	41	21:18.0	6:52
80	740	SPURBECK, MATT	Cedar Rapids, IA	M	31	21:19.3	6:53
81	8760	BEVIS, JEFF	Johnston, IA	M	36	21:20.8	6:53
82	15162	HAPPE ANDY, 15	Urbandale, IA	M	15	21:21.6	6:53
83	5213	MILLER, BEN	Kellogg, IA	M	12	21:22.5	6:54
84	1625	JAMISON, TABER	POLK CITY, IA	M	16	21:23.5	6:54
85	7769	WARREN, JEFF	Des Moines, IA	M	32	21:26.1	6:55
86	15298	CALDWELL, DAVE	BAD ZIPCODE, XX	M	35	21:29.5	6:56
87	2459	HOLZINGER, DAVE	Des Moines, IA	M	46	21:31.0	6:56
88	10270	LUKE, BUBECK	Grimes, IA	M	12	21:32.2	6:57
89	1564	KRUEGER, BRIAN	Urbandale, IA	M	33	21:37.7	6:59
90	3937	MCCALMONT, SCOTT	Ames, IA	M	42	21:38.1	6:59
91	2200	BRYAN, JIM	Des Moines, IA	M	38	21:38.2	6:59
92	14302	DAVIS, MARK	Urbandale, IA	M	37	21:38.5	6:59
93	9346	ANDERSON, KIT	Norwalk, IA	M	11	21:38.9	6:59
94	2130	KOCH, SCOTT	Urbandale, IA	M	27	21:39.2	6:59
95	10582	STEWART, JONATHAN	Cumming, IA	M	43	21:39.5	6:59
96	13949	GALLAGHER, TERRY	Johnston, IA	M	41	21:40.5	7:00
97	3090	OSTER, CASEY	Clive, IA	M	14	21:41.6	7:00
98	12752	CARTWRIGHT, PETER	West Des Moines, IA	M	29	21:42.3	7:00
99	472	ROURKE, BRAD	Des Moines, IA	M	29	21:42.9	7:00
100	13149	MILLER, CASEY	Urbandale, IA	M	29	21:43.9	7:01
101	5935	BLAZEK, STEVE	West Des Moines, IA	M	38	21:44.3	7:01
102	6577	TURNER, A.J.	Clive, IA	M	14	21:45.3	7:01
103	10734	THORMEIER, ROBERT	Des Moines, IA	M	25	21:45.8	7:01
104	466	GUTSCHENRITTER, CHAD	West Des Moines, IA	M	10	21:47.7	7:02
105	7206	FOREMAN, DAN	West Des Moines, IA	M	23	21:52.6	7:03
106	8576	MINARD, MARK	Waterloo, IA	M	28	21:53.4	7:04
107	15176	GIDDINGS, STEVEN	Des Moines, IA	M	47	21:55.0	7:04
108	3285	NEMECHEK, TOM	Des Moines, IA	M	54	21:55.9	7:05
109	296	GROETKEN, TRENT	West Des Moines, IA	M	32	21:57.1	7:05
110	2742	FOLLMANN, DOUG	Stanhope, IA	M	44	21:57.3	7:05
111	3239	BEVIS, STEW	Altoona, IA	M	29	21:57.8	7:05
112	5236	KARSJEN, STEVE	Nevada, IA	M	47	21:59.4	7:06
113	10268	WALKUP, CODY	Des Moines, IA	M	12	22:00.2	7:06
114	2820	JASS, DAVID	Ankeny, IA	M	42	22:00.7	7:06
115	10258	PERINGTON, JAKE	Des Moines, IA	M	12	22:01.6	7:06
116	7867	MCCAULEY, TOM	Des Moines, IA	M	43	22:02.6	7:07
117	1566	KRUEGER, SCOTT	Clive, IA	M	35	22:03.9	7:07
118	4019	VAN WYK, MARVIN	Pella, IA	M	45	22:04.8	7:07

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<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
119	10239	PLUNKETT, JASON	West Des Moines, IA	M	32	22:05.5	7:08
120	15149	HAYES, MARK	Truro, IA	M	34	22:06.3	7:08
121	3682	ELLIOTT, JIM	Des Moines, IA	M	51	22:10.4	7:09
122	13959	ANDERSON, KERRY	Clive, IA	M	43	22:12.1	7:10
123	14395	VANDERKAMP, KRIS	Ankeny, IA	M	33	22:12.4	7:10
124	15179	HERMAN, AARON	West Des Moines, IA	M	25	22:13.7	7:10
125	5873	HOLM, MARK	Ankeny, IA	M	28	22:15.1	7:11
126	13123	MCKIBBIN, BLAKE	Des Moines, IA	M	23	22:17.1	7:11
127	7086	HARMS, STEVEN	West Des Moines, IA	M	38	22:18.2	7:12
128	10430	NEWKIRK, TONY	Des Moines, IA	M	36	22:23.1	7:13
129	8174	DAWSON, TRAVIS	Mingo, IA	M	16	22:23.7	7:13
130	3542	JELSMA, RYAN	Ankeny, IA	M	20	22:24.4	7:14
131	15107	MANNING, HANK	Des Moines, IA	M	49	22:25.1	7:14
132	12437	THAYER, GREG	Urbandale, IA	M	37	22:28.3	7:15
133	10238	ROGERS, PATRICK	West Des Moines, IA	M	35	22:29.3	7:15
134	12411	JENSEN, SCOTT	West Des Moines, IA	M	23	22:30.0	7:15
135	13751	BERNAU, THOMAS	Des Moines, IA	M	43	22:30.9	7:16
136	14087	DRAKE, TOM	Johnston, IA	M	38	22:31.8	7:16
137	3613	DUNKER, WILLIAM	Des Moines, IA	M	35	22:32.5	7:16
138	2675	JOHNSON, RYAN	West Des Moines, IA	M	27	22:33.3	7:17
139	2995	DOUGLAS, THAD	West Des Moines, IA	M	31	22:34.2	7:17
140	12335	VAN TIL, BRENT	Des Moines, IA	M	22	22:36.2	7:17
141	5274	LEINEN, JON	Des Moines, IA	M	45	22:37.7	7:18
142	15414	WALKER, MARK	Saint Paul, MN	M	40	22:38.5	7:18
143	649	ABBOTT, MICHAEL	Iowa City, IA	M	27	22:39.5	7:19
144	13762	HAMMER, ALEX	Urbandale, IA	M	17	22:40.5	7:19
145	14321	MEYERS, MATT	Johnston, IA	M	17	22:41.7	7:19
146	2738	CALHOUN, CHRIS	Urbandale, IA	M	12	22:49.5	7:22
147	7732	BOYLES, MIKE	Urbandale, IA	M	30	22:52.2	7:23
148	6223	GEORGE, CHRIS	Waukee, IA	M	28	22:53.9	7:23
149	10266	PHILIPH, DOUG	Des Moines, IA	M	44	22:55.1	7:24
150	12060	DAHIR, MICHAEL	Shawnee Mission, KS	M	33	22:56.6	7:24
151	15259	EITEL, MONTY	Ames, IA	M	38	22:59.1	7:25
152	14157	GLENN, DAVID	BAD ZIPCODE, XX	M	33	23:01.6	7:26
153	13634	HARBERT, NICK	Ankeny, IA	M	18	23:03.3	7:26
154	13156	SHUMAKER, SCOTT	Danville, IA	M	22	23:05.3	7:27
155	15449	LOUAR, HANLEY	Des Moines, IA	M	19	23:06.1	7:27
156	15052	GODWIN, ADAM	Earlham, IA	M	14	23:06.6	7:27
157	93	CALHOUN, CRAIG	Urbandale, IA	M	46	23:07.7	7:28
158	13400	BEERS, MARK	Oskaloosa, IA	M	42	23:08.4	7:28
159	5371	OLSON, TIMOTHY	West Des Moines, IA	M	54	23:09.2	7:28
160	13329	PAYNE, GARY	Des Moines, IA	M	54	23:09.8	7:28
161	5009	STEINMETZ, ANDREW	West Des Moines, IA	M	14	23:13.3	7:29
162	385	MCDONOUGH, JACOB	Urbandale, IA	M	14	23:13.9	7:30
163	13677	RAY, CHETT	Carlisle, IA	M	24	23:14.5	7:30
164	8265	ULRICKSON, JOHN	Des Moines, IA	M	23	23:15.1	7:30
165	2259	ARNOLD, JASON	Des Moines, IA	M	27	23:16.0	7:30
166	5934	PRESCOTT, DREW	Urbandale, IA	M	11	23:16.6	7:31
167	7259	PETERSON, JON	Adel, IA	M	28	23:17.8	7:31
168	7468	HEYER, JEFF	West Des Moines, IA	M	15	23:19.0	7:31
169	10632	HEROLD, RUSSELL	Urbandale, IA	M	43	23:26.2	7:34
170	13704	WARDEN, TIM	West Des Moines, IA	M	27	23:27.1	7:34
171	3467	ANDERSON, JEREMIAH	Roland, IA	M	26	23:28.2	7:34
172	12417	THOMPSON, MATT	Des Moines, IA	M	99	23:28.8	7:34
173	15370	BUCKLIN, MICHAEL	Cooper, IA	M	19	23:29.3	7:35
174	3889	BENNETT, JOEL	Pella, IA	M	31	23:29.5	7:35
175	11676	PARRY, DON	Johnston, IA	M	46	23:30.4	7:35
176	621	TALLMAN, DERICK	Ankeny, IA	M	20	23:32.1	7:36
177	398	MCDONALD, RYAN	Des Moines, IA	M	20	23:32.8	7:36

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Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile
178	10095	TOWNSEND, DEREK	Perry, IA	M	17	23:33.5	7:36
179	10103	OSTRANSKY, SAM	Perry, IA	M	15	23:34.5	7:36
180	10104	WRIGHT, ALEX	Perry, IA	M	17	23:37.2	7:37
181	5481	CISLER, CHUCK	Searsboro, IA	M	45	23:41.0	7:38
182	6817	SMITH, JEFF	Indianola, IA	M	43	23:43.1	7:39
183	14358	COLLINS, CHRISTOPHER	West Des Moines, IA	M	13	23:44.7	7:40
184	12542	KRUSE, BRADLEY	Johnston, IA	M	13	23:45.1	7:40
185	209	ARMSTRONG, GRAEME	West Des Moines, IA	M	46	23:46.0	7:40
186	639	MCGRAW, GARY	Dubuque, IA	M	53	23:46.1	7:40
187	12536	KRUSE, KARL	Johnston, IA	M	39	23:46.5	7:40
188	4044	WIGNALL, ANDY	Ankeny, IA	M	51	23:47.1	7:40
189	7276	HENNES, PATRICK	Ankeny, IA	M	29	23:48.0	7:41
190	5294	ADAIR, QUINN	Perry, IA	M	16	23:49.6	7:41
191	10155	GOHEEN, MICHAEL	Johnston, IA	M	61	23:50.0	7:41
192	14194	BISHOP, DENNIS	BAD ZIPCODE, XX	M	59	23:51.9	7:42
193	4520	MARSKE, ANDREW	Urbandale, IA	M	27	23:53.2	7:42
194	173	SMITH, BRIAN	Osceola, IA	M	49	23:53.3	7:42
195	15272	MIEDEMA, DARRIN	Des Moines, IA	M	21	23:54.7	7:43
196	2736	REED, MICHAEL	Ankeny, IA	M	24	23:55.6	7:43
197	12703	MORAN, TIM	Story City, IA	M	22	23:56.3	7:43
198	1374	FAST, ADAM	PLEASNAT HILL,	M	26	23:57.1	7:44
199	4195	BRUNK, DAVID	Johnston, IA	M	35	23:57.7	7:44
200	10916	MAURD, MICHAEL	Des Moines, IA	M	56	23:58.7	7:44
201	5124	BARSETTI, JOEY	West Des Moines, IA	M	10	23:59.4	7:44
202	3718	TRIPP, TIM	Pella, IA	M	43	24:00.6	7:45
203	14538	PETERSON, BRADLEY	BAD ZIPCODE, XX	M	28	24:01.5	7:45
204	11332	MALLOY, DAN	Des Moines, IA	M	51	24:02.1	7:45
205	15011	VLAHAKIS, CHRIS	BAD ZIPCODE, XX	M	37	24:02.9	7:45
206	7878	JONES, JEFFREY	Ankeny, IA	M	47	24:04.2	7:46
207	12120	O'DONNELL, MIKE	West Des Moines, IA	M	25	24:05.2	7:46
208	12729	STRAWSER, STEPHEN	Des Moines, IA	M	43	24:06.4	7:47
209	5474	MCGRAW, JAMES	Waukee, IA	M	42	24:08.2	7:47
210	15418	WILHARM, RON	Tracy, IA	M	58	24:12.0	7:48
211	10725	BERNARD, BRUCE	Urbandale, IA	M	55	24:13.4	7:49
212	9570	GLAVIN, BILL	Saint Charles, IA	M	52	24:13.9	7:49
213	13753	SONDALL, STEVEN	BAD ZIPCODE, XX	M	55	24:14.7	7:49
214	794	LOWE, JIM	Des Moines, IA	M	58	24:16.7	7:50
215	7775	BROWN, MATTHEW	Urbandale, IA	M	34	24:17.9	7:50
216	7244	PETERSON, JAMIE	Polk City, IA	M	29	24:18.4	7:50
217	1729	MCDOWELL, ANDREW	West Des Moines, IA	M	28	24:19.2	7:51
218	10101	BURTON, MICHAEL	Perry, IA	M	38	24:19.6	7:51
219	11342	LANG, JOE	Ankeny, IA	M	13	24:20.5	7:51
220	11360	JONES, SCOTT	Ankeny, IA	M	33	24:21.6	7:52
221	1711	SLOAN, JON	Johnston, IA	M	30	24:22.7	7:52
222	3174	RAMEH, PETER	Ankeny, IA	M	40	24:23.3	7:52
223	4279	HANSON, MARK	Ankeny, IA	M	51	24:24.2	7:52
224	13154	SHANKS, MICHAEL	Grimes, IA	M	25	24:24.4	7:52
225	14452	KOLLMORGAN, DAN	BAD ZIPCODE, XX	M	99	24:24.9	7:53
226	343	HIBBEN, JOSH	West Des Moines, IA	M	24	24:25.8	7:53
227	11329	VANDERKWAAK, LLOYD	Johnston, IA	M	47	24:26.1	7:53
228	2261	WALDON, GARRY	Des Moines, IA	M	23	24:27.0	7:53
229	15324	KAISER, JOSH	BAD ZIPCODE, XX	M	15	24:28.2	7:54
230	1604	LYONS, DYLAN	West Des Moines, IA	M	16	24:29.0	7:54
231	15425	THORNTON, ROB	Barnes City, IA	M	40	24:29.0	7:54
232	6785	HOLLEBRANDS, CURT	Clive, IA	M	52	24:31.4	7:55
233	12111	STOUT, PAUL	Clive, IA	M	39	24:34.9	7:56
234	2576	SCHANK, AARON	Des Moines, IA	M	45	24:37.0	7:56
235	10746	ROLING, CHRISTOPHER	Des Moines, IA	M	33	24:41.7	7:58
236	12152	WAYMIRE, STEVE	Urbandale, IA	M	38	24:42.2	7:58

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### Overall Men Results

Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile
237	13332	COOK, MICHAEL	Urbandale, IA	M	40	24:42.6	7:58
238	10092	KEALHOFER, ADAM	Perry, IA	M	14	24:43.4	7:59
239	7199	VILLANUEVA, GIO G.	Des Moines, IA	M	33	24:44.2	7:59
240	13449	JACOBSON, PAUL	Johnston, IA	M	41	24:44.9	7:59
241	12115	HEDDINGER, DAVE	West Des Moines, IA	M	44	24:45.7	7:59
242	5988	WILSON, BEN	West Des Moines, IA	M	17	24:46.9	8:00
243	13441	JACOBSON, GRANT	Johnston, IA	M	15	24:48.4	8:00
244	12118	HEDDINGER, JACOB	West Des Moines, IA	M	13	24:51.1	8:01
245	4878	LEISTER, JOHN	Des Moines, IA	M	13	24:51.8	8:01
246	6810	ROTH, RANDY	Urbandale, IA	M	47	24:53.0	8:02
247	7786	RINEHART, RICHARD	Des Moines, IA	M	39	24:53.8	8:02
248	2241	NICOL, JARED	Urbandale, IA	M	24	24:54.8	8:02
249	2103	MUSGRAVE, JIM	Des Moines, IA	M	28	24:56.6	8:03
250	12844	BURKHART, RON	PLEASNAT HILL,	M	48	24:56.7	8:03
251	6839	FICK, DOUG	Johnston, IA	M	42	24:58.3	8:03
252	1588	COOPER, BRENT	Urbandale, IA	M	50	24:59.5	8:04
253	4779	BOYLE, MICHAEL	Ankeny, IA	M	44	24:59.5	8:04
254	6819	MADREN, MIKE	Earlham, IA	M	32	25:00.6	8:04
255	281	NICESWANGER, RON	Urbandale, IA	M	48	25:01.4	8:04
256	14292	FULLER, GRAHAM	West Des Moines, IA	M	33	25:03.7	8:05
257	15066	DRAAYER, DAN	Ankeny, IA	M	41	25:04.4	8:05
258	1642	CHRISTIE, KEN	West Des Moines, IA	M	39	25:05.5	8:06
259	10846	EDGE, LEROY	Adel, IA	M	48	25:06.9	8:06
260	15317	LYTTON, RUSS	West Des Moines, IA	M	27	25:07.7	8:06
261	12815	HONKOMP, CHAWN	Clive, IA	M	26	25:10.5	8:07
262	7271	BIXBY, SCOTT	Waukee, IA	M	33	25:11.4	8:08
263	3652	BEAMER, JOHN	BAD ZIPCODE, XX	M	65	25:13.3	8:08
264	7255	GIEGERICH, DOM	Earlham, IA	M	33	25:16.2	8:09
265	14531	UNKNOWN,	BAD ZIPCODE, XX	M	99	25:18.2	8:10
266	8456	MEADE, HUGH	Johnston, IA	M	44	25:19.7	8:10
267	4465	KIRBY, CHAD	Ankeny, IA	M	39	25:20.3	8:10
268	678	HANS, TRAVIS	Urbandale, IA	M	23	25:21.9	8:11
269	13971	MANDSAGER, HANK	Johnston, IA	M	11	25:22.8	8:11
270	13132	CAMPBELL, RYAN	West Des Moines, IA	M	26	25:23.5	8:11
271	1989	KREAMER, TODD	Johnston, IA	M	38	25:24.1	8:12
272	14233	DEAN, LOGAN	Johnston, IA	M	9	25:25.0	8:12
273	13146	SOVEREIGN, RYAN	West Des Moines, IA	M	26	25:25.8	8:12
274	15120	KISCHER, NATE	West Des Moines, IA	M	14	25:27.0	8:13
275	4935	LORENZEN, JEFF	Waukee, IA	M	39	25:28.1	8:13
276	3027	MCMILLEN, KENT	Waukee, IA	M	57	25:29.0	8:13
277	6830	DORNACKER, DOUG	West Des Moines, IA	M	38	25:31.8	8:14
278	14337	KRUEGER, NICK	West Des Moines, IA	M	30	25:36.2	8:16
279	2388	DY, JAMES	Clive, IA	M	41	25:36.8	8:16
280	6021	MARTZAHN, JOE	West Des Moines, IA	M	38	25:37.4	8:16
281	13336	LOPEZ, THOMAS	Norwalk, IA	M	16	25:37.9	8:16
282	10100	ANDERSON, TYLER (TJ)	Perry, IA	M	15	25:38.4	8:16
283	15445	FLANNAGAN, CASEY	Pella, IA	M	19	25:38.7	8:16
284	9566	DAWSON, JEFF	Norwalk, IA	M	28	25:39.1	8:16
285	15315	MCCOY, MICHAEL	Clive, IA	M	34	25:39.9	8:17
286	8063	DORRELL, DALE	Newton, IA	M	53	25:39.9	8:17
287	9998	WILLEY, RANDY	Indianola, IA	M	24	25:41.7	8:17
288	13241	SCHNEIDER, PAUL	West Des Moines, IA	M	34	25:42.7	8:18
289	14404	WEBER, MATTHEW	Des Moines, IA	M	27	25:43.3	8:18
290	6133	SHULTZ, NEIL	West Des Moines, IA	M	53	25:44.1	8:18
291	13499	MC CULLOH, TIM	West Des Moines, IA	M	24	25:45.2	8:18
292	9256	MCCULLOUGH, STEVE	West Des Moines, IA	M	40	25:46.3	8:19
293	12479	KNOWLES, CLIFFORD	Urbandale, IA	M	52	25:49.6	8:20
294	14187	SMITH, SCOTT	West Des Moines, IA	M	38	25:51.3	8:20
295	7861	DETWILER, LARRY	Des Moines, IA	M	61	25:52.6	8:21

# 2004 Race for Cure

## Women's and Men's 5K

### Overall Men Results

Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile
296	3576	GOWEY, JERRY	Urbandale, IA	M	43	25:53.6	8:21
297	1116	KLEVE, MIKE	Waukee, IA	M	33	25:54.3	8:21
298	10244	WOLFE, ROGER	Macksburg, IA	M	25	25:55.1	8:22
299	13328	MANATT, DREW	Johnston, IA	M	27	25:55.8	8:22
300	8458	SCHIEFELBEIN, ERIC	Johnston, IA	M	39	25:58.7	8:23
301	2667	MEYER, CURTIS	Fonda, IA	M	36	25:59.9	8:23
302	15430	BRANDON, BART	Des Moines, IA	M	99	26:02.0	8:24
303	7216	WEBER, SCOTT	Cherokee, IA	M	21	26:04.1	8:25
304	6398	MITCHELL, CHRIS	Ankeny, IA	M	49	26:05.0	8:25
305	14305	CHRISTENSEN, ADAM	West Des Moines, IA	M	25	26:07.1	8:26
306	10558	WILKERSON, DAVE	Adel, IA	M	44	26:08.8	8:26
307	1190	MCGRATH, MARK	Des Moines, IA	M	55	26:11.9	8:27
308	12478	KNOWLES, AARON	Urbandale, IA	M	22	26:11.9	8:27
309	13810	HUNDLING, PHIL	Newton, IA	M	29	26:12.4	8:27
310	15115	GALECKI, JAMES	Johnston, IA	M	36	26:13.4	8:28
311	5990	WILSON, ROGER	West Des Moines, IA	M	48	26:15.2	8:28
312	10236	NILAND, BRENT	West Des Moines, IA	M	43	26:19.8	8:30
313	13812	JOHNSON, SCOTT	Johnston, IA	M	41	26:20.2	8:30
314	11063	DOCKUM, GREGORY	Urbandale, IA	M	44	26:20.8	8:30
315	1000	MULERT, STEVE	Ankeny, IA	M	48	26:21.2	8:30
316	6502	SMITH, EARL	Des Moines, IA	M	55	26:22.0	8:30
317	2381	WALTER, ERIC	Johnston, IA	M	14	26:22.5	8:31
318	12424	OBERG, PONTUS	Des Moines, IA	M	30	26:22.7	8:31
319	15439	CORNELSEN, GEOFFREY D.	BAD ZIPCODE, XX	M	99	26:23.4	8:31
320	2380	WALTER, JR., DAVID	Johnston, IA	M	45	26:23.5	8:31
321	12738	ANDERSON, CODY	Urbandale, IA	M	12	26:24.0	8:31
322	12737	ANDERSON, STEVEN	Urbandale, IA	M	43	26:24.7	8:31
323	13179	SCHOONDYKE, JEFFREY	Des Moines, IA	M	99	26:25.8	8:32
324	8752	BILLINGSLEY, STEVE	Des Moines, IA	M	31	26:26.6	8:32
325	14275	FEE, JERRY	Melcher, IA	M	53	26:27.6	8:32
326	2514	MELCO, BRIAN	West Des Moines, IA	M	31	26:28.6	8:32
327	13490	ORTIZ, MARK	West Des Moines, IA	M	30	26:28.9	8:33
328	1811	DEVICK, TIM	Urbandale, IA	M	54	26:31.3	8:33
329	12847	OLDENKAMP, DALE	Huxley, IA	M	37	26:32.0	8:34
330	4395	MCMAHAN, CHRISTOPHER	Des Moines, IA	M	21	26:32.9	8:34
331	5027	SAUNDERS, JOHN	Urbandale, IA	M	40	26:35.1	8:35
332	15094	BIRCHEM, TRAVIS	Des Moines, IA	M	21	26:36.6	8:35
333	5747	PETERSON, JAMIE	Ankeny, IA	M	34	26:38.1	8:36
334	10133	STRIEGEL, BEN	Des Moines, IA	M	24	26:43.1	8:37
335	7770	BOSWELL, JOE	Ankeny, IA	M	22	26:43.8	8:37
336	10269	BUBECK, DAVID	Grimes, IA	M	41	26:45.7	8:38
337	4042	SHARPE, JEFF	West Des Moines, IA	M	35	26:45.7	8:38
338	15236	COLLINS, KYLE	Clive, IA	M	29	26:46.0	8:38
339	8451	HORSMAN, BRETT	Pleasantville, IA	M	17	26:47.0	8:38
340	4413	KIENE, DANA	Ankeny, IA	M	31	26:47.1	8:38
341	10607	HUGGINS, ERIC	Lees Summit, MO	M	30	26:47.1	8:38
342	14078	WINDSOR, JAMES	Des Moines, IA	M	45	26:47.5	8:39
343	5986	TIMMONS, STEVE	Polk City, IA	M	44	26:48.0	8:39
344	14392	LAMB, MICHAEL	Ames, IA	M	38	26:48.3	8:39
345	2104	DOERING, JAKE	Indianola, IA	M	18	26:49.6	8:39
346	5510	MORAN, JOHN	Story City, IA	M	47	26:50.8	8:40
347	14390	ADAMO, JOEL	BAD ZIPCODE, XX	M	99	26:51.4	8:40
348	1129	ANDERSEN, DAN	Ankeny, IA	M	11	26:51.4	8:40
349	1728	WICKMAN, RON	Kellogg, IA	M	60	26:52.9	8:40
350	4200	RAVER, BRIAN	Altoona, IA	M	25	26:53.1	8:40
351	10907	LARSON, DAN	Urbandale, IA	M	37	26:54.3	8:41
352	8504	MEENAGH, JIM	Cumming, IA	M	51	26:56.0	8:41
353	4359	MCCOY, MARK	West Des Moines, IA	M	48	26:56.7	8:42
354	1748	SINGER, JEREMY	Ames, IA	M	36	26:56.7	8:42

# 2004 Race for Cure

## Women's and Men's 5K

### Overall Men Results

<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
355	2937	HALVERSON, JOHN	Waukee, IA	M	32	26:57.2	8:42
356	1953	HANSELL, TOM	Ankeny, IA	M	18	26:58.3	8:42
357	14098	NEWKIRK, JOHN	Des Moines, IA	M	36	26:59.5	8:42
358	9245	NGUYEN, TAN	Des Moines, IA	M	30	27:00.6	8:43
359	1003	PARKER, SCOTT	Altoona, IA	M	41	27:01.8	8:43
360	7044	VILMONT, PAT	Des Moines, IA	M	30	27:03.4	8:44
361	15065	BIERWAGEN, DEAN	Ames, IA	M	44	27:03.9	8:44
362	11458	CARLSON, MIKE	Winterset, IA	M	52	27:04.0	8:44
363	13238	ABENDSCHEIN, DAVID	West Des Moines, IA	M	26	27:04.2	8:44
364	1951	HANSELL, ROBERT	Ankeny, IA	M	45	27:05.1	8:44
365	12506	JONES, TED	Bondurant, IA	M	36	27:06.9	8:45
366	6149	SNYDER, STEVE	Ankeny, IA	M	36	27:09.1	8:46
367	1994	MCQUINN, MATT	Ames, IA	M	22	27:09.8	8:46
368	12577	PONCE, BRENT	Ames, IA	M	25	27:12.6	8:47
369	13456	GALLAGHER, PAM	Ankeny, IA	M	99	27:15.5	8:48
370	7885	STARK, DAVID	Des Moines, IA	M	33	27:16.9	8:48
371	13455	GALLAGHER, DUNCAN	Ankeny, IA	M	45	27:17.8	8:48
372	5850	HUSS, DENNIS	Des Moines, IA	M	47	27:18.1	8:48
373	13457	HENKELS, JOSEPH	Granger, IA	M	44	27:19.3	8:49
374	8094	FOUTCH, JAKE	Johnston, IA	M	11	27:20.1	8:49
375	15116	SCAGLIONE, MARTIN	Kellogg, IA	M	46	27:20.4	8:49
376	14344	PRIES, SCOTT	Ankeny, IA	M	36	27:21.5	8:50
377	6597	MATHIS, JOHN	West Des Moines, IA	M	58	27:23.0	8:50
378	712	NORDBY, MATT	West Des Moines, IA	M	25	27:23.1	8:50
379	10939	PEDDY, DON	Ankeny, IA	M	45	27:23.6	8:50
380	10135	SEVIER, JOSH	Waterloo, IA	M	23	27:29.9	8:52
381	5156	SCHPEPMANN, ALEX	West Des Moines, IA	M	12	27:31.9	8:53
382	623	SPELLMAN, JAMIE	Urbandale, IA	M	39	27:32.2	8:53
383	14119	FRANKLIN, JEREMY	West Des Moines, IA	M	13	27:32.2	8:53
384	4853	LOSS, BRENT	Urbandale, IA	M	23	27:32.5	8:53
385	15200	GARDNER, JOHN	BAD ZIPCODE, XX	M	14	27:33.8	8:54
386	866	KENNEDY, WILLIAM	Ankeny, IA	M	57	27:34.9	8:54
387	13175	MINGLES, MARK	Des Moines, IA	M	34	27:35.1	8:54
388	7080	LICHTY, CLAYTON	Ankeny, IA	M	27	27:35.5	8:54
389	11341	LANG, TOM	Ankeny, IA	M	46	27:35.6	8:54
390	3217	COX, DONALD	West Des Moines, IA	M	50	27:36.6	8:54
391	6005	WEDDELL, RAYMOND	Urbandale, IA	M	46	27:42.3	8:56
392	14243	KREKEL, THOMAS	Des Moines, IA	M	45	27:43.6	8:57
393	15129	NOLL, JOHN	Clive, IA	M	42	27:44.9	8:57
394	13698	WEBB, STEVEN H	Indianola, IA	M	44	27:54.6	9:00
395	465	GUTSCHENRITTER, TODD	West Des Moines, IA	M	13	27:58.4	9:01
396	2571	WILLIAMS, SCOTT	Indianola, IA	M	21	28:01.2	9:02
397	3950	THOMPSON, MATTHEW	Des Moines, IA	M	32	28:06.6	9:04
398	9437	MOORLACH, JOHN	Indianola, IA	M	41	28:08.1	9:05
399	12006	CULLINS, MATT	Ankeny, IA	M	40	28:08.5	9:05
400	2350	MARMON, BOB	Urbandale, IA	M	46	28:09.5	9:05
401	12248	JOHNSON, JON	Dallas Center, IA	M	35	28:10.9	9:05
402	1944	BARRY, JOSEPH	Adel, IA	M	36	28:11.9	9:06
403	15387	WILSON, KELLY	Urbandale, IA	M	99	28:12.7	9:06
404	6619	HALL, JAMES	Indianola, IA	M	23	28:13.6	9:06
405	699	JACOBUS, DALTON	Des Moines, IA	M	13	28:14.4	9:07
406	9742	HASSEBROEK, PAUL	Des Moines, IA	M	26	28:15.6	9:07
407	14008	CHANDLER, STEVE	Urbandale, IA	M	50	28:16.9	9:07
408	3182	HOWE, AUSTIN	Clive, IA	M	10	28:18.4	9:08
409	13807	KUHL, CHAD	West Des Moines, IA	M	27	28:19.0	9:08
410	2730	TYSKLIND, BRAYDON	West Des Moines, IA	M	10	28:19.2	9:08
411	8024	DICKERSON, BOB	West Des Moines, IA	M	43	28:19.5	9:08
412	3894	BARTELS, RILEY	Altoona, IA	M	12	28:19.6	9:08
413	5907	NGUYEN, VU	West Des Moines, IA	M	30	28:22.2	9:09

# 2004 Race for Cure

## Women's and Men's 5K

### Overall Men Results

<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
414	7193	STOLTENOW, PETE	West Des Moines, IA	M	23	28:22.4	9:09
415	8812	STOREY, LUCAS	Altoona, IA	M	24	28:22.6	9:09
416	3734	CRUZ, RJ	Prairie City, IA	M	15	28:25.6	9:10
417	13769	GOEDKEN, JOHN	Des Moines, IA	M	36	28:26.5	9:11
418	9646	BROWN, CHRIS	Saint Charles, IA	M	31	28:27.2	9:11
419	15290	HALL, TODD	Adel, IA	M	36	28:30.2	9:12
420	2975	JONES, MIKE	Ames, IA	M	19	28:34.4	9:13
421	5412	KUHNS, JEFF	Omaha, NE	M	37	28:34.5	9:13
422	4394	SABOE, JOSH	Des Moines, IA	M	25	28:35.7	9:13
423	6617	HALL, TODD	Lacona, IA	M	26	28:37.4	9:14
424	6704	DOWNS, STEVE	Saint Charles, IA	M	47	28:37.8	9:14
425	13740	WORKMAN, BILL	Johnston, IA	M	42	28:39.4	9:15
426	1575	ELMITT, BRAD	Johnston, IA	M	45	28:40.1	9:15
427	7025	POWELL, JUSTIN	Des Moines, IA	M	26	28:42.0	9:16
428	1514	HARKIN, KENNETH	Johnston, IA	M	38	28:42.9	9:16
429	14116	KOOKEN, DOUG	BAD ZIPCODE, XX	M	34	28:43.8	9:16
430	3072	REED SR, LARRY	Ankeny, IA	M	65	28:44.2	9:16
431	194	MINER, KENNETH	Urbandale, IA	M	57	28:44.5	9:16
432	5554	KERNS, JOSEPH	Johnston, IA	M	52	28:45.1	9:17
433	12187	JOHNSON, RICK	West Des Moines, IA	M	54	28:47.9	9:17
434	3510	ANDERSON, ROBERT	Nevada, IA	M	19	28:56.4	9:20
435	14245	BARR, JOSHUA	Panora, IA	M	14	28:58.0	9:21
436	1780	MCGOWAN, TERRY	Urbandale, IA	M	54	28:59.8	9:21
437	1731	JUFFER, BEN	West Des Moines, IA	M	13	29:00.8	9:22
438	12564	SEIBERLING, JOEL	Ankeny, IA	M	20	29:01.6	9:22
439	1226	TORDBSEN, BEAU	Rochester, MN	M	26	29:02.1	9:22
440	20	HARWOOD, JORGE	Altoona, IA	M	40	29:02.5	9:22
441	12097	HATLING, TIM	Des Moines, IA	M	47	29:02.6	9:22
442	10302	JOHNSON, KEVIN	Carlisle, IA	M	41	29:04.2	9:23
443	9996	PETERSON, DAVID	Ankeny, IA	M	38	29:04.7	9:23
444	9391	MEYER, DUANE	Waukee, IA	M	46	29:06.5	9:23
445	12002	LARAIA, KEVIN	Ankeny, IA	M	40	29:06.6	9:23
446	7396	REED, JOSHUA	Polk City, IA	M	16	29:08.2	9:24
447	12147	O DONNELL, TIM	Des Moines, IA	M	38	29:08.4	9:24
448	4137	SONNENBURG, JOHN	Urbandale, IA	M	50	29:09.1	9:24
449	10129	PLANK, BEN	Polk City, IA	M	30	29:09.7	9:24
450	10222	HAMILTON, PATRICK	BAD ZIPCODE, XX	M	14	29:09.9	9:25
451	5588	WALTERS, BRIAN	Urbandale, IA	M	47	29:11.4	9:25
452	15372	PAULSEN, BRETT	Oskaloosa, IA	M	29	29:12.3	9:25
453	9533	FELDOTTO, CORRIE	Urbandale, IA	M	35	29:14.0	9:26
454	2586	WALTERS, PATRICK	Johnston, IA	M	53	29:14.7	9:26
455	4245	PAVON, MIKE	PLEASNAT HILL,	M	36	29:16.1	9:27
456	15379	WHITEBREST, DIRK	Burnsville, MN	M	24	29:17.9	9:27
457	12130	MCGOLDRICK, STEPHEN	West Des Moines, IA	M	36	29:18.9	9:27
458	9712	GAEDE, MICHAEL	BAD ZIPCODE, XX	M	99	29:19.3	9:28
459	13831	LINDE, JERRY	Ankeny, IA	M	50	29:20.3	9:28
460	2870	LUDWICK, MARK	Ankeny, IA	M	31	29:20.8	9:28
461	2511	VAN LANDSCHOOT, MARK	Urbandale, IA	M	34	29:22.4	9:29
462	2628	OWENSON, CHRIS	Des Moines, IA	M	41	29:22.7	9:29
463	6268	CHENEY, ROD	West Des Moines, IA	M	42	29:27.5	9:30
464	4232	BOCK, SCOTT	Johnston, IA	M	41	29:28.6	9:31
465	7039	HEEREN, DAVID	Clive, IA	M	44	29:35.1	9:33
466	13374	VOGELAAR, JOHN	Urbandale, IA	M	31	29:37.9	9:34
467	10738	ALLISON, DAVID	Des Moines, IA	M	47	29:38.1	9:34
468	2375	CHESNUT, MIKE	Urbandale, IA	M	25	29:41.2	9:35
469	1616	AUGUST, JOSH	West Des Moines, IA	M	22	29:42.2	9:35
470	5929	BURROUGHS, RICK	Des Moines, IA	M	32	29:43.2	9:35
471	15480	SUSANIN, SAM	Des Moines, IA	M	13	29:46.4	9:36
472	5970	COLEMAN, CHRIS	West Des Moines, IA	M	27	29:46.5	9:36

# 2004 Race for Cure

## Women's and Men's 5K

### Overall Men Results

Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile
473	7729	KNAPP, PETER	Des Moines, IA	M	31	29:47.3	9:37
474	14025	RASMUSSEN, EUGENE	Ankeny, IA	M	57	29:47.9	9:37
475	9790	FOSTER, RANDY	Clive, IA	M	46	29:48.0	9:37
476	13757	SUTTER, JOHN	BAD ZIPCODE, XX	M	99	29:48.2	9:37
477	4607	OVERMAN, BEN	West Des Moines, IA	M	28	29:49.7	9:37
478	9965	ARNDT, MIKE	Norwalk, IA	M	46	29:50.4	9:38
479	7728	BARLOW, ERIC	West Des Moines, IA	M	31	29:51.4	9:38
480	13166	KELL, BRENT	Urbandale, IA	M	28	29:52.8	9:38
481	8255	HIATT, BRAD	Ankeny, IA	M	35	29:54.5	9:39
482	11485	SINN, RON	Bondurant, IA	M	63	29:54.8	9:39
483	1046	SUTTER, JIM	Urbandale, IA	M	31	29:54.9	9:39
484	508	RICHARDS, JAMES	Johnston, IA	M	45	29:55.6	9:39
485	6436	STRATE, ERNIE	Des Moines, IA	M	33	29:57.1	9:40
486	13705	STEENHOEK, MIKE	Des Moines, IA	M	31	29:57.4	9:40
487	13707	GRASSLEY, CHARLES	Cedar Falls, IA	M	71	29:58.2	9:40
488	1922	RICHTSMEIER, GARRY	Johnston, IA	M	49	29:58.7	9:40
489	455	WALLS, KEVIN	West Des Moines, IA	M	19	29:59.5	9:41
490	128	CARLSON, ROBERT	West Des Moines, IA	M	31	30:00.1	9:41
491	2783	GILL, SAM	Norwalk, IA	M	53	30:02.5	9:41
492	8461	METCALF, BOB	Johnston, IA	M	50	30:03.4	9:42
493	13967	MANDSAGER, NEIL	Johnston, IA	M	48	30:05.2	9:42
494	611	CARTWRIGHT, PAUL	Urbandale, IA	M	62	30:06.9	9:43
495	14094	DABICK, JEFF	BAD ZIPCODE, XX	M	41	30:07.2	9:43
496	789	DRAEGER, TRACY	Des Moines, IA	M	32	30:08.1	9:43
497	8505	MEENAGH, RYAN	Cumming, IA	M	16	30:09.4	9:44
498	14095	DAVICK, JORDAN	BAD ZIPCODE, XX	M	14	30:11.1	9:44
499	9078	DONNELLY, DENNY	West Des Moines, IA	M	43	30:11.1	9:44
500	13641	SANDERS, DALLAS	Des Moines, IA	M	29	30:14.9	9:45
501	4727	SCOTT, BRIAN	PLEASNAT HILL,	M	29	30:17.4	9:46
502	2362	MAURATH, TROY	Ankeny, IA	M	29	30:17.4	9:46
503	7205	ADEN, JEFF	Des Moines, IA	M	54	30:18.5	9:47
504	9463	VILSACK, JESS	Des Moines, IA	M	27	30:18.8	9:47
505	2199	DAVISON, KENT	Des Moines, IA	M	46	30:19.6	9:47
506	6979	GREENE, STEVEN E	Deep River, IA	M	20	30:25.6	9:49
507	6631	NELSON, BRAD	Saint Charles, IA	M	35	30:26.4	9:49
508	14422	MORIARITY, PAT	BAD ZIPCODE, XX	M	99	30:29.0	9:50
509	1128	ANDERSEN, ROGER	Ankeny, IA	M	49	30:29.2	9:50
510	3638	UNFER, ROBERT	West Des Moines, IA	M	44	30:30.9	9:51
511	3634	COWAN, MARK	Des Moines, IA	M	99	30:31.7	9:51
512	4062	JENSEN, TOM	Ankeny, IA	M	40	30:34.3	9:52
513	10689	PIEPER, MIKE	Hopkins, MN	M	23	30:36.2	9:52
514	3759	COONAN, MIKE	Ankeny, IA	M	34	30:38.7	9:53
515	292	FLUGUM, MIKE	Forest City, IA	M	32	30:39.7	9:53
516	12404	LEMOINE, ELIAS	Clinton Township,	M	23	30:43.4	9:55
517	1306	DIMMER, JEFF	Des Moines, IA	M	29	30:43.9	9:55
518	10788	MEYER, T.A.	Johnston, IA	M	52	30:44.3	9:55
519	12377	SCAPANSKI, PATRICK	Clive, IA	M	21	30:44.8	9:55
520	6946	GRANNES, DANA	Des Moines, IA	M	36	30:46.0	9:56
521	2885	SCHWARTZ, PAUL	West Des Moines, IA	M	53	30:48.7	9:56
522	14370	JONES, RYAN	Coralville, IA	M	29	30:49.8	9:57
523	14112	COX, BEN	Des Moines, IA	M	13	30:51.1	9:57
524	12892	SHIPLEY, ANDREW	West Des Moines, IA	M	37	30:52.5	9:58
525	10427	BRUNKHORST, LUKE	Marshalltown, IA	M	23	30:52.8	9:58
526	4839	STEINKAMP, SHAWN	Des Moines, IA	M	33	30:53.8	9:58
527	8519	KLOPFENSTEIN, JEFF	Des Moines, IA	M	42	30:54.0	9:58
528	12891	SHIPLEY, ADAM	West Des Moines, IA	M	11	30:54.7	9:58
529	12418	THOMPSON, STAN	Des Moines, IA	M	44	30:55.2	9:58
530	10937	PEDDY, RYAN	Ankeny, IA	M	15	30:55.3	9:59
531	2092	RUSSELL, JAMES	Des Moines, IA	M	37	30:57.1	9:59

# 2004 Race for Cure

## Women's and Men's 5K

### Overall Men Results

<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
532	13369	KOOKER, MIKE	Altoona, IA	M	36	31:00.5	10:00
533	10110	GOOLSBY, SCOTT	Ely, IA	M	45	31:01.5	10:00
534	4207	HOHL, AARON	Des Moines, IA	M	30	31:01.5	10:01
535	15137	HELLMICK, RICK	Ames, IA	M	49	31:03.6	10:01
536	13412	JOHNSON, PAUL	Ankeny, IA	M	32	31:05.0	10:02
537	3150	REEDER, KIRK	Ankeny, IA	M	44	31:05.2	10:02
538	7884	ZAHM, LARRY	Des Moines, IA	M	48	31:06.5	10:02
539	13445	TRENTLY, BOB	Urbandale, IA	M	38	31:06.7	10:02
540	2091	RUSSELL, MATTHEW	Des Moines, IA	M	10	31:07.0	10:02
541	3666	BRUNER, BARRY	West Des Moines, IA	M	30	31:07.4	10:02
542	14270	MEYER, JEFF	Johnston, IA	M	20	31:08.3	10:03
543	15136	THOMPSON, NICK	DES MOINES, IA	M	14	31:09.8	10:03
544	11532	BLISS, MARK	Des Moines, IA	M	27	31:10.8	10:03
545	13708	GRASSLEY, JASON	Nevada, IA	M	27	31:11.5	10:04
546	5114	DIGMAN, MATTHEW	West Des Moines, IA	M	11	31:11.9	10:04
547	1198	JUDISCH, DONALD	Clive, IA	M	67	31:15.3	10:05
548	8819	STRONCK, JOHN	Ames, IA	M	28	31:18.3	10:06
549	11971	HELM, GARY	Altoona, IA	M	37	31:18.6	10:06
550	14428	SCHWARTZ, ADAM	Urbandale, IA	M	13	31:19.5	10:06
551	1597	JACOBSEN, JIM	Winterset, IA	M	39	31:20.3	10:07
552	2004	HALLAM, ARNOLD	Ames, IA	M	50	31:22.4	10:07
553	11446	SWALLOW, WESLEY	Waukee, IA	M	48	31:24.2	10:08
554	1150	BALL, DAVID	Waukee, IA	M	37	31:25.0	10:08
555	4021	MORAN, PATRICK	Des Moines, IA	M	59	31:25.2	10:08
556	3824	FERRISS, LARRY	Johnston, IA	M	22	31:28.5	10:09
557	13666	DECKER, SCOTT	Des Moines, IA	M	30	31:34.1	10:11
558	14143	BOTT, SAM	Clive, IA	M	7	31:35.5	10:11
559	927	WRIGHT, JUSTIN	Des Moines, IA	M	25	31:39.8	10:13
560	12004	LONG, ERIC	Ankeny, IA	M	33	31:41.4	10:13
561	4251	TERNUS, GARY	Ankeny, IA	M	59	31:43.8	10:14
562	13529	MAHARRY, COLE	Des Moines, IA	M	10	31:44.8	10:14
563	2944	ALLER, BRAD	West Des Moines, IA	M	32	31:46.7	10:15
564	3248	OGAWA, EARL	Ames, IA	M	70	31:48.1	10:16
565	9166	DEBROWER, KYLE	PLEASNAT HILL,	M	35	31:48.4	10:16
566	13144	COURTNEY, BILL	Des Moines, IA	M	45	31:50.7	10:16
567	3266	O'DANIELS, GARY	Creston, IA	M	62	31:55.0	10:18
568	5375	AMAN JR, DAVID	Des Moines, IA	M	45	31:55.6	10:18
569	2929	MOORE, ERIC	Ankeny, IA	M	33	31:55.9	10:18
570	10553	WALLACE, WILLIAM	Clive, IA	M	57	31:56.0	10:18
571	14248	LIGGETT, DWIGHT	Urbandale, IA	M	67	31:57.1	10:18
572	9732	MILLER, JON	Newton, IA	M	26	31:57.7	10:19
573	2735	STANGER, DOUG	West Des Moines, IA	M	35	32:01.2	10:20
574	3455	ROSKAMP, BRIAN	Johnston, IA	M	40	32:01.7	10:20
575	5176	SCOTT, MICHAEL	West Des Moines, IA	M	13	32:03.1	10:20
576	2160	PERRY, MICHAEL	West Des Moines, IA	M	38	32:04.4	10:21
577	13735	RUFF, AARON	Ankeny, IA	M	25	32:04.6	10:21
578	13938	FARSALAS, JIM	Grimes, IA	M	32	32:06.4	10:21
579	1595	KRAMER, RANDY	West Des Moines, IA	M	40	32:08.3	10:22
580	13573	EGLI, JEFF	Ankeny, IA	M	47	32:08.4	10:22
581	5062	MCDERMOTT, JUSTIN	West Des Moines, IA	M	23	32:10.5	10:23
582	8093	FOUTCH, SHAWN	Johnston, IA	M	40	32:12.1	10:23
583	13414	BROCK, DENNY	Ankeny, IA	M	52	32:12.9	10:24
584	14064	ROGERS, BRAD	Altoona, IA	M	36	32:15.6	10:24
585	1025	PRINE, TED	Des Moines, IA	M	52	32:17.9	10:25
586	2504	ENGBRETSON, COREY	Johnston, IA	M	34	32:27.4	10:28
587	9726	WELLS, MATT	Ames, IA	M	23	32:27.8	10:28
588	8601	COLLUM, BRADLEY	Oskaloosa, IA	M	33	32:29.8	10:29
589	307	MILBURN, DAVE	Johnston, IA	M	51	32:30.1	10:29
590	14247	MCBRIAN, JIM	Des Moines, IA	M	53	32:31.1	10:29

# 2004 Race for Cure

## Women's and Men's 5K

### Overall Men Results

Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile
591	15135	BURMINIA, CASEY	WAUKEE, IA	M	15	32:31.6	10:30
592	14192	JENSEN, DANNY	Murray, IA	M	49	32:31.8	10:30
593	8600	SCHMIDT, MATT	Des Moines, IA	M	34	32:35.3	10:31
594	13385	CULBERTSON, SEAN	Colfax, IA	M	36	32:35.5	10:31
595	4699	FLACK, ADAM	West Des Moines, IA	M	24	32:37.8	10:32
596	2554	KAHL, ANDREW	Des Moines, IA	M	40	32:39.2	10:32
597	4109	WADDINGHAM, JOHN	Iowa City, IA	M	22	32:39.7	10:32
598	10735	BARR, TOM	Panora, IA	M	40	32:44.0	10:34
599	14200	SELINGER, PETER	Urbandale, IA	M	11	32:45.1	10:34
600	3044	TILLEY, HOGAN	West Des Moines, IA	M	11	32:47.1	10:35
601	97	TILLEY, KEVIN	West Des Moines, IA	M	37	32:49.0	10:35
602	14163	POWELL, STEVE	West Des Moines, IA	M	22	32:54.9	10:37
603	13248	BURCH, JOE	West Des Moines, IA	M	23	32:55.2	10:37
604	7735	HAGENOW, CHRIS	Urbandale, IA	M	32	32:58.2	10:38
605	4247	BECKMAN, TROY	PLEASNAT HILL,	M	36	33:00.2	10:39
606	1746	EVERS, STAN	Urbandale, IA	M	57	33:00.7	10:39
607	6027	MORZ, WALTER	Ames, IA	M	54	33:01.8	10:39
608	5809	SMITH, CALEB	Urbandale, IA	M	25	33:02.0	10:39
609	4693	BALIGNASAY, MANNI	West Des Moines, IA	M	25	33:02.7	10:40
610	4968	WELTER, MIKE	Ames, IA	M	45	33:07.7	10:41
611	10651	WAITE, DAN	Le Grand, IA	M	56	33:08.0	10:41
612	6947	WATSON, TYLER	Des Moines, IA	M	14	33:11.4	10:42
613	12547	SHARP, DAN	Ames, IA	M	25	33:15.9	10:44
614	5599	SHKOLNICK, STUART	Clive, IA	M	44	33:17.6	10:44
615	851	ROSENBERG, DANIEL	Des Moines, IA	M	48	33:19.0	10:45
616	10035	SUNDHOLM, JACOB	Norwalk, IA	M	8	33:21.3	10:46
617	3201	OSBORN, ZACH	Birmingham, AL	M	27	33:23.9	10:46
618	9477	SEATON, BRYAN	BAD ZIPCODE, XX	M	34	33:31.6	10:49
619	13869	BLAKE, MARK	Polk City, IA	M	44	33:35.9	10:50
620	2123	SANDHOLM, BRYAN	Des Moines, IA	M	25	33:37.2	10:51
621	13162	HANNAM, RYAN	Des Moines, IA	M	29	33:38.3	10:51
622	8831	TREWYN, BRIAN	Ames, IA	M	28	33:38.7	10:51
623	6603	STEGER, TIM	PLEASNAT HILL,	M	27	33:40.1	10:52
624	13159	KRAMBECK, BEN	Des Moines, IA	M	29	33:40.3	10:52
625	10145	REINDERS, STEVE	Des Moines, IA	M	32	33:42.1	10:52
626	3805	KRATZ, GORDON	Urbandale, IA	M	41	33:43.3	10:53
627	4976	HANSEN, STEVE	Atlantic, IA	M	44	33:48.1	10:54
628	659	TUTTLE, THOMAS	Johnston, IA	M	45	33:52.9	10:56
629	4876	LINSLEY, STEPHEN	Knoxville, IA	M	39	33:54.0	10:56
630	10998	LARSEN, DREW	Urbandale, IA	M	19	33:55.6	10:57
631	14033	CARNEY, SCOTT	Des Moines, IA	M	34	33:56.6	10:57
632	300	BILLIET, BRADY	Decorah, IA	M	17	33:56.8	10:57
633	8020	MC INTYRE, JIM	Urbandale, IA	M	44	34:02.4	10:59
634	9893	JOHNSON, BRANDON	Indianola, IA	M	10	34:03.3	10:59
635	9892	JOHNSON, NATHANIEL	Indianola, IA	M	10	34:04.0	10:59
636	10578	SINCLAIR, CORY	Indianola, IA	M	30	34:10.2	11:01
637	11494	SELANDER, TOM	Des Moines, IA	M	54	34:12.3	11:02
638	12552	KING, RICH	Boone, IA	M	40	34:20.2	11:05
639	8481	DEAN, TOM	Johnston, IA	M	37	34:21.4	11:05
640	9876	MC CONNELL, JAMES	Indianola, IA	M	10	34:21.6	11:05
641	9761	HEMESATH, CHRIS	Des Moines, IA	M	25	34:22.5	11:05
642	5046	HARRIS, SAM	Ankeny, IA	M	11	34:23.9	11:06
643	5786	SUTTER, JIM	West Des Moines, IA	M	46	34:25.1	11:06
644	614	HINDERAKER, BRANDON	Des Moines, IA	M	31	34:28.6	11:07
645	477	VEEDER, DAVID	Des Moines, IA	M	64	34:29.8	11:08
646	3648	MUEHR, BEN	Cumming, IA	M	27	34:31.3	11:08
647	12591	TUINSTRAN, JUSTIN	Des Moines, IA	M	22	34:32.0	11:08
648	6321	HOLLANDER, MARC	Des Moines, IA	M	30	34:34.6	11:09
649	13587	HALL, MIKE	Clive, IA	M	34	34:35.9	11:10

# 2004 Race for Cure

## Women's and Men's 5K

### Overall Men Results

Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile
650	5436	ANDEWEG, ROBERT	Urbandale, IA	M	42	34:40.6	11:11
651	2784	GILL, AUSTIN	Norwalk, IA	M	25	34:45.4	11:13
652	10156	WEI, BRIAN	Des Moines, IA	M	31	34:46.7	11:13
653	13168	O'NEAL, SHAY	Ankeny, IA	M	29	34:47.9	11:14
654	7204	COVILL, LAURA	Des Moines, IA	M	47	34:48.0	11:14
655	14416	PAPAKEE, RUDY	Tama, IA	M	29	34:50.4	11:14
656	4124	JOHANSEN, BOB	Ankeny, IA	M	64	34:50.7	11:14
657	1807	HOY, DANIEL	West Des Moines, IA	M	47	34:56.7	11:16
658	2600	KUNERT, MITCH	Ankeny, IA	M	25	34:58.7	11:17
659	3972	AMJED, NUVEEN	Clive, IA	M	28	34:59.4	11:17
660	920	SMITH, MAURICE	Des Moines, IA	M	68	35:08.0	11:20
661	3416	DUBOIS, DAVID	Des Moines, IA	M	39	35:10.2	11:21
662	14090	EILANDER, DARRIN	Ankeny, IA	M	37	35:15.9	11:23
663	5833	BREESE, CHERYL	Des Moines, IA	M	50	35:17.4	11:23
664	1839	BALK, VERN	Ankeny, IA	M	63	35:17.6	11:23
665	4287	KNOLL, CHRIS	Grimes, IA	M	20	35:23.3	11:25
666	9753	PARKEY, JERMAINE	Des Moines, IA	M	31	35:23.7	11:25
667	8507	GEE, RON	West Des Moines, IA	M	40	35:31.5	11:28
668	14050	CARMICHAEL, SHAWN	BAD ZIPCODE, XX	M	31	35:39.8	11:30
669	5031	JACKSON, RYAN	Fond du Lac, WI	M	27	36:08.7	11:40
670	4656	POOTS, PRESTON	Huxley, IA	M	12	36:14.4	11:41
671	10600	PATTERSON, SHELBY	Colo, IA	M	16	36:18.4	11:43
672	12142	HEDDINGER, GEORGE	West Des Moines, IA	M	70	36:22.0	11:44
673	4562	BRUNSDALE, JOHN	Fargo, ND	M	23	36:23.1	11:44
674	12138	WELLMAN, JOE	West Des Moines, IA	M	10	36:24.7	11:45
675	14300	NIELSEN, JACOB	Des Moines, IA	M	11	36:26.2	11:45
676	14301	BECKER, COLEMAN	Des Moines, IA	M	12	36:27.3	11:46
677	15051	GODWIN, MICHAEL	Earlham, IA	M	15	36:31.1	11:47
678	12713	LONG, DUANE	Urbandale, IA	M	60	36:44.2	11:51
679	14160	BOGSETH, KURT	Ankeny, IA	M	26	36:44.7	11:51
680	265	ANDERSON, LEN	Urbandale, IA	M	57	36:50.7	11:53
681	5802	MCCONKEY, DAVID	Ankeny, IA	M	66	37:00.8	11:56
682	4619	THONGVANH, MANA	Urbandale, IA	M	30	37:04.4	11:58
683	3996	AMES, STEVE	West Des Moines, IA	M	45	37:04.9	11:58
684	11844	SELINGER, JOHN	Urbandale, IA	M	45	37:07.2	11:58
685	10895	HAGEDORN, JOSHUA	Des Moines, IA	M	7	37:08.7	11:59
686	13880	POPKEN, JEFF	Norwalk, IA	M	28	37:20.2	12:03
687	7752	HOLT, ADAM	Urbandale, IA	M	25	37:23.7	12:04
688	74	HUBBARD, DWIGHT	Waukee, IA	M	37	37:33.4	12:07
689	10688	MASON, JEFFREY	Colo, IA	M	36	37:38.3	12:08
690	7972	PENCE, BRIAN	Des Moines, IA	M	41	37:40.2	12:09
691	9526	GUESSFORD, TOM	Norwalk, IA	M	40	37:42.5	12:10
692	807	HICKEN, JOHN	Malcolm, NE	M	44	37:44.0	12:10
693	12850	POLLPETER, KENT	Des Moines, IA	M	37	37:45.6	12:11
694	4007	BLACK, PAUL	Des Moines, IA	M	55	37:57.0	12:15
695	10128	SEVIER, MATT	West Des Moines, IA	M	32	37:58.0	12:15
696	2265	SCHWARTZ, WAYNE	West Des Moines, IA	M	29	38:06.4	12:18
697	3029	MCMILLEN, ORIN	Waukee, IA	M	14	38:12.8	12:20
698	12405	MURPHY, THOMAS	Des Moines, IA	M	23	38:14.8	12:20
699	4341	BATCHER, SCOTT	West Des Moines, IA	M	49	38:14.9	12:20
700	15453	REITER, MATT	West Des Moines, IA	M	26	38:21.3	12:22
701	15475	LEEDER, CHAD	West Des Moines, IA	M	25	38:33.6	12:26
702	5125	BARSETTI, JIMMY	West Des Moines, IA	M	11	38:33.6	12:26
703	12333	ULBERG, BARRY	Des Moines, IA	M	49	38:40.8	12:29
704	6978	GREENE, STEVEN J	Deep River, IA	M	43	38:40.9	12:29
705	3689	CUMMINGS, STEVE	Newton, IA	M	32	38:49.0	12:31
706	13505	WILKENSON, BLAKE	Waukee, IA	M	13	38:49.8	12:32
707	11260	MCMILLEN, ZACHARY	Guthrie Center, IA	M	13	38:52.4	12:32
708	4846	KREIBICH, NICK	West Des Moines, IA	M	24	38:54.0	12:33

# 2004 Race for Cure

## Women's and Men's 5K

### Overall Men Results

Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile
709	15127	BURGETT, CONNOR	West Des Moines, IA	M	11	38:58.2	12:34
710	336	GUTHRIE, THOMAS	Norwalk, IA	M	48	39:12.6	12:39
711	13660	POUTRE, CHRIS	Des Moines, IA	M	21	39:13.6	12:39
712	9759	WINCHELL, REX	Altoona, IA	M	51	39:13.6	12:39
713	2076	NEWMAN, MARK	West Des Moines, IA	M	43	39:21.9	12:42
714	13405	AGEY, JACKSON	Des Moines, IA	M	9	39:22.4	12:42
715	15042	TREMBLAY, MAXIME	Ames, IA	M	21	39:28.1	12:44
716	15283	BURGELT, BRIAN	Des Moines, IA	M	33	39:38.9	12:47
717	3806	EKISS, JOSH	Urbandale, IA	M	15	39:45.2	12:49
718	521	RINGGENBERG, DON	Manning, IA	M	65	40:00.6	12:54
719	3960	PARK, ADAM	Ankeny, IA	M	25	40:12.3	12:58
720	10237	ARNOLD, BRIAN	Chariton, IA	M	23	40:36.5	13:06
721	8830	LATHRUM, CHARLES	Bondurant, IA	M	74	41:01.6	13:14
722	700	JACOBUS, NILE	Des Moines, IA	M	11	41:07.9	13:16
723	12546	MORROW, TIM	Ames, IA	M	25	41:31.5	13:24
724	3891	SHAEFFER, TERRY	Altoona, IA	M	60	42:17.8	13:39
725	13957	LEMON, COLE	Clive, IA	M	13	42:35.5	13:44
726	8573	BOSCALJON, ANDREW	Grimes, IA	M	24	42:40.7	13:46
727	4734	FINNERTY, SCOTT	PLEASNAT HILL,	M	49	42:46.0	13:48
728	6344	FELGER, ALEX	Des Moines, IA	M	8	43:04.2	13:54
729	10563	GROTEGUT, CHAD	West Des Moines, IA	M	27	43:25.8	14:01
730	10050	MC GRAIL, DAN	Carlisle, IA	M	54	43:41.5	14:06
731	9176	MUENCHRATH, DAVID	Des Moines, IA	M	27	43:52.3	14:09
732	5089	KRATZ, JIM	West Des Moines, IA	M	69	43:56.3	14:10
733	1695	SIMPSON, HAROLD	Waukee, IA	M	23	44:37.1	14:24
734	5910	NGUYEN, DOC	West Des Moines, IA	M	29	44:38.3	14:24
735	1254	BREHMER, IVAN	Johnston, IA	M	54	44:40.5	14:25
736	13134	DENGLER, JOHN	Iowa City, IA	M	22	44:48.0	14:27
737	15098	HUFFMAN, TONY	Stockport, IA	M	46	44:49.6	14:28
738	15076	SCHRECK, ANDY	Urbandale, IA	M	24	44:51.7	14:28
739	10598	PATTERSON, BILL	Colo, IA	M	48	44:52.3	14:29
740	5193	SULLIVAN, KELLY	West Des Moines, IA	M	10	44:54.0	14:29
741	4135	SULLIVAN, DOUG	West Des Moines, IA	M	42	44:55.0	14:29
742	5015	ANDERSON, ROBERT	Ankeny, IA	M	59	44:58.0	14:30
743	4068	BURNETT, ED	Blue Grass, IA	M	58	45:03.8	14:32
744	15222	CANNON, ERIC	Urbandale, IA	M	24	45:04.7	14:32
745	8828	GRUENHAGEN, JASON	Ames, IA	M	26	45:06.2	14:33
746	8487	HIATT, JOHN	Johnston, IA	M	46	45:06.3	14:33
747	13228	SHRADER, JOHN	West Des Moines, IA	M	36	45:10.0	14:34
748	7217	SCOTT, RYAN	Des Moines, IA	M	22	45:11.6	14:35
749	885	DUFFY, JIM	Des Moines, IA	M	64	45:12.6	14:35
750	4833	CARLSON, ROGER	Adel, IA	M	62	45:26.6	14:40
751	15409	KORALIK, JEFF	Mount Prospect, IL	M	22	45:30.7	14:41
752	15257	SINNOTT, SHAUN	Iowa City, IA	M	21	45:36.2	14:43
753	5049	RUDOLPHI, THOMAS	Ames, IA	M	58	45:43.3	14:45
754	15331	HORSCH, ANTHONY	Ankeny, IA	M	39	45:50.9	14:47
755	388	CARSON, JIM	West Des Moines, IA	M	39	45:55.3	14:49
756	2621	RAO, GURU	Urbandale, IA	M	52	46:01.3	14:51
757	14044	REYNOLDS, JIM	Ankeny, IA	M	43	46:03.1	14:51
758	592	HUNTLEY, CHRISTIAN	Grimes, IA	M	21	46:06.9	14:53
759	10999	LEGGETT, TY	West Des Moines, IA	M	36	46:17.9	14:56
760	6780	CASTRO, MILTIN	Perry, IA	M	25	46:41.0	15:04
761	11859	SANDVIG, TIM	Des Moines, IA	M	38	46:44.0	15:05
762	14256	JAMES, LARRY	BAD ZIPCODE, XX	M	56	47:10.6	15:13
763	3781	NELSON, NICK	Des Moines, IA	M	24	47:13.1	15:14
764	10720	SMITH, GLENN	Ankeny, IA	M	61	47:17.2	15:15
765	2275	ORAZEM, STEVE	Des Moines, IA	M	47	47:20.3	15:16
766	8083	WYCH, AARON	Des Moines, IA	M	23	47:29.2	15:19
767	10383	BENOIT, PATRICK	Urbandale, IA	M	41	47:46.8	15:25

**2004 Race for Cure****Women's and Men's 5K****Overall Men Results**

<b>Finish</b>	<b>Tag#</b>	<b>Name</b>	<b>City, State</b>	<b>Sex</b>	<b>Age</b>	<b>Time</b>	<b>Per Mile</b>
768	1136	LENTELL, DAVE	Waukee, IA	M	33	47:49.6	15:26
769	3442	WARDEN, TONY	Clive, IA	M	29	47:56.0	15:28
770	617	KAUFMAN, JOSEPH	Saint Louis, MO	M	32	48:02.0	15:30
771	14324	PIESTER, ANDY	BAD ZIPCODE, XX	M	27	48:17.7	15:35
772	6274	RASMUSSEN, GARY	Ankeny, IA	M	52	48:32.5	15:40
773	2617	BINGMAN, JIM	Madrid, IA	M	57	48:33.3	15:40
774	7361	BORTON, RICHARD	Nevada, IA	M	44	48:34.0	15:40
775	34	JACKS, GARY	Ballwin, MO	M	58	48:36.4	15:41
776	10601	ENGELUEW, BENJAMIN	Indianola, IA	M	16	48:40.8	15:42
777	7214	MONROY, EDWARD	Des Moines, IA	M	23	48:47.5	15:44
778	14106	JENKINS, JIM	Newton, IA	M	55	48:48.7	15:45
779	8791	BEHRENS, ROBERT	West Des Moines, IA	M	34	48:53.1	15:46
780	2709	WHITTINGTON, KIM	Creston, IA	M	34	48:55.6	15:47
781	6793	VINCENT, JOSEPH	Des Moines, IA	M	46	49:00.2	15:48
782	5388	WIDELSKI, DANIEL	West Des Moines, IA	M	61	49:02.3	15:49
783	9504	ALREAD, ADRIAN	Des Moines, IA	M	8	49:03.3	15:49
784	13950	UTKE, RYAN	Des Moines, IA	M	8	49:04.8	15:50
785	4075	ATWOOD, DOUGLAS	Collins, IA	M	49	49:09.8	15:52
786	8139	PATTERSON, STUART	Colfax, IA	M	17	49:22.2	15:56
787	6106	MARSKE, GARY	West Des Moines, IA	M	53	49:32.6	15:59
788	13468	DELVAUX, JEFF	BAD ZIPCODE, XX	M	46	49:34.2	15:59
789	9321	ROACH, THOMAS	Cumming, IA	M	62	49:36.0	16:00
790	5754	GUGE, ETHAN	West Des Moines, IA	M	9	49:36.1	16:00
791	14393	HUYSER, JAMES	Pella, IA	M	54	49:51.8	16:05
792	4076	ATWOOD, JUSTIN	Collins, IA	M	19	49:53.6	16:06
793	1905	WILLIS, ZACH	Colo, IA	M	19	49:56.2	16:07
794	4071	FISHER, RUSS	Des Moines, IA	M	61	49:56.7	16:07
795	13395	PETERSON, DAMON	West Des Moines, IA	M	9	49:57.5	16:07
796	13227	LUCAS, JOSH	West Des Moines, IA	M	24	50:00.0	16:08
797	15038	FERGUSON, DORIA	Des Moines, IA	M	57	50:04.7	16:09
798	15178	GREEAR, MOHLEW	Newton, IA	M	29	50:07.0	16:10
799	8497	MEYERS, JEFFREY	West Des Moines, IA	M	28	50:15.3	16:13
800	8823	STROSAHL, KEN	Mitchellville, IA	M	52	50:22.9	16:15
801	5327	RAHM, CODY	Des Moines, IA	M	7	50:27.5	16:17
802	5349	SMITH, DARRELL	Ankeny, IA	M	52	50:30.0	16:17
803	8405	THORNTON, GARY	Ankeny, IA	M	46	50:32.0	16:18
804	3007	MCCULLOH, JIM	West Des Moines, IA	M	52	50:32.9	16:18
805	5603	BROWN, KIMLENG	Des Moines, IA	M	16	51:01.3	16:28
806	5600	BROWN, DAVID	Des Moines, IA	M	58	51:01.9	16:28
807	6044	LEONARD, ANDREW	Ankeny, IA	M	34	51:06.0	16:29
808	3359	WACHTER, BRADY	West Des Moines, IA	M	28	51:07.8	16:30
809	1242	POWERS, BOB	PLEASNAT HILL,	M	35	51:34.8	16:38
810	7547	WHITNEY, CRAIG	Slater, IA	M	55	51:38.9	16:40
811	2775	TRAEGER, LEVI	West Des Moines, IA	M	27	51:40.7	16:40
812	10433	GREENE, DAVID	Des Moines, IA	M	40	51:46.2	16:42
813	15327	MATIEROCH, MATT	West Des Moines, IA	M	26	51:49.7	16:43
814	14434	WHEELOCK, GREG	Ames, IA	M	13	51:49.8	16:43
815	1966	NEWLANDER, ETHAN	West Des Moines, IA	M	12	51:57.3	16:46
816	2376	HUBBARD, LUKE	Ankeny, IA	M	29	51:59.7	16:46
817	5484	PFANTZ, MICHAEL	West Des Moines, IA	M	52	52:07.2	16:49
818	1664	JONES, JOSHUA	Des Moines, IA	M	28	52:07.6	16:49
819	1363	JACK, THOMAS	Ankeny, IA	M	25	52:08.6	16:49
820	6592	SMITH, RYAN	Saint Charles, IA	M	27	52:12.9	16:51
821	7093	MEIER, JACOB	West Des Moines, IA	M	10	52:13.0	16:51
822	12062	FERRELRA, ULLSSE	PLEASNAT HILL,	M	42	52:28.7	16:56
823	1698	SPRECHER, SID	Des Moines, IA	M	54	52:29.7	16:56
824	1965	NEWLANDER, STEVE	West Des Moines, IA	M	49	52:34.8	16:58
825	1125	MITCHELL, RICHARD	Urbandale, IA	M	46	52:38.0	16:59
826	8179	WHITE, LUCAS	Cooper, IA	M	17	52:48.4	17:02

# 2004 Race for Cure

## Women's and Men's 5K

### Overall Men Results

<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
827	15155	LITWILER, DUSTIN	Ankeny, IA	M	24	52:50.7	17:03
828	12544	KRUSE, SCOTT	Johnston, IA	M	7	52:54.5	17:04
829	8548	LEVENTHAL, DAVID	Des Moines, IA	M	29	52:57.1	17:05
830	2912	KYLE, TORKELSON	West Des Moines, IA	M	13	52:58.0	17:05
831	15267	JOHNSON, MATT	Ankeny, IA	M	16	52:58.5	17:05
832	418	SCHUNK, LARRY	Des Moines, IA	M	61	53:01.9	17:06
833	2452	HOCHMUTH, DENNIS	Mitchellville, IA	M	51	53:05.7	17:08
834	6277	O'KELLEY, KINCH	Ankeny, IA	M	17	53:08.2	17:08
835	6303	COUNTS, DAVID	Ankeny, IA	M	17	53:08.9	17:09
836	1279	RITCHIE, CORWIN	Van Meter, IA	M	59	53:15.5	17:11
837	6108	MARSKE, ALEX	West Des Moines, IA	M	22	53:18.0	17:12
838	1429	VITALE, GREGORY	Ames, IA	M	49	53:21.4	17:13
839	8410	SHORT, DAVID	Urbandale, IA	M	49	53:26.5	17:14
840	4517	KLAVINS, JAMESON	Urbandale, IA	M	12	53:29.0	17:15
841	367	TODD, DAN	West Des Moines, IA	M	51	53:42.4	17:19
842	3064	BERRY, CARL	West Des Moines, IA	M	61	53:43.9	17:20
843	10141	SCHOLTZ, BENJAMIN	Des Moines, IA	M	29	53:44.3	17:20
844	6435	FRANTZ, GARY	Des Moines, IA	M	43	53:48.7	17:22
845	5947	AIELLO, KARLA	Des Moines, IA	M	49	53:50.3	17:22
846	7231	DEJONG, JOE	Grimes, IA	M	27	53:51.3	17:22
847	8546	DARK JR., PAUL	Des Moines, IA	M	29	53:51.6	17:22
848	15204	BLOCK, JACOB	West Des Moines, IA	M	11	53:53.0	17:23
849	10248	HALL, SETH	West Des Moines, IA	M	28	53:53.8	17:23
850	13993	KIZZIER, DAVID	Granger, IA	M	42	53:54.5	17:23
851	4160	SANKEY, MIKE	West Des Moines, IA	M	49	53:54.6	17:23
852	15206	BLOCK, JEFF	West Des Moines, IA	M	43	53:55.0	17:24
853	1673	SPETMAN, SCOTT	Des Moines, IA	M	37	53:58.5	17:25
854	886	O'NEIL, ED	West Des Moines, IA	M	36	54:01.2	17:26
855	4437	STEINBERG, JIM	Urbandale, IA	M	28	54:01.8	17:26
856	4466	BOUGH, DEREK	Des Moines, IA	M	31	54:02.5	17:26
857	7484	BRANDHORST, MARK	Ankeny, IA	M	45	54:10.6	17:29
858	7485	BRANDHORST, DANIEL	Ankeny, IA	M	16	54:11.6	17:29
859	7551	MEYER, DAN	Des Moines, IA	M	23	54:13.0	17:29
860	9082	LARSON, MARK	West Des Moines, IA	M	41	54:13.4	17:29
861	6782	STOUT, STAN	Ankeny, IA	M	22	54:14.9	17:30
862	12781	FERGUS, STEVE	Urbandale, IA	M	33	54:18.5	17:31
863	10119	ROHDEN, JIM	Clive, IA	M	66	54:19.4	17:31
864	10429	GASKILL, BRAD	Marshalltown, IA	M	26	54:20.3	17:32
865	10425	GASKILL, BOB	Marshalltown, IA	M	47	54:22.3	17:32
866	3942	WEILAND, TROY	Johnston, IA	M	33	54:23.8	17:33
867	9073	SQUIRE, RODNEY	Shawnee Mission, KS	M	38	54:34.2	17:36
868	14426	MILLER, ROGER	BAD ZIPCODE, XX	M	99	54:36.3	17:37
869	14515	ISRAEL, HEATH	Des Moines, IA	M	30	54:37.9	17:37
870	9593	JOHNSON, PERRY	Saint Charles, IA	M	58	54:45.6	17:40
871	13846	TRENT, MATT	Ankeny, IA	M	28	54:55.8	17:43
872	3345	HOUSER, MATT	Rochester, MN	M	22	55:00.8	17:45
873	575	FRENCH, CHRIS	Wiota, IA	M	55	55:02.2	17:45
874	7637	BOLEY, MICHAEL	Des Moines, IA	M	11	55:06.4	17:47
875	3845	DOLS, JOE	Des Moines, IA	M	49	55:09.4	17:48
876	3213	BRANT, JOHN	West Des Moines, IA	M	39	55:09.7	17:48
877	4429	WEINSTEIN, JOEL	Urbandale, IA	M	60	55:12.2	17:48
878	4432	BROPHEY, CHUCK	Des Moines, IA	M	12	55:13.0	17:49
879	5292	FARBER, JAN	Clive, IA	M	46	55:19.1	17:51
880	2219	HAMMER, LEE	Ames, IA	M	53	55:19.3	17:51
881	6986	RASMUSSEN, DENNIS	Clive, IA	M	51	55:20.3	17:51
882	3253	REES, BOB	West Des Moines, IA	M	54	55:23.8	17:52
883	2224	PETTIT, TOM	Des Moines, IA	M	35	55:29.0	17:54
884	14402	RIPLEY, STEVE	West Des Moines, IA	M	58	55:29.7	17:54
885	14429	SCHWARTZ, DAVE	Urbandale, IA	M	48	55:42.8	17:58

# 2004 Race for Cure

## Women's and Men's 5K

### Overall Men Results

Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile
886	9657	MCCORMICK, REED	Pleasantville, IA	M	8	55:53.2	18:02
887	3458	RICHARDS, MICHAEL	Indianola, IA	M	58	55:56.9	18:03
888	890	HAYES, CAL	Ankeny, IA	M	55	56:00.3	18:04
889	12059	CAHALAN, STEVE	Urbandale, IA	M	45	56:02.4	18:05
890	14038	BULLARD, RODD	Des Moines, IA	M	46	56:04.7	18:05
891	15027	CLARK, MATTHEW	Minneapolis, MN	M	23	56:07.6	18:06
892	12691	BATES-NORUM, COLE	Des Moines, IA	M	10	56:09.3	18:07
893	7229	GARLAND, PATRICK	Clive, IA	M	28	56:10.6	18:07
894	7376	MITTMAN, ROBERT	Nevada, IA	M	45	56:11.2	18:08
895	1571	TIMMINS, MICHAEL	West Des Moines, IA	M	51	56:25.7	18:12
896	9794	THAM, MARK	West Des Moines, IA	M	55	56:28.4	18:13
897	7706	CROOK, SUE	Newton, IA	M	49	56:35.1	18:15
898	7012	KEUNING, MAX	Prairie City, IA	M	50	56:36.5	18:16
899	3637	TRIPLETT, JEFF	Urbandale, IA	M	13	56:44.2	18:18
900	11248	KRAKAU, NATHAN	Roland, IA	M	15	56:49.8	18:20
901	13333	BACKOUS, KAI	Mason City, IA	M	8	56:50.5	18:20
902	11247	KRAKAU, BILL	Roland, IA	M	41	56:50.9	18:20
903	5892	ALEXANDER, TERRY	Ankeny, IA	M	47	56:51.5	18:21
904	6496	BODINE, FRANK	Ankeny, IA	M	52	56:53.6	18:21
905	8390	HOMMER, RANDY	Indianola, IA	M	30	56:56.8	18:22
906	10796	RIDGELY, CHAD	Urbandale, IA	M	36	57:00.1	18:23
907	1170	MELVOLD, JOHN	Maquoketa, IA	M	49	57:01.4	18:24
908	8662	NEER, MERLIN	Des Moines, IA	M	52	57:05.7	18:25
909	1498	INGRAM, TIM	Des Moines, IA	M	45	57:05.9	18:25
910	4719	BUEHLER, GARY	Clive, IA	M	41	57:11.4	18:27
911	13772	WAGLER, NICK	Clear Lake, IA	M	11	57:15.5	18:28
912	9916	BARNETT, WYATT	Monroe, IA	M	23	57:16.2	18:28
913	7862	BUCKALEW, DOYLE	Alleman, IA	M	47	57:16.8	18:29
914	11947	NOLIN, DANIEL	Des Moines, IA	M	29	57:19.9	18:30
915	9194	READY, DAN	Clive, IA	M	13	57:22.3	18:30
916	13784	LYONS, JOE	West Des Moines, IA	M	13	57:23.3	18:31
917	12943	TABER, JAY	West Des Moines, IA	M	26	57:27.1	18:32
918	5129	LANG, JASON	Clive, IA	M	13	57:27.1	18:32
919	6441	MCCUNE, JOHN	Des Moines, IA	M	56	57:28.9	18:33
920	554	BATES, JEREMY	Des Moines, IA	M	33	57:31.3	18:33
921	3470	SMITH, BRENT	PLEASNAT HILL,	M	27	57:32.4	18:34
922	6532	NOLIN, JAMES	Knoxville, IA	M	27	57:34.6	18:34
923	5337	MILLER, JON	Bondurant, IA	M	44	57:34.6	18:34
924	2171	MILLER, JIM	Maxwell, IA	M	23	57:37.2	18:35
925	7091	BROOKS, RICHARD	Johnston, IA	M	34	57:38.3	18:36
926	8186	OLSON, NATHAN	Des Moines, IA	M	28	57:42.9	18:37
927	15334	JOHNSON, BRAD	Clive, IA	M	99	57:47.9	18:39
928	8726	TACKETT, NATHAN	Urbandale, IA	M	27	57:48.6	18:39
929	4781	RIKER, BOB	Ankeny, IA	M	49	57:49.4	18:39
930	971	INGRAM, JOHN	Ottumwa, IA	M	73	57:50.1	18:39
931	1474	ROSENBALM, CHUCK	Des Moines, IA	M	43	57:50.4	18:40
932	2174	SMITH, THOMAS	Clive, IA	M	57	57:51.7	18:40
933	13766	BAKER, DYLAN	West Des Moines, IA	M	25	57:54.6	18:41
934	13609	PHILLIPS, SHON	Des Moines, IA	M	34	57:54.6	18:41
935	8745	SCHWAGER, TREVOR	Clive, IA	M	5	57:57.4	18:42
936	7809	ACOYMO, GRANT	Ankeny, IA	M	6	57:58.3	18:42
937	1863	HOWE, BRAD	Carlisle, IA	M	39	57:59.0	18:42
938	628	STRASBURG, ROY	Ames, IA	M	51	58:02.5	18:43
939	15166	SAYLERS, DOUGLAS	Des Moines, IA	M	43	58:14.4	18:47
940	7226	BURK, PHIL	Ankeny, IA	M	25	58:19.3	18:49
941	7240	MCDOWELL, BRIAN	Ankeny, IA	M	28	58:21.4	18:50
942	812	QUITTEM, DON	Urbandale, IA	M	63	58:26.7	18:51
943	13039	FERGUSON, GARY	West Des Moines, IA	M	62	58:28.1	18:52
944	2167	COCKING, CHAD	Des Moines, IA	M	30	58:30.6	18:52

# 2004 Race for Cure

## Women's and Men's 5K

### Overall Men Results

Finish	Tag#	Name	City, State	Sex	Age	Time	Per Mile
945	483	BAKER, DAVID	Story City, IA	M	33	58:33.2	18:53
946	3545	VANCLEAVE, BRANDON	Perry, IA	M	14	58:36.3	18:54
947	9808	JACOBSEN, ROD	Waukee, IA	M	44	58:38.0	18:55
948	1878	BRAATEN, JEFF	Des Moines, IA	M	30	58:39.5	18:55
949	1884	PUNG, MIKE	Des Moines, IA	M	41	58:44.5	18:57
950	9414	EWOLDSEN, JUSTIN	West Des Moines, IA	M	24	58:47.4	18:58
951	4775	DOWELL, DARRIN	Ankeny, IA	M	26	58:47.7	18:58
952	8705	GERSDORF, COREY	Urbandale, IA	M	26	58:49.4	18:59
953	8888	SCHALL, RON	Runnells, IA	M	56	58:50.1	18:59
954	2746	ROMANO, NICK	Johnston, IA	M	13	58:53.0	19:00
955	2744	ROMANO, JOSEPH	Johnston, IA	M	43	58:54.2	19:00
956	4810	ADRIAN, KEN	West Des Moines, IA	M	31	59:01.3	19:02
957	10708	SHERMAN, BRUCE	Clive, IA	M	55	59:05.3	19:04
958	1110	BRODY, MARTY	Des Moines, IA	M	57	59:06.4	19:04
959	11254	SHELEY, CHAD	Guthrie Center, IA	M	36	59:07.4	19:04
960	3601	SMITH, MERRILL	Des Moines, IA	M	99	59:07.7	19:04
961	9178	LOUSSAERT, DALE	Clive, IA	M	57	59:08.0	19:05
962	11245	MAKEY, JIM	Logan, IA	M	48	59:09.6	19:05
963	3599	JACOBS, JAMES	Des Moines, IA	M	56	59:10.9	19:05
964	7084	BOEDING, JAY	Ankeny, IA	M	27	59:16.2	19:07
965	12833	DOUGLAS, JAMES	Urbandale, IA	M	48	59:18.5	19:08
966	8471	JEFFRIE, HARRY	Altoona, IA	M	71	59:19.5	19:08
967	14435	WHEELOCK, MIKE	Ames, IA	M	49	59:22.4	19:09
968	3118	ELLIOTT, DENNIS	Des Moines, IA	M	57	59:27.2	19:11
969	10134	SEVIER, TOM	Creston, IA	M	34	59:27.8	19:11
970	10787	COURTNEY, GREG	Madrid, IA	M	45	59:35.0	19:13
971	5805	HETTINGER, CHRIS	West Des Moines, IA	M	27	59:35.0	19:13
972	5913	HETTINGER, JIM	Norwalk, IA	M	59	59:35.9	19:14
973	12077	NICHOLS, DOUG	Urbandale, IA	M	57	59:36.7	19:14
974	12233	MCLAIN, KURT	West Des Moines, IA	M	50	59:46.1	19:17
975	2413	SHUPE, KYLE	Ankeny, IA	M	34	59:50.3	19:18
976	4176	HAASE, WALLY	West Des Moines, IA	M	66	59:51.2	19:18
977	5343	SHUPE, ADAM	Ankeny, IA	M	17	59:51.3	19:19
978	15295	MARCHINDA, KEN	Des Moines, IA	M	38	59:51.5	19:19
979	14062	KETTERLING, GERALD	Urbandale, IA	M	62	59:52.1	19:19
980	15297	KNAPP, ERIC	Des Moines, IA	M	27	59:54.4	19:19
981	3016	KAPAUN, ALEC	Ames, IA	M	11	59:58.5	19:21
982	673	OLEJNICZAK, NATHAN	Cedar Falls, IA	M	7	59:59.	19:21
983	10420	SIPE, DICK	Marshalltown, IA	M	56	59:59.	19:21
984	13749	LOCKWOOD, TED	Urbandale, IA	M	64	59:59.	19:21
985	669	OLEJNICZAK, DAVID	Cedar Falls, IA	M	43	59:59.	19:21
986	8375	VIERS, GREG	Maxwell, IA	M	46	59:59.	19:21
987	6590	SMITH, FRED	Saint Charles, IA	M	60	01:00:00.	19:21
988	13942	CHRISTIAN, BRADY	Des Moines, IA	M	7	01:00:00.	19:21
989	5613	WARWICK, JEREMY	Des Moines, IA	M	26	01:00:00.	19:21
990	2933	VUKELICH, JACK	Johnston, IA	M	5	01:00:00.	19:21
991	12091	NOUR, CODY	Des Moines, IA	M	26	01:00:00.	19:21
992	9935	MARTIN, ZACHARY	Des Moines, IA	M	28	01:00:00.	19:21
993	14409	KNOBLAUCHI, JIM	BAD ZIPCODE, XX	M	48	01:00:00.	19:21
994	2214	GARCIA, BENJAMIN	Des Moines, IA	M	25	01:00:00.	19:21
995	5373	SLECHTA, JAMES	Des Moines, IA	M	57	01:00:00.	19:21
996	8706	MOHN, WILLIAM	Madrid, IA	M	57	01:00:00.	19:21
997	4092	WILSON, RICK	Dallas Center, IA	M	53		
998	5651	LENNIE, JIM	Ankeny, IA	M	67		
999	12082	O'DONNELL, JIM	Des Moines, IA	M	48		
1000	1788	KOLACIA, JOHN	Fort Dodge, IA	M	59		
1001	3743	CORT??S, MARIO	Des Moines, IA	M	21		
1002	12920	BATTS, DAVE	Ankeny, IA	M	55		
1003	8628	CABRERA, TOM	Des Moines, IA	M	50		

# 2004 Race for Cure

## Women's and Men's 5K

### Overall Men Results

<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1004	8622	SMITH, AUSTIN	Des Moines, IA	M	3		
1005	8644	KUGLER, DAVE	Des Moines, IA	M	28		
1006	8640	AVON, JAMES	Des Moines, IA	M	21		
1007	8620	RICHARDSON, RUSS	Des Moines, IA	M	46		
1008	7004	THORNBURG, BOB	Des Moines, IA	M	47		
1009	12145	JOHNSON, COLE	Des Moines, IA	M	10		
1010	12134	DAUGHENBAUGH, TOM	Des Moines, IA	M	50		
1011	7003	FRIEL, TOM	Williamsburg, IA	M	47		
1012	12146	JOHNSON, CONNOR	Des Moines, IA	M	8		
1013	4889	LIEBERMAN, JASON	Johnston, IA	M	23		
1014	12127	BARRETT, JOE	Des Moines, IA	M	48		
1015	10203	STERK, BRAD	BAD ZIPCODE, XX	M	42		
1016	10204	STERK, JACOB	BAD ZIPCODE, XX	M	12		
1017	3674	AREGES, JIM	West Des Moines, IA	M	46		
1018	11999	BARR, MICHAEL	West Des Moines, IA	M	49		
1019	11873	LAWYER, SEAN	Des Moines, IA	M	40		
1020	15132	HARDWICK, TIMOTHY	Des Moines, IA	M	5		
1021	5780	WARD, MARK	Runnells, IA	M	55		
1022	8145	ACKERMAN, JAY	Mitchellville, IA	M	14		
1023	2830	BAKER, RANDY	Le Grand, IA	M	49		
1024	8163	VANWYK, RYAN	Colfax, IA	M	15		
1025	8143	HOLDEFER, PAUL	Mingo, IA	M	17		
1026	8154	KARSJENS, EVAN	Colfax, IA	M	18		
1027	14342	BOGDANSKI, SCOTT	BAD ZIPCODE, XX	M	29		
1028	11587	MCDOWELL, BRADLEY	Iowa City, IA	M	36		
1029	13608	RITTMAN, DAVE	Urbandale, IA	M	99		
1030	8132	BERRY, CHRISTOPHER	Ankeny, IA	M	8		
1031	3558	PASHEK, KENNETH	Van Meter, IA	M	56		
1032	13058	MAGNANI, KRIS	Johnston, IA	M	42		
1033	15020	SPENCER, GARY	West Des Moines, IA	M	72		
1034	5289	ANDERSSON, JESPER	West Des Moines, IA	M	29		
1035	13354	HAMILTON, PATRICK	Urbandale, IA	M	39		
1036	3784	HOPKINS, RYAN	West Des Moines, IA	M	39		
1037	5017	HARSHBARGER, BEN	Grimes, IA	M	23		
1038	10928	NIELSEN, DALE	Johnston, IA	M	65		
1039	8977	FISCHER, MIKE	Madrid, IA	M	46		
1040	15182	RUSSELL, TODD	Newnan, GA	M	41		
1041	2003	CHENEY, BART	Ames, IA	M	24		
1042	15337	CALMER, CASEY	Des Moines, IA	M	29		
1043	15280	BENSON, MARK	Des Moines, IA	M	34		
1044	6613	HALL, KENNETH	Lucas, IA	M	56		
1045	6558	MOSES, TONY	Collins, IA	M	47		
1046	9617	WHITE, DAVID	Des Moines, IA	M	52		
1047	8594	WENTLAND, KEVIN	Runnells, IA	M	48		
1048	13401	LENHART, CASSEY	Des Moines, IA	M	21		
1049	13403	THOMAS, BRIAN	Urbandale, IA	M	8		
1050	10982	BADGLEY, MARILYN	Madrid, IA	M	49		
1051	15488	BOLDRIDGE, BOB	Des Moines, IA	M	60		
1052	2789	TOVREA, TOM	Clive, IA	M	56		
1053	5735	SHERIFF, RICK	Urbandale, IA	M	53		
1054	8629	GILLASPIE, CODY	Altoona, IA	M	25		
1055	15318	FERIN, NICK	Saint Marys, IA	M	12		
1056	4883	JUHL, JASON	Ankeny, IA	M	32		
1057	9030	JOHNSON, ERYN	Des Moines, IA	M	31		
1058	15309	PETERSON, PAUL	Albia, IA	M	55		
1059	7716	OLSON, VAL	Newton, IA	M	63		
1060	15262	BOATMAN, CLAY	Urbandale, IA	M	34		
1061	585	RIGG, THOMAS	Des Moines, IA	M	10		
1062	38	RIGG, KEITH	Des Moines, IA	M	46		

# 2004 Race for Cure

## Women's and Men's 5K

### Overall Men Results

<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1063	14573	ANDERSON, RICH	Ankeny, IA	M	50		
1064	6884	SCHMITH, DON	Des Moines, IA	M	40		
1065	3612	DYKSTRA, ANDREW	Ames, IA	M	24		
1066	2613	CASNER, GLENN	Ames, IA	M	27		
1067	4598	FITCH, STEVE	De Soto, IA	M	45		
1068	2546	SPEER, JOSHUA	Berwick, IA	M	24		
1069	2681	ADAMS, JUSTIN	Boone, IA	M	27		
1070	2468	HERLIHY, KEVIN	Urbandale, IA	M	31		
1071	3379	MORRIS, RODNEY	West Des Moines, IA	M	36		
1072	15433	TESTROET, JOE	Jefferson, IA	M	34		
1073	8926	THOMPSON, CRAIG	Clive, IA	M	40		
1074	13504	JENNINGS, ANDY	Granger, IA	M	23		
1075	6754	ANDERSON, JACOB	Indianola, IA	M	14		
1076	3102	ZAGOREN, ALLEN	Clive, IA	M	57		
1077	3156	DIEHL, CHRIS	Coralville, IA	M	21		
1078	3151	DIEHL, TODD	Coralville, IA	M	25		
1079	1483	STERK, DANIEL	Des Moines, IA	M	46		
1080	12505	RENBERG, DAVID	Paola, KS	M	14		
1081	10404	RUSSO, AARON	Des Moines, IA	M	24		
1082	7652	LEWIS, PATRICK	West Des Moines, IA	M	35		
1083	13895	TODD, MATT	Urbandale, IA	M	32		
1084	10058	NEVINS-ARCHER, GREYSON	West Des Moines, IA	M	9		
1085	10055	ARCHER, MIKE	West Des Moines, IA	M	37		
1086	6526	FRAKER, LOGAN	Davenport, IA	M	7		
1087	9684	KADUCE, JAY	BAD ZIPCODE, XX	M	30		
1088	13595	LUND, JEFFREY	BAD ZIPCODE, XX	M	99		
1089	9308	CAPALDO, CHRIS	Alleman, IA	M	31		
1090	9302	CAPALDO, BILL	Polk City, IA	M	36		
1091	4710	TOTAGAMUWA, SAMEERA	West Des Moines, IA	M	26		
1092	5903	TOKHEIM, DAVE	Osceola, IA	M	52		
1093	5906	KONGSHAUG, NIELS	Des Moines, IA	M	28		
1094	8300	HOFMEYER, LORI	Urbandale, IA	M	31		
1095	4551	HARRISON, COLE	Jefferson, IA	M	13		
1096	7682	RIES, JEFF	Des Moines, IA	M	44		
1097	7010	MEYER, MICHAEL	Norwalk, IA	M	13		
1098	13648	SCHMIDT, ROD	Waukee, IA	M	48		
1099	8178	SICKORA, AUSTEN	Newton, IA	M	15		
1100	7653	TIM, JOHNSON	West Des Moines, IA	M	35		
1101	7900	STUYVESANT, ROBERT	Carlisle, IA	M	57		
1102	8026	WOOD, JOSHUA	Ankeny, IA	M	19		
1103	3477	PETERSON, MATTHEW	Des Moines, IA	M	22		
1104	6682	STEENHOEK, SCOTT	PLEASNAT HILL,	M	32		
1105	12089	BERNADINO, ADAM	Des Moines, IA	M	18		
1106	12093	HOLMES, CHUCK	Des Moines, IA	M	52		
1107	13330	LITTLE, BRADFORD	BAD ZIPCODE, XX	M	99		
1108	6747	ROBERTS, TYLER	Mitchellville, IA	M	16		
1109	2026	HOLTAN, RYAN	Ames, IA	M	20		
1110	4236	REDLINGER, RYAN	Des Moines, IA	M	25		
1111	9125	SPENCE, VERLE	Des Moines, IA	M	64		
1112	3964	BERGMANN, NOAH	Ankeny, IA	M	5		
1113	11006	MURPHY, MIKE	Ankeny, IA	M	15		
1114	3723	PILCHER, STEPHEN	Des Moines, IA	M	99		
1115	11497	DEMING, RICHARD	Des Moines, IA	M	50		
1116	8338	RONCA, JOHN	Huxley, IA	M	40		
1117	14460	BEENKEN, NATE	BAD ZIPCODE, XX	M	99		
1118	2494	BREZICKA, DONALD	Austin, MN	M	56		
1119	2773	ANDERSON, JOHN B	Johnston, IA	M	59		
1120	6077	NEWTON, TOM	Des Moines, IA	M	32		
1121	10467	SMITH, STEVEN	Ankeny, IA	M	25		

**2004 Race for Cure****Women's and Men's 5K****Overall Men Results**

<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1122	13756	MORAN, ROB	Indianola, IA	M	32		
1123	5201	MISTRY, ERIC	West Des Moines, IA	M	12		
1124	5200	MISTRY, CYRUS	West Des Moines, IA	M	15		
1125	8631	GARRISON, DWAYNE	Des Moines, IA	M	45		
1126	10001	PETERSON, MAX	Des Moines, IA	M	66		
1127	13172	KEITH, RUSS	Des Moines, IA	M	34		
1128	13896	SWANSON, CHAD	Urbandale, IA	M	31		
1129	4757	NEAL, MARSHALL	Urbandale, IA	M	24		
1130	9670	DOWNS, BARRY	Milo, IA	M	42		
1131	2482	REESER, JEFF	Urbandale, IA	M	44		
1132	7967	LEWIS, GREG	Des Moines, IA	M	44		
1133	13706	PERLBERG, RICHARD	Urbandale, IA	M	57		
1134	4121	SNELSON, JIM	Newton, IA	M	39		
1135	14462	LIPPER, TIM	BAD ZIPCODE, XX	M	99		
1136	9946	STRUM, MIKE	Des Moines, IA	M	54		
1137	4759	LARIMER, KYLE	Stuart, IA	M	13		
1138	8072	MILLER, ROGER	PLEASNAT HILL,	M	61		
1139	4760	PACE, JASON	Stuart, IA	M	21		
1140	9952	PAZZI, FRANK	Des Moines, IA	M	55		
1141	5631	HEIKES, CHRIS	Urbandale, IA	M	35		
1142	5926	SCHOWALTER, DON	West Des Moines, IA	M	76		
1143	13835	LUDWIG, BRYON	Des Moines, IA	M	33		
1144	7942	VANHORN, HAROLD	PLEASNAT HILL,	M	52		
1145	15478	HEIDERSCHEIT, DANIEL	Oelwein, IA	M	65		
1146	486	BASKIN, ANDREW	West Des Moines, IA	M	22		
1147	4970	TODD, ROB	West Des Moines, IA	M	14		
1148	15388	JON, PIPER	Des Moines, IA	M	19		
1149	1041	FINCH, MARK	Marshalltown, IA	M	35		
1150	15243	KEENAN, TOM	West Des Moines, IA	M	15		
1151	10444	REECK, DAVE	Nevada, IA	M	50		
1152	618	MCCONNELL, ED	West Des Moines, IA	M	53		
1153	15279	HAASE, MICHAEL	Des Moines, IA	M	36		
1154	8161	SWIFT, HARRISON	Mingo, IA	M	17		
1155	8164	WARRICK, BLAKE	Colfax, IA	M	16		
1156	9693	GOULD, DENNY	BAD ZIPCODE, XX	M	55		
1157	3178	BAGBY, RON	Urbandale, IA	M	55		
1158	3366	LARSON, ERIC	Russell, IA	M	24		
1159	13510	VANDER MEIDEN, BRYAN	Pella, IA	M	20		
1160	7122	MOOREHEAD, RUSS	Urbandale, IA	M	46		
1161	13411	SHARP, RYAN	PLEASNAT HILL,	M	18		
1162	7124	HENRICHS, JASON	Des Moines, IA	M	22		
1163	7142	MUJIC, HARIS	Ankeny, IA	M	18		
1164	8260	TOMETICH, JOHN	Johnston, IA	M	47		
1165	7962	LYNCH, KYLE	Des Moines, IA	M	21		
1166	9707	LINDER, JERRY	BAD ZIPCODE, XX	M	65		
1167	10742	CLOSE, TIM	Des Moines, IA	M	44		
1168	4029	OWENS, DON	Urbandale, IA	M	46		
1169	2537	FOSTER, BILL	Ankeny, IA	M	41		
1170	11940	WIPF, DUSTIN	Altoona, IA	M	18		
1171	3508	MILLS, BRETT	Cumming, IA	M	35		
1172	14371	DEANGELIS, CHUCK	Truro, IA	M	44		
1173	9032	BARTACHEK, LUCAS	West Des Moines, IA	M	1		
1174	1142	JAMES, CHRISTIAN	Des Moines, IA	M	26		
1175	3691	WILSON, PETER	West Des Moines, IA	M	64		
1176	9522	NELSON, ROLAND	Des Moines, IA	M	62		
1177	539	MILLER, DON	Johnston, IA	M	58		
1178	1653	MCDONALD, JAMIE	Clive, IA	M	40		
1179	14229	JOHNSON, DOUGLAS	Des Moines, IA	M	62		
1180	10044	EKDOM, STANLEY	Urbandale, IA	M	61		

# 2004 Race for Cure

## Women's and Men's 5K

### Overall Men Results

<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1181	5094	MAUTZ, TOM	Ankeny, IA	M	56		
1182	14565	BRAYMAN, NOAH	Waukee, IA	M	24		
1183	15053	ONEIL, JOHN	Des Moines, IA	M	31		
1184	10171	COOK, CARTER	Pleasantville, IA	M	6		
1185	10179	FURNAL, TY	Pleasantville, IA	M	18		
1186	8268	KLECKNER, SCOTT	Mitchellville, IA	M	46		
1187	8274	MCBURNEY, RICHARD	Clarksville, IA	M	48		
1188	13173	REINHARDT, JOHN	Clive, IA	M	34		
1189	2827	HOOVER JR, JAMES	West Des Moines, IA	M	56		
1190	6753	KLING, BOB	Indianola, IA	M	52		
1191	4770	KALSEM, JACOB	Collins, IA	M	8		
1192	6995	LEWIS, MIKE	Des Moines, IA	M	42		
1193	5422	PALMER, LARRY	Urbandale, IA	M	49		
1194	5865	PEITZMAN, JAMES	Ankeny, IA	M	17		
1195	11862	SIELEMAN, LUKE	Des Moines, IA	M	24		
1196	15260	HAWBAKER, DAN	Dallas Center, IA	M	28		
1197	5486	BARTELS, STEVEN	Urbandale, IA	M	48		
1198	5992	JOHNSEN, RANDY	Madrid, IA	M	57		
1199	1047	SPURBECK, CHARLIE	Mankato, MN	M	56		
1200	9180	LUCIA, ANTHONY	Des Moines, IA	M	28		
1201	4844	BARCHMAN, MATT	Ames, IA	M	28		
1202	10912	LUCAS, BRET	West Des Moines, IA	M	31		
1203	3569	PIERCE, BRANDON	West Des Moines, IA	M	27		
1204	6944	SMITH, MICHAEL	Ankeny, IA	M	43		
1205	3441	GENTRY, DAMON	Ankeny, IA	M	26		
1206	8248	DOWIE, DOUG	Indianola, IA	M	49		
1207	10618	REAMES, ZACH	Clive, IA	M	12		
1208	13606	ERICKSON, DENNIS	Van Meter, IA	M	61		
1209	4933	HASENWINKEL, MATT	Altoona, IA	M	30		
1210	155	ANDERZHON, JANICE	Farragut, IA	M	50		
1211	7047	MOOK, BRIAN	Urbandale, IA	M	42		
1212	9822	ENGEL, TED	Des Moines, IA	M	39		
1213	12566	CALHOUN, DOUG	Ankeny, IA	M	41		
1214	10611	MILLS, TIM	Clive, IA	M	47		
1215	5492	BARTELS, DANIEL	Urbandale, IA	M	9		
1216	5871	HART, CHUCK	West Des Moines, IA	M	61		
1217	10641	REAMES, JIM	Clive, IA	M	47		
1218	10613	BONACCI, LOU	Clive, IA	M	40		
1219	10801	GRUBB, ADAM	Waukee, IA	M	22		
1220	14323	JOHNSON, RYAN	BAD ZIPCODE, XX	M	26		
1221	10587	STONE, BENJAMIN	Des Moines, IA	M	37		
1222	500	KELLER, WILLIAM	Saint Charles, IA	M	38		
1223	2437	CHEEK, BRUCE	Norwalk, IA	M	43		
1224	9565	LATHRUM, SANDI	Saint Charles, IA	M	50		
1225	6553	ANDERSON, STEVE	Saint Charles, IA	M	55		
1226	6551	ANDERSON, BEN	Saint Charles, IA	M	15		
1227	3042	LIEBERMAN, JEFF	Urbandale, IA	M	21		
1228	2817	LIEBERMAN, JOSH	Des Moines, IA	M	27		
1229	5060	MILLER, JEFF	West Des Moines, IA	M	48		
1230	9001	WICKETT, KIM	Madrid, IA	M	45		
1231	8003	HANSEN, BLAIR	Clive, IA	M	39		
1232	4125	HELLER, MICHAEL	West Des Moines, IA	M	47		
1233	4270	PETERSEN, FOLMER	Knoxville, IA	M	75		
1234	9560	INGLE, CHAD	Ankeny, IA	M	27		
1235	11695	HAIWICK, NICHOLAS	Ankeny, IA	M	11		
1236	11696	HAIWICK, NATHAN	Ankeny, IA	M	8		
1237	11709	WALTER, RANDY	Grimes, IA	M	48		
1238	4546	IMMEL, TIMOTHY	Clive, IA	M	50		
1239	12977	FREDERICKSEN, PAUL	Ankeny, IA	M	58		

# 2004 Race for Cure

## Women's and Men's 5K

### Overall Men Results

<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1240	5703	ZAABEL, DENNIS	West Des Moines, IA	M	53		
1241	14274	TEAS, ANDY	Norwalk, IA	M	28		
1242	14659	RILEY, TOM	West Des Moines, IA	M	46		
1243	518	SCHUMACHER, MICHAEL	Terre Haute, IN	M	26		
1244	8224	DOWIE, CHRIS	Des Moines, IA	M	49		
1245	7612	ROUTSON, DENNY	Urbandale, IA	M	57		
1246	15365	COX, ERICK	Ankeny, IA	M	27		
1247	11846	LATHAM, CHRIS	West Des Moines, IA	M	31		
1248	4117	GRIFFIN, SHANE	Newton, IA	M	16		
1249	4123	RAMOS, STEVEN	Newton, IA	M	39		
1250	4110	MORTENSON, DAVE	Newton, IA	M	48		
1251	8116	EGINOIRE, JOHN	Des Moines, IA	M	44		
1252	440	BORESI, RICK	Coralville, IA	M	53		
1253	11531	EVERT, TIM	Clive, IA	M	35		
1254	4159	MATALONI, AL	Urbandale, IA	M	39		
1255	7324	RHOADES, PAT	Des Moines, IA	M	49		
1256	7330	RHOADES, JOE	Des Moines, IA	M	53		
1257	12079	O'DONNELL, DAN	Des Moines, IA	M	72		
1258	13251	THORNTON, SPENCER	West Des Moines, IA	M	27		
1259	7189	ROUSE, DON	Grundy Center, IA	M	67		
1260	12575	RIEDE, JOE	Des Moines, IA	M	51		
1261	9852	MOON, NICHOLAS	Knoxville, IA	M	15		
1262	8681	BARR, JEFF	Des Moines, IA	M	32		
1263	7102	THOMPSON, RICH	Des Moines, IA	M	40		
1264	9140	SCHULER, MARK	Johnston, IA	M	34		
1265	5886	PULVER, ROBERT	West Des Moines, IA	M	56		
1266	9134	HIRSCH, TOM	Des Moines, IA	M	51		
1267	1194	CARTER, JOHN	Des Moines, IA	M	35		
1268	10800	GRUBB, RICKY	Waukee, IA	M	17		
1269	8229	DOWIE, FRANKIE	Chicago, IL	M	25		
1270	1399	GALE, PHILLIP	Johnston, IA	M	33		
1271	8671	WADLE, ROB	Kansas City, MO	M	29		
1272	10827	CAIRNS, RANDY	Des Moines, IA	M	41		
1273	4666	JEFFREY, JEREMY	West Des Moines, IA	M	13		
1274	14019	VOS, ED	Granger, IA	M	37		
1275	4769	MOFFITT, JEAN	Johnston, IA	M	48		
1276	419	HASENWINKEL, ALAN	Cedar Falls, IA	M	58		
1277	839	HANSEN, BRIAN	Grimes, IA	M	48		
1278	4868	ELLIOTT, BART	Melcher, IA	M	25		
1279	6934	MASTERS, MARK	Waukee, IA	M	44		
1280	13755	ELCOCK, MARC	Des Moines, IA	M	30		
1281	2962	MORAN, TYLER	Indianola, IA	M	4		
1282	8262	TOMETICH, RYAN	Johnston, IA	M	19		
1283	9581	LATHRUM, DAVID	Saint Charles, IA	M	67		
1284	13101	LEE, JEB	Ankeny, IA	M	35		
1285	12622	JACKSON, LAVERN	Garwin, IA	M	56		
1286	5495	ANDERSON, VINCENT	Urbandale, IA	M	21		
1287	11733	COUGHENOUR, GARY	Collins, IA	M	67		
1288	12623	GRAVES, JUSTIN	Garwin, IA	M	21		
1289	13662	ADAIR, ANDREW	West Des Moines, IA	M	32		
1290	325	DREES, NICK	Ankeny, IA	M	41		
1291	11699	HAIGN, CHUCK	West Des Moines, IA	M	63		
1292	10802	GRUBB, RON	Waukee, IA	M	46		
1293	4566	PAULING, TERRY	Indianola, IA	M	53		
1294	2542	MCCOLLOUGH, JIM	Stanhope, IA	M	50		
1295	8664	WADLE, SHAWN	Minneapolis, MN	M	31		
1296	10813	WEBB, JOHN	Johnston, IA	M	49		
1297	5316	BLANCHARD, MITCH	Johnston, IA	M	14		
1298	13813	EWERT, MATT	Ames, IA	M	22		

# 2004 Race for Cure

## Women's and Men's 5K

### Overall Men Results

<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1299	4960	LANE, CHRIS	Earlham, IA	M	32		
1300	998	GOSSETT, JIM	State Center, IA	M	55		
1301	8660	NEER, BRETT	Des Moines, IA	M	29		
1302	8484	PEIFFER, MARK	Johnston, IA	M	46		
1303	3733	KOENIG, TODD	Prairie City, IA	M	38		
1304	5509	HARVEY, GREG	Swan, IA	M	26		
1305	7272	REYNOLDS, DEVIN	Earlham, IA	M	17		
1306	12279	FOLDES, TOM	Johnston, IA	M	38		
1307	786	PARIS, DAVE	Marion, IA	M	34		
1308	10181	FURNAL, NATE	Pleasantville, IA	M	21		
1309	9567	DAWSON, BRETT	Norwalk, IA	M	2		
1310	9571	LATHRUM, STEVE	Saint Charles, IA	M	51		
1311	6918	JOHNSON, ALAN	Des Moines, IA	M	29		
1312	4344	SEELEY, BOB	Urbandale, IA	M	52		
1313	3679	STORK, ANTON	Des Moines, IA	M	12		
1314	5927	WALTERS, SCOTT	West Des Moines, IA	M	49		
1315	3630	DREES, JONATHAN	Ankeny, IA	M	9		
1316	15274	LOPEZ, RODNIE	Des Moines, IA	M	99		
1317	8108	CUNNINGHAM, TIM	Granger, IA	M	49		
1318	15470	YANACHEAK, MIKE	Des Moines, IA	M	32		
1319	6190	PAINE, DAN	West Des Moines, IA	M	26		
1320	6206	KUETER, TROY	West Des Moines, IA	M	34		
1321	6931	MCCULLOCH, JEREMY	Urbandale, IA	M	24		
1322	14427	SELLERS, TERRY	BAD ZIPCODE, XX	M	99		
1323	13616	KAINZ, BRETT	BAD ZIPCODE, XX	M	30		
1324	13366	MCLAWIE, BARTON	BAD ZIPCODE, XX	M	99		
1325	12113	ODONNELL JR., DAN	Des Moines, IA	M	50		
1326	4836	MCFARLAND, DICK	Des Moines, IA	M	58		
1327	14034	ONNEN, COREY	Des Moines, IA	M	27		
1328	3394	VAN DER KAMP, BRENT	Ankeny, IA	M	30		
1329	13473	MATTHEWS, LUKE	BAD ZIPCODE, XX	M	26		
1330	12108	MEYERS, TY	Des Moines, IA	M	39		
1331	4610	WARE, ANDY	Polk City, IA	M	20		
1332	10117	CONNOR, COREY	Cedar Falls, IA	M	19		
1333	6114	GRUBB, GARY	Waukee, IA	M	19		
1334	2653	VAN DER KAMP, DARREL	Kellogg, IA	M	58		
1335	441	HICKMAN, KENNETH	Des Moines, IA	M	46		
1336	13902	HAGAN, JEFF	Clive, IA	M	38		
1337	8727	YEAGER, KEVIN	West Des Moines, IA	M	27		
1338	10114	FETTERS, CRAIG	Osceola, IA	M	41		
1339	13226	KENNEDY, ERIC	West Des Moines, IA	M	34		
1340	12611	EDENS, BRYCE	Ankeny, IA	M	1		
1341	12612	EDENS, JACKSON	Ankeny, IA	M	2		
1342	12306	CAMP, DON	Boone, IA	M	42		
1343	442	WATSON, MARK	Des Moines, IA	M	50		
1344	10608	THORESON, CHAD	Des Moines, IA	M	35		
1345	3726	DEBARTOLO, RICHARD	Ankeny, IA	M	36		
1346	9562	MOONEY, BOBBY	Ankeny, IA	M	20		
1347	9555	HENDRICKS, BILL	West Des Moines, IA	M	34		
1348	9542	INGLE, CORY	Ankeny, IA	M	24		
1349	9541	ARMSTRONG, BRUCE	Ankeny, IA	M	38		
1350	9574	DUKES, LAFE	Norwalk, IA	M	29		
1351	10743	CLOSE, CONNOR	Des Moines, IA	M	5		
1352	4183	PINNEKE, SCOTT	Des Moines, IA	M	14		
1353	1174	JONES, DUANE	Des Moines, IA	M	54		
1354	1230	MAHER, JUDD	Sandy, UT	M	49		
1355	14505	BRAHMEN, JOHN	Waukee, IA	M	56		
1356	6654	TURNER, SCOTT	PLEASNAT HILL,	M	30		
1357	15185	SHRUM, ADDISON	BAD ZIPCODE, XX	M	8		

# 2004 Race for Cure

## Women's and Men's 5K

### Overall Men Results

<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1358	1176	JONES, BRYCE	West Des Moines, IA	M	24		
1359	10350	BREDE, DALLAS	Iowa City, IA	M	22		
1360	10344	MCMILLEN, BRIAN	Johnston, IA	M	19		
1361	8775	DEPAUW, JOEL	Urbandale, IA	M	49		
1362	15250	MATRE, JIM	Polk City, IA	M	57		
1363	3537	KARPAN, LOUIE	Melcher, IA	M	67		
1364	10319	KRUSE, SHANE	Indianola, IA	M	28		
1365	8518	CAMERON, TOM	Des Moines, IA	M	40		
1366	12502	WILSON, DEAN	Ankeny, IA	M	30		
1367	9721	BROWN, BLAKE	Johnston, IA	M	22		
1368	3300	LOCK, DAMIEN	Des Moines, IA	M	28		
1369	3303	CARACCILOLO, RALPH	Des Moines, IA	M	82		
1370	3305	CORDTS, JEFF	Des Moines, IA	M	31		
1371	10280	OLSON, MIKE	Carlisle, IA	M	36		
1372	1033	LUNDSTROM, JEFF	Ankeny, IA	M	24		
1373	9422	MULHERN, SCOTT	West Des Moines, IA	M	30		
1374	12088	HOLMES, DAVIN	Des Moines, IA	M	24		
1375	1032	LUNDSTROM, BRYAN	Ankeny, IA	M	47		
1376	7456	WITMER, PAUL	Des Moines, IA	M	41		
1377	10348	MCCREA, MATTHEW	Johnston, IA	M	21		
1378	12551	MONAGHAN, NATHAN	Grinnell, IA	M	25		
1379	5138	LIGAS, TERRY	Des Moines, IA	M	45		
1380	13604	GREENWELL, AARON	Des Moines, IA	M	26		
1381	5663	HOPKINS, BEN	Clive, IA	M	16		
1382	3276	TALLEY JR., TIM	Clive, IA	M	16		
1383	3415	HILEY, MIKE	Windom, MN	M	17		
1384	3220	HILEY, TREVOR	West Des Moines, IA	M	23		
1385	3413	HILEY, TIM	Windom, MN	M	50		
1386	5955	PUTNEY, CODY	Lacona, IA	M	20		
1387	1406	GRORLEY, DON	Urbandale, IA	M	58		
1388	9424	LAKTASH, JOHN	West Des Moines, IA	M	36		
1389	10635	CHUMBLEY, CHAD	Des Moines, IA	M	30		
1390	13916	KRUEMPEL, GARY	West Des Moines, IA	M	57		
1391	14407	NIEBLING, BRAD	Altoona, IA	M	27		
1392	12198	MCKEVITT, BRIAN	West Des Moines, IA	M	32		
1393	13554	EGAN, CHAD	BAD ZIPCODE, XX	M	23		
1394	10935	PAUL, MATTHEW	Des Moines, IA	M	35		
1395	4556	CLAYTON, ZACHARY	Des Moines, IA	M	13		
1396	10051	JANSSEN, DENNY	Des Moines, IA	M	51		
1397	10368	SERBUS, JUSTIN	Granger, IA	M	21		
1398	15291	FITCH, NICK	De Soto, IA	M	18		
1399	12836	LYDDON, BRIAN	Urbandale, IA	M	28		
1400	4852	GILBERT, STEVE	Ogden, IA	M	51		
1401	2750	SUNGREN, JOEL	Ankeny, IA	M	28		
1402	2911	CRAIG, TORKELSON	West Des Moines, IA	M	44		
1403	5043	HARRIS, STEPHEN	Ankeny, IA	M	49		
1404	371	BERNING, BILL	West Des Moines, IA	M	23		
1405	13525	JUDKINS, MATTHEW	Ankeny, IA	M	11		
1406	13613	MARTIN, BYRON	BAD ZIPCODE, XX	M	22		
1407	11233	PHILLIPS, TONY	Des Moines, IA	M	28		
1408	6958	WINGER, STEVE	Bondurant, IA	M	31		
1409	11218	WANDERS, BRAD	Des Moines, IA	M	43		
1410	11235	RISBECK-RILEY, GRANTLAND	Des Moines, IA	M	5		
1411	10556	MOHWINKLE, JEREMY	Des Moines, IA	M	24		
1412	10976	WILSON, SCOTT	Ankeny, IA	M	39		
1413	2954	MITCHELL, ANDREW	Lincoln, NE	M	7		
1414	470	YBARRA, ARNIE	Urbandale, IA	M	52		
1415	8114	MODDE, DENNIS	Des Moines, IA	M	43		
1416	7609	HAYES, JIM	West Des Moines, IA	M	37		

# 2004 Race for Cure

## Women's and Men's 5K

### Overall Men Results

<u>Finish</u>	<u>Tag#</u>	<u>Name</u>	<u>City, State</u>	<u>Sex</u>	<u>Age</u>	<u>Time</u>	<u>Per Mile</u>
1417	3316	BURCH, RODGER	Des Moines, IA	M	64		
1418	8625	SKELETON, EMMETT	Bondurant, IA	M	36		
1419	10254	FRY, JIM	Clive, IA	M	67		
1420	3528	HAYES, JOE	Des Moines, IA	M	42		
1421	5117	KRUSE, ERIC	West Des Moines, IA	M	13		
1422	5116	KRUSE, EVAN	West Des Moines, IA	M	11		
1423	13462	BEAMAN, RYAN	BAD ZIPCODE, XX	M	20		
1424	13297	NELSON, TORE	West Des Moines, IA	M	43		
1425	5024	MANOCK, MICHAEL	Johnston, IA	M	31		
1426	1540	ELLER, BRUCE	Ames, IA	M	55		
1427	234	PALMER, CATHY	Urbandale, IA	M	47		
1428	10003	FOX, GREGORY	Grimes, IA	M	37		
1429	4202	GIDEL, ROB	Urbandale, IA	M	23		
1430	13801	HOWARD, BRIAN	West Des Moines, IA	M	14		
1431	15489	COGBILL, JEFF	Baldwin, WI	M	26		
1432	12925	HOXENG, DAVID	Urbandale, IA	M	31		
1433	14411	KNOBLAUCH, SAM	BAD ZIPCODE, XX	M	16		
1434	7386	POOLE, KIRBY	Nevada, IA	M	51		
1435	9639	COLLINS, CASEY	West Des Moines, IA	M	30		
1436	9633	KNUTSON, BEN	Saint Charles, IA	M	16		
1437	7901	STUYVESANT, JASON	Carlisle, IA	M	24		
1438	9615	ROBISON, BEN	New Virginia, IA	M	16		
1439	4665	JEFFREY, SCOTT	West Des Moines, IA	M	46		
1440	12028	RAGAN, BEN	Mitchellville, IA	M	49		